

# TEST RACES MAY 2026

## Bulletin 3



### **PROGRAMME**

#### **Sestri Levante (GE) / 16.05.2026 Test race – Sprint #1**

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Info: <https://www.fiso.it/gara/2026101>

- 14.00 Race office open
- 15.00 First start test race
- 17.00 Spectator race Trofeo Liguria
- 17.30 Last start
- 18.00 Prize giving in the arena

#### **Campomorone (GE) / 17.05.2026 Test race – Sprint #2**

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Info: <https://www.fiso.it/gara/2026102>

- 08.00 Race office open
- 09.00 First start test race
- 11.00 Spectator race Campionato regionale Sprint Liguria
- 12.00 Knock out Casella heat selection
- 12.30 Prize giving in the arena

### **ORGANISING COMMITTEE**

[info@woc2026.it](mailto:info@woc2026.it)

Event director: Gianluca Carbone  
[gianluca.carbone@woc2026.it](mailto:gianluca.carbone@woc2026.it) / +393356966752

Race director: Aaron Gaio  
Technical director: Alessio Tenani ( [alessio.tenani@woc2026.it](mailto:alessio.tenani@woc2026.it) )  
Course setters: Alessio Tenani / Marcello Lambertini  
Race office: Eleni Lutaj  
IT: Daniele Guardini

### **PAYMENT**

All entries must be paid in advance with a bank transfer, one for the entire club.  
Summary of fees for each club are upload online, please check the amount before payment.

Please note that we will accept payments only in euro currency.

IBAN: IT55E0538701411000003861810  
BIC: BPMOIT22XXX  
Payee: COMITATO GENOVA 2026 A.S.D.  
Reason: entries club XXXX

Please send the prove of payment to [lucia.curzio@woc2026.it](mailto:lucia.curzio@woc2026.it)

## **PUNCHING SYSTEM**

The punching system used is SPORT ident SIAC Air+. You can hire Sport-Ident (no Air+) for 2 € a day.

## **BIBS**

Bibs will be provided at the race office, one bib for both competitions.

## **GPS**

GPS tracking will be used in the ELITE classes; all runners must collect their device in the arena. We have a limited number of spare vests available, so please use your own vest whenever possible. The GPS allocation list will be published on Friday

## **RESULTS**

Live result on <https://app.liveresults.it/>

## **PRIZE GIVING CEREMONY**

Top 3 for all competitive classes will be rewarded.

## **LIVELOX**

You can add your track on Livelox.

Sestri Levante: <https://www.livelox.com/Events/Show/185208/WOC-Test-Race-1-Sestri-Levante>

Campomorone: <https://www.livelox.com/Events/Show/185209/WOC-Test-Race-2-Campomorone>

