



FEDERAZIONE  
ITALIANA  
SPORT  
ORIENTAMENTO



## 51° ITALIAN LONG DISTANCE CHAMPIONSHIPS – WRE – ITALIAN CUP 9<sup>TH</sup> ROUND

### 45° ITALIAN RELAY CHAMPIONSHIPS

#### LAGO SANTO – VAL DI CEMBRA – TRENTINO

12<sup>TH</sup>-13<sup>TH</sup> SEPTEMBER 2026

## BULLETIN 3

### WELCOME MESSAGE

Trento Orienteering ASD warmly welcomes everyone.

Founded in 2005 and led during its first years by president Livio Guidolin, the club has a rich record of national competitions organised. Among the most important are the Italian Middle Championships in 2009, the Italian Sprint and Middle Championships in 2014, the Italian Knock-Out Sprint Championships in 2023, and its collaboration with many key figures in the organisation of the 2025 Junior World Orienteering Championships (JWOC).

Lago Santo, in Val di Cembra, is a historic area for orienteering in Trentino and has hosted important competitions over the years. It has previously hosted an Oripenta in 1998, an Italian Cup event (5th round, 1999), the 2 Giorni della Val di Cembra (2000), the Lago Santo Trophy (2001), and the Trentino Long Distance Championships (2003), among others. The alpine terrain, rich in detail and morphological variations, provides an ideal test for the Long and Relay disciplines, combining orienteering tradition with technical quality.

### 1 - ORGANISING COMMITTEE

|                                    |                                                                     |
|------------------------------------|---------------------------------------------------------------------|
| FISO Delegate / IOF Event Adviser: | Janos Manarin                                                       |
| Event Director:                    | Andrea Rinaldi                                                      |
| Course Setter:                     | Stefano Raus                                                        |
| Course Controllers:                | Dennis Debiasi, Lorenzo Frizzera, Michele Candotti, Sabrina Rinaldi |
| Start Officials:                   | Caterina Pezzé, Maria Piffer                                        |
| Finish Official:                   | Roberto Pezzé                                                       |
| Secretary:                         | Maddalena Rinaldo                                                   |
| Prize-Giving and Refreshment:      | Luisella Turri                                                      |
| Results and IT:                    | Alessio Dalfollo                                                    |

|                  |                                                                                                                                 |
|------------------|---------------------------------------------------------------------------------------------------------------------------------|
| Organising Club: | Trento Orienteering ASD                                                                                                         |
| Website:         | <a href="https://www.trent-o.org">https://www.trent-o.org</a> / <a href="https://www.trent-o.org/">https://www.trent-o.org/</a> |
| Email contact:   | <a href="mailto:info@trent-o.org">info@trent-o.org</a> <a href="mailto:info@trent-o.org">info@trent-o.org</a>                   |

### 2 - EVENT PROGRAMME

Saturday 12<sup>th</sup> September

- 12:00 Deadline for using the Model Event training
- 12:30 Registration office opens at the Event Centre
- 14:30 First start – Italian Long distance Championships WRE**

Sunday 13<sup>th</sup> September

- 08:30 Registration office opens at the Event Centre
- 09:45 Demonstration of mass-start and change-over procedures
- 10:00 First mass start – Italian Relay Championships**
- 12:00 Restaurant kitchen opens at “Happy Ranch”
- 13:30 Prize-giving ceremony for both competitions at “Happy Ranch”

### 3 - TERRAIN

The forest surrounding Lago Santo in Val di Cembra, located at approximately 1,200 metres above sea level, is primarily classified as a mixed forest of broadleaf trees and conifers. The dense canopy of beech trees (continuous foliage) acts as a natural umbrella. Very little light reaches the forest floor, creating a shady and secluded atmosphere, where, in places, deep horizontal visibility is obstructed by the closely spaced tree trunks. The terrain is rich in paths and tracks resulting from human activity to keep the forest “clean” and to allow animals to pass through.

