CLASSIFICA
8' Prova Trofeo Lombardia
Parco Lura - Lomazzo Data: domenica 15 novembre 2026
Data creazione: 15/11/2026 17:46:11

ORIBOS

Categoria: ARANCIONE
(Lunghezza 3000 m - Dislivello 30 m - Kmsf 3,30)

Pos.	Nome	Società	Tempo
1	Korol Mykyta	POL. PUNTO NORD	00.21.05

38	2	00:42	58	1	01:27	34	1	01:56	57	1	02:31	64	1	01:14	34	1	01:58	56	2	02:14	48	1	01:21	32	1	03:10	46	1	01:57
2		00.00.42	1		00.02.09	1		00.04.05	1		00.06.36	1		00.07.50	1		00.09.48	1		00.12.02	1		00.13.23	1		00.16.33	1		00.18.30
43	1	01:26	100	1	00:47	CL	1	00:22																					
1		00.19.56	1		00.20.43	1		00.21.05																					

Pos.	Nome	Società	Tempo
2	Perego Andrea	POL. BESANESE	00.22.43

38	1	00:37	58	2	01:32	34	2	02:06	57	2	02:55	64	2	01:23	34	2	02:25	56	1	02:00	48	2	01:30	32	2	03:16	46	2	02:06
1		00.00.37	1		00.02.09	2		00.04.15	2		00.07.10	2		00.08.33	2		00.10.58	2		00.12.58	2		00.14.28	2		00.17.44	2		00.19.50
43	2	01:32	100	2	00:58	CL	2	00:23																					
2		00.21.22	2		00.22.20	2		00.22.43																					

Pos.	Nome	Società	Tempo
3	Paccagnan Giulia	POL. PUNTO NORD	00.31.47

38	3	01:22	58	3	02:24	34	3	03:03	57	3	04:12	64	4	02:05	34	3	03:13	56	3	03:18	48	3	02:01	32	3	04:03	46	3	02:49
3		00.01.22	3		00.03.46	3		00.06.49	3		00.11.01	3		00.13.06	3		00.16.19	3		00.19.37	3		00.21.38	3		00.25.41	3		00.28.30
43	3	01:35	100	3	01:19	CL	3	00:23																					
3		00.30.05	3		00.31.24	3		00.31.47																					

Pos.	Nome	Società	Tempo
4	Zabeo Giulia	DALLA CHIESA POL. SESTO C…	00.44.21

38	4	01:46	58	4	02:56	34	4	04:25	57	4	07:33	64	3	01:51	34	4	04:13	56	4	04:16	48	4	03:30	32	4	04:57	46	4	04:08
4		00.01.46	4		00.04.42	4		00.09.07	4		00.16.40	4		00.18.31	4		00.22.44	4		00.27.00	4		00.30.30	4		00.35.27	4		00.39.35
43	4	02:24	100	4	01:36	CL	4	00:46																					
4		00.41.59	4		00.43.35	4		00.44.21																					

Categoria: AZZURRO
(Lunghezza 4100 m - Dislivello 55 m - Kmsf 4,65)

Pos.	Nome	Società	Tempo
1	Pfister Simon James	POL. BESANESE	00.29.30

37	1	01:43	48	1	02:37	59	1	02:32	34	2	00:37	61	1	02:56	60	1	01:46	41	1	04:58	45	1	01:33	63	2	01:52	32	1	03:55
1		00.01.43	1		00.04.20	1		00.06.52	1		00.07.29	1		00.10.25	1		00.12.11	1		00.17.09	1		00.18.42	1		00.20.34	1		00.24.29
42	1	01:00	52	1	03:16	100	2	00:27	CL	1	00:18																		
1		00.25.29	1		00.28.45	1		00.29.12	1		00.29.30																		

Pos.	Nome	Società	Tempo
2	Fois Luca	POL. PUNTO NORD	00.39.25

37	4	02:38	48	2	02:56	59	2	02:59	34	6	01:21	61	2	03:03	60	2	02:36	41	6	10:24	45	2	01:43	63	1	01:48	32	2	04:24
4		00.02.38	2		00.05.34	2		00.08.33	2		00.09.54	2		00.12.57	2		00.15.33	4		00.25.57	3		00.27.40	2		00.29.28	2		00.33.52
42	2	01:08	52	2	03:37	100	1	00:26	CL	2	00:22																		
2		00.35.00	2		00.38.37	2		00.39.03	2		00.39.25																		

Pos.	Nome	Società	Tempo
3	Silvestri Matteo	POL. PUNTO NORD	00.41.45

37	2	02:17	48	3	03:52	59	4	03:19	34	4	00:52	61	3	03:52	60	4	03:19	41	2	06:41	45	4	02:27	63	4	02:52	32	3	05:27
2		00.02.17	3		00.06.09	3		00.09.28	3		00.10.20	3		00.14.12	3		00.17.31	2		00.24.12	2		00.26.39	3		00.29.31	3		00.34.58
42	4	01:46	52	4	04:02	100	3	00:31	CL	3	00:28																		
3		00.36.44	3		00.40.46	3		00.41.17	3		00.41.45																		

Pos.	Nome	Società	Tempo
4	Grigoreva Alexandra	ASG Teutoburger Wald	00.42.42

37	5	02:39	48	5	04:18	59	3	03:17	34	1	00:35	61	4	03:59	60	3	02:43	41	3	08:12	45	3	02:11	63	3	02:25	32	4	06:05
5		00.02.39	5		00.06.57	4		00.10.14	4		00.10.49	4		00.14.48	3		00.17.31	3		00.25.43	4		00.27.54	4		00.30.19	4		00.36.24
42	3	01:23	52	3	03:53	100	4	00:34	CL	3	00:28																		
4		00.37.47	4		00.41.40	4		00.42.14	4		00.42.42																		

Pos.	Nome	Società	Tempo
5	Baitieri Roberto	OR. COMO	00.53.38

37	3	02:23	48	4	04:09	59	6	05:36	34	3	00:50	61	5	05:23	60	5	04:18	41	4	08:23	45	5	02:34	63	5	03:08	32	6	08:39
3		00.02.23	4		00.06.32	5		00.12.08	5		00.12.58	5		00.18.21	5		00.22.39	5		00.31.02	5		00.33.36	5		00.36.44	5		00.45.23
42	5	01:53	52	5	05:04	100	5	00:40	CL	5	00:38																		
5		00.47.16	5		00.52.20	5		00.53.00	5		00.53.38																		

Pos.	Nome	Società	Tempo
6	Rumolo Consueto Marilena	DALLA CHIESA POL. SESTO C…	01.00.45

37	6	03:57	48	6	05:18	59	5	05:06	34	5	00:56	61	6	05:52	60	6	04:36	41	5	10:07	45	6	02:47	63	6	03:26	32	5	08:28
6		00.03.57	6		00.09.15	6		00.14.21	6		00.15.17	6		00.21.09	6		00.25.45	6		00.35.52	6		00.38.39	6		00.42.05	6		00.50.33
42	6	02:17	52	6	06:24	100	6	00:48	CL	6	00:43																		
6		00.52.50	6		00.59.14	6		01.00.02	6		01.00.45																		

Categoria: BIANCO

(Lunghezza 1800 m - Dislivello 15 m - Kmsf 1,95)

Pos.	Nome	Società	Tempo
0	Galbiati Laura	Senza Società	00.19.15

38	1	00:58	58	1	02:40	35	1	01:26	56	1	01:40	33	1	03:07	47	1	03:51	46	1	01:17	43	1	02:15	100	1	01:25	CL	1	00:36
1	00.00.58	1	00.03.38	1	00.05.04	1	00.06.44	1	00.09.51	1	00.13.42	1	00.14.59	1	00.17.14	1	00.18.39	0	00.19.15										

Categoria: GIALLO

(Lunghezza 2200 m - Dislivello 20 m - Kmsf 2,40)

Pos.	Nome	Società	Tempo
0	Agostino Elisa	Senza Società	00.31.38

47	11	02:19	37	17	02:51	33	13	02:52	50	11	05:45	58	13	03:19	33	13	02:23	55	11	01:10	46	13	05:38	43	11	02:39	100	14	01:53
11	00.02.19	16	00.05.10	14	00.08.02	11	00.13.47	10	00.17.06	10	00.19.29	10	00.20.39	10	00.26.17	9	00.28.56	9	00.30.49										
CL	13	00:49																											
0	00.31.38																												

0	Barlotti Filippo
Senza Società	00.37.31

47	13	02:22	37	12	01:28	33	15	03:02	50	17	07:13	58	19	04:19	33	19	03:01	55	17	01:29	46	20	08:24	43	16	03:08	100	16	02:18
13	00.02.22	10	00.03.50	10	00.06.52	12	00.14.05	12	00.18.24	13	00.21.25	13	00.22.54	13	00.31.18	13	00.34.26	13	00.36.44										
CL	12	00:47																											
0	00.37.31																												

0	Bozzola Federica
Senza Società	00.35.48

47	7	01:50	37	8	01:12	33	9	02:17	50	20	14:37	58	10	03:07	33	11	02:18	55	9	01:09	46	8	05:11	43	9	02:09	100	8	01:37
7	00.01.50	7	00.03.02	8	00.05.19	17	00.19.56	17	00.23.03	17	00.25.21	16	00.26.30	14	00.31.41	12	00.33.50	12	00.35.27										
CL	1	00:21																											
0	00.35.48																												

0	Cittarella Giulia
Senza Società	00.26.49

47	10	02:08	37	6	01:03	33	12	02:42	50	9	05:17	58	8	02:49	33	8	02:06	55	9	01:09	46	10	05:17	43	6	01:53	100	10	01:42
10	00.02.08	9	00.03.11	9	00.05.53	8	00.11.10	8	00.13.59	8	00.16.05	9	00.17.14	9	00.22.31	8	00.24.24	8	00.26.06										
CL	11	00:43																											
0	00.26.49																												

0	Colombo Elena
Senza Società	00.25.45

47	9	01:59	37	7	01:08	33	4	01:54	50	8	05:16	58	5	02:38	33	18	02:56	55	13	01:11	46	11	05:21	43	3	01:34	100	4	01:14
9	00.01.59	8	00.03.07	5	00.05.01	7	00.10.17	7	00.12.55	7	00.15.51	7	00.17.02	8	00.22.23	7	00.23.57	7	00.25.11										
CL	6	00:34																											
0	00.25.45																												

0	Crew The Cotti
Senza Società	00.38.58

47	11	02:19	37	16	02:25	33	18	03:27	50	19	07:41	58	14	03:35	33	12	02:21	55	20	03:23	46	17	07:03	43	17	03:17	100	19	02:32
11	00.02.19	14	00.04.44	15	00.08.11	15	00.15.52	14	00.19.27	14	00.21.48	15	00.25.11	15	00.32.14	14	00.35.31	14	00.38.03										
CL	15	00:55																											
0	00.38.58																												

0	Fusetti Orietta
Senza Società	00.32.40

47	16	03:11	37	11	01:18	33	14	02:57	50	12	05:54	58	16	03:52	33	14	02:24	55	11	01:10	46	16	05:52	43	18	03:30	100	13	01:51
16	00.03.11	11	00.04.29	12	00.07.26	10	00.13.20	11	00.17.12	11	00.19.36	11	00.20.46	11	00.26.38	10	00.30.08	10	00.31.59										
CL	10	00:41																											
0	00.32.40																												

0	Galli Letizia
Senza Società	00.17.01

47	2	01:20	37	1	00:47	33	2	01:43	50	1	03:22	58	2	01:54	33	2	01:21	55	1	00:37	46	2	03:00	43	1	01:28	100	2	01:07
2	00.01.20	1	00.02.07	1	00.03.50	1	00.07.12	1	00.09.06	1	00.10.27	1	00.11.04	2	00.14.04	2	00.15.32	2	00.16.39										
CL	2	00:22																											
0	00.17.01																												

0	Martinelli Marco
Senza Società	00.21.45

47	6	01:47	37	5	01:01	33	7	02:13	50	3	03:36	58	9	02:59	33	7	02:00	55	4	00:52	46	5	03:51	43	3	01:34	100	5	01:18
6	00.01.47	6	00.02.48	5	00.05.01	4	00.08.37	5	00.11.36	5	00.13.36	4	00.14.28	5	00.18.19	4	00.19.53	4	00.21.11										
CL	6	00:34																											
0	00.21.45																												

-	Milano Arrieche Melanine Gabriella
POL. PUNTO NORD	Punz. Mancante

47	14	02:35	37	15	02:02	33	11	02:25	50	7	04:59	58	4	02:12	33	5	01:54	55	7	01:00	46	7	04:30	100	-	03:42	PM	-	00:58
14	00.02.35	13	00.04.37	11	00.07.02	9	00.12.01	9	00.14.13	9	00.16.07	8	00.17.07	7	00.21.37	-	00.25.19	0	00.26.17										

0	Monti Roberta
POL. BESANESE	00.40.14

47	8	01:58	37	18	09:35	33	20	06:45	50	10	05:31	58	11	03:11	33	9	02:09	55	6	00:58	46	9	05:12	43	10	02:27	100	12	01:49
8	00.01.58	18	00.11.33	18	00.18.18	18	00.23.49	18	00.27.00	18	00.29.09	18	00.30.07	18	00.35.19	16	00.37.46	16	00.39.35										
CL	9	00:39																											
0	00.40.14																												

...Categoria: GIALLO

Pos.	Nome	Società	Tempo
0	Motta Mara	POL. BESANESE	00.22.42

47	4	01:29	37	10	01:16	33	10	02:23	50	5	04:00	58	6	02:39	33	4	01:51	55	5	00:53	46	6	04:03	43	7	02:04	100	7	01:26
4	00.01.29		5	00.02.45		7	00.05.08		6	00.09.08		6	00.11.47		6	00.13.38		5	00.14.31		6	00.18.34		6	00.20.38		6	00.22.04
CL	8	00:38																											
0	00.22.42																												