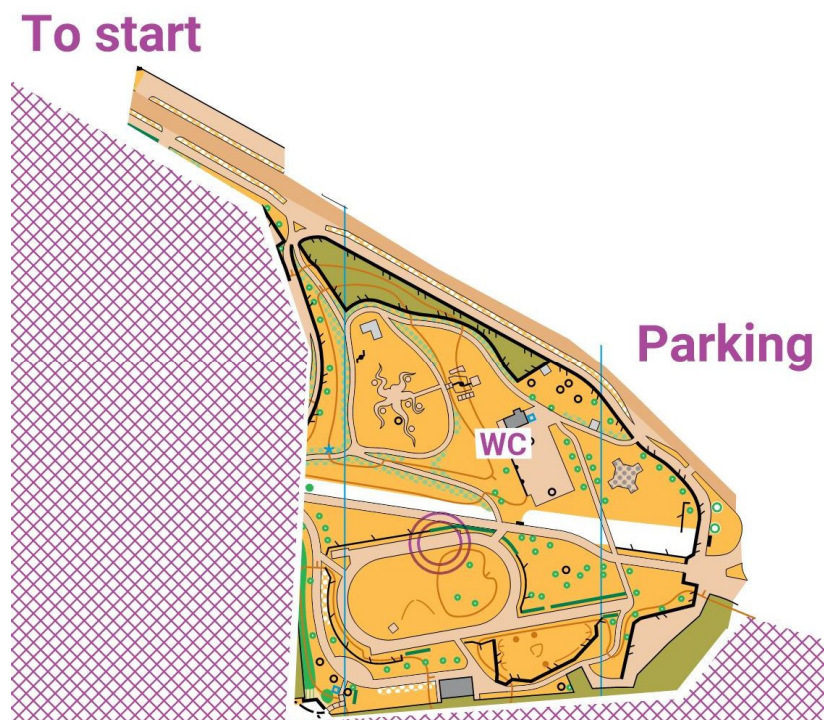
## SATURDAY

### ARENA, SERVICES and PARKING

Sestri Levante

Parking: <https://maps.app.goo.gl/qPQszw9rLQ8533dc9>

Arena: <https://maps.app.goo.gl/uGGbEi8YigQCjApa9>



### CLASSES and LENGHTS

SATURDAY – Sestri Levante (climb 0 - 1%)

M ELITE	4.3
W ELITE	4.0
Open Black	3.7
Open Blue	2.8
Open Red	2.1
Open White	1.8

### MAP

Sestri Levante, 2026 (M. Lambertini), ISSprOM 2019-2. Scale 1: 4.000, 2.5 m

Format A4; the map is printed on tear-resistant material; plastic protective sleeves are available at the start for anyone who wants them.



## **RACE TERRAIN**

The competition area is located in the urban and semi-urban parts of Sestri Levante, mainly on flat terrain close to the coastline.

The area consists of a mix of narrow historic streets, small squares, residential zones, and open urban spaces. Runnability is generally very good, with fast surfaces such as asphalt, paved areas, and compact paths.

The street network is intricate, especially in the old town. Passages, alleys, stairways, and underpasses create a complex environment that demands high concentration and quick decision-making.

Vegetation is limited but present in parks, gardens, and small green areas. These areas are typically very runnable.

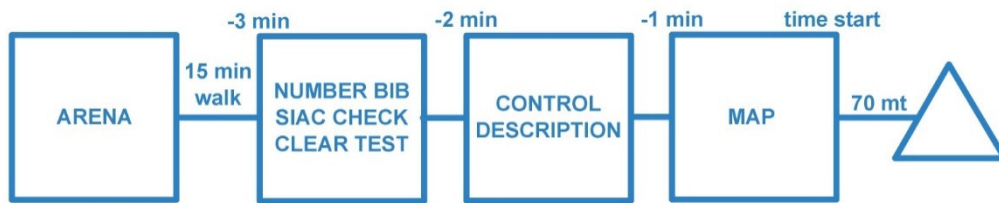
Pedestrian traffic can be significant, particularly in the central streets and along the seafront, where tourists and locals are frequently present. Competitors must be prepared to adapt their speed and maintain awareness in crowded sections.

Overall, the terrain favors high running speed combined with strong technical ability, particularly in route choice execution and map reading at speed.



## START

The start is a 15-minutes' walk from the arena; follow the signs. Warm-up is only allowed on the road between the arena and the start, or in the park of the arena. Call up at -3'.



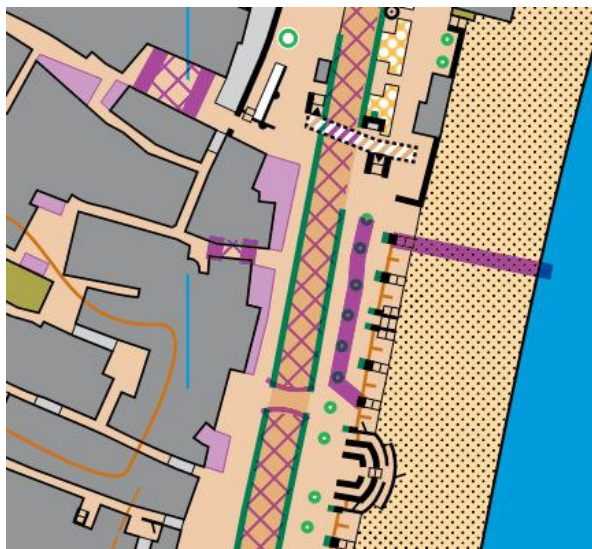
## TECHNICAL INFORMATION

In both ELITE classes there is a **map flip**, each part of the map is A4 dimension, first part vertical A4, second part horizontal A4.