### 4 - EVENT CENTRE AND PARKING

Event Centre address: Località Lago Santo, 38034 Cembra Lisignago (TN)

GPS coordinates: 46.197098, 11.2039503 | [Link Google Maps](#)

Directions: From the Trento Nord exit (A22 motorway), take the SP235 towards Lavis, then join the SS612 towards Cembra / Cavalese and continue until the beginning of the town of Cembra. From there, follow the signs for the race.



## 5 - ACCOMMODATION

Val di Cembra does not have many hotels, but offers several other accommodation options.

For information, please contact the local tourist office:

Indirizzo: Viale IV Novembre, 21 - 38034 Cembra Lisignago (TN)

Telephone: 0461 – 683110

Email: [booking@visitifiemme.it](mailto:booking@visitifiemme.it) [booking@visitifiemme.it](mailto:booking@visitifiemme.it)

Website: [https://www.visitifiemme.it/it/info/ufficio-informazioni-di-cembra\\_5939](https://www.visitifiemme.it/it/info/ufficio-informazioni-di-cembra_5939)

## 6 - ENTRIES AND FEES

**FISO-registered athletes:** through their club via the FISO website by 23:59 on Sunday 6 September 2026. On-site entry is available only for recreational classes and ROSSO, subject to map availability.

**Athletes registered with foreign federations:** By email to [info@trent-o.org](mailto:info@trent-o.org), by the same deadline as athletes registered with FISO. Participants coming from a non-Schengen country should check whether a visa is required to enter Italy from their country of origin. We can support visa applications for sporting purposes.

**Unregistered athletes (beginners):** Anyone wishing to try orienteering for the first time can register on site and take part in the non-competitive WHITE or YELLOW categories, which feature simple courses and no ranking. Those interested in participating in multiple competitions are encouraged to register with a federation. To speed up the registration process, participants are advised to arrive with the registration form already completed. To register and/or obtain a federation membership, it is mandatory to present a copy of a medical certificate for non-competitive sporting activity (issued by a paediatrician or family doctor in accordance with Ministerial Decree of 24 April 2013) or a medical certificate for competitive sporting activity.

**PLEASE NOTE:** all athletes intending to compete in the MW Elite classes must also register through the IOF Eventor registration system (<https://eventor.orienteering.sport/Events/Show/8642>)

Fees:

- €7.00 – BIANCO (white), GIALLO (yellow), ROSSO (red), MW10, MW12, MW14, MW16, MW15 (Sunday only)
- €15.00 – All other classes
- €2.00 – SI-card rental

Payments must be made by bank transfer to:

Trento Orienteering ASD | Via Martini, 4 38122 Trento (TN).

IBAN: IT58Q0830401807000007323011

## 7 - EMBARGOED AREA

On the competition pages on the FISO/Eventor website, a map showing the “full embargo” area is available, as well as the old map of the Lago Santo area in PDF, GIF and OCAD formats.

On the map of the embargoed area, the red colour indicates the area subject to a full embargo, meaning that all registered athletes and other persons who, due to their knowledge of the terrain, could influence the results of the competitions are not allowed to enter the area. The yellow colour indicates the training area (Model Event).

A more detailed map can be viewed at: [Google Maps](#).

## 8 - MODEL EVENT

From Saturday, 15 August 2026, the [pdf file of the Model Event map](#) is available for download and can be used for individual or club training sessions. In the forest, plastic control markers measuring approximately 20x20 cm have been placed, each displaying its corresponding control code. Please do not place any additional markers or tapes in the forest. The Model Event will remain available until 12:00 on Saturday, 12 September.

Please be careful not to leave the mapped area, as the rest of the area, including Lago Santo, is under embargo.