Pos.	Nome	Società	Tempo
0	Negrisolo Maria Caterina	Senza Società	00.19.30

47	3	01:28	37	2	00:50	33	3	01:53	50	4	03:57	58	3	02:11	33	3	01:34	55	2	00:43	46	4	03:34	43	5	01:41	100	3	01:09
3	00.01.28		3	00.02.18		3	00.04.11		3	00.08.08		3	00.10.19		3	00.11.53		3	00.12.36		3	00.16.10		3	00.17.51		3	00.19.00
CL	4	00:30																											
0	00.19.30																												

Pos.	Nome	Società	Tempo
0	Ragona Andrea	Senza Società	00.22.14

47	5	01:45	37	2	00:50	33	6	01:57	50	6	04:10	58	7	02:42	33	6	01:59	55	15	01:17	46	3	03:33	43	8	02:08	100	6	01:21
5	00.01.45		4	00.02.35		4	00.04.32		5	00.08.42		4	00.11.24		4	00.13.23		6	00.14.40		4	00.18.13		5	00.20.21		5	00.21.42
CL	5	00:32																											
0	00.22.14																												

Pos.	Nome	Società	Tempo
0	Raponi Emiliano	Senza Società	00.16.55

47	1	01:18	37	2	00:50	33	4	01:54	50	2	03:30	58	1	01:46	33	1	01:14	55	2	00:43	46	1	02:44	43	2	01:29	100	1	00:58
1	00.01.18		2	00.02.08		2	00.04.02		2	00.07.32		2	00.09.18		2	00.10.32		2	00.11.15		1	00.13.59		1	00.15.28		1	00.16.26
CL	3	00:29																											
0	00.16.55																												

Pos.	Nome	Società	Tempo
0	Raso Zoe	Senza Società	00.42.15

47	17	03:17	37	13	01:50	33	19	04:23	50	18	07:31	58	17	04:09	33	20	03:58	55	18	01:31	46	18	07:54	43	19	04:10	100	18	02:22
17	00.03.17		15	00.05.07		17	00.09.30		16	00.17.01		16	00.21.10		16	00.25.08		17	00.26.39		17	00.34.33		17	00.38.43		17	00.41.05
CL	17	01:10																											
0	00.42.15																												

Pos.	Nome	Società	Tempo
0	Sironi Valentina	Senza Società	00.34.23

47	15	02:38	37	14	01:54	33	17	03:24	50	13	06:38	58	18	04:13	33	16	02:37	55	13	01:11	46	15	05:50	43	15	03:05	100	15	01:57
15	00.02.38		12	00.04.32		13	00.07.56		13	00.14.34		13	00.18.47		12	00.21.24		12	00.22.35		12	00.28.25		11	00.31.30		11	00.33.27
CL	16	00:56																											
0	00.34.23																												

Pos.	Nome	Società	Tempo
0	Talgliente Vleria	Senza Società	00.39.29

47	18	04:31	37	9	01:15	33	16	03:15	50	14	06:45	58	20	05:00	33	10	02:17	55	19	01:58	46	19	08:17	43	14	02:57	100	17	02:21
18	00.04.31		17	00.05.46		16	00.09.01		14	00.15.46		15	00.20.46		15	00.23.03		14	00.25.01		16	00.33.18		15	00.36.15		15	00.38.36
CL	14	00:53																											
0	00.39.29																												

Pos.	Nome	Società	Tempo
0	Tiplea Gruppo	Senza Società	00.50.54

47	20	09:46	37	19	13:41	33	1	01:37	50	16	06:53	58	12	03:15	33	17	02:43	55	16	01:24	46	14	05:45	43	12	02:51	100	9	01:38
20	00.09.46		19	00.23.27		19	00.25.04		19	00.31.57		19	00.35.12		19	00.37.55		19	00.39.19		19	00.45.04		18	00.47.55		18	00.49.33
CL	19	01:21																											
0	00.50.54																												

Pos.	Nome	Società	Tempo
0	Ursa Andreea	Senza Società	00.51.21

47	19	09:19	37	20	14:21	33	8	02:14	50	15	06:47	58	15	03:36	33	15	02:34	55	8	01:07	46	12	05:31	43	13	02:54	100	11	01:44
19	00.09.19		20	00.23.40		20	00.25.54		20	00.32.41		20	00.36.17		20	00.38.51		20	00.39.58		20	00.45.29		19	00.48.23		19	00.50.07
CL	18	01:14																											
0	00.51.21																												

Categoria: M 10

(Lunghezza 1800 m - Dislivello 15 m - Kmsf 1,95)

Pos.	Nome	Società	Tempo
0	Colombo Michele	NIRVANA VERDE	00.27.32

38	1	01:09	58	2	03:11	35	1	02:09	56	2	02:26	33	4	05:08	47	2	05:05	46	4	01:54	43	4	03:11	100	1	02:16	CL	4	01:03
1	00.01.09		2	00.04.20		1	00.06.29		2	00.08.55		2	00.14.03		2	00.19.08		2	00.21.02		2	00.24.13		2	00.26.29		0	00.27.32

Pos.	Nome	Società	Tempo
0	Looney Lucia	DALLA CHIESA POL. SESTO C…	00.30.15

38	3	01:32	58	4	03:44	35	3	03:42	56	4	03:13	33	2	04:15	47	4	06:38	46	1	01:36	43	2	02:17	100	3	02:30	CL	2	00:48
3	00.01.32		3	00.05.16		3	00.08.58		4	00.12.11		3	00.16.26		4	00.23.04		4	00.24.40		3	00.26.57		4	00.29.27		0	00.30.15

Pos.	Nome	Società	Tempo
0	Pollastro Luca	NIRVANA VERDE	00.22.37

38	2	01:20	58	1	02:55	35	2	02:19	56	1	01:43	33	1	03:22	47	1	03:41	46	1	01:36	43	1	02:01	100	4	03:02	CL	1	00:38
2	00.01.20		1	00.04.15		2	00.06.34		1	00.08.17		1	00.11.39		1	00.15.20		1	00.16.56		1	00.18.57		1	00.21.59		0	00.22.37

...Categoria: M 10

Pos.	Nome	Società	Tempo
0	Sogolow Jacob	DALLA CHIESA POL. SESTO C…	00.30.16

38	4	01:42	58	3	03:38	35	4	03:43	56	3	03:04	33	3	04:21	47	3	06:34	46	1	01:36	43	3	02:21	100	2	02:25	CL	3	00:52						
4	00.01.42	4	00.05.20	4	00.09.03	3	00.12.07	4	00.16.28	3	00.23.02	3	00.24.38	4	00.26.59	3	00.29.24	0	00.30.16																

Categoria: M 12

(Lunghezza 2200 m - Dislivello 20 m - Kmsf 2,40)

Pos.	Nome	Società	Tempo
1	Ruggiero Enea	NIRVANA VERDE	00.15.39

47	1	01:07	37	1	00:38	33	2	01:36	50	1	02:48	35	3	00:48	58	3	01:16	33	1	01:21	55	1	00:39	46	2	02:41	43	1	01:23						
1	00.01.07	1	00.01.45	2	00.03.21	1	00.06.09	1	00.06.57	1	00.08.13	1	00.09.34	1	00.10.13	1	00.12.54	1	00.14.17																
100	2	01:01	CL	2	00:21																														
1	00.15.18	1	00.15.39																																

Pos.	Nome	Società	Tempo
2	Brambilla Paolo	POL. BESANESE	00.16.23

47	5	01:37	37	3	00:41	33	3	01:44	50	2	02:55	35	1	00:47	58	2	01:15	33	1	01:21	55	3	00:41	46	1	02:37	43	2	01:25						
5	00.01.37	5	00.02.18	4	00.04.02	4	00.06.57	4	00.07.44	3	00.08.59	3	00.10.20	3	00.11.01	2	00.13.38	2	00.15.03																
100	1	00:59	CL	3	00:21																														
2	00.16.02	2	00.16.23																																

Pos.	Nome	Società	Tempo
3	Molteni Riccardo	NIRVANA VERDE	00.16.56

47	2	01:14	37	2	00:39	33	4	01:48	50	2	02:55	35	1	00:47	58	4	01:19	33	3	01:22	55	2	00:40	46	4	03:16	43	3	01:32						
2	00.01.14	2	00.01.53	3	00.03.41	2	00.06.36	2	00.07.23	2	00.08.42	2	00.10.04	2	00.10.44	3	00.14.00	3	00.15.32																
100	3	01:03	CL	1	00:21																														
3	00.16.35	3	00.16.56																																

Pos.	Nome	Società	Tempo
4	Longoni Santiago	POL. BESANESE	00.17.40

47	3	01:15	37	4	00:44	33	1	01:21	50	4	03:20	35	5	00:56	58	5	01:23	33	4	01:32	55	4	00:44	46	3	03:14	43	4	01:34						
3	00.01.15	3	00.01.59	1	00.03.20	3	00.06.40	3	00.07.36	3	00.08.59	4	00.10.31	4	00.11.15	4	00.14.29	4	00.16.03																
100	5	01:12	CL	6	00:25																														
4	00.17.15	4	00.17.40																																

Pos.	Nome	Società	Tempo
5	Guarino Leo	UNIONE LOMBARDA S.S.D. A.…	00.21.15

47	6	01:39	37	7	00:59	33	6	02:15	50	6	03:57	35	7	01:04	58	7	01:38	33	7	01:49	55	5	00:48	46	5	03:41	43	5	01:43						
6	00.01.39	6	00.02.38	6	00.04.53	6	00.08.50	6	00.09.54	6	00.11.32	6	00.13.21	6	00.14.09	5	00.17.50	5	00.19.33																
100	6	01:18	CL	5	00:24																														
5	00.20.51	5	00.21.15																																

Pos.	Nome	Società	Tempo
6	Raponi Flavio	POL. BESANESE	00.21.43

47	4	01:21	37	5	00:48	33	5	01:56	50	5	03:56	35	4	00:55	58	1	01:14	33	4	01:32	55	7	01:21	46	6	05:14	43	5	01:43						
4	00.01.21	4	00.02.09	5	00.04.05	5	00.08.01	5	00.08.56	5	00.10.10	5	00.11.42	5	00.13.03	6	00.18.17	6	00.20.00																
100	7	01:19	CL	4	00:24																														
6	00.21.19	6	00.21.43																																

Pos.	Nome	Società	Tempo
7	Aronica Mathias	NIRVANA VERDE	00.24.17

47	7	01:55	37	6	00:52	33	7	02:42	50	7	04:39	35	6	01:00	58	6	01:31	33	6	01:38	55	6	01:01	46	7	05:32	43	7	01:46						
7	00.01.55	7	00.02.47	7	00.05.29	7	00.10.08	7	00.11.08	7	00.12.39	7	00.14.17	7	00.15.18	7	00.20.50	7	00.22.36																
100	4	01:10	CL	7	00:31																														
7	00.23.46	7	00.24.17																																

Categoria: M 13/14

(Lunghezza 3000 m - Dislivello 30 m - Kmsf 3,30)

Pos.	Nome	Società	Tempo
1	Costa Mattia	DALLA CHIESA POL. SESTO C…	00.17.35

38	1	00:31	58	2	01:21	34	1	01:42	57	1	02:10	64	1	01:00	34	1	01:38	56	1	01:40	48	1	01:06	32	1	02:13	46	1	01:48						
1	00.00.31	1	00.01.52	1	00.03.34	1	00.05.44	1	00.06.44	1	00.08.22	1	00.10.02	1	00.11.08	1	00.13.21	1	00.15.09																
43	1	01:17	100	1	00:50	CL	1	00:19																											
1	00.16.26	1	00.17.16	1	00.17.35																														

Pos.	Nome	Società	Tempo
2	Annoni Lorenzo	POL. BESANESE	00.19.45

38	4	00:37	58	3	01:24	34	2	01:52	57	4	02:35	64	5	01:21	34	2	01:42	56	2	01:49	48	2	01:21	32	4	02:31	46	2	01:51						
4	00.00.37	4	00.02.01	3	00.03.53	4	00.06.28	5	00.07.49	4	00.09.31	2	00.11.20	2	00.12.41	2	00.15.12	2	00.17.03																
43	3	01:29	100	2	00:52	CL	2	00:21																											
2	00.18.32	2	00.19.24	2	00.19.45																														

...Categoria: M 13/14

Pos.	Nome	Società	Tempo
3	Motterlini Gianluca	POL. BESANESE	00.19.56

38	5	00:39	58	1	01:20	34	4	01:54	57	3	02:22	64	3	01:10	34	4	01:55	56	3	02:08	48	5	01:32	32	2	02:15	46	4	01:59
5		00.00.39	3		00.01.59	3		00.03.53	2		00.06.15	2		00.07.25	2		00.09.20	3		00.11.28	3		00.13.00	3		00.15.15	3		00.17.14
43	2	01:21	100	3	00:58	CL	3	00:23																					
3		00.18.35	3		00.19.33	3		00.19.56																					

Pos.	Nome	Società	Tempo
4	Valnegri Leonardo Dalmazio	POL. BESANESE	00.21.23

38	3	00:34	58	3	01:24	34	3	01:53	57	5	02:41	64	2	01:09	34	3	01:48	56	4	02:13	48	3	01:22	32	3	02:21	46	3	01:53
3		00.00.34	2		00.01.58	2		00.03.51	5		00.06.32	4		00.07.41	3		00.09.29	4		00.11.42	4		00.13.04	4		00.15.25	4		00.17.18
43	5	01:34	100	5	02:07	CL	4	00:24																					
4		00.18.52	4		00.20.59	4		00.21.23																					

Pos.	Nome	Società	Tempo
5	Spagnoli Zeno	NIRVANA VERDE	00.25.39

38	2	00:33	58	5	01:33	34	5	01:59	57	2	02:18	64	4	01:13	34	5	02:00	56	5	05:04	48	4	01:27	32	5	03:15	46	5	03:05
2		00.00.33	5		00.02.06	5		00.04.05	3		00.06.23	3		00.07.36	5		00.09.36	5		00.14.40	5		00.16.07	5		00.19.22	5		00.22.27
43	4	01:31	100	4	01:10	CL	5	00:31																					
5		00.23.58	5		00.25.08	5		00.25.39																					

