

CLASSIFICA

Campionato Regionale Long Data: domenica 22 marzo 2026

Data creazione: 22/03/2026 14:29:21



Categoria: M 10

(Lunghezza 1200 m - Dislivello 25 m - Kmsf 1,45)

Pos.	Nome	Società	Tempo
1	Colombo Matteo	NIRVANA VERDE	00.15.17

31	1	02:30	32	1	02:25	33	1	01:49	34	1	02:52	37	1	01:24	100	1	03:31	CL	1	00:46						
1	00.02.30	1	00.04.55	1	00.06.44	1	00.09.36	1	00.11.00	1	00.14.31	1	00.15.17													

Categoria: W 10

(Lunghezza 1200 m - Dislivello 25 m - Kmsf 1,45)

Pos.	Nome	Società	Tempo
1	Molteni Elisa	NIRVANA VERDE	00.15.29

31	1	02:06	32	1	03:02	33	1	01:49	34	1	02:34	37	1	01:31	100	1	03:43	CL	1	00:44						
1	00.02.06	1	00.05.08	1	00.06.57	1	00.09.31	1	00.11.02	1	00.14.45	1	00.15.29													

2	Colombo Alice	NIRVANA VERDE	00.19.22
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31	2	02:15	32	2	04:22	33	2	02:23	34	2	03:21	37	2	01:57	100	2	04:19	CL	2	00:45						
2	00.02.15	2	00.06.37	2	00.09.00	2	00.12.21	2	00.14.18	2	00.18.37	2	00.19.22													

Categoria: M 12

(Lunghezza 2000 m - Dislivello 45 m - Kmsf 2,45)

Pos.	Nome	Società	Tempo
1	Ruggiero Enea	NIRVANA VERDE	00.17.48

35	2	02:29	33	1	02:55	59	2	03:54	44	1	01:57	49	1	01:50	43	1	01:18	100	1	02:46	CL	1	00:39						
2	00.02.29	2	00.05.24	1	00.09.18	1	00.11.15	1	00.13.05	1	00.14.23	1	00.17.09	1	00.17.48	1	00.17.48	1	00.17.48	1	00.17.48								

2	Brambilla Paolo	POL. BESANESE	00.19.48
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35	1	02:15	33	1	02:55	59	4	04:59	44	2	02:23	49	2	01:58	43	3	01:27	100	2	03:02	CL	2	00:49						
1	00.02.15	1	00.05.10	3	00.10.09	3	00.12.32	3	00.14.30	3	00.15.57	2	00.18.59	2	00.18.59	2	00.18.59	2	00.18.59	2	00.18.59	2	00.19.48						

3	Guarino Leo	UNIONE LOMBARDA S.S.D. A....	00.20.21
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35	4	02:54	33	3	03:17	59	1	03:39	44	3	02:25	49	3	02:05	43	4	01:32	100	4	03:39	CL	3	00:50						
4	00.02.54	3	00.06.11	2	00.09.50	2	00.12.15	2	00.14.20	2	00.15.52	3	00.19.31	3	00.19.31	3	00.19.31	3	00.19.31	3	00.19.31	3	00.20.21						

4	Molteni Riccardo	NIRVANA VERDE	00.25.13
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35	3	02:42	33	4	04:27	59	3	04:27	44	4	05:39	49	4	02:08	43	2	01:21	100	3	03:36	CL	4	00:53						
3	00.02.42	4	00.07.09	4	00.11.36	4	00.17.15	4	00.19.23	4	00.20.44	4	00.24.20	4	00.24.20	4	00.24.20	4	00.24.20	4	00.24.20	4	00.25.13						

Categoria: W 12

(Lunghezza 2000 m - Dislivello 45 m - Kmsf 2,45)

Pos.	Nome	Società	Tempo
1	Rompani Lucia	NIRVANA VERDE	00.32.57

35	1	04:17	33	3	06:08	59	3	08:15	44	1	04:30	49	1	03:09	43	2	01:43	100	3	04:09	CL	2	00:46						
1	00.04.17	1	00.10.25	1	00.18.40	1	00.23.10	1	00.26.19	1	00.28.02	1	00.32.11	1	00.32.11	1	00.32.11	1	00.32.11	1	00.32.11	1	00.32.57						

2	Brambilla Matilde	NIRVANA VERDE	00.36.28
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35	4	11:30	33	1	03:26	59	2	05:41	44	2	05:33	49	3	03:47	43	4	02:11	100	1	03:29	CL	3	00:51						
4	00.11.30	3	00.14.56	2	00.20.37	2	00.26.10	2	00.29.57	2	00.32.08	2	00.35.37	2	00.35.37	2	00.35.37	2	00.35.37	2	00.35.37	2	00.36.28						

3	Negri Cecilia	NIRVANA VERDE	00.41.27
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35	2	05:13	33	4	14:45	59	1	05:22	44	3	05:54	49	2	03:45	43	3	02:06	100	2	03:30	CL	4	00:52						
2	00.05.13	4	00.19.58	4	00.25.20	3	00.31.14	3	00.34.59	3	00.37.05	3	00.40.35	3	00.40.35	3	00.40.35	3	00.40.35	3	00.40.35	3	00.41.27						

4	Scarioni Chiara	POL. BESANESE	00.54.16
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35	3	06:28	33	2	06:04	59	4	10:00	44	4	18:06	49	4	06:12	43	1	01:39	100	4	05:05	CL	1	00:42						
3	00.06.28	2	00.12.32	3	00.22.32	4	00.40.38	4	00.46.50	4	00.48.29	4	00.53.34	4	00.53.34	4	00.53.34	4	00.53.34	4	00.53.34	4	00.54.16						

Categoria: M 13/14

(Lunghezza 3000 m - Dislivello 60 m - Kmsf 3,60)

Pos.	Nome		Società		Tempo																								
1	Pedroncelli Giorgio		OR. COMO		00.29.51																								
41	5	03:42	59	2	06:35	55	3	02:27	54	2	03:12	48	1	02:30	47	1	01:31	43	3	03:01	49	2	00:54	44	3	01:45	100	1	03:38
5		00.03.42	3		00.10.17	3		00.12.44	2		00.15.56	2		00.18.26	2		00.19.57	1		00.22.58	1		00.23.52	1		00.25.37	1		00.29.15
CL	2	00:36																											
1		00.29.51																											
2	Motterlini Gianluca		POL. BESANESE		00.32.38																								
41	2	01:59	59	1	06:23	55	4	05:09	54	3	03:22	48	5	02:59	47	5	01:52	43	2	02:38	49	4	01:00	44	4	01:57	100	3	04:42
2		00.01.59	1		00.08.22	4		00.13.31	4		00.16.53	4		00.19.52	4		00.21.44	4		00.24.22	4		00.25.22	4		00.27.19	2		00.32.01
CL	3	00:37																											
2		00.32.38																											
3	Valnegri Leonardo Dalmazio		POL. BESANESE		00.33.06																								
41	1	01:54	59	3	07:57	55	2	01:19	54	4	03:56	48	3	02:39	47	3	01:35	43	4	04:08	49	5	01:12	44	2	01:43	100	4	06:04
1		00.01.54	2		00.09.51	1		00.11.10	1		00.15.06	1		00.17.45	1		00.19.20	3		00.23.28	3		00.24.40	3		00.26.23	3		00.32.27
CL	4	00:39																											
3		00.33.06																											
4	Costa Mattia		DALLA CHIESA POL. SESTO C...		00.36.21																								
41	4	02:31	59	4	08:26	55	5	06:26	54	1	02:44	48	4	02:41	47	1	01:31	43	5	05:20	49	1	00:43	44	1	01:41	100	2	03:47
4		00.02.31	5		00.10.57	5		00.17.23	5		00.20.07	5		00.22.48	5		00.24.19	5		00.29.39	5		00.30.22	5		00.32.03	4		00.35.50
CL	1	00:31																											
4		00.36.21																											
-	Spagnoli Zeno		NIRVANA VERDE		Punz. Mancante																								
41	3	02:01	59	5	08:39	55	1	01:15	54	5	04:17	48	2	02:35	47	4	01:41	43	1	02:32	49	3	00:59	44	5	02:11	PM	-	05:46
3		00.02.01	4		00.10.40	2		00.11.55	3		00.16.12	3		00.18.47	3		00.20.28	2		00.23.00	2		00.23.59	2		00.26.10	5		00.31.56

Categoria: W 13/14

(Lunghezza 3000 m - Dislivello 60 m - Kmsf 3,60)

Pos.	Nome		Società		Tempo																								
1	Bana Leda		NIRVANA VERDE		00.33.57																								
41	1	02:28	59	1	07:36	55	1	01:25	54	1	03:45	48	1	03:12	47	3	03:05	43	1	03:26	49	3	01:11	44	3	02:10	100	1	04:54
1		00.02.28	1		00.10.04	1		00.11.29	1		00.15.14	1		00.18.26	1		00.21.31	1		00.24.57	1		00.26.08	1		00.28.18	1		00.33.12
CL	3	00:45																											
1		00.33.57																											
2	Dipace Marta		POL. BESANESE		00.38.22																								
41	3	03:05	59	2	09:13	55	2	01:27	54	3	04:38	48	3	03:44	47	2	02:35	43	4	04:37	49	1	00:54	44	1	01:53	100	3	05:38
3		00.03.05	2		00.12.18	2		00.13.45	2		00.18.23	2		00.22.07	2		00.24.42	2		00.29.19	2		00.30.13	2		00.32.06	2		00.37.44
CL	1	00:38																											
2		00.38.22																											
3	Fergnani Beatrice		POL. BESANESE		00.44.32																								
41	2	02:36	59	3	10:47	55	3	01:46	54	2	04:21	48	4	09:41	47	1	02:14	43	2	03:46	49	2	01:09	44	2	02:04	100	2	05:24
2		00.02.36	3		00.13.23	3		00.15.09	3		00.19.30	4		00.29.11	4		00.31.25	4		00.35.11	4		00.36.20	3		00.38.24	3		00.43.48
CL	2	00:44																											
3		00.44.32																											
4	Fulcro Tullia		NIRVANA VERDE		00.49.43																								
41	4	03:42	59	4	12:46	55	4	01:57	54	4	04:39	48	2	03:40	47	4	03:53	43	3	04:00	49	4	01:36	44	4	03:36	100	4	08:41
4		00.03.42	4		00.16.28	4		00.18.25	4		00.23.04	3		00.26.44	3		00.30.37	3		00.34.37	3		00.36.13	4		00.39.49	4		00.48.30
CL	4	01:13																											
4		00.49.43																											

Categoria: M 15/16

(Lunghezza 4500 m - Dislivello 80 m - Kmsf 5,30)