More information: [LINK](#)

**PLEASE NOTE:** there is poor mobile phone connection both at the Model Event area and at the race Arena.



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## 9 - GENERAL INFORMATION

### ANTI-DOPING

Doping is prohibited. The organisers of the 2026 Italian Long WRE and Relay Championships undertake to support the anti-doping authorities in their work. The IOF Anti-Doping Rules (1 January 2021) and the 2021 World Anti-Doping Code apply. Anti-doping tests may be carried out at any time during the competitions according to the procedures described in the WADA International Standard for Testing and Investigations. Athletes selected for anti-doping testing must bring an official identity document (with photo) to the anti-doping test area. Where applicable, the athlete must present a Therapeutic Use Exemption (TUE). It is the competitors' responsibility to obtain the required TUE certificate (§26.3). Further information is available on the IOF anti-doping webpage.

### INSURANCE

The organisers accept no responsibility for any consequences arising from participation in the events and training sessions of the 2026 Italian Long WRE and Relay Championships. Everyone participates at their own risk and is responsible for their own insurance coverage (illness and injury).

### CLIMATE

Generally mild, with a possibility of rain. The average temperature in September is 16°C, usually ranging between 13 and 19°C. Average rainfall in September is 75–90 mm.

### IOF ATHLETE ID

All athletes must have a valid IOF Athlete ID to participate in the Italian Long WRE Championships in the M Elite and W Elite classes.

## 10 - TECHNICAL INFORMATION

### START LISTS AND RESULTS

Start lists, live results and rankings will be available on the competition pages on the FISO website and on [Liveresults](#)

### TIMING

The SPORTident punching system will be used for all classes. Air+ (touch-free) mode will be activated, with a long-range station at the last control (100) and a ground strip at the finish.

### CLOTHING

There are no specific rules regarding clothing and footwear, but studded forest shoes and long socks/gaiters are recommended. Athletes are also encouraged to wear the clothing and colours of their club, especially during the prize-giving ceremony.

### WARM-UP MAP

A warm-up map will be available on Saturday only. Maps will be distributed at the Event Centre.

Please note: in order to make the organisation as "green" as possible, only one copy per participant will be printed.

### CONTROL DESCRIPTIONS

Control descriptions will comply with the IOF standard. Descriptions are printed on the competition maps, but will also be available in the Long race start corridor at minute -2. For the relay, descriptions are printed only on the map. For BIANCO, GIALLO and MW10 classes, they will be textual. For MW12, descriptions will be textual on Saturday and symbolic for the relay on Sunday.

### COMPETITION MAPS

Laser-printed on blueback paper. Maps for the Italian Long Championships will already be bagged and sealed for the WRE classes (M Elite and W Elite). For the other classes, standard "Favorit" plastic map bags will be available at the start. For the relay, control codes are shown only in the control descriptions and will not be printed on the map; only the sequential control number will appear next to the control circle.

### QUARANTINE AND MAP DEPOSIT

No quarantine is planned. Fair play is expected. Competition maps must be deposited in the participant's club bag immediately after downloading the SI-card, before proceeding towards the exit of the finish area; failure to do so will result in disqualification.



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## BIB NUMBERS

All bib numbers will be collected from the registration office at the Event Centre by the person responsible for each club. The bib must be clearly visible on the chest and must not be folded or cut. Bib size is 21 x 14.8 cm (A5 format). The organisers will not provide safety pins.

A different bib number will be used for Sunday's relay than for Saturday's individual race.

## MAXIMUM RUNNING TIME

The maximum running time is 2 hours 30 minutes for the Long race and 3 hours 30 minutes for the relay (sum of the individual times); in any case, it will not be less than twice the winner's time.

## WITHDRAWAL

Athletes who are forced to withdraw from their race must report to the IT tent in the arena, near the finish. SIAC users are advised to punch the FINISH station to deactivate AIR mode. A withdrawn athlete must not influence any other competitor.

## COMPLAINTS

Any complaints must be submitted in writing and handed to the Event Director at the finish as soon as possible, and in any case no later than 15 minutes after the official results have been published or after the finish of the tenth relay team. A written protest may be submitted against the Event Director's decision regarding a complaint. Written protests must be submitted no later than 15 minutes after the organisers have announced the decision on the complaint.

