

TRAININGS AND TEST RACES MAY 2026

WOC SIMULATION WEEK JUNE 2026

Bulletin 1



PROGRAM

MAY		
11	Free trainings: Alassio, Albenga, Pietra Ligure, Finalborgo, Spotorno, Celle Ligure, Masone, Campoligure, Voltri, Nervi, Recco, Camogli, Rapallo, Deiva Marina, La Spezia, Lerici	
12	Free trainings: Alassio, Albenga, Pietra Ligure, Finalborgo, Spotorno, Celle Ligure, Masone, Campoligure, Voltri, Nervi, Recco, Camogli, Rapallo, Deiva Marina, La Spezia, Lerici	
13	Free trainings: Alassio, Albenga, Pietra Ligure, Finalborgo, Spotorno, Celle Ligure, Masone, Campoligure, Voltri, Nervi, Recco, Camogli, Rapallo, Deiva Marina, La Spezia, Lerici	
14	Free trainings: Alassio, Albenga, Pietra Ligure, Finalborgo, Spotorno, Celle Ligure, Masone, Campoligure, Voltri, Nervi, Recco, Camogli, Rapallo, Deiva Marina, La Spezia, Lerici	
15	Model event: Bolzaneto (GE) - All day (relevant for WOC Test Race 2)	Model event: Arenzano (GE) - All day (relevant for WOC Test Race 1)
16	Free training / model event	WOC Test Race 1 - Sprint (PM): Sestri Levante (GE)
17	WOC Test Race 2 - Sprint (AM): Campomorone (GE)	Free training
18	Training: Pegli (GE)	Training: Manesseno (GE)
19	Timed training: Knock out Casella (GE)	
20	Free trainings: Alassio, Albenga, Pietra Ligure, Finalborgo, Spotorno, Celle Ligure, Masone, Campoligure, Voltri, Nervi, Recco, Camogli, Rapallo, Deiva Marina, La Spezia, Lerici	
21	Free trainings: Alassio, Albenga, Pietra Ligure, Finalborgo, Spotorno, Celle Ligure, Masone, Campoligure, Voltri, Nervi, Recco, Camogli, Rapallo, Deiva Marina, La Spezia, Lerici	
22	Free trainings: Alassio, Albenga, Pietra Ligure, Finalborgo, Spotorno, Celle Ligure, Masone, Campoligure, Voltri, Nervi, Recco, Camogli, Rapallo, Deiva Marina, La Spezia, Lerici	
23	ITA SPRINT CHAMPS - WRE PISA	Not WOC staff organisation
24	ITA SPRINT RELAY CHAMPS - WRE PISA	Not WOC staff organisation

JUNE	WOC SIMULATION WEEK	
21		
22		Model event: Arenzano, Nervi
23	Sprint Q: Celle Ligure	Sprint F: Current embargoed area
24	KO Qualification Boccadasse East	Training: Campoligure, Masone, Boccadasse West
25	Training: Campoligure, Masone, Boccadasse West	KO QF + SF + F: Current embargoed area
26	Sprint relay: Spotorno	
Sat		
Sun		

For different individual program and other maps, take a look on <https://woc2026.com/trainings/>



Photo: Severin Müller

TEST RACES

Sestri Levante (GE) / 16.05.2026 Test race – Sprint #1

Info: <https://www.fiso.it/gara/2026101>

Parking: <https://maps.app.goo.gl/qPQszw9rL08533dc9>



Preliminary time planning

15.30 First start

17.30 Last start

18.00 Prize giving in the arena

ENTRIES

Until Sunday 10th May.

Entry fees: 10 €/person/race, 7 € up to born in 2010.