Pos.	Nome		Società		Tempo																								
1	Schiavo Alessio		POL. BESANESE		00.41.25																								
32	1	01:33	40	6	02:32	42	1	01:12	70	1	06:28	67	2	02:39	65	2	02:40	63	5	02:03	45	2	08:27	53	3	01:54	48	7	02:20
1		00.01.33	3		00.04.05	2		00.05.17	1		00.11.45	1		00.14.24	1		00.17.04	1		00.19.07	1		00.27.34	1		00.29.28	1		00.31.48
54	2	02:01	51	3	05:04	100	3	02:00	CL	2	00:32																		
1		00.33.49	1		00.38.53	1		00.40.53	1		00.41.25																		

...Categoria: M 15/16

Pos.	Nome		Società		Tempo																									
2	Pozzi Elia		POL. BESANESE		00.45.14																									
32	3	02:00	40	1	01:17	42	6	03:40	70	3	09:18	67	3	03:03	65	5	04:19	63	6	02:15	45	1	08:04	53	1	01:23	48	1	01:11	
3		00.02.00	1		00.03.17	5		00.06.57	3		00.16.15	4		00.19.18	4		00.23.37	4		00.25.52	3		00.33.56	3		00.35.19	3		00.36.30	
54	1	01:59	51	1	04:25	100	2	01:47	CL	3	00:33																			
3		00.38.29	3		00.42.54	2		00.44.41	2		00.45.14																			
3	Costa Tommaso		DALLA CHIESA POL. SESTO C...		00.45.31																									
32	2	01:36	40	5	01:58	42	2	01:41	70	2	09:07	67	5	04:20	65	1	02:13	63	4	01:59	45	3	08:58	53	2	01:35	48	6	02:17	
2		00.01.36	2		00.03.34	1		00.05.15	2		00.14.22	2		00.18.42	2		00.20.55	2		00.22.54	2		00.31.52	2		00.33.27	2		00.35.44	
54	3	02:09	51	2	04:56	100	5	02:05	CL	6	00:37																			
2		00.37.53	2		00.42.49	3		00.44.54	3		00.45.31																			
4	Maiocchi Alessandro		POL. PUNTO NORD		00.49.49																									
32	4	02:04	40	7	02:42	42	3	01:50	70	4	09:41	67	1	02:38	65	4	03:36	63	2	01:31	45	4	09:57	53	6	02:41	48	3	01:23	
4		00.02.04	7		00.04.46	3		00.06.36	4		00.16.17	3		00.18.55	3		00.22.31	3		00.24.02	4		00.33.59	4		00.36.40	4		00.38.03	
54	6	02:38	51	4	06:49	100	1	01:45	CL	4	00:34																			
4		00.40.41	4		00.47.30	4		00.49.15	4		00.49.49																			
5	Pagani Pietro		DALLA CHIESA POL. SESTO C...		00.52.22																									
32	6	02:24	40	2	01:46	42	5	02:35	70	7	12:04	67	4	03:05	65	3	03:05	63	3	01:43	45	5	10:04	53	4	02:21	48	2	01:18	
6		00.02.24	4		00.04.10	4		00.06.45	6		00.18.49	5		00.21.54	5		00.24.59	5		00.26.42	5		00.36.46	5		00.39.07	5		00.40.25	
54	4	02:15	51	5	07:04	100	3	02:00	CL	7	00:38																			
5		00.42.40	5		00.49.44	5		00.51.44	5		00.52.22																			
6	Vesan Filippo		POL. VERCELLESE 2020		01.03.32																									
32	5	02:22	40	3	01:49	42	7	04:40	70	5	09:54	67	7	08:42	65	7	07:21	63	1	01:25	45	6	10:07	53	5	02:36	48	4	01:57	
5		00.02.22	5		00.04.11	7		00.08.51	5		00.18.45	7		00.27.27	7		00.34.48	7		00.36.13	6		00.46.20	6		00.48.56	6		00.50.53	
54	5	02:36	51	6	07:15	100	6	02:13	CL	5	00:35																			
6		00.53.29	6		01.00.44	6		01.02.57	6		01.03.32																			
7	Del Grasso Luca		DALLA CHIESA POL. SESTO C...		01.11.26																									
32	7	02:48	40	4	01:57	42	4	02:34	70	6	11:46	67	6	06:44	65	6	05:56	63	7	02:56	45	7	14:01	53	7	03:20	48	4	01:57	
7		00.02.48	6		00.04.45	6		00.07.19	7		00.19.05	6		00.25.49	6		00.31.45	6		00.34.41	7		00.48.42	7		00.52.02	7		00.53.59	
54	7	03:09	51	7	11:21	100	7	02:26	CL	1	00:31																			
7		00.57.08	7		01.08.29	7		01.10.55	7		01.11.26																			

Categoria: W 15/16

(Lunghezza 4500 m - Dislivello 80 m - Kmsf 5,30)

Pos.	Nome		Società		Tempo																									
1	Pirola Anita		POL. BESANESE		01.09.05																									
32	1	02:20	40	6	06:05	42	1	01:52	70	1	10:56	67	1	05:35	65	3	04:43	63	3	02:59	45	1	13:15	53	1	02:31	48	1	01:44	
1		00.02.20	4		00.08.25	3		00.10.17	1		00.21.13	1		00.26.48	1		00.31.31	1		00.34.30	1		00.47.45	1		00.50.16	1		00.52.00	
54	2	03:33	51	4	11:05	100	1	01:49	CL	1	00:38																			
1		00.55.33	1		01.06.38	1		01.08.27	1		01.09.05																			
2	Beretta Lucia		POL. BESANESE		01.23.56																									
32	4	03:03	40	4	04:04	42	2	02:38	70	6	18:15	67	3	07:31	65	1	04:03	63	2	02:11	45	5	16:48	53	6	07:26	48	2	01:57	
4		00.03.03	2		00.07.07	2		00.09.45	4		00.28.00	4		00.35.31	2		00.39.34	2		00.41.45	2		00.58.33	2		01.05.59	2		01.07.56	
54	1	03:23	51	2	08:23	100	4	03:31	CL	3	00:43																			
2		01.11.19	2		01.19.42	2		01.23.13	2		01.23.56																			
3	Macchi Elisa		DALLA CHIESA POL. SESTO C...		01.29.50																									
32	3	02:42	40	1	01:48	42	3	02:49	70	5	16:48	67	2	06:53	65	5	13:48	63	6	04:59	45	4	15:02	53	3	04:02	48	5	02:44	
3		00.02.42	1		00.04.30	1		00.07.19	2		00.24.07	2		00.31.00	3		00.44.48	3		00.49.47	3		01.04.49	3		01.08.51	3		01.11.35	
54	3	03:48	51	3	09:59	100	5	03:47	CL	2	00:41																			
3		01.15.23	3		01.25.22	3		01.29.09	3		01.29.50																			
4	Ruggiero Ines		NIRVANA VERDE		01.30.40																									
32	2	02:32	40	7	12:02	42	6	04:05	70	2	13:11	67	5	08:10	65	6	13:49	63	1	02:10	45	2	13:38	53	2	02:59	48	3	02:09	
2		00.02.32	7		00.14.34	7		00.18.39	6		00.31.50	5		00.40.00	5		00.53.49	5		00.55.59	4		01.09.37	4		01.12.36	4		01.14.45	
54	4	04:25	51	1	07:56	100	3	02:46	CL	5	00:48																			
4		01.19.10	4		01.27.06	4		01.29.52	4		01.30.40																			
5	Cajdler Zuzanna		DALLA CHIESA POL. SESTO C...		01.50.25																									
32	7	07:34	40	5	05:10	42	5	03:16	70	3	15:38	67	7	18:23	65	4	11:40	63	5	04:10	45	3	13:47	53	5	04:33	48	6	03:38	
7		00.07.34	6		00.12.44	6		00.16.00	5		00.31.38	6		00.50.01	7		01.01.41	7		01.05.51	5		01.19.38	5		01.24.11	5		01.27.49	
54	6	07:48	51	5	11:16	100	2	02:44	CL	5	00:48																			
5		01.35.37	5		01.46.53	5		01.49.37	5		01.50.25																			

...Categoria: W 15/16

Pos.	Nome	Società	Tempo
6	Casaglia Cecilia	POL. PUNTO NORD	02.01.27
32	5 05:14	40 3 03:37	42 7 06:05
70 7 28:20	67 6 10:41	65 2 04:34	63 4 03:08
45 6 30:24	53 4 04:32	48 4 02:33	
5 00:05.14	5 00:08.51	5 00:14.56	7 00:43.16
7 00:53.57	6 00:58.31	6 01:01.39	6 01:32.03
6 01:36.35	6 01:39.08		
54 5 04:48	51 6 11:44	100 6 05:04	CL 3 00:43
6 01:43.56	6 01:55.40	6 02:00.44	6 02:01.27
-	Negri Benedetta	NIRVANA VERDE	Punz. Mancante
32 6 06:25	40 2 01:51	42 4 02:55	70 4 16:09
67 4 07:45	65 7 13:51	63 7 05:10	54 - 14:28
45 - 07:20	51 - 19:32		
6 00:06.25	3 00:08.16	4 00:11.11	3 00:27.20
3 00:35.05	4 00:48.56	4 00:54.06	- 01:08.34
- 01:15.54	- 01:35.26		
100 - 03:01	PM - 00:46		
- 01:38.27	7 01:39.13		

Categoria: M 17/18

(Lunghezza 7000 m - Dislivello 165 m - Kmsf 8,65)