A €50.00 fee must be paid in cash. The fee will be refunded if the protest is upheld by the Jury.

## JURY

Members: Roberto Andrea (Oricuneo) – Ruggiero Mario (Nirvana Verde) – Zambiasi Clizia (Atletica Gorizia)

Reserves: Greci Cristian (Atletica Interflumina) – Tona Edoardo (Orienteering Tarzo)

## GPS TRACKING

The athletes who will receive GPS tracking for the Long race are listed on the following page. The tracking device must be worn on the back using a suitable harness. If a selected athlete refuses to wear the GPS unit, the athlete will be disqualified. The GPS unit will be placed in the athlete's harness at the start, immediately before their call-up time, and collected at the finish at the GPS tent. Athletes are asked to use their own harnesses. If an athlete does not have one, the organisation will provide one on loan at the start. GPS tracking will be provided by Loggator.

## PRIZE-GIVING

The prize-giving ceremony for both competitions will take place at approximately 13:30 at "Happy Ranch". All participants in the MW10 class will receive a prize at the beginning of the ceremony. The COLORI and OPEN classes will not be included in the prize-giving.

## LABIRINT-O

Children and all orienteering enthusiasts will be able to enjoy several courses of different difficulty levels in a small labyrinth: on Saturday near the arena and on Sunday near Happy Ranch.

## MAPPING NOTES

Special feature symbol 530 (black circle) generally indicates large wooden or stone tables or playground equipment, while special feature symbol 531 (black cross) indicates small wooden huts or small shelters, and beehives (these are highlighted on the map with magenta symbol 709).

Depending on the weather, streams, marshes and small bodies of water may be wet or completely dry.

There are numerous private properties in the competition area, shown on the map with symbol 520 (olive-green area). Please respect these private properties; entering an olive-green area will result in disqualification.

Only power lines and the largest/most prominent roots are marked on the map.

There are some small knolls made entirely of stones, which are mapped using symbol 526 (see example →).

The last control on both days (also used as the spectator control for the relay) is a wooden Indian and is mapped as special feature 530 (black circle).





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## 11 - ITALIAN LONG DISTANCE CHAMPIONSHIPS WRE

Date: Saturday 12<sup>th</sup> September 2026

Map: Lago Santo (approval mark CO-1519)

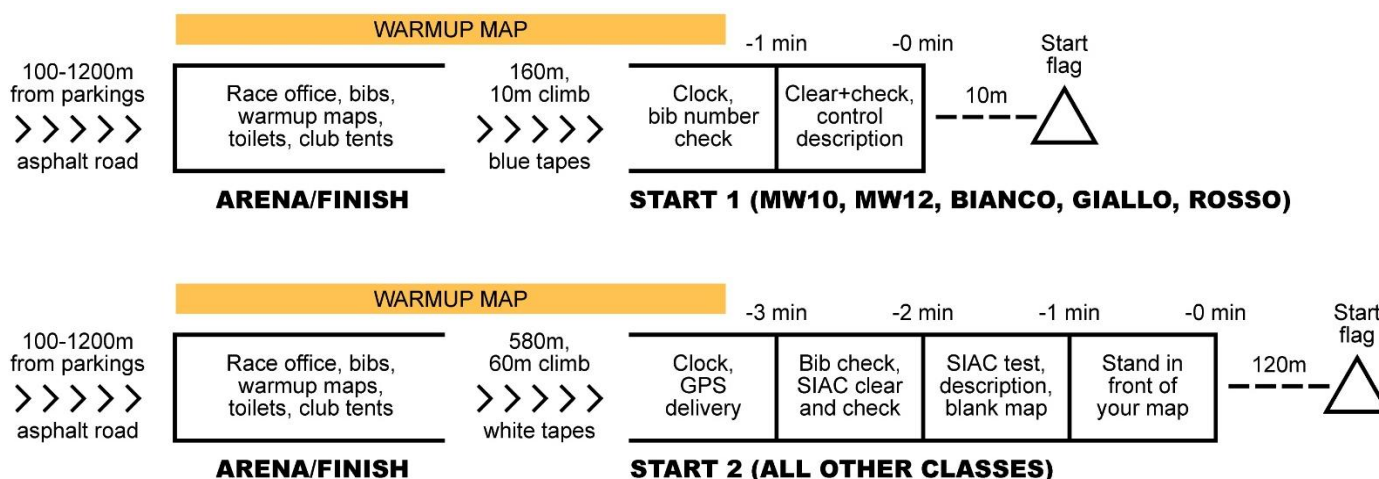
Scale 1:15.000–1:10.000–1:7.500; contour interval 5 metres; A4 format or 29.7x29.7 cm or 29.7x36.2 cm