Artificial barriers will be installed in the race area.

They are marked on the map by a **1 mm thick purple line (symbol 708)**, sometimes accompanied by an **out-of-bounds area (symbol 709)**.

**Symbol 709** is also used to forbid crossing the uncrossable road. The road may only be crossed at the **designated crossing points** (underpass or ground level, see image below).



They are marked in the terrain with **IOF tape** (7.5 cm wide white plastic tape printed with IOF logos). The tape may be placed **either 1.20–1.50 m above the ground or directly on the ground** (see pictures).

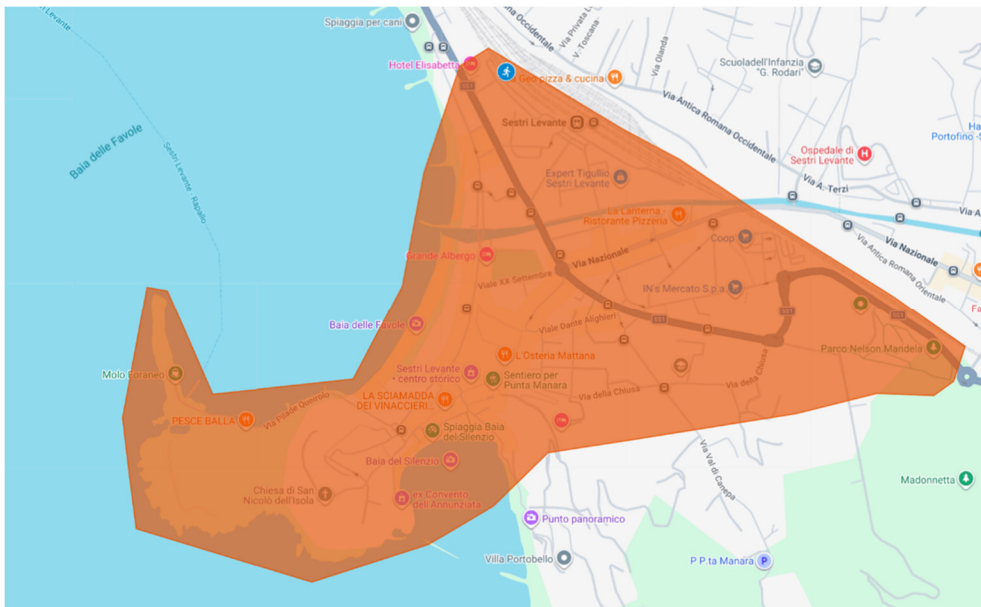
## Training camp and test races May 2026



The competition area remains open to public traffic, although the main crossings will be supervised and controlled. Please be aware that there may also be significant numbers of tourists along certain sections of the course.

All competitors are required to show maximum respect towards people along the course, other competitors, and tourists at all times. Failure to do so may result in disqualification.