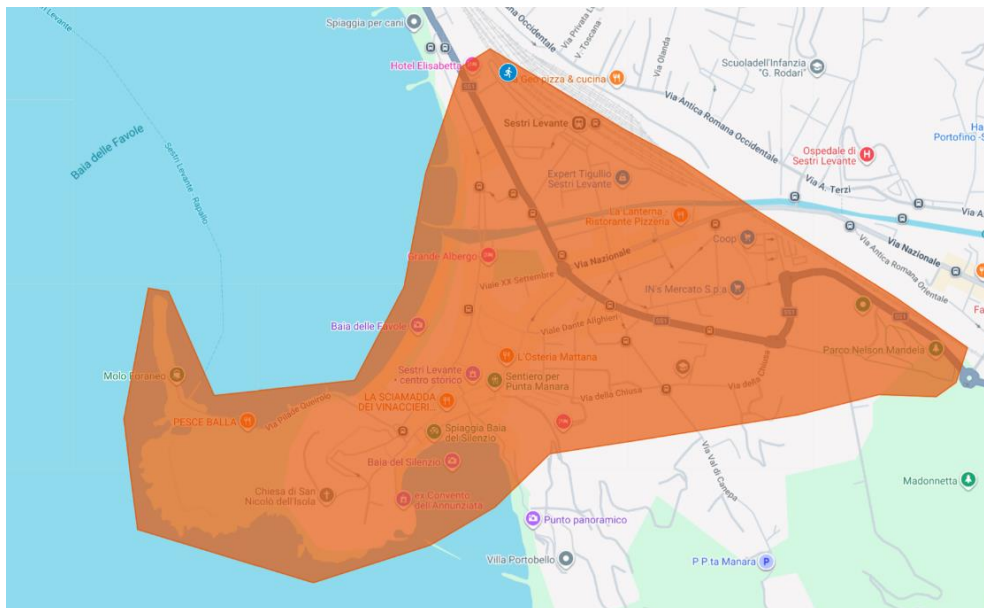
Italian runners on FISO website.

Foreign runners on [Orienteering Online](#).

CLASSES

M ELITE, W ELITE, Open Black, Open Blue, Open Red, Open White

EMBARGO

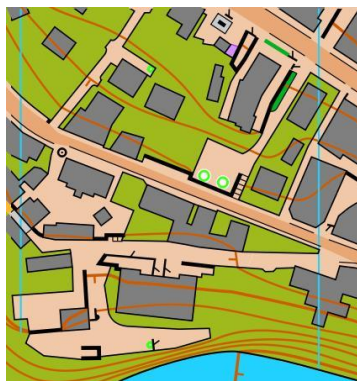




Campomorone (GE) / 17.05.2026 Test race – Sprint #2

Info: <https://www.fiso.it/gara/2026102>

Parking: <https://maps.app.goo.gl/NuJaBqB2KBsS7rfn9>



Preliminary time planning

09.00 First start

11.00 Last start

12.00 Prize giving in the arena

ENTRIES

Until Sunday 10th May.

Entry fees: 10 €/person/race, 7 € up to born in 2010.

Italian runners on FISO website.

Foreign runners on [Orienteering Online](#).

CLASSES

M ELITE, W ELITE, MW14, MW18, MW45, Open Red, Open White

EMBARGO



TRAININGS

During the official time window for each training controls flags will be set in the terrain and printed maps can be collected at the meeting point. During KO sprint timed trainings of May 19th and all WOC simulation week timed trainings 30x30cm control flags and SI units will be used.

ENTRIES

In order to enter, teams have to fill out this form at the latest by **Sunday May, 3rd 2026**: <https://forms.gle/E2aPsoqj488W43Wm8>

For the WOC simulation week, we need to know the numbers of athletes by the deadline, team leaders will be directly contacted by the IT responsible later on to fill an excel with names and SI-card numbers.

ENTRY FEES

There are different possibilities to buy maps for trainings:

1. Pdf map file with course: 4 € per athlete/training
2. Printed map with course: 6 € per training

TIMED TRAININGS AND WOC SIMULATION RACES

3. Official training with printed map, controls and SI units: 8 € per athlete

For specific requests please contact alessio.tenani@woc2026.it.

The invoice will be sent to the teams after the deadline, before the beginning of the training camp. For specific requests about invoices contact lucia.curzio@woc2026.it

*Note that the conversion from OOMAPPER file to OCAD file could compromise the quality of the drawing. It is forbidden to reproduce maps without the original graphic layout.

Bulletin 2 with detailed information for each training by April, 19th (for May) and June, 14th (for WOC simulation week and afterwards).

We are waiting for you!



Bolzaneto (GE) / Model event 15-17.05.2026



Suggested parking: <https://maps.app.goo.gl/p3LVks8Cd9zmDfbn8>

Model event: free order controls

Map: 1:4000, 2.5 m, update 2025 and checked by course setters.