Pos.	Nome	Società	Tempo
1	Brambilla Carlo	POL. BESANESE	00.54.30
40 2 01:51	36 3 01:32	70 2 05:02	73 1 05:21
74 2 03:17	77 2 01:55	78 1 03:09	64 1 04:07
61 4 01:12	62 1 02:07		
2 00:01.51	2 00:03.23	2 00:08.25	2 00:13.46
2 00:17.03	2 00:18.58	1 00:22.07	1 00:26.14
1 00:27.26	1 00:29.33		
67 1 01:55	45 2 08:46	53 2 01:48	48 1 00:59
46 2 01:00	50 2 01:06	53 1 01:03	54 2 02:25
100 2 05:21	CL 1 00:34		
1 00:31.28	1 00:40.14	1 00:42.02	1 00:43.01
1 00:44.01	1 00:45.07	1 00:46.10	1 00:48.35
1 00:53.56	1 00:54.30		
2	Crippa Tommaso	POL. BESANESE	00.54.50
40 1 01:50	36 1 01:10	70 1 04:31	73 2 05:57
74 1 03:14	77 1 01:40	78 2 04:31	64 2 04:16
61 1 00:55	62 2 02:13		
1 00:01.50	1 00:03.00	1 00:07.31	1 00:13.28
1 00:16.42	1 00:18.22	2 00:22.53	2 00:27.09
2 00:28.04	2 00:30.17		
67 2 02:36	45 1 08:20	53 1 01:14	48 2 01:01
46 1 00:53	50 1 00:51	53 3 01:09	54 3 02:41
100 1 05:12	CL 3 00:36		
2 00:32.53	2 00:41.13	2 00:42.27	2 00:43.28
2 00:44.21	2 00:45.12	2 00:46.21	2 00:49.02
2 00:54.14	2 00:54.50		
3	Bocchiola Riccardo	POL. BESANESE	01.10.12
40 3 02:11	36 2 01:13	70 3 05:31	73 4 07:54
74 3 03:53	77 4 08:25	78 3 04:51	64 3 04:36
61 2 01:01	62 3 02:27		
3 00:02.11	3 00:03.24	3 00:08.55	3 00:16.49
3 00:20.42	3 00:29.07	3 00:33.58	3 00:38.34
3 00:39.35	3 00:42.02		
67 3 03:16	45 3 09:33	53 3 01:59	48 3 01:12
46 4 01:12	50 2 01:06	53 2 01:04	54 1 02:23
100 3 05:50	CL 2 00:35		
3 00:45.18	3 00:54.51	3 00:56.50	3 00:58.02
3 00:59.14	3 01:00.20	3 01:01.24	3 01:03.47
3 01:09.37	3 01:10.12		
4	Acquaviva Riccardo	POL. PUNTO NORD	01.31.49
40 4 02:38	36 4 01:35	70 5 07:33	73 5 09:41
74 5 07:56	77 3 05:48	78 5 05:18	64 5 05:56
61 5 01:36	62 5 04:41		
4 00:02.38	4 00:04.13	4 00:11.46	4 00:19.54
4 00:29.23	4 00:35.11	4 00:40.29	4 00:46.25
4 00:48.01	4 00:52.42		
67 4 04:18	45 4 12:17	53 4 03:34	48 5 03:36
46 3 01:08	50 4 01:08	53 5 02:31	54 4 03:19
100 5 06:37	CL 4 00:39		
4 00:57.00	4 01:09.17	4 01:12.51	4 01:16.27
4 01:17.35	4 01:18.43	4 01:21.14	4 01:24.33
4 01:31.10	4 01:31.49		
5	Dottor Simone	POL. BESANESE	01.49.29
40 5 03:40	36 5 02:01	70 4 07:00	73 3 07:13
74 4 04:05	77 5 29:12	78 4 05:01	64 4 04:47
61 3 01:08	62 4 03:43		
5 00:03.40	5 00:05.41	5 00:12.41	4 00:19.54
4 00:23.59	5 00:53.11	5 00:58.12	5 01:02.59
5 01:04.07	5 01:07.50		
67 5 04:37	45 5 15:49	53 5 03:40	48 4 01:31
46 5 01:24	50 5 01:20	53 4 01:34	54 5 04:41
100 4 06:22	CL 5 00:41		
5 01:12.27	5 01:28.16	5 01:31.56	5 01:33.27
5 01:34.51	5 01:36.11	5 01:37.45	5 01:42.26
5 01:48.48	5 01:49.29		

Categoria: W 17/18

(Lunghezza 6300 m - Dislivello 130 m - Kmsf 7,60)

Pos.	Nome	Società	Tempo
1	Rattrovo Manuela	DALLA CHIESA POL. SESTO C...	01.48.32
38 1 12:53	70 1 09:15	72 1 04:14	77 1 05:16
78 1 06:11	64 1 07:51	61 1 01:57	65 1 04:01
63 1 02:52	45 1 13:54		
1 00:12.53	1 00:22.08	1 00:26.22	1 00:31.38
1 00:37.49	1 00:45.40	1 00:47.37	1 00:51.38
1 00:54.30	1 00:58.12	1 01:02.59	1 01:04.07
1 01:07.50			
50 1 05:42	46 1 02:18	48 1 02:14	53 1 01:59
54 1 05:32	52 1 09:18	59 1 05:51	100 1 06:29
CL 1 00:45			
1 01:14.06	1 01:16.24	1 01:18.38	1 01:20.37
1 01:26.09	1 01:35.27	1 01:41.18	1 01:47.47
1 01:48.32			

Categoria: M 40

(Lunghezza 7000 m - Dislivello 165 m - Kmsf 8,65)

Pos.	Nome	Società	Tempo
1	Vokulov Oleg	C.O. Aget Lugano	00.49.20
40 1 01:38	36 1 00:55	70 1 04:33	73 1 05:36
74 1 02:36	77 1 01:26	78 1 02:40	64 1 03:52
61 1 00:49	62 1 02:03		
1 00:01.38	1 00:02.33	1 00:07.06	1 00:12.42
1 00:15.18	1 00:16.44	1 00:19.24	1 00:23.16
1 00:24.05	1 00:26.08		
67 1 01:36	45 1 07:37	53 1 01:10	48 1 00:57
46 1 01:03	50 1 00:49	53 1 01:05	54 1 02:48
100 1 05:32	CL 1 00:35		
1 00:27.44	1 00:35.21	1 00:36.31	1 00:37.28
1 00:38.31	1 00:39.20	1 00:40.25	1 00:43.13
1 00:48.45	1 00:49.20		

...Categoria: M 40

Pos.	Nome		Società		Tempo																								
2	Giovannini Marco		OK Trzin		01.08.17																								
40	5	02:43	36	4	01:23	70	5	06:11	73	6	08:25	74	4	04:09	77	6	02:18	78	3	03:34	64	5	05:34	61	6	01:18	62	3	02:33
5		00:02.43	4		00:04.06	3		00:10.17	3		00:18.42	3		00:22.51	3		00:25.09	3		00:28.43	3		00:34.17	3		00:35.35	3		00:38.08
67	2	02:07	45	2	10:00	53	3	01:49	48	3	01:16	46	4	01:10	50	3	01:02	53	7	01:40	54	4	03:20	100	4	07:02	CL	4	00:43
3		00:40.15	3		00:50.15	2		00:52.04	2		00:53.20	2		00:54.30	2		00:55.32	2		00:57.12	2		01:00.32	2		01:07.34	2		01:08.17
3	Brocco Valerio		ENEA CASACCIA ORIENTERING		01.08.43																								
40	3	02:10	36	5	01:26	70	2	05:39	73	4	07:41	74	2	03:47	77	7	02:30	78	5	04:05	64	4	05:01	61	3	01:15	62	3	02:33
3		00:02.10	2		00:03.36	2		00:09.15	2		00:16.56	2		00:20.43	2		00:23.13	2		00:27.18	2		00:32.19	2		00:33.34	2		00:36.07
67	5	02:35	45	3	11:15	53	8	03:08	48	4	01:18	46	3	01:08	50	5	01:13	53	4	01:28	54	6	03:24	100	3	06:25	CL	3	00:42
2		00:38.42	2		00:49.57	3		00:53.05	3		00:54.23	3		00:55.31	3		00:56.44	3		00:58.12	3		01:01.36	3		01:08.01	3		01:08.43
4	Cattaneo Fabio		POL. PUNTO NORD		01.10.36																								
40	4	02:26	36	8	01:51	70	6	06:28	73	7	09:06	74	6	04:23	77	8	02:31	78	2	03:16	64	3	04:59	61	3	01:15	62	6	03:09
4		00:02.26	5		00:04.17	4		00:10.45	5		00:19.51	4		00:24.14	5		00:26.45	4		00:30.01	4		00:35.00	4		00:36.15	5		00:39.24
67	5	02:35	45	4	11:35	53	7	02:39	48	2	01:11	46	5	01:12	50	2	01:00	53	5	01:29	54	1	02:48	100	2	06:05	CL	2	00:38
5		00:41.59	4		00:53.34	5		00:56.13	5		00:57.24	5		00:58.36	5		00:59.36	5		01:01.05	5		01:03.53	4		01:09.58	4		01:10.36
5	Schuster Alexander		TRENTO OR.		01.11.55																								
40	8	06:00	36	3	01:10	70	4	05:54	73	3	07:22	74	5	04:10	77	2	01:54	78	4	04:04	64	2	04:46	61	2	00:55	62	2	02:25
8		00:06.00	8		00:07.10	6		00:13.04	6		00:20.26	5		00:24.36	4		00:26.30	5		00:30.34	5		00:35.20	4		00:36.15	4		00:38.40
67	4	02:26	45	6	13:00	53	2	01:46	48	5	01:22	46	2	01:07	50	4	01:06	53	2	01:20	54	3	03:00	100	5	07:25	CL	4	00:43
4		00:41.06	5		00:54.06	4		00:55.52	4		00:57.14	4		00:58.21	4		00:59.27	4		01:00.47	4		01:03.47	5		01:11.12	5		01:11.55
6	Janzen Innamorati Roberto		FIRENZE OR.		01.26.44																								
40	9	07:52	36	6	01:28	70	3	05:50	73	2	07:20	74	3	03:48	77	3	01:56	78	8	07:25	64	7	06:06	61	6	01:18	62	7	03:46
9		00:07.52	9		00:09.20	8		00:15.10	7		00:22.30	7		00:26.18	6		00:28.14	6		00:35.39	6		00:41.45	6		00:43.03	6		00:46.49
67	3	02:10	45	7	13:44	53	4	01:57	48	8	01:52	46	7	01:30	50	7	01:47	53	3	01:22	54	5	03:21	100	8	11:23	CL	7	00:49
6		00:48.59	6		01:02.43	6		01:04.40	6		01:06.32	6		01:08.02	6		01:09.49	6		01:11.11	6		01:14.32	6		01:25.55	6		01:26.44
7	Cancelli Antonio		AGOROSSO S.ALESSANDRO OR.		01.30.06																								
40	2	02:09	36	7	01:39	70	7	07:24	73	5	07:50	74	9	06:31	77	9	03:38	78	9	13:22	64	6	05:58	61	9	01:28	62	5	03:07
2		00:02.09	3		00:03.48	5		00:11.12	4		00:19.02	6		00:25.33	7		00:29.11	7		00:42.33	7		00:48.31	7		00:49.59	7		00:53.06
67	7	03:21	45	5	11:49	53	5	02:23	48	6	01:28	46	6	01:14	50	8	02:50	53	6	01:32	54	7	03:51	100	6	07:48	CL	6	00:44
7		00:56.27	7		01:08.16	7		01:10.39	7		01:12.07	7		01:13.21	7		01:16.11	7		01:17.43	7		01:21.34	7		01:29.22	7		01:30.06
8	Colombo Roberto		NIRVANA VERDE		01.47.28																								
40	6	02:58	36	9	02:04	70	8	08:47	73	8	25:23	74	7	05:35	77	5	02:04	78	6	04:58	64	9	07:24	61	5	01:16	62	8	03:56
6		00:02.58	6		00:05.02	7		00:13.49	8		00:39.12	8		00:44.47	8		00:46.51	8		00:51.49	8		00:59.13	8		01:00.29	8		01:04.25
67	8	03:46	45	8	16:16	53	6	02:25	48	7	01:36	46	8	01:44	50	6	01:37	53	8	01:55	54	8	04:07	100	7	08:46	CL	8	00:51
8		01:08.11	8		01:24.27	8		01:26.52	8		01:28.28	8		01:30.12	8		01:31.49	8		01:33.44	8		01:37.51	8		01:46.37	8		01:47.28
-	Molteni Luca Emanuele		NIRVANA VERDE		Ritirato																								
40	7	05:57	36	2	01:01	70	9	18:15	73	9	25:44	74	8	05:44	77	4	02:01	78	7	05:07	64	8	07:16	61	8	01:20	62	9	03:57
7		00:05.57	7		00:06.58	9		00:25.13	9		00:50.57	9		00:56.41	9		00:58.42	9		01:03.49	9		01:11.05	9		01:12.25	9		01:16.22
67	8	03:46	100	-	28:07	RI	-	01:42																					
9		01:20.08	-		01:48.15	9		01:49.57																					