Categoria: M 15/16

(Lunghezza 3400 m - Dislivello 30 m - Kmsf 3,70)

Pos.	Nome	Società	Tempo
1	Schiavo Alessio	POL. BESANESE	00.19.23

33	1	02:29	48	1	00:57	50	1	01:53	34	1	00:34	62	2	02:27	41	1	01:37	45	1	01:22	34	1	00:51	42	1	04:05	43	1	01:50
1		00.02.29	1		00.03.26	1		00.05.19	1		00.05.53	1		00.08.20	1		00.09.57	1		00.11.19	1		00.12.10	1		00.16.15	1		00.18.05
52	1	00:38	100	1	00:22	CL	2	00:18																					
1		00.18.43	1		00.19.05	1		00.19.23																					

Pos.	Nome	Società	Tempo
2	Pagani Pietro	DALLA CHIESA POL. SESTO C…	00.23.37

33	4	03:21	48	4	01:12	50	2	02:07	34	4	00:57	62	1	02:23	41	2	01:52	45	3	01:35	34	4	01:06	42	3	05:06	43	4	02:28
4		00.03.21	4		00.04.33	3		00.06.40	3		00.07.37	2		00.10.00	2		00.11.52	2		00.13.27	2		00.14.33	2		00.19.39	2		00.22.07
52	2	00:41	100	2	00:26	CL	4	00:23																					
2		00.22.48	2		00.23.14	2		00.23.37																					

Pos.	Nome	Società	Tempo
3	Maiocchi Alessandro	POL. PUNTO NORD	00.24.38

33	5	04:23	48	2	01:04	50	5	02:37	34	3	00:49	62	3	02:46	41	3	02:12	45	2	01:29	34	2	01:05	42	2	04:45	43	2	02:00
5		00.04.23	5		00.05.27	5		00.08.04	5		00.08.53	4		00.11.39	3		00.13.51	3		00.15.20	3		00.16.25	3		00.21.10	3		00.23.10
52	3	00:43	100	2	00:26	CL	3	00:19																					
3		00.23.53	3		00.24.19	3		00.24.38																					

Pos.	Nome	Società	Tempo
4	Del Grasso Luca	DALLA CHIESA POL. SESTO C…	00.29.11

33	3	03:04	48	5	01:20	50	4	02:25	34	5	01:11	62	4	03:26	41	4	03:17	45	4	01:52	34	2	01:05	42	4	07:27	43	3	02:09
3		00.03.04	3		00.04.24	4		00.06.49	4		00.08.00	3		00.11.26	4		00.14.43	4		00.16.35	4		00.17.40	4		00.25.07	4		00.27.16
52	4	01:08	100	4	00:33	CL	1	00:14																					
4		00.28.24	4		00.28.57	4		00.29.11																					

Pos.	Nome	Società	Tempo
-	Costa Tommaso	DALLA CHIESA POL. SESTO C…	Punz. Errata

33	2	02:59	48	3	01:05	50	3	02:15	34	2	00:41	57	-	02:17	62	-	00:34	64	-	01:01	45	-	00:53	34	-	01:05	42	-	05:25
2		00.02.59	2		00.04.04	2		00.06.19	2		00.07.00	-		00.09.17	-		00.09.51	-		00.10.52	-		00.11.45	-		00.12.50	-		00.18.15
43	-	02:24	52	-	00:44	100	-	00:25	PE	-	00:22																		
-		00.20.39	-		00.21.23	-		00.21.48	5		00.22.10																		

Categoria: M 17/18

(Lunghezza 4500 m - Dislivello 55 m - Kmsf 5,05)

Pos.	Nome	Società	Tempo
1	Bocchiola Riccardo	POL. BESANESE	00.25.23

42	1	01:32	53	1	01:14	50	1	02:28	63	2	00:51	51	1	01:35	61	1	02:25	62	1	01:39	39	1	02:07	36	2	01:48	31	1	01:13
1		00.01.32	1		00.02.46	1		00.05.14	1		00.06.05	1		00.07.40	1		00.10.05	1		00.11.44	1		00.13.51	1		00.15.39	1		00.16.52
45	1	01:32	34	2	00:56	37	1	02:56	43	1	01:46	52	2	00:40	100	2	00:21	CL	2	00:20									
1		00.18.24	1		00.19.20	1		00.22.16	1		00.24.02	1		00.24.42	1		00.25.03	1		00.25.23									

Pos.	Nome	Società	Tempo
2	Pellizzari Emilio	UNIONE LOMBARDA S.S.D. A.…	00.27.06

42	2	01:39	53	3	01:23	50	2	02:45	63	1	00:48	51	2	02:10	61	2	02:29	62	2	01:46	39	2	02:13	36	1	01:33	31	2	01:17
2		00.01.39	2		00.03.02	2		00.05.47	2		00.06.35	2		00.08.45	2		00.11.14	2		00.13.00	2		00.15.13	2		00.16.46	2		00.18.03
45	2	01:33	34	1	00:51	37	2	03:23	43	2	01:56	52	1	00:36	100	3	00:24	CL	3	00:20									
2		00.19.36	2		00.20.27	2		00.23.50	2		00.25.46	2		00.26.22	2		00.26.46	2		00.27.06									

...Categoria: M 17/18

Pos.	Nome	Società	Tempo
3	Acquaviva Riccardo	POL. PUNTO NORD	00.32.25

42	3	01:49	53	2	01:22	50	3	02:55	63	3	01:16	51	3	02:19	61	3	02:52	62	3	02:23	39	3	02:44	36	3	02:35	31	3	02:09
3		00.01.49	3		00.03.11	3		00.06.06	3		00.07.22	3		00.09.41	3		00.12.33	3		00.14.56	3		00.17.40	3		00.20.15	3		00.22.24
45	3	02:03	34	3	01:01	37	3	03:24	43	3	02:06	52	3	00:50	100	1	00:20	CL	1	00:17									
3		00.24.27	3		00.25.28	3		00.28.52	3		00.30.58	3		00.31.48	3		00.32.08	3		00.32.25									

Categoria: M 40

(Lunghezza 4700 m - Dislivello 55 m - Kmsf 5,25)

Pos.	Nome	Società	Tempo
1	Pirola Diego	POL. BESANESE	00.40.55

32	1	03:21	53	3	00:47	63	3	04:06	54	3	01:50	51	5	01:56	65	4	04:29	61	5	01:44	62	3	01:51	39	1	03:03	36	2	02:17
1		00.03.21	1		00.04.08	2		00.08.14	1		00.10.04	2		00.12.00	2		00.16.29	2		00.18.13	2		00.20.04	2		00.23.07	2		00.25.24
31	3	01:45	45	2	02:01	34	1	01:03	33	3	03:45	46	1	02:38	49	3	01:48	44	1	01:08	100	3	01:02	CL	2	00:21			
2		00.27.09	2		00.29.10	1		00.30.13	2		00.33.58	1		00.36.36	1		00.38.24	1		00.39.32	1		00.40.34	1		00.40.55			

Pos.	Nome	Società	Tempo
2	Brambilla Michele	NIRVANA VERDE	00.41.33

32	4	04:41	53	1	00:39	63	5	06:46	54	1	01:38	51	2	01:11	65	2	03:07	61	2	01:16	62	1	01:35	39	4	03:23	36	1	01:58
4		00.04.41	4		00.05.20	5		00.12.06	5		00.13.44	5		00.14.55	4		00.18.02	3		00.19.18	3		00.20.53	3		00.24.16	3		00.26.14
31	2	01:32	45	1	01:46	34	3	01:05	33	1	03:17	46	3	03:02	49	1	01:40	44	3	01:45	100	1	00:53	CL	1	00:19			
3		00.27.46	3		00.29.32	3		00.30.37	1		00.33.54	2		00.36.56	2		00.38.36	2		00.40.21	2		00.41.14	2		00.41.33			

Pos.	Nome	Società	Tempo
3	Molteni Luca Emanuele	NIRVANA VERDE	00.43.59

32	3	03:25	53	4	00:50	63	1	03:54	54	4	01:59	51	1	01:07	65	5	07:04	61	1	01:08	62	2	01:42	39	2	03:09	36	3	02:18
3		00.03.25	2		00.04.15	1		00.08.09	2		00.10.08	1		00.11.15	5		00.18.19	4		00.19.27	4		00.21.09	4		00.24.18	4		00.26.36
31	1	01:30	45	3	02:02	34	2	01:04	33	4	03:54	46	2	02:43	49	2	01:42	44	5	03:05	100	2	00:59	CL	3	00:24			
4		00.28.06	4		00.30.08	4		00.31.12	4		00.35.06	3		00.37.49	3		00.39.31	4		00.42.36	3		00.43.35	3		00.43.59			

Pos.	Nome	Società	Tempo
4	Colombo Roberto	NIRVANA VERDE	00.44.12

32	2	03:23	53	5	00:59	63	4	04:52	54	2	01:46	51	3	01:21	65	1	03:02	61	4	01:36	62	5	02:01	39	3	03:19	36	5	02:27
2		00.03.23	3		00.04.22	3		00.09.14	3		00.11.00	3		00.12.21	1		00.15.23	1		00.16.59	1		00.19.00	1		00.22.19	1		00.24.46
31	5	02:02	45	4	02:19	34	5	01:18	33	5	04:20	46	5	03:45	49	5	02:26	44	2	01:26	100	5	01:25	CL	4	00:25			
1		00.26.48	1		00.29.07	2		00.30.25	3		00.34.45	4		00.38.30	4		00.40.56	3		00.42.22	4		00.43.47	4		00.44.12			

Pos.	Nome	Società	Tempo
5	Menescardi Paolo	L'ORMA S.S.D. A.R.L.	00.46.18

32	5	04:44	53	2	00:46	63	2	04:05	54	5	03:09	51	4	01:44	65	3	03:28	61	3	01:34	62	4	01:59	39	5	03:54	36	3	02:18
5		00.04.44	5		00.05.30	4		00.09.35	4		00.12.44	4		00.14.28	3		00.17.56	5		00.19.30	5		00.21.29	5		00.25.23	5		00.27.41
31	4	01:52	45	5	02:54	34	4	01:12	33	2	03:39	46	4	03:26	49	4	02:00	44	4	01:49	100	4	01:19	CL	5	00:26			
5		00.29.33	5		00.32.27	5		00.33.39	5		00.37.18	5		00.40.44	5		00.42.44	5		00.44.33	5		00.45.52	5		00.46.18			

Categoria: M 50

(Lunghezza 4500 m - Dislivello 55 m - Kmsf 5,05)

Pos.	Nome	Società	Tempo
1	Grilli Alberto	POL. PUNTO NORD	00.30.06

42	3	01:58	53	2	01:33	50	1	03:01	63	2	00:57	51	1	01:54	61	7	03:20	62	1	01:32	39	1	02:19	36	3	01:59	31	1	01:25
3		00.01.58	2		00.03.31	1		00.06.32	1		00.07.29	1		00.09.23	2		00.12.43	1		00.14.15	1		00.16.34	1		00.18.33	1		00.19.58
45	3	01:55	34	1	00:59	37	1	03:19	43	1	02:14	52	7	00:56	100	1	00:25	CL	1	00:20									
1		00.21.53	1		00.22.52	1		00.26.11	1		00.28.25	1		00.29.21	1		00.29.46	1		00.30.06									

Pos.	Nome	Società	Tempo
2	Magenes Giuseppe	POL. BESANESE	00.31.28

42	1	01:49	53	4	01:38	50	3	03:08	63	3	00:59	51	2	02:01	61	2	02:43	62	8	02:13	39	4	02:51	36	1	01:51	31	2	01:32
1		00.01.49	1		00.03.27	2		00.06.35	2		00.07.34	2		00.09.35	1		00.12.18	2		00.14.31	2		00.17.22	2		00.19.13	2		00.20.45
45	5	02:01	34	3	01:05	37	2	03:36	43	3	02:21	52	2	00:47	100	3	00:26	CL	7	00:27									
2		00.22.46	2		00.23.51	2		00.27.27	2		00.29.48	2		00.30.35	2		00.31.01	2		00.31.28									

Pos.	Nome	Società	Tempo
3	Cavara Andrea	NIRVANA VERDE	00.32.11

42	10	02:17	53	3	01:34	50	2	03:07	63	5	01:03	51	4	02:10	61	9	03:40	62	2	01:35	39	2	02:27	36	2	01:56	31	5	01:47
10		00.02.17	6		00.03.51	3		00.06.58	3		00.08.01	3		00.10.11	4		00.13.51	4		00.15.26	4		00.17.53	3		00.19.49	3		00.21.36
45	2	01:54	34	2	01:04	37	4	03:39	43	4	02:22	52	3	00:49	100	3	00:26	CL	3	00:21									
3		00.23.30	3		00.24.34	3		00.28.13	3		00.30.35	3		00.31.24	3		00.31.50	3		00.32.11									

Pos.	Nome	Società	Tempo
4	Barenghi Beniamino	VARESE OR.	00.32.43

42	12	02:30	53	1	01:31	50	4	03:16	63	1	00:52	51	5	02:14	61	1	02:37	62	5	01:51	39	4	02:51	36	11	03:04	31	3	01:38
12		00.02.30	9		00.04.01	5		00.07.17	4		00.08.09	4		00.10.23	3		00.13.00	3		00.14.51	3		00.17.42	4		00.20.46	4		00.22.24
45	1	01:47	34	7	01:08	37	2	03:36	43	2	02:17	52	1	00:45	100	1	00:25	CL	2	00:21									
4		00.24.11	4		00.25.19	4		00.28.55	4		00.31.12	4		00.31.57	4		00.32.22	4		00.32.43									