Map symbols: ISOM2017-2

Mappers: Victor Kirianov, Vadym Prokopchuk, Sergiy Usenko

Course Setter: Stefano Raus

### START PROCEDURE



Warm-up may be carried out anywhere within the warm-up map area, without entering the competition area.

For courses at 1:15.000 scale, the control descriptions printed on the map are reduced by 10% compared with the standard dimensions.

There will be several refreshment points along the course, all marked on the map with the magenta symbol 713 (  ).

Refreshment points also serve as first-aid points, with an official present in case of need.

The MW10, MW12, BIANCO and GIALLO courses include a taped section between two controls.

Start procedure:

- minute -3 (call-up): bib number check, clear SI-card, check SI-card
- minute -2: SI-card test, collect control descriptions, view the competition map with control K marked
- minute -1: take position in front of your map, check your watch and the start beep
- minute 0 (start time): collect the map and follow the taped section to control K

### ATHLETES WITH GPS TRACKING

|     |                                                                                     |                        |     |
|-----|-------------------------------------------------------------------------------------|------------------------|-----|
| 768 |  | DALLERA Caterina       | 681 |
| 192 |  | CORONA Mattia          | 682 |
| 524 |  | SELEM Alice            | 683 |
| 200 |  | RIZ Nicole             | 684 |
| 526 |  | DE NARDIS Caterina     | 685 |
| 763 |  | AMADESI Fabio          | 686 |
| 767 |  | ZAFFANELLA Guenda      | 687 |
| 360 |  | DE BIASI Lorenzo       | 688 |
| 708 |  | KIRCHLECHNER Christine | 689 |
| 507 |  | CURZIO Samuele         | 690 |

|     |                                                                                     |                    |     |
|-----|-------------------------------------------------------------------------------------|--------------------|-----|
| 654 |  | PALUMBO Martina    | 691 |
| 649 |  | TAIT Samuele       | 692 |
| 769 |  | LUCCHETTA Jessica  | 693 |
| 637 |  | ANGELI Ilian       | 694 |
| 374 |  | DE BIASI Maddalena | 695 |
| 647 |  | DALLAVALLE Roberto | 696 |
| 201 |  | PRADEL Anna        | 697 |
| 239 |  | BETTEGA Damiano    | 698 |
| 762 |  | INDERST Sebastian  | 699 |
| 506 |  | MARIANI Francesco  | 700 |



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## COURSE INFORMATION

NB: carefully check your start (P1 or P2)