Categoria: W 40

(Lunghezza 6300 m - Dislivello 130 m - Kmsf 7,60)

Pos.	Nome		Società		Tempo																								
1	Maddalena Novella		NIRVANA VERDE		01.07.52																								
38	2	04:18	70	1	05:59	72	2	02:16	77	1	03:21	78	2	04:02	64	3	06:11	61	2	01:18	65	4	02:27	63	4	02:07	45	1	09:56
2		00:04.18	1		00:10.17	1		00:12.33	1		00:15.54	1		00:19.56	1		00:26.07	1		00:27.25	1		00:29.52	2		00:31.59	1		00:41.55
50	2	03:04	46	2	01:19	48	2	01:29	53	1	01:28	54	2	03:08	52	1	03:19	59	2	06:04	100	2	05:21	CL	1	00:45			
1		00:44.59	1		00:46.18	1		00:47.47	1		00:49.15	1		00:52.23	1		00:55.42	1		01:01.46	1		01:07.07	1		01:07.52			
2	Police Eugenia		UNIONE LOMBARDA S.S.D. A...		01.11.48																								
38	1	04:14	70	3	06:42	72	1	02:00	77	3	03:52	78	1	03:45	64	2	06:04	61	1	01:13	65	1	02:10	63	1	01:47	45	3	10:45
1		00:04.14	2		00:10.56	2		00:12.56	2		00:16.48	2		00:20.33	2		00:26.37	2		00:27.50	2		00:30.00	1		00:31.47	2		00:42.32
50	1	03:03	46	3	01:36	48	1	01:24	53	1	01:28	54	3	03:53	52	3	04:58	59	1	04:53	100	5	07:15	CL	3	00:46			
2		00:45.35	2		00:47.11	2		00:48.35	2		00:50.03	2		00:53.56	2		00:58.54	2		01:03.47	2		01:11.02	2		01:11.48			
3	Milesi Ombretta		POL. PUNTO NORD		01.25.04																								
38	3	04:36	70	4	07:03	72	5	02:57	77	2	03:34	78	3	04:16	64	1	06:02	61	6	02:00	65	2	02:25	63	3	01:54	45	5	14:02
3		00:04.36	3		00:11.39	3		00:14.36	3		00:18.10	3		00:22.26	3		00:28.28	3		00:30.28	3		00:32.53	3		00:34.47	3		00:48.49
50	5	03:39	46	4	02:11	48	5	01:43	53	4	01:49	54	3	03:54	52	5	09:11	59	5	06:45	100	3	06:18	CL	1	00:45			
3		00:52.28	3		00:54.39	3		00:56.22	3		00:58.11	3		01:02.05	3		01:11.16	3		01:18.01	3		01:24.19	3		01:25.04			

...Categoria: W 40

Pos.	Nome		Società		Tempo																								
4	Pavia Giada		L'ORMA S.S.D. A.R.L.		01.26.20																								
38	4	04:59	70	5	08:32	72	4	02:45	77	6	07:28	78	4	07:49	64	6	12:36	61	3	01:23	65	2	02:25	63	5	02:09	45	2	10:00
4	00.04.59	4	00.13.31	4	00.16.16	5	00.23.44	4	00.31.33	5	00.44.09	5	00.45.32	5	00.47.57	5	00.50.06	5	00.50.06	5	00.50.06	5	00.50.06	5	00.50.06	5	00.50.06	5	01.00.06
50	2	03:04	46	1	01:17	48	2	01:29	53	3	01:30	54	1	03:00	52	2	03:21	59	4	06:31	100	1	05:08	CL	5	00:54			
5	01.03.10	5	01.04.27	5	01.05.56	5	01.07.26	5	01.10.26	4	01.13.47	4	01.20.18	4	01.25.26	4	01.26.20												
5	Titoli Emanuela		NIRVANA VERDE		01.30.45																								
38	7	08:25	70	2	06:28	72	3	02:36	77	4	05:16	78	6	08:49	64	4	06:12	61	4	01:49	65	5	02:49	63	2	01:51	45	4	12:23
7	00.08.25	5	00.14.53	5	00.17.29	4	00.22.45	5	00.31.34	4	00.37.46	4	00.39.35	4	00.42.24	4	00.44.15	4	00.44.15	4	00.44.15	4	00.42.24	4	00.44.15	4	00.44.15	4	00.56.38
50	4	03:15	46	5	02:19	48	4	01:34	53	5	02:01	54	5	04:23	52	4	06:44	59	3	06:18	100	4	06:29	CL	7	01:04			
4	00.59.53	4	01.02.12	4	01.03.46	4	01.05.47	4	01.10.10	4	01.16.54	5	01.23.12	5	01.29.41														
6	Dell'arciprete Diana		UNIONE LOMBARDA S.S.D. A...		02.24.31																								
38	6	08:18	70	7	14:52	72	6	05:12	77	5	07:18	78	5	08:24	64	7	13:01	61	5	01:52	65	6	04:08	63	7	06:00	45	6	21:31
6	00.08.18	7	00.23.10	7	00.28.22	7	00.35.40	6	00.44.04	6	00.57.05	6	00.58.57	6	01.03.05	6	01.09.05	6	01.09.05	6	01.09.05	6	01.03.05	6	01.09.05	6	01.09.05	6	01.30.36
50	7	08:29	46	6	02:30	48	7	02:10	53	6	02:05	54	7	06:38	52	6	16:10	59	7	07:07	100	7	07:53	CL	4	00:53			
6	01.39.05	6	01.41.35	6	01.43.45	6	01.45.50	6	01.52.28	6	02.08.38	6	02.15.45	6	02.23.38	6	02.24.31												
7	Bello' Federica		DALLA CHIESA POL. SESTO C...		02.31.38																								
38	5	05:40	70	6	11:26	72	7	05:22	77	7	08:34	78	7	20:23	64	5	11:17	61	7	02:13	65	7	07:00	63	6	03:21	45	7	23:41
5	00.05.40	6	00.17.06	6	00.22.28	6	00.31.02	7	00.51.25	7	01.02.42	7	01.04.55	7	01.11.55	7	01.15.16	7	01.15.16	7	01.15.16	7	01.04.55	7	01.15.16	7	01.15.16	7	01.38.57
50	6	05:48	46	7	03:23	48	6	02:01	53	7	03:01	54	6	06:24	52	7	16:37	59	6	07:05	100	6	07:22	CL	6	01:00			
7	01.44.45	7	01.48.08	7	01.50.09	7	01.53.10	7	01.59.34	7	02.16.11	7	02.23.16	7	02.30.38	7	02.31.38												

Categoria: M 50

(Lunghezza 6300 m - Dislivello 130 m - Kmsf 7,60)

Pos.	Nome		Società		Tempo																								
1	Hayman Mark		NIRVANA VERDE		00.50.16																								
38	3	03:16	70	1	04:41	72	1	01:38	77	1	01:49	78	1	02:55	64	2	04:29	61	1	00:52	65	1	01:46	63	2	01:22	45	1	07:32
3	00.03.16	1	00.07.57	1	00.09.35	1	00.11.24	1	00.14.19	1	00.14.19	1	00.18.48	1	00.19.40	1	00.21.26	1	00.21.26	1	00.21.26	1	00.21.26	1	00.22.48	1	00.30.20		
50	1	02:07	46	1	00:57	48	1	00:55	53	1	01:08	54	1	02:50	52	7	03:30	59	1	03:11	100	1	04:33	CL	5	00:45			
1	00.32.27	1	00.33.24	1	00.34.19	1	00.35.27	1	00.38.17	1	00.41.47	1	00.44.58	1	00.49.31	1	00.50.16												
2	Brambilla Stefano		POL. PUNTO NORD		00.54.48																								
38	4	03:22	70	2	05:22	72	6	02:28	77	2	02:16	78	2	03:27	64	1	04:21	61	4	01:12	65	2	01:53	63	1	01:19	45	2	08:17
4	00.03.22	2	00.08.44	3	00.11.12	3	00.13.28	2	00.16.55	2	00.21.16	2	00.22.28	2	00.24.21	2	00.25.40	2	00.25.40	2	00.25.40	2	00.21.53	2	00.25.40	2	00.25.40	2	00.33.57
50	3	02:19	46	2	01:07	48	2	01:05	53	4	01:25	54	4	03:10	52	2	02:51	59	4	03:40	100	2	04:37	CL	1	00:37			
2	00.36.16	2	00.37.23	2	00.38.28	2	00.39.53	2	00.43.03	2	00.45.54	2	00.49.34	2	00.54.11	2	00.54.48												
3	Grilli Alberto		POL. PUNTO NORD		00.59.27																								
38	2	03:10	70	4	05:54	72	5	02:10	77	7	03:18	78	3	03:33	64	3	04:58	61	6	01:15	65	4	02:02	63	3	01:30	45	3	08:23
2	00.03.10	4	00.09.04	5	00.11.14	5	00.14.32	4	00.18.05	3	00.23.03	4	00.24.18	3	00.26.20	3	00.27.50	3	00.27.50	3	00.27.50	3	00.26.20	3	00.27.50	3	00.27.50	3	00.36.13
50	4	02:39	46	4	01:17	48	9	01:30	53	5	01:30	54	2	03:02	52	6	03:28	59	2	03:30	100	5	05:36	CL	3	00:42			
3	00.38.52	3	00.40.09	3	00.41.39	3	00.43.09	3	00.46.11	3	00.49.39	3	00.53.09	3	00.58.45	3	00.59.27												
4	Skopinskiy Sergey		TOL TERLANER ORIENTIERU...		01.04.12																								
38	5	03:28	70	3	05:53	72	3	01:51	77	4	02:32	78	4	03:37	64	5	05:54	61	2	01:02	65	6	02:20	63	5	01:40	45	6	10:28
5	00.03.28	5	00.09.21	3	00.11.12	4	00.13.44	3	00.17.21	4	00.23.15	3	00.24.17	4	00.26.37	4	00.28.17	4	00.28.17	4	00.28.17	4	00.26.37	4	00.28.17	4	00.28.17	4	00.38.45
50	7	03:19	46	5	01:19	48	4	01:17	53	7	01:34	54	9	04:02	52	3	03:21	59	3	03:39	100	7	06:09	CL	7	00:47			
4	00.42.04	4	00.43.23	4	00.44.40	4	00.46.14	4	00.50.16	4	00.53.37	4	00.57.16	4	01.03.25	4	01.04.12												
5	Magenes Giuseppe		POL. BESANESE		01.09.02																								
38	1	03:08	70	4	05:54	72	2	01:46	77	5	02:35	78	11	11:56	64	10	07:21	61	5	01:13	65	3	01:56	63	11	02:52	45	4	08:58
1	00.03.08	3	00.09.02	2	00.10.48	2	00.13.23	8	00.25.19	8	00.32.40	8	00.33.53	8	00.35.49	8	00.38.41	8	00.38.41	8	00.38.41	8	00.35.49	8	00.38.41	8	00.38.41	8	00.47.39
50	2	02:13	46	3	01:16	48	3	01:09	53	3	01:23	54	3	03:08	52	1	02:45	59	6	04:03	100	3	04:42	CL	4	00:44			
6	00.49.52	6	00.51.08	6	00.52.17	6	00.53.40	6	00.56.48	6	00.59.33	6	01.03.36	6	01.08.18	6	01.09.02												
6	Zanetello Roberto		NIRVANA VERDE		01.10.11																								
38	7	03:58	70	6	07:12	72	4	01:57	77	10	06:34	78	5	03:44	64	4	05:47	61	3	01:08	65	5	02:19	63	8	01:49	45	5	09:54
7	00.03.58	7	00.11.10	6	00.13.07	8	00.19.41	6	00.23.25	6	00.29.12	6	00.30.20	6	00.32.39	6	00.34.28	6	00.34.28	6	00.34.28	6	00.32.39	6	00.34.28	6	00.34.28	6	00.44.22
50	8	03:35	46	6	01:20	48	8	01:25	53	6	01:32	54	7	03:58	52	4	03:26	59	5	03:41	100	6	06:07	CL	5	00:45			
5	00.47.57	5	00.49.17	5	00.50.42	5	00.52.14	5	00.56.12	5	00.59.38	5	01.03.19	6	01.09.26	6	01.10.11												
7	Spagnoli Davide		NIRVANA VERDE		01.14.03																								
38	6	03:32	70	7	07:19	72	7	02:44	77	3	02:31	78	8	05:47	64	6	06:08	61	7	01:23	65	10	03:13	63	4	01:39	45	10	12:22
6																													