...Categoria: M 50

Pos.	Nome	Società	Tempo
5	Madella Remo	POL. PUNTO NORD	00.35.02

42	6	02:07	53	9	01:51	50	10	03:45	63	6	01:05	51	9	02:30	61	4	03:02	62	4	01:49	39	3	02:46	36	8	02:47	31	3	01:38
6	00.02.07	8	00.03.58	9	00.07.43	8	00.08.48	8	00.11.18	6	00.14.20	5	00.16.09	5	00.18.55	5	00.21.42	5	00.23.20										
45	4	01:59	34	7	01:08	37	9	04:08	43	5	02:26	52	13	01:00	100	9	00:29	CL	13	00:32									
5	00.25.19	5	00.26.27	5	00.30.35	5	00.33.01	5	00.34.01	5	00.34.30	5	00.35.02																

Pos.	Nome	Società	Tempo
6	Brambilla Stefano	POL. PUNTO NORD	00.37.15

42	7	02:08	53	10	01:54	50	10	03:45	63	7	01:07	51	6	02:15	61	3	02:59	62	12	02:50	39	7	03:01	36	7	02:42	31	8	02:03
7	00.02.08	10	00.04.02	10	00.07.47	9	00.08.54	5	00.11.09	5	00.14.08	7	00.16.58	7	00.19.59	7	00.22.41	7	00.24.44										
45	8	02:18	34	10	01:21	37	10	04:17	43	11	02:40	52	11	00:59	100	7	00:28	CL	11	00:28									
6	00.27.02	6	00.28.23	6	00.32.40	6	00.35.20	6	00.36.19	6	00.36.47	6	00.37.15																

Pos.	Nome	Società	Tempo
7	Ravasio Gianbattista	AGOROSSO S.ALESSANDRO OR.	00.38.05

42	9	02:12	53	5	01:42	50	7	03:35	63	9	01:16	51	8	02:29	61	12	04:01	62	10	02:26	39	14	04:19	36	4	02:05	31	11	02:10
9	00.02.12	7	00.03.54	8	00.07.29	6	00.08.45	6	00.11.14	9	00.15.15	8	00.17.41	10	00.22.00	8	00.24.05	8	00.26.15										
45	7	02:17	34	6	01:07	37	7	04:03	43	8	02:34	52	5	00:53	100	9	00:29	CL	9	00:27									
7	00.28.32	7	00.29.39	7	00.33.42	7	00.36.16	7	00.37.09	7	00.37.38	7	00.38.05																

Pos.	Nome	Società	Tempo
8	Spagnoli Davide	NIRVANA VERDE	00.39.36

42	2	01:54	53	7	01:44	50	5	03:28	63	11	02:04	51	3	02:09	61	14	04:21	62	13	02:59	39	8	03:19	36	9	02:51	31	13	03:15
2	00.01.54	3	00.03.38	4	00.07.06	10	00.09.10	9	00.11.19	10	00.15.40	10	00.18.39	9	00.21.58	10	00.24.49	10	00.28.04										
45	9	02:22	34	4	01:06	37	5	03:51	43	6	02:31	52	5	00:53	100	3	00:26	CL	4	00:23									
9	00.30.26	9	00.31.32	8	00.35.23	8	00.37.54	8	00.38.47	8	00.39.13	8	00.39.36																

Pos.	Nome	Società	Tempo
9	Gaspari Fabio	CO UTOE Bellinzona	00.40.00

42	4	02:02	53	6	01:43	50	6	03:34	63	7	01:07	51	12	02:49	61	6	03:16	62	3	01:46	39	6	02:53	36	6	02:38	31	6	01:49
4	00.02.02	4	00.03.45	6	00.07.19	5	00.08.26	7	00.11.15	7	00.14.31	6	00.16.17	6	00.19.10	6	00.21.48	6	00.23.37										
45	14	06:49	34	4	01:06	37	7	04:03	43	10	02:38	52	4	00:52	100	7	00:28	CL	7	00:27									
9	00.30.26	9	00.31.32	10	00.35.35	9	00.38.13	9	00.39.05	9	00.39.33	9	00.40.00																

Pos.	Nome	Società	Tempo
10	Negri Daniele	NIRVANA VERDE	00.40.09

42	14	02:38	53	11	02:04	50	9	03:41	63	4	01:00	51	7	02:18	61	8	03:29	62	13	02:59	39	10	03:28	36	12	03:06	31	10	02:07
14	00.02.38	12	00.04.42	11	00.08.23	11	00.09.23	10	00.11.41	8	00.15.10	9	00.18.09	8	00.21.37	9	00.24.43	9	00.26.50										
45	13	03:23	34	9	01:12	37	6	04:01	43	12	02:48	52	8	00:57	100	13	00:32	CL	6	00:26									
8	00.30.13	8	00.31.25	9	00.35.26	10	00.38.14	10	00.39.11	10	00.39.43	10	00.40.09																

Pos.	Nome	Società	Tempo
11	Consoli Paolo	UNIONE LOMBARDA S.S.D. A.…	00.42.41

42	13	02:33	53	13	02:12	50	13	04:18	63	13	03:13	51	10	02:31	61	10	03:41	62	7	02:12	39	13	03:44	36	10	03:00	31	7	01:58
13	00.02.33	13	00.04.45	14	00.09.03	13	00.12.16	12	00.14.47	13	00.18.28	12	00.20.40	13	00.24.24	12	00.27.24	11	00.29.22										
45	10	02:27	34	12	01:31	37	12	04:51	43	9	02:35	52	10	00:58	100	9	00:29	CL	10	00:28									
12	00.31.49	12	00.33.20	11	00.38.11	11	00.40.46	11	00.41.44	11	00.42.13	11	00.42.41																

Pos.	Nome	Società	Tempo
12	Zanetello Roberto	NIRVANA VERDE	00.42.58

42	5	02:04	53	8	01:46	50	8	03:38	63	10	01:19	51	14	06:13	61	5	03:03	62	6	01:57	39	12	03:36	36	5	02:29	31	14	03:21
5	00.02.04	5	00.03.50	7	00.07.28	7	00.08.47	13	00.15.00	11	00.18.03	11	00.20.00	11	00.23.36	11	00.26.05	12	00.29.26										
45	6	02:06	34	14	01:40	37	13	05:23	43	7	02:33	52	11	00:59	100	3	00:26	CL	5	00:25									
11	00.31.32	11	00.33.12	12	00.38.35	12	00.41.08	12	00.42.07	12	00.42.33	12	00.42.58																

Pos.	Nome	Società	Tempo
13	Pedroncelli Davide	OR. COMO	00.44.59

42	7	02:08	53	12	02:08	50	14	04:39	63	12	02:05	51	13	03:18	61	13	04:05	62	11	02:29	39	9	03:24	36	13	03:21	31	9	02:04
7	00.02.08	11	00.04.16	13	00.08.55	12	00.11.00	11	00.14.18	12	00.18.23	13	00.20.52	12	00.24.16	13	00.27.37	13	00.29.41										
45	11	02:46	34	11	01:25	37	14	05:49	43	14	03:06	52	14	01:03	100	14	00:35	CL	14	00:34									
13	00.32.27	13	00.33.52	13	00.39.41	13	00.42.47	13	00.43.50	13	00.44.25	13	00.44.59																

Pos.	Nome	Società	Tempo
14	Merati Massimo	POL. PUNTO NORD	00.49.53

42	11	02:28	53	14	02:24	50	12	03:59	63	14	04:45	51	11	02:34	61	11	03:43	62	9	02:14	39	11	03:31	36	14	07:27	31	12	03:01
11	00.02.28	14	00.04.52	12	00.08.51	14	00.13.36	14	00.16.10	14	00.19.53	14	00.22.07	14	00.25.38	14	00.33.05	14	00.36.06										
45	11	02:46	34	13	01:33	37	11	04:29	43	13	03:02	52	8	00:57	100	12	00:31	CL	12	00:29									
14	00.38.52	14	00.40.25	14	00.44.54	14	00.47.56	14	00.48.53	14	00.49.24	14	00.49.53																

Categoria: M 60

(Lunghezza 3900 m - Dislivello 55 m - Kmsf 4,45)

Pos.	Nome	Società	Tempo
1	Di Stefano Gianluca	POL. BESANESE	00.30.03

46	2	01:55	53	5	02:45	48	3	01:49	59	2	02:49	65	1	03:55	61	1	01:17	62	3	02:00	41	2	02:16	45	2	01:43	63	4	02:06
2	00.01.55	3	00.04.40	3	00.06.29	2	00.09.18	2	00.13.13	2	00.14.30	2	00.16.30	1	00.18.46	1	00.20.29	1	00.22.35										
37	2	03:22	52	2	03:09	100	2	00:28	CL	5	00:29																		
1	00.25.57	1	00.29.06	1	00.29.34	1	00.30.03																						

...Categoria: M 60

Pos.	Nome	Società	Tempo
2	Curzio Leonardo	ORIENTAMONDO	00.30.38

46	1	01:46	53	1	02:23	48	1	01:39	59	1	02:45	65	3	04:19	61	2	01:26	62	1	01:52	41	10	03:51	45	1	01:40	63	1	01:55
1		00.01.46	1		00.04.09	1		00.05.48	1		00.08.33	1		00.12.52	1		00.14.18	1		00.16.10	3		00.20.01	3		00.21.41	3		00.23.36
37	1	03:09	52	1	03:04	100	1	00:27	CL	1	00:22																		
3		00.26.45	2		00.29.49	2		00.30.16	2		00.30.38																		

Pos.	Nome	Società	Tempo
3	Manzoni Alessandro	POL. BESANESE	00.31.21

46	4	01:58	53	4	02:43	48	2	01:46	59	4	02:52	65	2	04:07	61	3	01:27	62	2	01:57	41	1	02:07	45	3	01:47	63	3	02:04
4		00.01.58	4		00.04.41	2		00.06.27	3		00.09.19	3		00.13.26	3		00.14.53	3		00.16.50	2		00.18.57	2		00.20.44	2		00.22.48
37	5	03:35	52	5	03:58	100	5	00:30	CL	6	00:30																		
2		00.26.23	3		00.30.21	3		00.30.51	3		00.31.21																		

Pos.	Nome	Società	Tempo
4	Battistoni Luca	VARESE OR.	00.32.15

46	3	01:56	53	3	02:42	48	4	01:55	59	2	02:49	65	4	04:25	61	5	01:41	62	9	02:31	41	2	02:16	45	4	01:53	63	5	02:10
3		00.01.56	2		00.04.38	4		00.06.33	4		00.09.22	4		00.13.47	4		00.15.28	4		00.17.59	4		00.20.15	4		00.22.08	4		00.24.18
37	4	03:33	52	3	03:34	100	2	00:28	CL	2	00:22																		
4		00.27.51	4		00.31.25	4		00.31.53	4		00.32.15																		

Pos.	Nome	Società	Tempo
5	Carli Claudio	UNIONE LOMBARDA S.S.D. A.…	00.38.36

46	6	02:16	53	10	03:18	48	8	02:19	59	10	03:52	65	5	04:46	61	4	01:32	62	11	02:40	41	7	03:04	45	6	02:04	63	8	02:35
6		00.02.16	6		00.05.34	6		00.07.53	6		00.11.45	6		00.16.31	5		00.18.03	5		00.20.43	5		00.23.47	5		00.25.51	5		00.28.26
37	8	04:17	52	9	04:47	100	7	00:35	CL	7	00:31																		
5		00.32.43	5		00.37.30	5		00.38.05	5		00.38.36																		

Pos.	Nome	Società	Tempo
6	Pezzati Filippo	SCOM Mendrisio	00.39.56

46	9	03:13	53	6	03:00	48	6	02:15	59	9	03:43	65	8	05:18	61	6	01:49	62	8	02:30	41	9	03:31	45	7	02:10	63	7	02:28
9		00.03.13	8		00.06.13	7		00.08.28	8		00.12.11	8		00.17.29	7		00.19.18	7		00.21.48	8		00.25.19	8		00.27.29	7		00.29.57
37	7	04:04	52	8	04:45	100	8	00:36	CL	9	00:34																		
7		00.34.01	6		00.38.46	6		00.39.22	6		00.39.56																		

Pos.	Nome	Società	Tempo
7	Benini Ivano	POL. BESANESE	00.40.01

46	10	04:02	53	8	03:01	48	5	02:11	59	6	03:21	65	10	07:31	61	8	02:04	62	4	02:21	41	4	02:33	45	5	02:02	63	6	02:20
10		00.04.02	9		00.07.03	9		00.09.14	9		00.12.35	9		00.20.06	9		00.22.10	9		00.24.31	9		00.27.04	9		00.29.06	9		00.31.26
37	6	03:47	52	4	03:52	100	2	00:28	CL	4	00:28																		
9		00.35.13	9		00.39.05	8		00.39.33	7		00.40.01																		

Pos.	Nome	Società	Tempo
7	Serra Sandro	UNIONE LOMBARDA S.S.D. A.…	00.40.01

46	7	02:46	53	6	03:00	48	11	02:47	59	7	03:36	65	7	05:15	61	9	02:05	62	12	02:43	41	5	02:44	45	9	02:21	63	9	02:41
7		00.02.46	7		00.05.46	8		00.08.33	7		00.12.09	7		00.17.24	8		00.19.29	8		00.22.12	7		00.24.56	7		00.27.17	8		00.29.58
37	9	04:24	52	7	04:27	100	10	00:37	CL	11	00:35																		
8		00.34.22	7		00.38.49	7		00.39.26	7		00.40.01																		

Pos.	Nome	Società	Tempo
9	Faetanini Giovanni	CRAL G.T.T.	00.40.11

46	5	02:13	53	9	03:07	48	8	02:19	59	7	03:36	65	6	04:58	61	10	02:39	62	10	02:39	41	6	03:00	45	8	02:11	63	10	02:42
5		00.02.13	5		00.05.20	5		00.07.39	5		00.11.15	5		00.16.13	6		00.18.52	6		00.21.31	6		00.24.31	6		00.26.42	6		00.29.24
37	10	04:33	52	10	05:03	100	8	00:36	CL	10	00:35																		
6		00.33.57	8		00.39.00	9		00.39.36	9		00.40.11																		