| Class   | Length | Climb | Controls | Scale  | Start |
|---------|--------|-------|----------|--------|-------|
| M10     | 1,6km  | 90m   | 9        | 7.500  | S1    |
| M12     | 2,1km  | 115m  | 11       | 7.500  | S1    |
| M14     | 2,7km  | 150m  | 10       | 10.000 | S2    |
| M16     | 4,2km  | 220m  | 10       | 10.000 | S2    |
| M18     | 5,9km  | 330m  | 15       | 10.000 | S2    |
| M20     | 7,8km  | 420m  | 15       | 15.000 | S2    |
| M Elite | 10,6km | 555m  | 23       | 15.000 | S2    |
| MA      | 6,2km  | 360m  | 13       | 10.000 | S2    |
| MB      | 3,8km  | 200m  | 11       | 7.500  | S2    |
| M35     | 6,8km  | 380m  | 16       | 10.000 | S2    |
| M40     | 5,9km  | 330m  | 15       | 10.000 | S2    |
| M45     | 5,4km  | 290m  | 15       | 10.000 | S2    |
| M50     | 5,0km  | 280m  | 13       | 7.500  | S2    |
| M55     | 4,5km  | 270m  | 12       | 7.500  | S2    |
| M60     | 4,2km  | 220m  | 10       | 7.500  | S2    |
| M65     | 3,8km  | 200m  | 11       | 7.500  | S2    |
| M70     | 3,5km  | 190m  | 11       | 7.500  | S2    |
| M75-80  | 3,3km  | 160m  | 9        | 7.500  | S2    |
| M81+    | 3,3km  | 160m  | 9        | 7.500  | S2    |
| BIANCO  | 1,6km  | 90m   | 9        | 7.500  | S1    |
| ROSSO   | 4,0km  | 200m  | 9        | 7.500  | S1    |

| Class   | Length | Climb | Controls | Scale  | Start |
|---------|--------|-------|----------|--------|-------|
| W10     | 1,6km  | 90m   | 9        | 7.500  | S1    |
| W12     | 2,1km  | 115m  | 11       | 7.500  | S1    |
| W14     | 2,5km  | 140m  | 9        | 10.000 | S2    |
| W16     | 3,8km  | 200m  | 11       | 10.000 | S2    |
| W18     | 4,5km  | 270m  | 12       | 10.000 | S2    |
| W20     | 6,2km  | 360m  | 13       | 15.000 | S2    |
| W Elite | 8,7km  | 475m  | 17       | 15.000 | S2    |
| WA      | 5,0km  | 280m  | 13       | 10.000 | S2    |
| WB      | 3,0km  | 120m  | 10       | 7.500  | S2    |
| W35     | 5,4km  | 290m  | 15       | 10.000 | S2    |
| W40     | 4,5km  | 270m  | 12       | 10.000 | S2    |
| W45     | 4,2km  | 220m  | 10       | 10.000 | S2    |
| W50     | 3,8km  | 200m  | 11       | 7.500  | S2    |
| W55     | 3,5km  | 190m  | 11       | 7.500  | S2    |
| W60     | 3,3km  | 160m  | 9        | 7.500  | S2    |
| W65     | 3,0km  | 120m  | 10       | 7.500  | S2    |
| W70     | 2,8km  | 120m  | 9        | 7.500  | S2    |
| W75-80  | 2,8km  | 120m  | 9        | 7.500  | S2    |
| W81+    | 2,8km  | 120m  | 9        | 7.500  | S2    |
| GIALLO  | 2,1km  | 115m  | 11       | 7.500  | S1    |

## LIVELOX EVENT

<https://www.livelox.com/Events/Show/198607/Campionati-Italiani-2026-Long-Lago-Santo>

Athletes are reminded that publishing GPS tracks on Strava or similar platforms before the end of the race is prohibited.





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## 12 - ITALIAN RELAY CHAMPIONSHIPS

Date: Sunday 13<sup>th</sup> September 2026

Map: Lago Santo (approval mark CO-1519)