...Categoria: M 50

Pos.	Nome		Società		Tempo																								
8	Ravasio Gianbattista		AGOROSSO S.ALESSANDRO OR.		01.14.24																								
38	8	05:02	70	9	07:56	72	10	02:59	77	6	03:14	78	7	04:25	64	8	06:58	61	9	01:36	65	8	02:51	63	6	01:41	45	7	11:10
8		00:05.02	8		00:12.58	8		00:15.57	7		00:19.11	7		00:23.36	7		00:30.34	7		00:32.10	7		00:35.01	7		00:36.42	8		00:47.52
50	6	03:12	46	8	01:22	48	6	01:19	53	10	01:41	54	7	03:58	52	4	03:26	59	10	05:12	100	4	05:31	CL	9	00:51			
8		00:51.04	8		00:52.26	8		00:53.45	8		00:55.26	8		00:59.24	8		01:02.50	8		01:08.02	8		01:13.33	8		01:14.24			
9	Bocchiola Paolo		POL. PUNTO NORD		01.23.16																								
38	11	08:50	70	8	07:26	72	11	03:29	77	11	08:20	78	6	04:09	64	7	06:40	61	8	01:28	65	7	02:48	63	7	01:43	45	8	11:38
11		00:08.50	11		00:16.16	11		00:19.45	11		00:28.05	11		00:32.14	11		00:38.54	11		00:40.22	11		00:43.10	11		00:44.53	10		00:56.31
50	5	03:10	46	6	01:20	48	7	01:22	53	7	01:34	54	5	03:42	52	9	04:07	59	7	04:25	100	8	06:11	CL	11	00:54			
10		00:59.41	10		01:01.01	10		01:02.23	10		01:03.57	10		01:07.39	9		01:11.46	9		01:16.11	9		01:22.22	9		01:23.16			
10	Merati Massimo		POL. PUNTO NORD		01.26.24																								
38	9	05:11	70	10	07:58	72	8	02:55	77	9	03:57	78	9	06:08	64	11	07:36	61	11	01:56	65	9	03:07	63	9	01:54	45	9	12:01
9		00:05.11	9		00:13.09	9		00:16.04	9		00:20.01	9		00:26.09	9		00:33.45	9		00:35.41	9		00:38.48	9		00:40.42	9		00:52.43
50	11	04:04	46	11	01:50	48	4	01:17	53	9	01:36	54	10	04:05	52	11	07:06	59	11	05:54	100	11	06:59	CL	8	00:50			
9		00:56.47	9		00:58.37	9		00:59.54	9		01:01.30	9		01:05.35	10		01:12.41	10		01:18.35	10		01:25.34	10		01:26.24			
11	Consoli Paolo		UNIONE LOMBARDA S.S.D. A...		01.30.08																								
38	10	05:41	70	11	08:39	72	8	02:55	77	8	03:43	78	10	07:37	64	9	07:17	61	10	01:40	65	10	03:13	63	10	02:28	45	11	16:17
10		00:05.41	10		00:14.20	10		00:17.15	10		00:20.58	10		00:28.35	10		00:35.52	10		00:37.32	10		00:40.45	10		00:43.13	11		00:59.30
50	10	03:58	46	10	01:39	48	11	01:51	53	11	01:56	54	11	04:37	52	10	04:30	59	9	05:04	100	9	06:12	CL	9	00:51			
11		01:03.28	11		01:05.07	11		01:06.58	11		01:08.54	11		01:13.31	11		01:18.01	11		01:23.05	11		01:29.17	11		01:30.08			

Categoria: W 50

(Lunghezza 4500 m - Dislivello 85 m - Kmsf 5,35)

Pos.	Nome		Società		Tempo																								
1	Skopinskaya Anastasia		TOL TERLANER ORIENTIERU...		00.43.17																								
36	1	02:37	52	1	08:22	45	1	04:27	53	1	02:32	50	1	01:42	46	1	01:17	48	1	01:15	53	3	01:31	54	3	04:10	56	1	01:21
1		00:02.37	1		00:10.59	1		00:15.26	1		00:17.58	1		00:19.40	1		00:20.57	1		00:22.12	1		00:23.43	1		00:27.53	1		00:29.14
60	1	04:33	59	2	02:28	51	2	03:50	100	2	02:21	CL	3	00:51															
1		00:33.47	1		00:36.15	1		00:40.05	1		00:42.26	1		00:43.17															
2	Sedran Anna		POL. BESANESE		00.46.11																								
36	3	02:55	52	2	08:46	45	2	05:18	53	2	02:54	50	2	01:50	46	3	01:19	48	6	02:39	53	1	01:25	54	1	03:17	56	2	01:43
3		00:02.55	2		00:11.41	2		00:16.59	2		00:19.53	2		00:21.43	2		00:23.02	2		00:25.41	2		00:27.06	2		00:30.23	2		00:32.06
60	2	04:56	59	1	02:21	51	1	03:37	100	3	02:22	CL	1	00:49															
2		00:37.02	2		00:39.23	2		00:43.00	2		00:45.22	2		00:46.11															
3	Galimberti Nadia		POL. PUNTO NORD		00.59.31																								
36	4	02:57	52	4	14:29	45	4	05:30	53	4	03:26	50	3	01:54	46	2	01:18	48	2	01:18	53	2	01:27	54	2	04:08	56	4	02:36
4		00:02.57	4		00:17.26	4		00:22.56	4		00:26.22	3		00:28.16	3		00:29.34	3		00:30.52	3		00:32.19	3		00:36.27	3		00:39.03
60	3	07:30	59	3	02:46	51	6	07:20	100	1	02:03	CL	1	00:49															
3		00:46.33	3		00:49.19	3		00:56.39	3		00:58.42	3		00:59.31															
4	Milesi Nicoletta		AGOROSSO S.ALESSANDRO OR.		01.04.42																								
36	1	02:37	52	3	11:47	45	3	05:27	53	3	03:13	50	6	06:01	46	5	02:12	48	3	01:30	53	4	01:40	54	4	04:43	56	3	02:27
1		00:02.37	3		00:14.24	3		00:19.51	3		00:23.04	4		00:29.05	4		00:31.17	4		00:32.47	4		00:34.27	4		00:39.10	4		00:41.37
60	4	08:16	59	5	04:31	51	4	05:41	100	5	03:39	CL	4	00:58															
4		00:49.53	4		00:54.24	4		01:00.05	4		01:03.44	4		01:04.42															
5	Pirovano Elena		POL. BESANESE		01.18.32																								
36	5	03:50	52	5	15:52	45	6	07:59	53	6	04:56	50	5	03:08	46	6	02:18	48	4	02:16	53	5	02:42	54	5	06:01	56	5	02:56
5		00:03.50	5		00:19.42	5		00:27.41	5		00:32.37	5		00:35.45	5		00:38.03	5		00:40.19	5		00:43.01	5		00:49.02	5		00:51.58
60	6	12:05	59	4	03:31	51	5	06:49	100	4	03:01	CL	5	01:08															
5		01:04.03	5		01:07.34	5		01:14.23	5		01:17.24	5		01:18.32															
6	Talamona Rosella		VARESE OR.		01.26.00																								
36	6	04:35	52	6	20:36	45	5	07:24	53	5	04:14	50	4	02:44	46	4	02:11	48	5	02:28	53	6	03:09	54	6	07:26	56	6	04:56
6		00:04.35	6		00:25.11	6		00:32.35	6		00:36.49	6		00:39.33	6		00:41.44	6		00:44.12	6		00:47.21	6		00:54.47	6		00:59.43
60	5	10:42	59	6	05:03	51	3	05:26	100	6	03:56	CL	6	01:10															
6		01:10.25	6		01:15.28	6		01:20.54	6		01:24.50	6		01:26.00															

Categoria: M 60

(Lunghezza 4500 m - Dislivello 85 m - Kmsf 5,35)