Pos.	Nome	Società	Tempo
10	Galbusera Dario	UNIONE LOMBARDA S.S.D. A.…	00.50.46

46	8	03:11	53	11	05:19	48	10	02:26	59	11	04:01	65	9	07:22	61	12	04:06	62	6	02:28	41	12	03:58	45	10	02:31	63	12	03:17
8		00.03.11	10		00.08.30	10		00.10.56	11		00.14.57	10		00.22.19	10		00.26.25	10		00.28.53	10		00.32.51	10		00.35.22	10		00.38.39
37	11	05:03	52	12	05:41	100	11	00:39	CL	12	00:44																		
10		00.43.42	10		00.49.23	10		00.50.02	10		00.50.46																		

Pos.	Nome	Società	Tempo
11	Vassallo Gary	DALLA CHIESA POL. SESTO C…	00.52.56

46	11	07:05	53	2	02:29	48	7	02:17	59	5	03:00	65	12	16:37	61	7	01:56	62	5	02:25	41	8	03:15	45	12	03:37	63	2	01:57
11		00.07.05	11		00.09.34	11		00.11.51	10		00.14.51	11		00.31.28	11		00.33.24	11		00.35.49	11		00.39.04	11		00.42.41	11		00.44.38
37	3	03:23	52	6	04:02	100	6	00:31	CL	3	00:22																		
11		00.48.01	11		00.52.03	11		00.52.34	11		00.52.56																		

Pos.	Nome	Società	Tempo
12	Bona Mario Fiorenzo	POL. BESANESE	01.02.41

46	12	07:09	53	12	09:58	48	12	02:49	59	12	04:18	65	11	10:28	61	11	02:48	62	6	02:28	41	11	03:57	45	11	02:52	63	11	03:05
12		00.07.09	12		00.17.07	12		00.19.56	12		00.24.14	12		00.34.42	12		00.37.30	12		00.39.58	12		00.43.55	12		00.46.47	12		00.49.52
37	12	06:00	52	11	05:36	100	11	00:39	CL	8	00:34																		
12		00.55.52	12		01.01.28	12		01.02.07	12		01.02.41																		

Categoria: M 70

(Lunghezza 3100 m - Dislivello 30 m - Kmsf 3,40)

Pos.	Nome	Società	Tempo
1	Lanini Bruno	VARESE OR.	00.39.47

37	2	03:38	58	2	02:45	34	2	03:35	57	1	04:38	64	2	02:08	45	1	01:54	34	1	02:01	48	1	05:41	55	1	02:16	42	1	03:12
2		00.03.38	2		00.06.23	2		00.09.58	2		00.14.36	2		00.16.44	1		00.18.38	1		00.20.39	1		00.26.20	1		00.28.36	1		00.31.48
43	1	03:52	44	1	01:47	100	1	01:42	CL	1	00:38																		
1		00.35.40	1		00.37.27	1		00.39.09	1		00.39.47																		

Pos.	Nome	Società	Tempo
-	Arosio Roberto	POL. PUNTO NORD	Punz. Mancante

37	1	02:11	58	1	01:47	34	1	02:31	57	2	04:40	64	1	01:28	34	-	03:47	55	-	08:47	42	-	03:21	43	-	03:33	44	-	03:10
1		00.02.11	1		00.03.58	1		00.06.29	1		00.11.09	1		00.12.37	-		00.16.24	-		00.25.11	-		00.28.32	-		00.32.05	-		00.35.15
100	-	01:10	PM	-	00:43																								
-		00.36.25	2		00.37.08																								

Categoria: M ELITE

(Lunghezza 5200 m - Dislivello 75 m - Kmsf 5,95)

Pos.	Nome	Società	Tempo
1	Giuliani Luigi	POL. BESANESE	00.30.20

32	2	02:09	53	1	00:37	63	2	02:51	40	1	00:42	54	7	00:42	51	6	01:02	65	2	02:01	61	1	00:57	60	2	01:29	62	3	02:17
2		00.02.09	2		00.02.46	2		00.05.37	1		00.06.19	1		00.07.01	1		00.08.03	1		00.10.04	1		00.11.01	1		00.12.30	1		00.14.47
39	1	01:59	36	1	01:38	62	1	02:28	45	1	01:09	34	2	00:51	37	1	02:46	49	1	02:02	44	13	01:26	100	9	00:56	CL	5	00:18
1		00.16.46	1		00.18.24	1		00.20.52	1		00.22.01	1		00.22.52	1		00.25.38	1		00.27.40	1		00.29.06	1		00.30.02	1		00.30.20

Pos.	Nome	Società	Tempo
2	Terranova Mirko	POL. PUNTO NORD	00.33.09

32	10	02:39	53	7	00:42	63	5	03:13	40	6	00:51	54	3	00:39	51	2	00:57	65	1	01:49	61	5	01:02	60	15	02:15	62	7	02:29
10		00.02.39	9		00.03.21	9		00.06.34	9		00.07.25	9		00.08.04	7		00.09.01	3		00.10.50	3		00.11.52	5		00.14.07	5		00.16.36
39	3	02:06	36	3	01:46	62	9	02:57	45	3	01:15	34	4	00:56	37	3	02:59	49	2	02:21	44	1	00:44	100	14	01:11	CL	4	00:18
4		00.18.42	3		00.20.28	4		00.23.25	3		00.24.40	3		00.25.36	3		00.28.35	2		00.30.56	2		00.31.40	2		00.32.51	2		00.33.09

Pos.	Nome	Società	Tempo
3	Redaelli Tommaso	POL. BESANESE	00.33.12

32	3	02:11	53	4	00:40	63	3	03:06	40	3	00:47	54	2	00:38	51	4	01:01	65	5	02:11	61	7	01:05	60	6	01:42	62	10	02:50
3		00.02.11	3		00.02.51	3		00.05.57	2		00.06.44	2		00.07.22	2		00.08.23	2		00.10.34	2		00.11.39	2		00.13.21	2		00.16.11
39	2	02:04	36	6	01:52	62	6	02:46	45	5	01:22	34	9	01:02	37	6	03:14	49	6	02:32	44	6	00:55	100	6	00:54	CL	7	00:20
2		00.18.15	2		00.20.07	2		00.22.53	2		00.24.15	2		00.25.17	2		00.28.31	3		00.31.03	3		00.31.58	3		00.32.52	3		00.33.12

Pos.	Nome	Società	Tempo
4	Filipelli Alessio	DALLA CHIESA POL. SESTO C…	00.33.41

32	6	02:16	53	10	00:45	63	7	03:19	40	6	00:51	54	5	00:41	51	4	01:01	65	6	02:12	61	7	01:05	60	7	01:44	62	8	02:31
6		00.02.16	6		00.03.01	6		00.06.20	6		00.07.11	6		00.07.52	5		00.08.53	4		00.11.05	4		00.12.10	3		00.13.54	4		00.16.25
39	4	02:07	36	9	02:02	62	5	02:44	45	6	01:23	34	4	00:56	37	5	03:11	49	10	02:53	44	5	00:54	100	2	00:50	CL	3	00:16
3		00.18.32	4		00.20.34	3		00.23.18	4		00.24.41	4		00.25.37	4		00.28.48	4		00.31.41	4		00.32.35	4		00.33.25	4		00.33.41

Pos.	Nome	Società	Tempo
5	Brigand Raphael	UNIONE LOMBARDA S.S.D. A.…	00.34.47

32	8	02:34	53	1	00:37	63	6	03:15	40	5	00:49	54	7	00:42	51	3	00:59	65	8	02:38	61	11	01:10	60	4	01:39	62	13	03:29
8		00.02.34	8		00.03.11	8		00.06.26	7		00.07.15	7		00.07.57	6		00.08.56	7		00.11.34	7		00.12.44	7		00.14.23	8		00.17.52
39	5	02:15	36	8	02:00	62	3	02:40	45	2	01:10	34	6	00:57	37	4	03:01	49	9	02:37	44	7	01:03	100	1	00:49	CL	13	00:23
7		00.20.07	7		00.22.07	7		00.24.47	7		00.25.57	6		00.26.54	5		00.29.55	5		00.32.32	5		00.33.35	5		00.34.24	5		00.34.47

Pos.	Nome	Società	Tempo
6	Sala Giovanni	NIRVANA VERDE	00.35.06

32	3	02:11	53	9	00:44	63	9	03:27	40	10	00:54	54	5	00:41	51	8	01:07	65	3	02:10	61	6	01:03	60	8	01:49	62	4	02:18
3		00.02.11	5		00.02.55	7		00.06.22	8		00.07.16	7		00.07.57	8		00.09.04	5		00.11.14	5		00.12.17	4		00.14.06	3		00.16.24
39	8	02:24	36	12	02:39	62	8	02:56	45	9	01:28	34	11	01:03	37	11	03:36	49	7	02:35	44	3	00:52	100	5	00:53	CL	2	00:16
5		00.18.48	6		00.21.27	6		00.24.23	6		00.25.51	6		00.26.54	7		00.30.30	8		00.33.05	7		00.33.57	6		00.34.50	6		00.35.06

Pos.	Nome	Società	Tempo
7	Faini Luca	OR. COMO	00.35.10

32	7	02:18	53	8	00:43	63	4	03:09	40	4	00:48	54	10	00:45	51	7	01:03	65	14	03:09	61	12	01:16	60	5	01:40	62	1	02:16
7		00.02.18	6		00.03.01	4		00.06.10	4		00.06.58	5		00.07.43	4		00.08.46	9		00.11.55	9		00.13.11	9		00.14.51	7		00.17.07
39	7	02:23	36	5	01:50	62	7	02:51	45	9	01:28	34	7	00:59	37	8	03:17	49	11	02:55	44	9	01:10	100	6	00:54	CL	1	00:16
6		00.19.30	5		00.21.20	5		00.24.11	5		00.25.39	5		00.26.38	5		00.29.55	6		00.32.50	8		00.34.00	7		00.34.54	7		00.35.10

Pos.	Nome	Società	Tempo
8	Sala Alessandro	POL. BESANESE	00.35.23

32	1	02:05	53	3	00:39	63	1	02:47	40	15	01:26	54	9	00:44	51	1	00:48	65	15	03:20	61	2	00:58	60	1	01:28	62	5	02:27
1		00.02.05	1		00.02.44	1		00.05.31	3		00.06.57	4		00.07.41	3		00.08.29	8		00.11.49	8		00.12.47	6		00.14.15	6		00.16.42
39	15	04:08	36	4	01:49	62	10	03:03	45	3	01:15	34	1	00:45	37	2	02:56	49	4	02:25	44	2	00:51	100	13	01:09	CL	9	00:20
9		00.20.50	9		00.22.39	9		00.25.42	9		00.26.57	9		00.27.42	8		00.30.38	7		00.33.03	6		00.33.54	8		00.35.03	8		00.35.23

Pos.	Nome	Società	Tempo
9	Franco Antonio	DALLA CHIESA POL. SESTO C…	00.36.14

32	9	02:35	53	12	00:47	63	11	03:34	40	6	00:51	54	3	00:39	51	13	01:17	65	13	02:58	61	10	01:09	60	9	01:52	62	6	02:28
9		00.02.35	10		00.03.22	10		00.06.56	10		00.07.47	10		00.08.26	10		00.09.43	10		00.12.41	10		00.13.50	11		00.15.42	10		00.18.10
39	6	02:20	36	2	01:43	62	4	02:43	45	8	01:26	34	8	01:01	37	9	03:23	49	7	02:35	44	16	01:33	100	3	00:51	CL	16	00:29
8		00.20.30	8		00.22.13	8		00.24.56	8		00.26.22	8		00.27.23	9		00.30.46	9		00.33.21	9		00.34.54	9		00.35.45	9		00.36.14

...Categoria: M ELITE

Pos.	Nome	Società	Tempo
10	Monzardo Matteo	L'ORMA S.S.D. A.R.L.	00.38.08

32	11	02:55	53	4	00:40	63	10	03:29	40	11	01:01	54	14	01:06	51	10	01:09	65	11	02:47	61	4	01:01	60	3	01:33	62	1	02:16
11	00.02.55	11	00.03.35	11	00.07.04	11	00.08.05	11	00.09.11	11	00.10.20	11	00.13.07	11	00.14.08	10	00.15.41	9	00.17.57										
39	10	02:57	36	11	02:24	62	14	03:34	45	14	02:13	34	13	01:06	37	10	03:27	49	3	02:22	44	4	00:53	100	8	00:55	CL	11	00:20
10	00.20.54	10	00.23.18	10	00.26.52	10	00.29.05	10	00.30.11	10	00.33.38	10	00.36.00	10	00.36.53	10	00.37.48	10	00.38.08										

Pos.	Nome	Società	Tempo
11	Bonalumi Federico	NIRVANA VERDE	00.39.09

32	5	02:13	53	4	00:40	63	8	03:20	40	2	00:46	54	1	00:37	51	14	01:42	65	3	02:10	61	9	01:08	60	11	01:57	62	15	04:47
5	00.02.13	4	00.02.53	5	00.06.13	5	00.06.59	3	00.07.36	9	00.09.18	6	00.11.28	6	00.12.36	8	00.14.33	11	00.19.20										
39	16	04:41	36	7	01:54	62	2	02:36	45	7	01:25	34	3	00:52	37	7	03:16	49	5	02:27	44	11	01:19	100	10	00:59	CL	9	00:20
12	00.24.01	12	00.25.55	11	00.28.31	11	00.29.56	11	00.30.48	11	00.34.04	11	00.36.31	11	00.37.50	11	00.38.49	11	00.39.09										