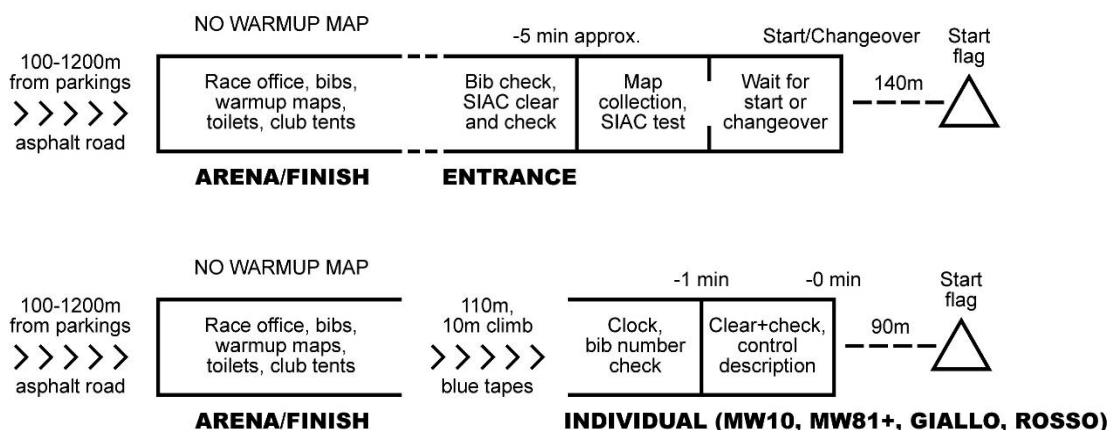
Scale 1:10.000–1:7.500; contour interval 5 metres; A4 format for all classes

Map symbols: ISOM2017-2

Mappers: Victor Kirianov, Vadym Prokopchuk, Sergiy Usenko

Course Setter: Stefano Raus

### START PROCEDURE



Warm-up may be carried out on the paved road; there will be no warm-up map.

Start and relay-change procedure: competitors will clear and check their SI-cards using the clear and check stations. These stations are located before entering the start/change enclosure. Competitors will then collect their competition map, rolled up and secured with an elastic band. The map is printed on the inside of the sheet; the class and bib number are printed on the outside. Before the start signal, an organiser will collect the elastic bands from each athlete. For second- and third-leg runners, a box will be available near the changeover wall for depositing the elastic band before starting. Competitors must keep the map rolled up until the start signal (first leg) or until the relay changeover touch (second and third legs), otherwise they will be disqualified.

- 1st leg: approximately 5 minutes before their mass-start time, enter the start/change enclosure and, within 2 minutes, take the starting position indicated by the organisers. After punching the last control, run through the finish corridor, punch the finish, hand over to their teammate with a “touch”, download their SI-card, deposit the map in their club’s bag and proceed to the exit.

- 2nd leg: after spotting the first-leg runner at the spectator control/passage, enter the changeover area, clear and check the SI-card, collect the rolled map and wait for the teammate, who will hand over with a “touch”. Only then may the runner open the map and head towards control K. The finish procedure is the same as for the first leg.

- 3rd leg: collect the rolled competition map and receive the changeover as the second-leg runner does. After punching the last control, run through the finish corridor and cross the finish line, punch the finish and download the SI-card. In the event of a sprint finish, crossing the finish line counts, not punching the finish station.

A demonstration of the mass-start, spectator passage, last control and changeover procedures will take place at 09:45. There will be three mass-start waves for first-leg runners, at the following times:

|    | Time  | Time written on the startlist | Classes                          |
|----|-------|-------------------------------|----------------------------------|
| 1. | 10:00 | 00.00.00                      | M Elite, M15, M55, W18, W55      |
| 2. | 10:08 | 00.08.00                      | W Elite, M35, M45, M65, W45, W12 |
| 3. | 10:16 | 00.16.00                      | M18, OPEN, W15, W35, M12, W65    |



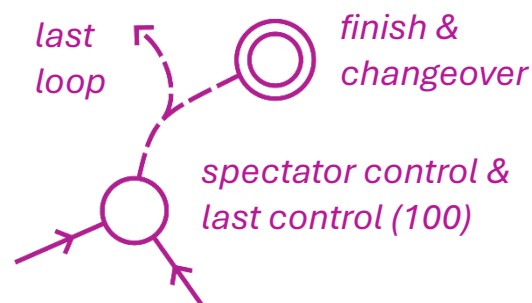
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### SPECTATOR CONTROL / LAST CONTROL

There is a spectator control for all relay courses (except M12, W12, M65 and W65), which is also the last control; athletes will pass control 100 twice. After this control, the corridor splits: go **LEFT** to complete the possible final section of the course, or keep **RIGHT** to proceed to the finish/changeover area. Each athlete is responsible for taking the correct corridor and not finishing the race without completing the final loop. Follow the map and the control sequence carefully (see the illustrative example on the right).

