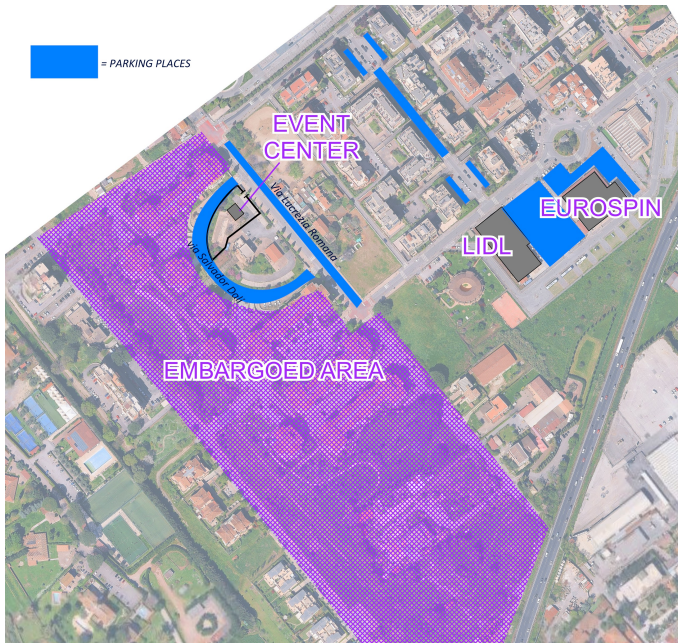


## Aeterna Roma TrailO Weekend – 25/26 April 2026


**Bulletin n.3 published on 24/04/2026**

<b>Please note</b>	Main info are on Bulletin n.2 – These are additional info only
<b>Map updates</b>	Maps have been updated last Wednesday and Thursday with the last changes of vegetation, new trees, tree cutting etc. etc. so you should expect them to really be up-to-date (see below more info about a temporary fence on Sunday's competition)

### Saturday 25<sup>th</sup> April - OSTERIA DEL CURATO

<b>Parking places</b>	<p>EVENT CENTER - updated EMBARGOED AREA - PARKING PLACES (in blue)</p> 
<b>Foot-o training</b>	<p>We offer a <b>FREE OF CHARGE Foot-o training</b>          NORMAL COURSE: 3 km          SCORE COURSE: 1 km (this is accessible for wheelchair)</p> <ul style="list-style-type: none"> <li>- No need to enter, just come at the event center and pick your map</li> <li>- You can run before or after your TempO competition, the training is available starting from 10 AM</li> <li>- Start is right next to event center</li> <li>- Terrain: urban/small parks</li> <li>- There will be small orienteering flags</li> <li>- No timing</li> <li>- Yes livelox</li> </ul>

### Sunday 26<sup>th</sup> April - VILLA TORLONIA

<b>Access to the event centre</b>	<p>We decided not to force you to a QUARANTINE hours before your start time despite you can see some competition flags accessing the event centre. We take TrailO seriously but being forced in a room 2 hours when outside you can enjoy the city is no good.</p> <p>Following this FAIR PLAY RULES we think the competition will stay fair.</p> <p>1) Of course access the event center only from the <b>Park entrance at the end of via Bartolomeo Eustachio</b> (as explained in Bulletin n.2)</p> <p>2) When you enter the park go straight to event center. If you see some flags please don't study them. Keep on walking, never stop. IT IS NOT ALLOWED TO LOOK AT THE OLD MAP after you enter the park and/or the event center.</p> <p>When you reach the event center just stay there - please don't go back and forth</p>
<b>Toepunch</b>	<p>You will get your Toepunch at the start and you will clear it (be there 2-3 minutes in advance).</p> <p>You only will get a set with START- A- Z (no B C D E )... you are welcome!</p>
<b>Tape on forbidden paths</b>	<p>During PreO Sprint some obvious forbidden paths near the start are marked only on the map (no tape). The ones with the tape have also a small sign (see picture) to help you in case the tapes are removed accidentally by the park users</p> <div style="text-align: right;">  </div>
<b>Coefficient</b>	<p>Correct coefficient for PreO Sprint is <b>0.857</b> and will apply to all PH.CH. competitors (not only wheelchairs and not 0.85 as stated in Bulletin n.2)</p>
<b>Temporary orange fence</b>	<p>On TempO station 4 there is a temporary fence (orange construction works fence). This is not mapped and shouldn't raise problems to view the flags or to solve the tasks.</p> <p>We have been told that on Sunday this fence will still be there. If by chance they will remove it we will post the info at the START and at the STOP sign of the station. (If the fence is still there no info will be given)</p>