Pos.	Nome	Società	Tempo
12	Migliore Andrea	POL. BESANESE	00.41.11

32	12	02:57	53	13	00:50	63	14	04:30	40	9	00:52	54	11	01:00	51	12	01:12	65	9	02:42	61	14	01:23	60	13	02:03	62	9	02:48
12	00.02.57	12	00.03.47	13	00.08.17	13	00.09.09	13	00.10.09	13	00.11.21	13	00.14.03	13	00.15.26	13	00.17.29	12	00.20.17										
39	9	02:46	36	10	02:08	62	12	03:21	45	16	02:42	34	9	01:02	37	12	03:38	49	12	03:00	44	8	01:05	100	4	00:52	CL	8	00:20
11	00.23.03	11	00.25.11	12	00.28.32	12	00.31.14	12	00.32.16	12	00.35.54	12	00.38.54	12	00.39.59	12	00.40.51	12	00.41.11										

Pos.	Nome	Società	Tempo
13	Moeys Jeremy Bernard	DALLA CHIESA POL. SESTO C…	00.44.37

32	13	03:03	53	11	00:46	63	13	03:57	40	12	01:05	54	15	01:11	51	11	01:11	65	12	02:48	61	13	01:17	60	10	01:53	62	14	03:48
13	00.03.03	13	00.03.49	12	00.07.46	12	00.08.51	12	00.10.02	12	00.11.13	12	00.14.01	12	00.15.18	12	00.17.11	13	00.20.59										
39	12	03:19	36	14	02:51	62	15	03:42	45	13	02:01	34	14	01:11	37	14	04:19	49	14	03:28	44	12	01:25	100	11	01:03	CL	6	00:19
13	00.24.18	13	00.27.09	13	00.30.51	13	00.32.52	13	00.34.03	13	00.38.22	13	00.41.50	13	00.43.15	13	00.44.18	13	00.44.37										

Pos.	Nome	Società	Tempo
14	Carbone Gianluca	COMITATO GENOVA 2026 A.S.D	00.47.42

32	14	03:43	53	14	00:53	63	12	03:43	40	16	02:57	54	11	01:00	51	9	01:08	65	10	02:43	61	2	00:58	60	12	02:02	62	16	06:59
14	00.03.43	14	00.04.36	14	00.08.19	14	00.11.16	14	00.12.16	14	00.13.24	14	00.16.07	14	00.17.05	14	00.19.07	15	00.26.06										
39	11	03:15	36	13	02:40	62	11	03:04	45	11	01:33	34	12	01:05	37	13	03:48	49	13	03:19	44	10	01:12	100	15	01:17	CL	14	00:23
15	00.29.21	14	00.32.01	14	00.35.05	14	00.36.38	14	00.37.43	14	00.41.31	14	00.44.50	14	00.46.02	14	00.47.19	14	00.47.42										

Pos.	Nome	Società	Tempo
15	Bojko Andrij	UNIONE LOMBARDA S.S.D. A.…	00.50.41

32	16	05:03	53	14	00:53	63	15	05:09	40	14	01:13	54	11	01:00	51	15	01:43	65	7	02:37	61	15	01:38	60	14	02:11	62	12	03:28
16	00.05.03	16	00.05.56	16	00.11.05	16	00.12.18	15	00.13.18	15	00.15.01	15	00.17.38	15	00.19.16	15	00.21.27	14	00.24.55										
39	13	03:20	36	16	04:03	62	13	03:24	45	12	01:43	34	14	01:11	37	16	05:28	49	15	03:39	44	14	01:28	100	12	01:08	CL	12	00:22
14	00.28.15	15	00.32.18	15	00.35.42	15	00.37.25	15	00.38.36	15	00.44.04	15	00.47.43	15	00.49.11	15	00.50.19	15	00.50.41										

Pos.	Nome	Società	Tempo
16	Galletti Stefano	UNIONE LOMBARDA S.S.D. A.…	00.54.20

32	15	03:44	53	16	00:58	63	16	05:28	40	13	01:12	54	16	02:13	51	16	01:44	65	16	03:45	61	16	01:44	60	16	02:40	62	11	03:24
15	00.03.44	15	00.04.42	15	00.10.10	15	00.11.22	16	00.13.35	16	00.15.19	16	00.19.04	16	00.20.48	16	00.23.28	16	00.26.52										
39	14	03:34	36	15	03:00	62	16	04:19	45	15	02:27	34	16	01:37	37	15	05:08	49	16	03:47	44	15	01:32	100	16	01:36	CL	15	00:28
16	00.30.26	16	00.33.26	16	00.37.45	16	00.40.12	16	00.41.49	16	00.46.57	16	00.50.44	16	00.52.16	16	00.53.52	16	00.54.20										

Categoria: ROSSO

(Lunghezza 3100 m - Dislivello 30 m - Kmsf 3,40)

Pos.	Nome	Società	Tempo
1	Nessi Carlo	VARESE OR.	00.32.28

37	2	02:15	58	2	01:47	34	4	03:32	57	1	03:13	64	2	01:30	45	5	02:35	34	1	01:12	48	1	04:55	55	1	01:51	42	1	02:35
2	00.02.15	2	00.04.02	2	00.07.34	1	00.10.47	1	00.12.17	1	00.14.52	1	00.16.04	1	00.20.59	1	00.22.50	1	00.25.25										
43	2	03:18	44	1	01:25	100	3	01:42	CL	2	00:38																		
1	00.28.43	1	00.30.08	1	00.31.50	1	00.32.28																						

Pos.	Nome	Società	Tempo
2	Ghezzi Gianni	CO AGET Lugano	00.37.09

37	4	02:54	58	4	02:14	34	3	03:09	57	2	03:34	64	3	01:44	45	2	01:39	34	4	01:43	48	3	06:46	55	4	02:17	42	3	02:48
4	00.02.54	4	00.05.08	4	00.08.17	2	00.11.51	2	00.13.35	2	00.15.14	2	00.16.57	3	00.23.43	3	00.26.00	2	00.28.48										
43	3	03:27	44	5	02:36	100	2	01:32	CL	5	00:46																		
2	00.32.15	2	00.34.51	2	00.36.23	2	00.37.09																						

Pos.	Nome	Società	Tempo
3	Guarino Stefano	UNIONE LOMBARDA S.S.D. A.…	00.37.56

37	1	01:53	58	1	01:37	34	1	02:17	57	5	07:13	64	1	01:23	45	1	01:23	34	2	01:34	48	4	09:35	55	2	02:03	42	2	02:46
1	00.01.53	1	00.03.30	1	00.05.47	4	00.13.00	3	00.14.23	3	00.15.46	3	00.17.20	4	00.26.55	4	00.28.58	4	00.31.44										
43	1	02:43	44	2	01:43	100	1	01:18	CL	1	00:28																		
4	00.34.27	4	00.36.10	3	00.37.28	3	00.37.56																						

Pos.	Nome	Società	Tempo
4	Sanvito Annamaria	GOLD Savosa	00.38.56

37	3	02:50	58	3	02:09	34	2	02:43	57	4	05:01	64	5	01:52	45	4	02:12	34	2	01:34	48	2	05:20	55	5	02:18	42	5	03:58
3	00.02.50	3	00.04.59	3	00.07.42	3	00.12.43	4	00.14.35	4	00.16.47	4	00.18.21	2	00.23.41	2	00.25.59	3	00.29.57										
43	4	04:09	44	4	02:02	100	5	02:03	CL	4	00:45																		
3	00.34.06	3	00.36.08	4	00.38.11	4	00.38.56																						

...Categoria: ROSSO

Pos.	Nome	Società	Tempo
5	Sacilotto Lucia	UNIONE LOMBARDA S.S.D. A.…	00.42.50

37	5	03:27	58	5	02:38	34	4	03:32	57	3	03:40	64	4	01:51	45	3	01:42	34	5	01:46	48	5	10:07	55	3	02:14	42	4	03:09
5		00.03.27	5		00.06.05	5		00.09.37	5		00.13.17	5		00.15.08	5		00.16.50	5		00.18.36	5		00.28.43	5		00.30.57	5		00.34.06
43	5	04:23	44	3	01:53	100	4	01:43	CL	3	00:45																		
5		00.38.29	5		00.40.22	5		00.42.05	5		00.42.50																		

-	Brambilla Luca	POL. BESANESE	Ritirato

37	6	04:30	55	-	09:00	42	-	03:26	43	-	03:59	44	-	02:00	100	-	02:05	RI	-	00:52									
6		00.04.30	-		00.13.30	-		00.16.56	-		00.20.55	-		00.22.55	-		00.25.00	6		00.25.52									

Categoria: W 10

(Lunghezza 1800 m - Dislivello 15 m - Kmsf 1,95)

Pos.	Nome	Società	Tempo
0	Colombo Alice	NIRVANA VERDE	00.18.11

38	1	00:49	58	1	02:11	35	1	01:35	56	1	01:32	33	1	02:53	47	2	03:33	46	2	01:42	43	1	01:55	100	2	01:34	CL	2	00:27
1		00.00.49	1		00.03.00	1		00.04.35	1		00.06.07	1		00.09.00	1		00.12.33	1		00.14.15	1		00.16.10	1		00.17.44	0		00.18.11

0	Molteni Elisa	NIRVANA VERDE	00.19.57

38	2	01:40	58	2	03:06	35	2	01:37	56	1	01:32	33	2	02:54	47	1	03:32	46	1	01:40	43	2	01:56	100	1	01:33	CL	1	00:27
2		00.01.40	2		00.04.46	2		00.06.23	2		00.07.55	2		00.10.49	2		00.14.21	2		00.16.01	2		00.17.57	2		00.19.30	0		00.19.57

Categoria: W 12

(Lunghezza 2200 m - Dislivello 20 m - Kmsf 2,40)

Pos.	Nome	Società	Tempo
1	Spagnoli Vera	NIRVANA VERDE	00.17.58

47	1	01:23	37	1	00:40	33	1	01:56	50	1	03:09	35	1	00:52	58	4	01:26	33	3	01:32	55	5	01:01	46	1	03:14	43	3	01:21
1		00.01.23	1		00.02.03	1		00.03.59	1		00.07.08	1		00.08.00	1		00.09.26	1		00.10.58	1		00.11.59	1		00.15.13	1		00.16.34
100	1	01:03	CL	1	00:21																								
1		00.17.37	1		00.17.58																								

2	Scarioni Chiara	POL. BESANESE	00.19.02

47	2	01:24	37	3	01:01	33	3	02:00	50	4	03:54	35	2	00:55	58	3	01:19	33	5	01:35	55	1	00:41	46	3	03:16	43	1	01:18
2		00.01.24	3		00.02.25	2		00.04.25	3		00.08.19	2		00.09.14	2		00.10.33	2		00.12.08	2		00.12.49	2		00.16.05	2		00.17.23
100	4	01:14	CL	4	00:25																								
2		00.18.37	2		00.19.02																								

3	Negri Cecilia	NIRVANA VERDE	00.20.25

47	4	01:49	37	4	01:11	33	2	01:59	50	2	03:35	35	4	01:33	58	2	01:17	33	4	01:34	55	3	00:53	46	4	03:32	43	4	01:34
4		00.01.49	4		00.03.00	4		00.04.59	4		00.08.34	4		00.10.07	3		00.11.24	4		00.12.58	3		00.13.51	3		00.17.23	3		00.18.57
100	2	01:05	CL	3	00:23																								
3		00.20.02	3		00.20.25																								

4	Faedda Giulia	NIRVANA VERDE	00.21.40

47	5	02:42	37	5	01:12	33	5	02:12	50	5	04:36	35	3	01:28	58	1	01:12	33	1	01:29	55	2	00:42	46	2	03:15	43	2	01:19
5		00.02.42	5		00.03.54	5		00.06.06	5		00.10.42	5		00.12.10	5		00.13.22	5		00.14.51	5		00.15.33	5		00.18.48	4		00.20.07
100	3	01:06	CL	5	00:27																								
4		00.21.13	4		00.21.40																								

5	Brambilla Matilde	NIRVANA VERDE	00.22.22

47	3	01:32	37	2	00:48	33	4	02:06	50	3	03:48	35	5	01:35	58	5	01:38	33	2	01:30	55	4	00:57	46	5	04:46	43	5	01:47
3		00.01.32	2		00.02.20	3		00.04.26	2		00.08.14	3		00.09.49	4		00.11.27	3		00.12.57	4		00.13.54	4		00.18.40	5		00.20.27
100	5	01:33	CL	2	00:22																								
5		00.22.00	5		00.22.22																								

Categoria: W 13/14

(Lunghezza 3000 m - Dislivello 30 m - Kmsf 3,30)

Pos.	Nome	Società	Tempo
1	Bana Leda	NIRVANA VERDE	00.21.23

38	3	00:56	58	2	01:42	34	2	02:06	57	1	02:34	64	2	01:17	34	2	02:08	56	1	02:01	48	1	01:24	32	1	02:33	46	1	02:03
3		00.00.56	2		00.02.38	3		00.04.44	2		00.07.18	2		00.08.35	2		00.10.43	2		00.12.44	2		00.14.08	1		00.16.41	1		00.18.44
43	1	01:13	100	1	01:00	CL	4	00:26																					
1		00.19.57	1		00.20.57	1		00.21.23																					

...Categoria: W 13/14

Pos.	Nome	Società	Tempo
2	Dipace Marta	POL. BESANESE	00.21.48

38	1	00:41	58	1	01:37	34	2	02:06	57	2	02:41	64	1	01:15	34	2	02:08	56	2	02:04	48	2	01:30	32	2	02:50	46	2	02:09
1	00.00.41	1	00.02.18	1	00.04.24	1	00.07.05	1	00.08.20	1	00.10.28	1	00.12.32	1	00.14.02	2	00.16.52	2	00.19.01										
43	2	01:22	100	2	01:04	CL	1	00:21																					
2	00.20.23	2	00.21.27	2	00.21.48																								

Pos.	Nome	Società	Tempo
3	Fergnani Beatrice	POL. BESANESE	00.25.41

38	4	00:57	58	3	01:48	34	1	01:56	57	3	03:11	64	3	01:25	34	1	02:03	56	4	03:40	48	3	01:33	32	4	03:41	46	3	02:14
4	00.00.57	4	00.02.45	2	00.04.41	3	00.07.52	3	00.09.17	3	00.11.20	3	00.15.00	3	00.16.33	3	00.20.14	3	00.22.28										
43	3	01:43	100	3	01:09	CL	1	00:21																					
3	00.24.11	3	00.25.20	3	00.25.41																								