Pos.	Nome		Società		Tempo																									
1	Bozzola Angelo		POL. PUNTO NORD		00.39.32																									
36	2	02:30	52	2	06:59	45	2	04:26	53	7	02:27	50	2	01:33	46	2	01:14	48	1	01:08	53	1	01:25	54	3	03:12	56	2	01:35	
2	00.02.30	2	00.09.29	2	00.13.55	2	00.16.22	2	00.17.55	2	00.19.09	2	00.20.17	2	00.21.42	2	00.24.54	2	00.26.29											
60	3	04:53	59	3	02:08	51	1	03:34	100	1	01:50	CL	1	00:38																
2	00.31.22	2	00.33.30	2	00.37.04	1	00.38.54	1	00.39.32																					
2	Di Stefano Gianluca		POL. BESANESE		00.39.55																									
36	4	02:41	52	1	06:34	45	1	03:55	53	2	01:41	50	1	01:18	46	1	01:11	48	13	02:40	53	4	01:32	54	2	02:54	56	1	01:31	
4	00.02.41	1	00.09.15	1	00.13.10	1	00.14.51	1	00.16.09	1	00.17.20	1	00.20.00	1	00.21.32	1	00.24.26	1	00.25.57											
60	2	04:34	59	2	02:02	51	6	04:23	100	4	02:16	CL	3	00:43																
1	00.30.31	1	00.32.33	1	00.36.56	2	00.39.12	2	00.39.55																					
3	Pessina Eugenio		POL. PUNTO NORD		00.42.59																									
36	1	02:22	52	3	07:12	45	6	05:45	53	1	01:36	50	9	02:10	46	3	01:16	48	12	02:36	53	7	01:49	54	1	02:47	56	2	01:35	
1	00.02.22	3	00.09.34	3	00.15.19	3	00.16.55	3	00.19.05	3	00.20.21	3	00.22.57	4	00.24.46	3	00.27.33	3	00.29.08											
60	1	04:33	59	1	01:56	51	5	04:22	100	5	02:17	CL	3	00:43																
3	00.33.41	3	00.35.37	3	00.39.59	3	00.42.16	3	00.42.59																					
4	Curzio Leonardo		ORIENTAMONDO		00.44.33																									
36	5	02:48	52	4	08:07	45	4	05:12	53	8	02:28	50	3	01:44	46	6	01:42	48	2	01:16	53	3	01:28	54	4	03:32	56	4	01:46	
5	00.02.48	4	00.10.55	4	00.16.07	4	00.18.35	4	00.20.19	4	00.22.01	4	00.23.17	3	00.24.45	4	00.28.17	4	00.30.03											
60	6	05:44	59	5	02:24	51	2	03:47	100	2	01:54	CL	2	00:41																
4	00.35.47	4	00.38.11	4	00.41.58	4	00.43.52	4	00.44.33																					
5	Battistoni Luca		VARESE OR.		00.48.00																									
36	8	02:55	52	7	09:04	45	3	05:02	53	5	02:17	50	7	01:57	46	5	01:31	48	3	01:22	53	5	01:35	54	9	04:24	56	6	01:50	
8	00.02.55	7	00.11.59	6	00.17.01	6	00.19.18	6	00.21.15	6	00.22.46	5	00.24.08	5	00.25.43	6	00.30.07	6	00.31.57											
60	7	06:11	59	7	02:34	51	3	03:53	100	8	02:40	CL	6	00:45																
6	00.38.08	6	00.40.42	5	00.44.35	5	00.47.15	5	00.48.00																					
6	Dallera Stefano		POL. PUNTO NORD		00.54.09																									
36	6	02:49	52	5	08:21	45	7	05:49	53	3	01:52	50	4	01:50	46	12	02:02	48	4	01:37	53	2	01:26	54	7	04:04	56	5	01:49	
6	00.02.49	5	00.11.10	5	00.16.59	5	00.18.51	5	00.20.41	5	00.22.43	6	00.24.20	6	00.25.46	5	00.29.50	5	00.31.39											
60	4	05:21	59	6	02:28	51	14	11:44	100	3	02:12	CL	6	00:45																
5	00.37.00	5	00.39.28	7	00.51.12	7	00.53.24	6	00.54.09																					
7	Biella Roberto		VARESE OR.		00.54.17																									
36	10	03:29	52	8	09:20	45	5	05:35	53	5	02:17	50	10	02:16	46	7	01:44	48	8	01:45	53	9	01:58	54	10	04:46	56	7	02:06	
10	00.03.29	8	00.12.49	7	00.18.24	7	00.20.41	7	00.22.57	7	00.24.41	7	00.26.26	7	00.28.24	8	00.33.10	7	00.35.16											
60	8	07:05	59	12	03:16	51	7	04:31	100	10	03:00	CL	13	01:09																
7	00.42.21	7	00.45.37	6	00.50.08	6	00.53.08	7	00.54.17																					
8	Serra Sandro		UNIONE LOMBARDA S.S.D. A....		00.57.57																									
36	3	02:34	52	6	08:50	45	13	08:22	53	4	02:16	50	6	01:53	46	4	01:25	48	4	01:37	53	6	01:46	54	5	03:33	56	13	07:37	
3	00.02.34	6	00.11.24	9	00.19.46	8	00.22.02	8	00.23.55	8	00.25.20	8	00.26.57	8	00.28.43	7	00.32.16	8	00.39.53											
60	11	08:17	59	4	02:20	51	4	03:59	100	6	02:32	CL	11	00:56																
8	00.48.10	8	00.50.30	8	00.54.29	8	00.57.01	8	00.57.57																					
9	Sardella Roberto		VARESE OR.		01.03.07																									
36	9	03:02	52	13	17:09	45	10	06:50	53	10	02:57	50	8	02:00	46	9	01:48	48	6	01:41	53	13	02:54	54	6	03:55	56	9	03:43	
9	00.03.02	12	00.20.11	12	00.27.01	12	00.29.58	10	00.31.58	10	00.33.46	10	00.35.27	10	00.38.21	9	00.42.16	9	00.45.59											
60	5	05:33	59	9	02:52	51	10	05:26	100	7	02:34	CL	3	00:43																
9	00.51.32	9	00.54.24	9	00.59.50	9	01.02.24	9	01.03.07																					
10	Gallastroni Daniele		STELLA POLARE		01.10.36																									
36	12	05:27	52	11	12:16	45	14	08:44	53	12	03:13	50	12	02:21	46	11	01:50	48	9	01:53	53	10	02:01	54	13	05:51	56	8	02:24	
12	00.05.27	10	00.17.43	10	00.26.27	11	00.29.40	11	00.32.01	11	00.33.51	11	00.35.44	9	00.37.45	11	00.43.36	10	00.46.00											
60	12	09:22	59	10	03:09	51	11	06:53	100	12	04:17	CL	10	00:55																
10	00.55.22	10	00.58.31	10	01.05.24	10	01.09.41	10	01.10.36																					
11	Bertellini Nicola		POL. BESANESE		01.12.08																									
36	13	05:36	52	12	13:51	45	11	07:02	53	11	02:58	50	14	02:52	46	13	02:17	48	9	01:53	53	12	02:33	54	11	05:19	56	11	04:00	
13	00.05.36	11	00.19.27	11	00.26.29	10	00.29.27	12	00.32.19	12	00.34.36	12	00.36.29	12	00.39.02	12	00.44.21	11	00.48.21											
60	9	07:36	59	14	05:24	51	9	05:18	100	13	04:41	CL	8	00:48																
11	00.55.57	11	01.01.21	11	01.06.39	11	01.11.20	11	01.12.08																					
12	Carli Claudio		UNIONE LOMBARDA S.S.D. A....		01.13.12																									
36	14	11:13	52	9	10:08	45	9	06:28	53	14	03:56	50	10	02:16	46	10	01:49	48	6	01:41	53	8	01:54	54	12	05:20	56	10	03:50	
14	00.11.13	13	00.21.21	13	00.27.49	13	00.31.45	13	00.34.01	13	00.35.50	13	00.37.31	13	00.39.25	13	00.44.45	12	00.48.35											
60	13	10:00	59	8	02:51	51	12	07:18	100	11	03:28	CL	12	01:00																
12	00.58.35	12	01.01.26	12	01.08.44	12	01.12.12	12	01.13.12																					

CLASSIFICA

Campionato Regionale Long Data: domenica 22 marzo 2026

Data creazione: 22/03/2026 14:29:22



...Categoria: M 60

Pos.	Nome	Società	Tempo
13	Vassallo Gary	DALLA CHIESA POL. SESTO C...	01.14.48
36	6 02:49	52 10 10:33	45 8 06:15
53 9 02:51	50 5 01:52	46 8 01:46	48 14 05:40
53 14 06:57	54 8 04:09	56 14 12:39	
6 00:02.49	9 00:13.22	8 00:19.37	9 00:22.28
9 00:24.20	9 00:26.06	9 00:31.46	11 00:38.43
10 00:42.52	13 00:55.31		
60 10 07:48	59 10 03:09	51 8 04:43	100 9 02:47
CL 9 00:50			
13 01:03.19	13 01:06.28	13 01:11.11	13 01:13.58
13 01:14.48			
14	Bona Mario Fiorenzo	POL. BESANESE	01.38.13
36 11 04:03	52 14 23:46	45 12 08:06	53 13 03:22
50 13 02:46	46 14 02:28	48 11 02:07	53 11 02:31
54 14 06:57	56 12 06:04		
11 00:04.03	14 00:27.49	14 00:35.55	14 00:39.17
14 00:42.03	14 00:44.31	14 00:46.38	14 00:49.09
14 00:56.06	14 01:02.10		
60 14 17:22	59 13 04:27	51 13 07:59	100 14 05:02
CL 14 01:13			
14 01:19.32	14 01:23.59	14 01:31.58	14 01:37.00
14 01:38.13			

Categoria: W 60

(Lunghezza 3700 m - Dislivello 75 m - Kmsf 4,45)

Pos.	Nome	Società	Tempo
1	Turolla Cristina	POL. BESANESE	00.47.25
42 3 03:30	40 2 04:09	60 1 06:01	58 1 05:32
53 3 06:55	48 1 01:38	46 3 01:40	50 1 01:33
45 1 03:48	52 3 05:38		
3 00:03.30	2 00:07.39	1 00:13.40	1 00:19.12
2 00:26.07	2 00:27.45	2 00:29.25	2 00:30.58
2 00:34.46	1 00:40.24		
51 3 03:21	100 2 02:40	CL 4 01:00	
1 00:43.45	1 00:46.25	1 00:47.25	
2	Poli Elena	POL. BESANESE	00.52.12
42 2 03:06	40 1 02:55	60 3 07:41	58 3 06:03
53 2 05:57	48 2 01:39	46 1 01:39	50 2 01:41
45 2 03:59	52 6 09:58		
2 00:03.06	1 00:06.01	2 00:13.42	2 00:19.45
1 00:25.42	1 00:27.21	1 00:29.00	1 00:30.41
1 00:34.40	2 00:44.38		
51 2 03:18	100 4 03:27	CL 1 00:49	
2 00:47.56	2 00:51.23	2 00:52.12	
3	Putzu Daniela	VARESE OR.	00.53.41
42 4 04:01	40 3 04:36	60 4 09:16	58 2 06:00
53 4 07:36	48 4 01:45	46 5 01:58	50 3 01:49
45 4 04:10	52 2 05:32		
4 00:04.01	3 00:08.37	3 00:17.53	3 00:23.53
3 00:31.29	3 00:33.14	3 00:35.12	3 00:37.01
3 00:41.11	3 00:46.43		
51 1 03:15	100 3 02:44	CL 3 00:59	
3 00:49.58	3 00:52.42	3 00:53.41	
4	Elli Cristina	POL. PUNTO NORD	00.55.42
42 1 03:05	40 6 13:29	60 1 06:01	58 4 06:07
53 1 05:28	48 3 01:42	46 1 01:39	50 5 02:36
45 3 04:00	52 1 05:00		
1 00:03.05	5 00:16.34	5 00:22.35	4 00:28.42
4 00:34.10	4 00:35.52	4 00:37.31	4 00:40.07
4 00:44.07	4 00:49.07		
51 4 03:22	100 1 02:24	CL 1 00:49	
4 00:52.29	4 00:54.53	4 00:55.42	
5	Quarto Anna	POL. PUNTO NORD	01.22.23
42 5 04:52	40 4 06:10	60 5 11:08	58 6 15:03
53 6 09:29	48 6 03:07	46 6 02:34	50 4 02:35
45 6 09:22	52 4 08:09		
5 00:04.52	4 00:11.02	4 00:22.10	5 00:37.13
5 00:46.42	5 00:49.49	5 00:52.23	5 00:54.58
5 01:04.20	5 01:12.29		
51 6 05:01	100 5 03:37	CL 6 01:16	
5 01:17.30	5 01:21.07	5 01:22.23	
6	Mazzoli Monica	POL. PUNTO NORD	01.31.15
42 6 07:02	40 5 13:13	60 6 14:41	58 5 14:08
53 5 07:43	48 5 02:12	46 4 01:57	50 6 03:26
45 5 04:17	52 5 09:39		
6 00:07.02	6 00:20.15	6 00:34.56	6 00:49.04
6 00:56.47	6 00:58.59	6 01:00.56	6 01:04.22
6 01:08.39	6 01:18.18		
51 5 04:06	100 6 07:45	CL 5 01:06	
6 01:22.24	6 01:30.09	6 01:31.15	