## EMBARGO



# SUNDAY

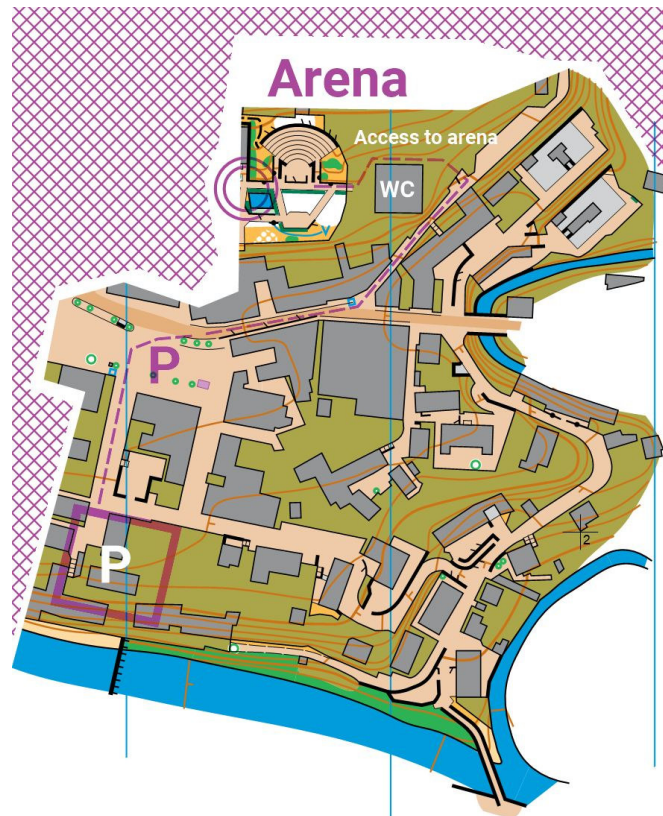
## ARENA, SERVICES and PARKING

Campomorone

**Parking:** reserved places from 7.30 @ <https://maps.app.goo.gl/yvTtHqW66Bxo5Lh66>  
Free parking in the other allowed roads (see below).

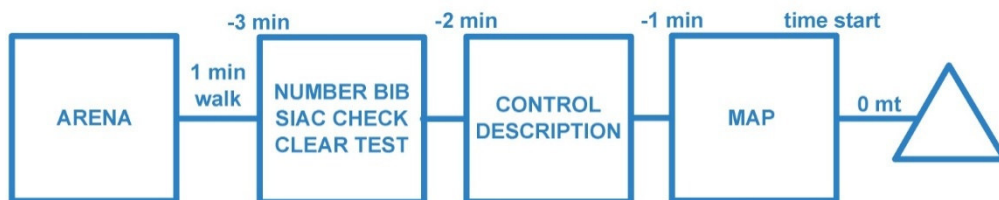
**Arena:** <https://maps.app.goo.gl/oX16xuuhFHiek4aZ7>

**!Please note the compulsory access to the arena!**



## START

The start is in the arena. Warm-up is only allowed on the roads east of the parking (see image above. Call up at -3'.



## CLASSES and LENGHTS

SUNDAY – Campomorone (climb 1 - 3%)

M ELITE	4.3
W ELITE	4.0

Training camp and test races May 2026

M14	2.0
W14	2.0
M18	3.4
W18	2.8
M45	3.4
W45	2.8
Open Red	3.4
Open White	1.5

## MAP

Campomorone, 2025 (S. Curzio - M. Lambertini), ISSprOM 2019-2. Scale 1: 4.000, 2.5 m

Format A4; the map is printed on tear-resistant material; plastic protective sleeves are available at the start for anyone who wants them.



## RACE TERRAIN

The competition area is located in and around the urban center of Campomorone, featuring a mix of village environment and semi-urban residential areas on predominantly sloping terrain.

The street network is moderately complex, with a combination of regular and irregular layouts.

In addition to the built-up area, there are small parks, school grounds, and green spaces with scattered trees, fences, and other urban features that can influence route choice. These areas are typically fast but may include mapped obstacles and restricted zones.

Pedestrian and car traffic can be present, especially near central areas and public facilities. Competitors should remain aware of their surroundings and be ready to adapt their speed when necessary.

Overall, the terrain favors high running speed combined with accurate navigation, with an emphasis on quick decision-making and clean execution of route choices.



## TECHNICAL INFORMATION

The competition area remains open to public traffic, although the main crossings will be supervised and controlled.

## EMBARGO



Training camp and test races May 2026

Event organized by:



FEDERAZIONE  
ITALIANA  
SPORT  
ORIENTAMENTO



With the patronage of:



REGIONE LIGURIA