Pos.	Nome	Società	Tempo
4	Fulcro Tullia	NIRVANA VERDE	00.29.10

38	2	00:43	58	4	01:57	34	4	04:56	57	4	03:23	64	4	01:38	34	4	02:15	56	3	02:20	48	4	02:37	32	3	03:25	46	4	02:32
2	00.00.43	3	00.02.40	4	00.07.36	4	00.10.59	4	00.12.37	4	00.14.52	4	00.17.12	4	00.19.49	4	00.23.14	4	00.25.46										
43	4	01:47	100	4	01:15	CL	3	00:22																					
4	00.27.33	4	00.28.48	4	00.29.10																								

Categoria: W 15/16

(Lunghezza 3400 m - Dislivello 30 m - Kmsf 3,70)

Pos.	Nome	Società	Tempo
1	Bergamini Clara	AGOROSSO S.ALESSANDRO OR.	00.23.36

33	1	02:58	48	1	01:02	50	1	02:21	34	3	00:54	62	1	02:22	41	1	02:18	45	1	01:38	34	1	01:04	42	1	05:06	43	1	02:11
1	00.02.58	1	00.04.00	1	00.06.21	1	00.07.15	1	00.09.37	1	00.11.55	1	00.13.33	1	00.14.37	1	00.19.43	1	00.21.54										
52	2	00:57	100	1	00:25	CL	2	00:20																					
1	00.22.51	1	00.23.16	1	00.23.36																								

Pos.	Nome	Società	Tempo
2	Pirola Anita	POL. BESANESE	00.25.58

33	2	03:08	48	3	01:17	50	1	02:21	34	2	00:53	62	4	03:24	41	2	02:19	45	3	01:48	34	1	01:04	42	3	05:30	43	3	02:26
2	00.03.08	2	00.04.25	2	00.06.46	2	00.07.39	2	00.11.03	2	00.13.22	2	00.15.10	2	00.16.14	2	00.21.44	2	00.24.10										
52	4	00:59	100	3	00:27	CL	3	00:22																					
2	00.25.09	2	00.25.36	2	00.25.58																								

Pos.	Nome	Società	Tempo
3	Cajdler Zuzanna	DALLA CHIESA POL. SESTO C…	00.26.41

33	4	04:26	48	4	01:23	50	3	02:29	34	1	00:45	62	2	02:48	41	3	02:39	45	2	01:42	34	4	01:12	42	2	05:16	43	2	02:19
4	00.04.26	4	00.05.49	3	00.08.18	3	00.09.03	3	00.11.51	3	00.14.30	3	00.16.12	3	00.17.24	3	00.22.40	3	00.24.59										
52	1	00:56	100	4	00:28	CL	1	00:18																					
3	00.25.55	3	00.26.23	3	00.26.41																								

Pos.	Nome	Società	Tempo
4	Ruggiero Ines	NIRVANA VERDE	00.31.47

33	3	03:52	48	5	01:30	50	5	02:58	34	4	00:56	62	3	03:05	41	5	03:49	45	5	02:09	34	5	01:18	42	5	07:03	43	5	03:09
3	00.03.52	3	00.05.22	4	00.08.20	4	00.09.16	4	00.12.21	4	00.16.10	4	00.18.19	4	00.19.37	4	00.26.40	4	00.29.49										
52	2	00:57	100	5	00:31	CL	5	00:30																					
4	00.30.46	4	00.31.17	4	00.31.47																								

Pos.	Nome	Società	Tempo
5	Negri Benedetta	NIRVANA VERDE	00.33.53

33	5	04:36	48	2	01:13	50	4	02:41	34	5	00:58	62	5	07:15	41	4	03:36	45	4	01:56	34	3	01:05	42	4	06:05	43	4	02:29
5	00.04.36	4	00.05.49	5	00.08.30	5	00.09.28	5	00.16.43	5	00.20.19	5	00.22.15	5	00.23.20	5	00.29.25	5	00.31.54										
52	5	01:08	100	2	00:26	CL	4	00:25																					
5	00.33.02	5	00.33.28	5	00.33.53																								

Categoria: W 17/18

(Lunghezza 4100 m - Dislivello 55 m - Kmsf 4,65)

Pos.	Nome	Società	Tempo

Categoria: W 40

(Lunghezza 4100 m - Dislivello 55 m - Kmsf 4,65)

Pos.	Nome	Società	Tempo
1	Police Eugenia	UNIONE LOMBARDA S.S.D. A.…	00.35.08

37	1	01:53	48	2	03:18	59	1	02:53	34	2	00:31	61	1	03:15	60	1	02:16	41	1	05:46	45	1	01:53	63	3	02:24	32	3	05:15
1	00.01.53	1	00.05.11	1	00.08.04	1	00.08.35	1	00.11.50	1	00.14.06	1	00.19.52	1	00.21.45	1	00.24.09	1	00.29.24										
42	1	01:13	52	2	03:31	100	2	00:30	CL	4	00:30																		
1	00.30.37	1	00.34.08	1	00.34.38	1	00.35.08																						

...Categoria: W 40

Pos.	Nome	Società	Tempo
2	Maddalena Novella	NIRVANA VERDE	00.37.26

37	2	01:59	48	3	03:21	59	2	03:03	34	1	00:30	61	3	03:21	60	5	03:08	41	5	07:18	45	3	02:10	63	1	02:17	32	1	04:56
2		00.01.59	2		00.05.20	2		00.08.23	2		00.08.53	2		00.12.14	2		00.15.22	2		00.22.40	2		00.24.50	2		00.27.07	2		00.32.03
42	2	01:16	52	1	03:14	100	1	00:27	CL	1	00:26																		
2		00.33.19	2		00.36.33	2		00.37.00	2		00.37.26																		

Pos.	Nome	Società	Tempo
3	Dell'arciprete Diana	UNIONE LOMBARDA S.S.D. A.…	00.39.37

37	3	02:18	48	5	03:47	59	4	03:38	34	5	00:45	61	4	03:43	60	3	02:33	41	2	06:06	45	3	02:10	63	2	02:22	32	4	05:41
3		00.02.18	3		00.06.05	4		00.09.43	4		00.10.28	3		00.14.11	3		00.16.44	3		00.22.50	3		00.25.00	3		00.27.22	3		00.33.03
42	3	01:37	52	3	03:56	100	4	00:33	CL	3	00:28																		
3		00.34.40	3		00.38.36	3		00.39.09	3		00.39.37																		

Pos.	Nome	Società	Tempo
4	Palamara Stefania	NIRVANA VERDE	00.45.33

37	5	02:33	48	4	03:41	59	3	03:18	34	4	00:43	61	5	04:07	60	4	02:39	41	3	07:13	45	5	02:11	63	5	02:28	32	6	06:51
5		00.02.33	4		00.06.14	3		00.09.32	3		00.10.15	4		00.14.22	4		00.17.01	4		00.24.14	4		00.26.25	4		00.28.53	4		00.35.44
42	5	01:40	52	4	04:17	100	3	00:32	CL	6	03:20																		
4		00.37.24	4		00.41.41	4		00.42.13	4		00.45.33																		

Pos.	Nome	Società	Tempo
5	Milesi Ombretta	POL. PUNTO NORD	00.46.08

37	6	06:54	48	1	03:07	59	5	05:37	34	3	00:35	61	2	03:19	60	2	02:20	41	4	07:17	45	2	01:58	63	3	02:24	32	2	05:10
6		00.06.54	6		00.10.01	6		00.15.38	6		00.16.13	6		00.19.32	5		00.21.52	5		00.29.09	5		00.31.07	5		00.33.31	5		00.38.41
42	6	02:04	52	5	04:22	100	5	00:34	CL	2	00:27																		
5		00.40.45	5		00.45.07	5		00.45.41	5		00.46.08																		

Pos.	Nome	Società	Tempo
6	Valli Elisa	OR. COMO	00.49.49

37	4	02:29	48	6	04:13	59	6	06:31	34	5	00:45	61	6	04:52	60	6	04:12	41	6	07:53	45	6	02:25	63	6	02:41	32	5	06:30
4		00.02.29	5		00.06.42	5		00.13.13	5		00.13.58	5		00.18.50	6		00.23.02	6		00.30.55	6		00.33.20	6		00.36.01	6		00.42.31
42	4	01:39	52	6	04:28	100	6	00:35	CL	5	00:36																		
6		00.44.10	6		00.48.38	6		00.49.13	6		00.49.49																		

Categoria: W 50

(Lunghezza 3900 m - Dislivello 55 m - Kmsf 4,45)

Pos.	Nome	Società	Tempo
1	Daudaraviciene Vita	DALLA CHIESA POL. SESTO C…	00.29.02

46	2	01:55	53	1	02:34	48	1	01:40	59	1	02:30	65	1	03:47	61	1	01:19	62	1	01:41	41	2	02:23	45	2	01:49	63	1	01:54
2		00.01.55	1		00.04.29	1		00.06.09	1		00.08.39	1		00.12.26	1		00.13.45	1		00.15.26	1		00.17.49	1		00.19.38	1		00.21.32
37	1	03:18	52	2	03:24	100	2	00:29	CL	1	00:19																		
1		00.24.50	1		00.28.14	1		00.28.43	1		00.29.02																		

Pos.	Nome	Società	Tempo
2	Sedran Anna	POL. BESANESE	00.34.13

46	3	02:02	53	3	02:49	48	2	01:54	59	2	02:56	65	2	04:09	61	6	02:29	62	2	01:48	41	4	02:51	45	1	01:48	63	2	02:01
3		00.02.02	3		00.04.51	3		00.06.45	2		00.09.41	2		00.13.50	2		00.16.19	2		00.18.07	2		00.20.58	2		00.22.46	2		00.24.47
37	5	05:23	52	1	03:11	100	1	00:28	CL	2	00:24																		
4		00.30.10	2		00.33.21	2		00.33.49	2		00.34.13																		

Pos.	Nome	Società	Tempo
3	Rampado Elena	POL. PUNTO NORD	00.35.11

46	4	02:03	53	4	02:55	48	4	02:02	59	3	03:16	65	4	04:46	61	2	01:33	62	3	02:08	41	3	02:33	45	2	01:49	63	4	02:32
4		00.02.03	4		00.04.58	4		00.07.00	4		00.10.16	4		00.15.02	4		00.16.35	3		00.18.43	4		00.21.16	3		00.23.05	4		00.25.37
37	2	03:57	52	3	04:25	100	4	00:36	CL	4	00:36																		
2		00.29.34	3		00.33.59	3		00.34.35	3		00.35.11																		

Pos.	Nome	Società	Tempo
4	Milesi Nicoletta	AGOROSSO S.ALESSANDRO OR.	00.35.24

46	1	01:52	53	2	02:40	48	3	01:58	59	3	03:16	65	3	04:37	61	4	01:59	62	5	02:36	41	1	02:12	45	4	02:05	63	3	02:14
1		00.01.52	2		00.04.32	2		00.06.30	3		00.09.46	3		00.14.23	3		00.16.22	4		00.18.58	3		00.21.10	4		00.23.15	3		00.25.29
37	3	04:11	52	4	04:37	100	3	00:34	CL	3	00:33																		
3		00.29.40	4		00.34.17	4		00.34.51	4		00.35.24																		

Pos.	Nome	Società	Tempo
5	Borroni Roberta	UNIONE LOMBARDA S.S.D. A.…	00.45.41

46	5	02:56	53	6	05:06	48	5	02:14	59	5	04:08	65	6	06:52	61	3	01:48	62	4	02:23	41	5	03:32	45	6	02:29	63	5	02:43
5		00.02.56	6		00.08.02	6		00.10.16	6		00.14.24	6		00.21.16	6		00.23.04	6		00.25.27	5		00.28.59	5		00.31.28	5		00.34.11
37	4	05:07	52	5	05:03	100	6	00:39	CL	5	00:41																		
5		00.39.18	5		00.44.21	5		00.45.00	5		00.45.41																		

Pos.	Nome	Società	Tempo
6	Cappellini Chiara	NIRVANA VERDE	00.47.57

46	6	02:57	53	5	04:08	48	6	02:39	59	6	04:39	65	5	05:48	61	5	02:22	62	6	02:50	41	6	04:31	45	5	02:26	63	6	02:58
6		00.02.57	5		00.07.05	5		00.09.44	5		00.14.23	5		00.20.11	5		00.22.33	5		00.25.23	6		00.29.54	6		00.32.20	6		00.35.18
37	5	05:23	52	6	05:51	100	5	00:37	CL	6	00:48																		
6		00.40.41	6		00.46.32	6		00.47.09	6		00.47.57																		

Categoria: W 60

(Lunghezza 3100 m - Dislivello 30 m - Kmsf 3,40)

Pos.	Nome	Società	Tempo
1	Elli Cristina	POL. PUNTO NORD	00.27.27

37	3	02:21	58	2	01:41	34	2	02:14	57	1	03:10	64	2	01:22	45	2	01:24	34	1	01:14	48	1	03:43	55	1	01:32	42	1	02:10
3		00.02.21	2		00.04.02	2		00.06.16	1		00.09.26	1		00.10.48	1		00.12.12	1		00.13.26	1		00.17.09	1		00.18.41	1		00.20.51
43	2	02:51	44	1	01:18	100	5	01:58	CL	2	00:29																		
1		00.23.42	1		00.25.00	1		00.26.58	1		00.27.27																		