Categoria: M 70

(Lunghezza 3200 m - Dislivello 70 m - Kmsf 3,90)

Pos.	Nome	Società	Tempo
1	Bellò Lino	DALLA CHIESA POL. SESTO C...	01.51.21
42 1 22:45	36 1 02:48	52 1 18:10	58 1 07:22
54 1 06:20	48 1 12:37	53 1 13:32	45 1 06:11
49 1 10:31	51 1 05:43		
1 00:22.45	1 00:25.33	1 00:43.43	1 00:51.05
1 00:57.25	1 01:10.02	1 01:23.34	1 01:29.45
1 01:40.16	1 01:45.59		
100 1 04:18	CL 1 01:04		
1 01:50.17	1 01:51.21		

Categoria: W 70

(Lunghezza 3200 m - Dislivello 70 m - Kmsf 3,90)

Pos.	Nome		Società		Tempo																								
1	Crippa Loredana		POL. BESANESE		00.54.40																								
42	2	04:07	36	1	01:35	52	2	15:11	58	1	02:19	54	2	04:35	48	1	03:51	53	2	05:35	45	1	02:40	49	2	06:04	51	1	04:05
2	2	00.04.07	2	2	00.05.42	2	2	00.20.53	2	2	00.23.12	1	2	00.27.47	1	2	00.31.38	1	2	00.37.13	1	2	00.39.53	1	2	00.45.57	1	2	00.50.02
100	1	03:35	CL	1	01:03																								
1	1	00.53.37	1	1	00.54.40																								
2	Frigerio Daniela		POL. BESANESE		00.59.19																								
42	3	04:18	36	3	03:31	52	3	18:20	58	2	02:40	54	1	04:19	48	2	04:34	53	1	02:47	45	2	03:36	49	1	05:49	51	2	04:07
3	3	00.04.18	3	3	00.07.49	3	3	00.26.09	3	3	00.28.49	2	3	00.33.08	2	3	00.37.42	2	3	00.40.29	2	3	00.44.05	2	3	00.49.54	2	3	00.54.01
100	2	04:13	CL	2	01:05																								
2	2	00.58.14	2	2	00.59.19																								
-	Riva Annamaria		POL. BESANESE		Ritirato																								
42	1	03:34	36	2	01:39	52	1	09:39	58	3	05:28	RI	-	-20:-20															
1	1	00.03.34	1	1	00.05.13	1	1	00.14.52	1	1	00.20.20	3		00.00.00															

Categoria: M ELITE

(Lunghezza 10200 m - Dislivello 250 m - Kmsf 12,70)

Pos.	Nome		Società		Tempo																								
1	Curzio Samuele		POL. G. MASI		01.12.37																								
71	1	09:18	76	1	00:59	74	2	02:37	75	2	02:13	72	1	02:21	77	1	01:32	78	7	03:15	52	2	07:41	53	2	02:45	48	5	01:01
1	1	00.09.18	1	1	00.10.17	1	1	00.12.54	1	1	00.15.07	1	1	00.17.28	1	1	00.19.00	1	1	00.22.15	2	1	00.29.56	2	1	00.32.41	2	1	00.33.42
46	3	00:59	50	6	01:01	45	3	01:50	56	1	02:53	54	3	01:08	67	3	04:56	62	2	01:37	64	1	01:49	60	2	05:03	58	1	02:47
2	2	00.34.41	2	2	00.35.42	2	2	00.37.32	2	2	00.40.25	2	2	00.41.33	2	2	00.46.29	2	2	00.48.06	1	2	00.49.55	2	2	00.54.58	1	2	00.57.45
49	3	01:16	36	2	05:51	42	2	00:57	40	8	02:27	100	2	03:48	CL	6	00:33												
1	1	00.59.01	1	1	01.04.52	1	1	01.05.49	1	1	01.08.16	1	1	01.12.04	1	1	01.12.37												
2	Giuliani Luigi		POL. BESANESE		01.13.03																								
71	4	10:31	76	2	01:02	74	3	02:38	75	1	02:11	72	3	02:35	77	2	01:43	78	1	02:40	52	1	06:35	53	1	02:30	48	2	00:56
4	4	00.10.31	3	4	00.11.33	3	4	00.14.11	2	4	00.16.22	2	4	00.18.57	2	4	00.20.40	2	4	00.23.20	1	4	00.29.55	1	4	00.32.25	1	4	00.33.21
46	7	01:05	50	2	00:46	45	1	01:44	56	2	03:10	54	1	01:00	67	4	05:03	62	3	01:53	64	2	01:56	60	1	04:42	58	4	03:19
1	1	00.34.26	1	1	00.35.12	1	1	00.36.56	1	1	00.40.06	1	1	00.41.06	1	1	00.46.09	1	1	00.48.02	2	1	00.49.58	1	1	00.54.40	2	1	00.57.59
49	1	01:14	36	6	06:28	42	1	00:53	40	6	02:18	100	1	03:40	CL	4	00:31												
2	2	00.59.13	2	2	01.05.41	2	2	01.06.34	2	2	01.08.52	2	2	01.12.32	2	2	01.13.03												
3	Maini Diego		POL. PUNTO NORD		01.21.49																								
71	3	10:29	76	8	01:18	74	1	02:33	75	5	03:20	72	8	03:35	77	7	02:00	78	13	05:52	52	3	08:04	53	3	02:46	48	2	00:56
3	3	00.10.29	4	3	00.11.47	4	3	00.14.20	3	3	00.17.40	4	3	00.21.15	3	3	00.23.15	4	3	00.29.07	4	3	00.37.11	4	3	00.39.57	4	3	00.40.53
46	5	01:02	50	3	00:52	45	4	01:52	56	5	03:42	54	2	01:02	67	1	04:50	62	3	01:53	64	4	02:07	60	3	05:06	58	2	02:53
3	3	00.41.55	3	3	00.42.47	3	3	00.44.39	3	3	00.48.21	3	3	00.49.23	3	3	00.54.13	3	3	00.56.06	3	3	00.58.13	3	3	01.03.19	3	3	01.06.12
49	4	01:21	36	3	06:08	42	3	01:01	40	5	02:16	100	4	04:19	CL	5	00:32												
3	3	01.07.33	3	3	01.13.41	3	3	01.14.42	3	3	01.16.58	3	3	01.21.17	3	3	01.21.49												
4	Magenes Francesco		POL. BESANESE		01.24.25																								
71	2	09:52	76	3	01:03	74	4	02:50	75	10	04:22	72	2	02:22	77	12	03:01	78	4	03:11	52	5	08:07	53	4	03:11	48	6	01:03
2	2	00.09.52	2	2	00.10.55	2	2	00.13.45	4	2	00.18.07	3	2	00.20.29	4	2	00.23.30	3	2	00.26.41	3	2	00.34.48	3	2	00.37.59	3	2	00.39.02
46	14	05:41	50	3	00:52	45	7	02:22	56	3	03:12	54	5	01:14	67	2	04:54	62	1	01:30	64	5	02:08	60	5	05:25	58	3	03:14
5	5	00.44.43	4	5	00.45.35	4	5	00.47.57	4	5	00.51.09	4	5	00.52.23	4	5	00.57.17	4	5	00.58.47	4	5	01.00.55	4	5	01.06.20	4	5	01.09.34
49	1	01:14	36	5	06:22	42	4	01:06	40	1	01:32	100	3	04:08	CL	3	00:29												
4	4	01.10.48	4	4	01.17.10	4	4	01.18.16	4	4	01.19.48	4	4	01.23.56	4	4	01.24.25												
5	Khudiakov Aleksandr		POL. PUNTO NORD		01.29.40																								
71	8	12:06	76	6	01:14	74	13	04:14	75	4	03:19	72	7	03:33	77	3	01:49	78	5	03:14	52	13	10:50	53	7	03:28	48	4	01:00
8	8	00.12.06	8	8	00.13.20	10	8	00.17.34	6	8	00.20.53	5	8	00.24.26	5	8	00.26.15	5	8	00.29.29	6	8	00.40.19	6	8	00.43.47	6	8	00.44.47
46	8	01:09	50	5	00:59	45	5	02:09	56	6	03:46	54	9	01:36	67	7	05:51	62	8	02:15	64	6	02:19	60	6	05:36	58	7	03:37
6	6	00.45.56	6	6	00.46.55	6	6	00.49.04	6	6	00.52.50	5	6	00.54.26	5	6	01.00.17	5	6	01.02.32	5	6	01.04.51	5	6	01.10.27	5	6	01.14.04
49	6	01:31	36	4	06:14	42	6	01:11	40	2	01:37	100	5	04:30	CL	6	00:33												
5	5	01.15.35	5	5	01.21.49	5	5	01.23.00	5	5	01.24.37	5	5	01.29.07	5	5	01.29.40												
6	Bonalmi Federico		NIRVANA VERDE		01.33.16																								
71	6	11:50	76	7	01:15	74	11	03:48	75	11	04:47	72	4	02:47	77	13	03:07	78	2	02:57	52	6	08:11	53	5	03:21	48	9	01:07
6	6	00.11.50	6	6	00.13.05	7	6	00.16.53	9	6	00.21.40	6	6	00.24.27	6	6	00.27.34	6	6	00.30.31	5	6	00.38.42	5	6	00.42.03	5	6	00.43.10
46	9	01:10	50	14	01:21	45	8	02:28	56	8	04:21	54	13	03:25	67	6	05:30	62	5	01:55	64	3	02:03	60	10	06:07	58	10	04:09
4	4	00.44.20	5	4	00.45.41	5	4	00.48.09	5	4	00.52.30	6	4	00.55.55	6	4	01.01.25	6	4	01.03.20	6	4	01.05.23	6	4	01.11.30	6	4	01.15.39
49	5	01:22	36	7	07:06	42	7	01:12	40	7	02:21	100	10	05:08	CL	1													