Mapper: Samuele Curzio

Course setters: Alessio Tenani, Marcello Lambertini

Arenzano / Model event 15-17.05.2026



Suggested parking: <https://maps.app.goo.gl/uVCz2deBKyuKAyme7>

Model event: free order controls

Map: 1:4000, 2.5 m, 2025

Mappers: Marcello Lambertini, Samuele Curzio

Course setters: Alessio Tenani, Marcello Lambertini

Pegli (GE) / 18.05.2026 (flags 10.00 - 12.00)



Suggested parking: <https://maps.app.goo.gl/RnbRrv6vEdKkBNap9>

NEW COURSE: c.a 4,1 km (info in bulletin 2)

Map: 1:4000, 2.5 m, 2024

Mappers: Marcello Lambertini, Samuele Curzio

Course setters: Marcello Lambertini, Alessio Tenani

Technical info: change of legs and terrains

Manesseno (GE) / 18.05.2026 (flags 15.00 - 17.00)



Suggested parking: <https://maps.app.goo.gl/q3HMpe4u2bWxz9PS6>

Sprint Intervals (NEW COURSE): info in bulletin 2

Map: 1:4000, 2.5 m, 2025

Mapper: Samuele Curzio

Course setters: Marcello Lambertini, Alessio Tenani

Technical info: different terrains, long route choices

Casella (GE) / 19.05.2026 (Timed 10.30 - 14.00)



Suggested parking: <https://maps.app.goo.gl/pxZTKTmGcAfcWWy56>

KO Rounds: 3 x 5-8' mass start

Map: 1:4000, 2.5 m, 2026 (Marcello Lambertini, Alessio Tenani: update of old map by Remo Madella)

Course setters: Alessio Tenani, Marcello Lambertini

Technical info: 3 rounds -> QF, SF, Final for all. Details in bulletin 2

WOC SIMULATION WEEK: 22-26.06.2026



Arenzano / WOC simulation week: Model Event – 22.06.2026



Suggested parking: <https://maps.app.goo.gl/uVCz2deBKyuKAyme7>

Model event: free order controls. Info in bulletin 2.

Map: 1:4000, 2.5 m, 2025

Mappers: Marcello Lambertini, Samuele Curzio

Course setters: Alessio Tenani, Marcello Lambertini

Nervi / WOC simulation week: Model Event - 22.06.2026



Model event: free order controls. Info in bulletin 2.

Map: 1:4000, 2.5 m, 2026

Mapper: Samuele Curzio

Course setters: Alessio Tenani, Marcello Lambertini

WOC simulation week: SPRINT QUALIFICATION 23.06.2026 (09.30-11.00)

Map: 1:4000, 2.5 m, 2025

Mapper: Samuele Curzio

Course setters: Marcello Lambertini, Alessio Tenani

Location and technical info: in bulletin 2

WOC simulation week: SPRINT FINAL 23.06.2026 (15.00-16-30)

Map: 1:4000, 2.5 m, 2025

Mapper: Samuele Curzio (New map)

Course setters: Marcello Lambertini, Alessio Tenani

Location and technical info: in bulletin 2

Boccadasse Est / WOC simulation week: KNOCK-OUT QUALIFICATION 24.06.2026 (09.30-11.00)

Map: 1:4000, 2.5 m, 2026

Mapper: Samuele Curzio (New map)

Course setters: Alessio Tenani, Marcello Lambertini

Location and technical info: in bulletin 2

WOC simulation week: KNOCK-OUT QF + SF + F 25.06.2026 (14.30-17.00)

Map: 1:4000, 2.5 m, 2025

Mappers: Samuele Curzio (New map)

Course setters: Alessio Tenani, Marcello Lambertini

Location and technical info: in bulletin 2

Spotorno / WOC simulation week – SPRINT RELAY 26.06.2026 (10.30-11.30)



Parking: <https://maps.app.goo.gl/8Q5aaUCaMjP8KjZNA>

Map: 1:4000, 2.5 m, 2025

Mappers: Marcello Lambertini, Samuele Curzio

Course setters: Alessio Tenani, Marcello Lambertini

Technical info: in bulletin 2

Training camp and races May 2026 – WOC simulation week June 2026

Event organized by:



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REGIONE LIGURIA