Pos.	Nome	Società	Tempo
2	Poli Elena	POL. BESANESE	00.29.55

37	1	02:06	58	1	01:34	34	1	02:11	57	5	05:19	64	1	01:10	45	1	01:12	34	3	01:23	48	2	03:52	55	2	01:33	42	5	03:58
1		00.02.06	1		00.03.40	1		00.05.51	4		00.11.10	3		00.12.20	2		00.13.32	2		00.14.55	2		00.18.47	2		00.20.20	2		00.24.18
43	1	02:32	44	3	01:30	100	1	01:08	CL	1	00:27																		
2		00.26.50	2		00.28.20	2		00.29.28	2		00.29.55																		

Pos.	Nome	Società	Tempo
3	Putzu Daniela	VARESE OR.	00.31.56

37	5	02:34	58	4	02:05	34	4	02:45	57	3	03:37	64	5	01:44	45	4	01:38	34	5	01:41	48	3	04:48	55	4	01:54	42	3	02:35
5		00.02.34	5		00.04.39	5		00.07.24	3		00.11.01	4		00.12.45	4		00.14.23	5		00.16.04	4		00.20.52	3		00.22.46	3		00.25.21
43	3	03:03	44	4	01:33	100	2	01:26	CL	3	00:33																		
3		00.28.24	3		00.29.57	3		00.31.23	3		00.31.56																		

Pos.	Nome	Società	Tempo
4	Mazzoli Monica	POL. PUNTO NORD	00.32.34

37	4	02:26	58	4	02:05	34	5	02:48	57	4	04:13	64	4	01:38	45	3	01:28	34	2	01:19	48	4	04:54	55	5	01:57	42	4	02:48
4		00.02.26	4		00.04.31	4		00.07.19	5		00.11.32	5		00.13.10	5		00.14.38	4		00.15.57	3		00.20.51	4		00.22.48	4		00.25.36
43	4	03:19	44	5	01:34	100	4	01:31	CL	4	00:34																		
4		00.28.55	4		00.30.29	4		00.32.00	4		00.32.34																		

Pos.	Nome	Società	Tempo
5	Pozzi Ambrogina	POL. BESANESE	00.40.51

37	2	02:19	58	3	01:50	34	3	02:31	57	2	03:28	64	3	01:35	45	5	01:54	34	4	01:30	48	6	14:41	55	3	01:34	42	2	02:31
2		00.02.19	3		00.04.09	3		00.06.40	2		00.10.08	2		00.11.43	3		00.13.37	3		00.15.07	5		00.29.48	5		00.31.22	5		00.33.53
43	5	03:34	44	2	01:20	100	3	01:29	CL	5	00:35																		
5		00.37.27	5		00.38.47	5		00.40.16	5		00.40.51																		

Pos.	Nome	Società	Tempo
6	Quarto Anna	POL. PUNTO NORD	01.07.16

37	6	04:25	58	6	03:10	34	6	11:35	57	6	05:28	64	6	03:24	45	6	07:32	34	6	02:41	48	5	07:49	55	6	02:54	42	6	04:25
6		00.04.25	6		00.07.35	6		00.19.10	6		00.24.38	6		00.28.02	6		00.35.34	6		00.38.15	6		00.46.04	6		00.48.58	6		00.53.23
43	6	08:23	44	6	02:31	100	6	02:16	CL	6	00:43																		
6		01.01.46	6		01.04.17	6		01.06.33	6		01.07.16																		

Categoria: W 70

(Lunghezza 3100 m - Dislivello 30 m - Kmsf 3,40)

Pos.	Nome	Società	Tempo
1	Crippa Loredana	POL. BESANESE	00.42.11

37	2	02:29	58	2	02:09	34	3	05:18	57	3	06:29	64	2	01:44	45	1	01:42	34	1	01:32	48	2	05:31	55	3	05:43	42	1	02:43
2		00.02.29	2		00.04.38	2		00.09.56	3		00.16.25	3		00.18.09	3		00.19.51	3		00.21.23	2		00.26.54	3		00.32.37	3		00.35.20
43	1	03:18	44	1	01:26	100	1	01:34	CL	1	00:33																		
1		00.38.38	1		00.40.04	1		00.41.38	1		00.42.11																		

Pos.	Nome	Società	Tempo
2	Camerini Maia	POL. BESANESE	00.43.47

37	3	03:28	58	3	02:34	34	2	04:01	57	2	04:27	64	3	02:01	45	2	02:08	34	3	02:10	48	3	06:23	55	2	02:36	42	2	03:38
3		00.03.28	3		00.06.02	3		00.10.03	2		00.14.30	2		00.16.31	2		00.18.39	2		00.20.49	3		00.27.12	2		00.29.48	2		00.33.26
43	2	05:28	44	2	01:49	100	2	02:08	CL	2	00:56																		
2		00.38.54	2		00.40.43	2		00.42.51	2		00.43.47																		

Pos.	Nome	Società	Tempo
-	Frigerio Daniela	POL. BESANESE	Punz. Mancante

37	1	02:26	58	1	01:59	34	1	03:36	57	1	03:42	64	1	01:38	45	3	02:21	34	2	01:46	48	1	04:55	55	1	02:18	42	3	03:43
1		00.02.26	1		00.04.25	1		00.08.01	1		00.11.43	1		00.13.21	1		00.15.42	1		00.17.28	1		00.22.23	1		00.24.41	1		00.28.24
44	-	05:29	100	-	01:33	PM	-	00:49																					
-		00.33.53	-		00.35.26	3		00.36.15																					

Categoria: W ELITE

(Lunghezza 4700 m - Dislivello 55 m - Kmsf 5,25)

Pos.	Nome	Società	Tempo
1	Cozzi Sofia	POL. PUNTO NORD	00.34.26

32	9	03:49	53	3	00:46	63	1	03:32	54	5	01:52	51	3	01:08	65	2	02:19	61	1	01:08	62	2	01:39	39	1	02:14	36	2	02:03
9	00.03.49	9	00.04.35	8	00.08.07	8	00.09.59	7	00.11.07	7	00.13.26	5	00.14.34	5	00.16.13	2	00.18.27	2	00.20.30										
31	1	01:21	45	1	01:42	34	1	00:56	33	2	03:06	46	5	02:49	49	4	01:49	44	1	00:55	100	2	00:55	CL	3	00:23			
2	00.21.51	1	00.23.33	1	00.24.29	1	00.27.35	1	00.30.24	2	00.32.13	1	00.33.08	1	00.34.03	1	00.34.26												

Pos.	Nome	Società	Tempo
2	Riva Lucia	POL. BESANESE	00.35.00

32	2	02:36	53	2	00:44	63	1	03:32	54	7	02:10	51	6	01:13	65	3	02:21	61	5	01:22	62	4	01:40	39	3	02:36	36	1	01:43
2	00.02.36	2	00.03.20	1	00.06.52	1	00.09.02	3	00.10.15	3	00.12.36	3	00.13.58	2	00.15.38	1	00.18.14	1	00.19.57										
31	8	01:46	45	4	01:53	34	5	01:03	33	2	03:06	46	2	02:40	49	2	01:36	44	8	01:39	100	4	01:01	CL	1	00:19			
1	00.21.43	2	00.23.36	2	00.24.39	2	00.27.45	2	00.30.25	1	00.32.01	2	00.33.40	2	00.34.41	2	00.35.00												

Pos.	Nome	Società	Tempo
3	Magenes Chiara	POL. BESANESE	00.36.28

32	3	02:42	53	4	00:47	63	8	04:12	54	5	01:52	51	3	01:08	65	6	02:34	61	3	01:19	62	1	01:30	39	3	02:36	36	4	02:06
3	00.02.42	3	00.03.29	6	00.07.41	5	00.09.33	5	00.10.41	5	00.13.15	5	00.14.34	3	00.16.04	4	00.18.40	4	00.20.46										
31	2	01:22	45	3	01:49	34	6	01:04	33	8	03:56	46	3	02:42	49	9	02:11	44	3	01:13	100	4	01:01	CL	6	00:24			
3	00.22.08	3	00.23.57	3	00.25.01	3	00.28.57	3	00.31.39	4	00.33.50	3	00.35.03	3	00.36.04	3	00.36.28												

Pos.	Nome	Società	Tempo
4	Cozzi Anita	POL. PUNTO NORD	00.36.46

32	5	02:49	53	6	00:48	63	5	03:52	54	3	01:49	51	5	01:11	65	8	02:39	61	4	01:20	62	2	01:39	39	2	02:22	36	6	02:13
5	00.02.49	5	00.03.37	5	00.07.29	4	00.09.18	4	00.10.29	4	00.13.08	4	00.14.28	4	00.16.07	3	00.18.29	3	00.20.42										
31	6	01:42	45	6	01:57	34	3	01:00	33	5	03:36	46	4	02:46	49	3	01:45	44	9	01:52	100	6	01:03	CL	4	00:23			
4	00.22.24	4	00.24.21	4	00.25.21	3	00.28.57	4	00.31.43	3	00.33.28	4	00.35.20	4	00.36.23	4	00.36.46												

Pos.	Nome	Società	Tempo
5	Magni Chiara	NIRVANA VERDE	00.37.13

32	4	02:47	53	1	00:43	63	4	03:49	54	3	01:49	51	1	01:04	65	3	02:21	61	2	01:17	62	9	03:35	39	8	03:06	36	9	02:44
4	00.02.47	4	00.03.30	2	00.07.19	3	00.09.08	2	00.10.12	2	00.12.33	1	00.13.50	7	00.17.25	6	00.20.31	7	00.23.15										
31	3	01:26	45	9	02:16	34	2	00:58	33	1	03:01	46	1	02:37	49	1	01:26	44	2	01:00	100	2	00:55	CL	2	00:19			
7	00.24.41	7	00.26.57	7	00.27.55	6	00.30.56	6	00.33.33	6	00.34.59	5	00.35.59	5	00.36.54	5	00.37.13												

Pos.	Nome	Società	Tempo
6	Cozzi Lisa	POL. PUNTO NORD	00.37.46

32	6	02:51	53	9	00:56	63	3	03:41	54	8	02:16	51	7	01:15	65	5	02:25	61	7	01:27	62	8	02:09	39	5	02:50	36	6	02:13
6	00.02.51	6	00.03.47	4	00.07.28	6	00.09.44	6	00.10.59	6	00.13.24	7	00.14.51	6	00.17.00	5	00.19.50	5	00.22.03										
31	4	01:27	45	4	01:53	34	4	01:02	33	4	03:23	46	7	02:56	49	8	02:01	44	6	01:27	100	8	01:10	CL	5	00:24			
5	00.23.30	5	00.25.23	5	00.26.25	5	00.29.48	5	00.32.44	5	00.34.45	6	00.36.12	6	00.37.22	6	00.37.46												

Pos.	Nome	Società	Tempo
7	Churilova Anna	UNIONE LOMBARDA S.S.D. A.…	00.38.39

32	1	02:30	53	4	00:47	63	6	04:10	54	1	01:35	51	2	01:06	65	1	02:05	61	9	01:38	62	5	01:42	39	9	05:01	36	3	02:05
1	00.02.30	1	00.03.17	3	00.07.27	1	00.09.02	1	00.10.08	1	00.12.13	2	00.13.51	1	00.15.33	7	00.20.34	6	00.22.39										
31	5	01:37	45	2	01:48	34	7	01:05	33	9	04:05	46	6	02:55	49	5	01:53	44	5	01:18	100	1	00:54	CL	7	00:25			
6	00.24.16	6	00.26.04	6	00.27.09	7	00.31.14	7	00.34.09	7	00.36.02	7	00.37.20	7	00.38.14	7	00.38.39												

Pos.	Nome	Società	Tempo
8	Trifilenkova Anastasia	POL. PUNTO NORD	00.40.10

32	8	03:04	53	7	00:50	63	9	04:19	54	10	02:42	51	8	01:18	65	7	02:37	61	6	01:25	62	7	02:02	39	7	03:02	36	5	02:07
8	00.03.04	8	00.03.54	9	00.08.13	9	00.10.55	9	00.12.13	9	00.14.50	9	00.16.15	9	00.18.17	9	00.21.19	9	00.23.26										
31	6	01:42	45	7	01:59	34	8	01:09	33	7	03:52	46	8	03:08	49	6	01:54	44	7	01:29	100	7	01:04	CL	8	00:27			
8	00.25.08	8	00.27.07	8	00.28.16	8	00.32.08	8	00.35.16	8	00.37.10	8	00.38.39	8	00.39.43	8	00.40.10												

Pos.	Nome	Società	Tempo
9	Arrigoni Alessandra	POL. BESANESE	00.41.13

32	7	03:00	53	8	00:51	63	6	04:10	54	2	01:48	51	9	01:26	65	9	03:06	61	8	01:32	62	6	01:58	39	6	02:51	36	8	02:38
7	00.03.00	7	00.03.51	7	00.08.01	7	00.09.49	8	00.11.15	8	00.14.21	8	00.15.53	8	00.17.51	8	00.20.42	8	00.23.20										
31	9	02:02	45	8	02:15	34	9	01:11	33	6	03:47	46	9	03:47	49	7	01:55	44	3	01:13	100	9	01:13	CL	9	00:30			
9	00.25.22	9	00.27.37	9	00.28.48	9	00.32.35	9	00.36.22	9	00.38.17	9	00.39.30	9	00.40.43	9	00.41.13												

Pos.	Nome	Società	Tempo
10	Rabozzi Noemi	DALLA CHIESA POL. SESTO C…	01.03.59

32	10	04:15	53	10	01:17	63	10	06:44	54	9	02:31	51	10	02:24	65	10	04:17	61	10	01:57	62	10	03:53	39	10	05:07	36	10	05:38
10	00.04.15	10	00.05.32	10	00.12.16	10	00.14.47	10	00.17.11	10	00.21.28	10	00.23.25	10	00.27.18	10	00.32.25	10	00.38.03										
31	10	02:17	45	10	03:45	34	10	01:34	33	10	07:03	46	10	04:30	49	10	02:37	44	10	02:01	100	10	01:33	CL	10	00:36			
10	00.40.20	10	00.44.05	10	00.45.39	10	00.52.42	10	00.57.12	10	00.59.49	10	01.01.50	10	01.03.23	10	01.03.59												