The expected time to complete the final loop is approximately 3–8 minutes.



### INDIVIDUAL COURSES

Start for ROSSO, GIALLO, M/W10 and M/W81+ individual classes with punching start from 10:30 to 11:30.

### MASS-STARTS FOR ATHLETES NOT STARTED YET

Second-leg runners who have not received the changeover by 11:40 will start with a mass start at 11:45. Third-leg runners who have not received the changeover by 12:25 will start with a mass start at 12:30.

Relay teams whose second or third leg starts in one of these mass starts will be ranked after relay teams that received the changeover normally (IOF Rule 24.8).

### RELAY TEAM CHANGES

Changes to relay team members and running order are allowed until 20:00 on Saturday 12 September, at the registration office or by email to [info@trent-o.org](mailto:info@trent-o.org). If the running order is changed, athletes must exchange bib numbers accordingly (the first-leg runner must run with the red "XXX1" bib, the second with the blue "XXX2" bib and the third with the green "XXX3" bib). [info@trent-o.org](mailto:info@trent-o.org)

### COURSE INFORMATION

\* teams consisting of 2 runners

\*\* individual race

| Class    | Length    | Climb | Controls | Scale  |
|----------|-----------|-------|----------|--------|
| M10**    | 1,7km     | 50m   | 7        | 7.500  |
| M12*     | 2,2km     | 70m   | 8        | 7.500  |
| M15      | 3,4km     | 130m  | 10       | 10.000 |
| M18      | 4,4-4,7km | 160m  | 12-13    | 10.000 |
| M Elite  | 5,6-5,7km | 225m  | 15-17    | 10.000 |
| M35      | 4,5-4,6km | 180m  | 12-14    | 10.000 |
| M45      | 3,8-4,1km | 160m  | 13       | 10.000 |
| M55      | 3,5-3,6km | 160m  | 12       | 7.500  |
| M65*     | 3,0km     | 130m  | 10       | 7.500  |
| M81+**   | 2,5km     | 90m   | 8        | 7.500  |
| GIALLO** | 2,1km     | 70m   | 9        | 7.500  |
| ROSSO**  | 3,3km     | 120m  | 11       | 7.500  |

| Class   | Length    | Climb | Controls | Scale  |
|---------|-----------|-------|----------|--------|
| W10**   | 1,7km     | 50m   | 7        | 7.500  |
| W12*    | 2,2km     | 70m   | 8        | 7.500  |
| W15     | 3,1km     | 110m  | 10       | 10.000 |
| W18     | 3,6-3,9km | 130m  | 12-13    | 10.000 |
| W Elite | 4,7-4,8km | 185m  | 13-15    | 10.000 |
| W35     | 4,0-4,2km | 165m  | 12-13    | 10.000 |
| W45     | 3,6-3,7km | 150m  | 12       | 10.000 |
| W55     | 3,2-3,3km | 140m  | 10       | 7.500  |
| W65*    | 2,7km     | 120m  | 9        | 7.500  |
| W81+**  | 2,5km     | 90m   | 8        | 7.500  |
| OPEN    | 3,7-3,8km | 155m  | 11       | 10.000 |

### LIVELOX EVENT

<https://www.livelox.com/Events/Show/198608/Campionati-Italiani-2026-Staffetta-Lago-Santo>

Athletes are reminded that publishing GPS tracks on Strava or similar platforms before the end of the race is prohibited.

**GOOD LUCK TO EVERYONE, AND PLEASE RESPECT FAIR PLAY AND THE FOREST!**