...Categoria: M ELITE

Pos.	Nome		Società		Tempo																								
7	Sala Alessandro		POL. BESANESE		01.35.05																								
71	5	10:49	76	9	01:21	74	5	03:09	75	13	05:06	72	14	09:18	77	4	01:52	78	11	04:04	52	9	09:31	53	7	03:28	48	1	00:54
5	00:10.49	5	00:12.10	5	00:15.19	5	00:20.25	11	00:29.43	10	00:31.35	9	00:35.39	9	00:45.10	9	00:48.38	9	00:49.32										
46	1	00:52	50	1	00:45	45	2	01:49	56	4	03:25	54	12	02:41	67	5	05:17	62	7	02:02	64	7	02:21	60	4	05:18	58	5	03:20
8	00:50.24	7	00:51.09	7	00:52.58	7	00:56.23	7	00:59.04	7	01:04.21	7	01:06.23	7	01:08.44	7	01:14.02	7	01:17.22										
49	8	01:50	36	1	05:21	42	12	01:58	40	11	03:20	100	6	04:34	CL	11	00:40												
7	01:19.12	7	01:24.33	7	01:26.31	7	01:29.51	7	01:34.25	7	01:35.05																		
8	Bocchietti Tommaso		OR. COMO		01.48.22																								
71	7	11:56	76	5	01:13	74	10	03:41	75	8	04:06	72	13	06:03	77	11	02:56	78	12	04:13	52	8	09:16	53	14	04:44	48	10	01:12
7	00:11.56	7	00:13.09	6	00:16.50	7	00:20.56	8	00:26.59	8	00:29.55	8	00:34.08	7	00:43.24	7	00:48.08	7	00:49.20										
46	6	01:03	50	8	01:06	45	11	02:49	56	9	04:32	54	6	01:23	67	9	06:35	62	11	02:36	64	10	02:41	60	12	06:41	58	13	04:54
7	00:50.29	9	00:51.33	8	00:53.45	8	00:57.33	8	00:59.44	8	01:06.40	9	01:09.33	9	01:12.42	8	01:18.18	8	01:21.54										
49	10	02:06	36	14	09:58	42	11	01:46	40	10	03:05	100	14	06:57	CL	14	00:50												
9	01:25.46	9	01:35.44	9	01:37.30	8	01:40.35	8	01:47.32	8	01:48.22																		
9	Bugane' Nicolò		POL. G. MASI		01.50.22																								
71	10	12:46	76	11	01:28	74	8	03:32	75	14	07:20	72	6	03:29	77	6	01:56	78	5	03:14	52	12	10:44	53	11	03:55	48	8	01:06
10	00:12.46	11	00:14.14	11	00:17.46	12	00:25.06	10	00:28.35	9	00:30.31	7	00:33.45	8	00:44.29	8	00:48.24	8	00:49.30										
46	3	00:59	50	7	01:04	45	6	02:12	56	7	03:48	54	11	02:11	67	11	06:56	62	12	02:53	64	14	03:09	60	6	05:36	58	6	03:36
9	00:50.29	9	00:51.33	8	00:53.45	8	00:57.33	8	00:59.44	8	01:06.40	9	01:09.33	9	01:12.42	8	01:18.18	8	01:21.54										
49	13	03:14	36	9	08:40	42	13	02:17	40	14	08:05	100	12	05:27	CL	13	00:45												
8	01:25.08	8	01:33.48	8	01:36.05	9	01:44.10	9	01:49.37	9	01:50.22																		
10	Lazzari Matteo		UNIONE LOMBARDA S.S.D. A...		01.51.30																								
71	15	15:32	76	15	01:52	74	9	03:38	75	7	03:50	72	11	05:52	77	14	07:04	78	7	03:15	52	7	08:14	53	6	03:25	48	12	02:04
15	00:15.32	15	00:17.24	13	00:21.02	11	00:24.52	12	00:30.44	14	00:37.48	13	00:41.03	12	00:49.17	12	00:52.42	11	00:54.46										
46	2	00:57	50	11	01:13	45	9	02:31	56	12	05:39	54	4	01:12	67	8	06:15	62	5	01:55	64	9	02:32	60	8	05:50	58	8	04:00
11	00:55.43	11	00:56.56	11	00:59.27	11	01:05.06	11	01:06.18	10	01:12.33	10	01:14.28	10	01:17.00	10	01:22.50	10	01:26.50										
49	7	01:34	36	9	08:40	42	14	06:57	40	3	01:50	100	8	05:02	CL	8	00:37												
10	01:28.24	10	01:37.04	11	01:44.01	10	01:45.51	10	01:50.53	10	01:51.30																		
11	Freddi Giorgio		NIRVANA VERDE		01.52.25																								
71	9	12:17	76	12	01:31	74	6	03:26	75	6	03:44	72	12	05:57	77	15	07:12	78	3	03:01	52	4	08:05	53	12	04:02	48	11	01:13
9	00:12.17	9	00:13.48	8	00:17.14	8	00:20.58	7	00:26.55	12	00:34.07	10	00:37.08	10	00:45.13	10	00:49.15	10	00:50.28										
46	11	01:13	50	10	01:08	45	12	02:50	56	11	05:26	54	10	01:39	67	14	11:10	62	10	02:22	64	13	03:03	60	9	05:52	58	14	04:56
10	00:51.41	10	00:52.49	10	00:55.39	10	01:01.05	10	01:02.44	11	01:13.54	11	01:16.16	11	01:19.19	11	01:25.11	11	01:30.07										
49	11	02:19	36	8	08:37	42	8	01:21	40	12	04:20	100	9	05:03	CL	9	00:38												
11	01:32.26	11	01:41.03	10	01:42.24	11	01:46.44	11	01:51.47	11	01:52.25																		
12	Sala Giovanni		NIRVANA VERDE		02.03.50																								
71	13	15:03	76	13	01:39	74	15	04:47	75	12	04:57	72	15	10:06	77	10	02:52	78	9	03:33	52	14	11:31	53	15	05:24	48	13	03:03
13	00:15.03	13	00:16.42	15	00:21.29	14	00:26.26	15	00:36.32	15	00:39.24	14	00:42.57	14	00:54.28	14	00:59.52	12	01:02.55										
46	10	01:11	50	13	01:17	45	13	02:52	56	10	04:42	54	8	01:35	67	13	07:20	62	13	03:25	64	12	02:59	60	14	08:39	58	9	04:05
13	01:04.06	13	01:05.23	13	01:08.15	12	01:12.57	12	01:14.32	12	01:21.52	12	01:25.17	12	01:28.16	13	01:36.55	13	01:41.00										
49	14	03:21	36	12	08:51	42	9	01:22	40	9	02:46	100	13	06:02	CL	1	00:28												
13	01:44.21	13	01:53.12	13	01:54.34	13	01:57.20	13	02:03.22	12	02:03.50																		
13	Bonanomi Alessandro		POL. BESANESE		02.14.03																								
71	12	13:41	76	10	01:22	74	14	04:21	75	3	03:01	72	9	04:51	77	8	02:10	78	15	20:19	52	15	12:34	53	9	03:33	48	6	01:03
12	00:13.41	12	00:15.03	12	00:19.24	10	00:22.25	9	00:27.16	7	00:29.26	15	00:49.45	15	01:02.19	15	01:05.52	13	01:06.55										
46	12	01:21	50	8	01:06	45	10	02:44	56	14	08:23	54	7	01:30	67	10	06:43	62	14	04:50	64	10	02:41	60	13	07:26	58	12	04:32
14	01:08.16	14	01:09.22	14	01:12.06	14	01:20.29	14	01:21.59	14	01:28.42	14	01:33.32	14	01:36.13	14	01:43.39	14	01:48.11										
49	12	02:34	36	13	09:14	42	5	01:10	40	13	07:39	100	7	04:35	CL	11	00:40												
14	01:50.45	14	01:59.59	14	02:01.09	14	02:08.48	14	02:13.23	13	02:14.03																		
-	Migliore Andrea		POL. BESANESE		Punz. Errata																								
71	14	15:23	76	14	01:44	74	12	04:05	75	9	04:14	72	10	05:34	77	9	02:48	78	14	06:02	52	11	10:23	53	13	04:18	46	-	02:39
14	00:15.23	14	00:17.07	14	00:21.12	13	00:25.26	13	00:31.00	11	00:33.48	12	00:39.50	13	00:50.13	13	00:54.31	-	00:57.10										
46	13	01:53	50	12	01:15	45	14	06:51	56	13	06:43	54	14	03:33	67	12	06:57	62	9	02:21	64	8	02:27	60	11	06:20	58	11	04:14
12	00:59.03	12	01:00.18	12	01:07.09	13	01:13.52	13	01:17.25	13	01:24.22	13	01:26.43	13	01:29.10	12	01:35.30	12	01:39.44										
49	9	02:00	36	9	08:40	42	10	01:31	40	4	02:14	100	11	05:24	PE	9	00:38												
12	01:41.44	12	01:50.24	12	01:51.55	12	01:54.09	12	01:59.33	14	02:00.11																		
-	Redaelli Tommaso		POL. BESANESE		Ritirato																								
71	11	12:59	76	4	01:07	74	6	03:26	75	15	11:35	72	5	03:13	77	5	01:54	78	10	03:37	52	10	09:47	53	10	03:39	46	-	02:06
11	00:12.59	10	00:14.06	9	00:17.32	15	00:29.07	14	00:32.20	13	00:34.14	11	00:37.51	11	00:47.38	11	00:51.17	-	00:53.23										
48	-	01:06	RI	-	08:24																								
-	00:54.29	15	01:02.53																										

Categoria: W ELITE

(Lunghezza 9100 m - Dislivello 215 m - Kmsf 11,25)

Pos.	Nome	Società	Tempo
1	Castelli Carla	AGOROSSO S.ALESSANDRO OR.	01.08.02
76	1 11:53	78 1 05:47	52 1 07:49
1	00.11.53	1 00.17.40	1 00.25.29
64	1 01:59	60 1 05:19	58 1 03:08
1	00.46.13	1 00.51.32	1 00.54.40
2	Magenes Chiara	POL. BESANESE	01.24.18
76	2 14:11	78 2 07:08	52 2 08:18
2	00.14.11	2 00.21.19	2 00.29.37
64	7 03:09	60 2 05:59	58 4 03:35
2	00.58.49	2 01.04.48	2 01.08.23
3	Trifilenkova Anastasia	POL. PUNTO NORD	01.25.35
76	3 15:27	78 3 07:15	52 3 08:42
3	00.15.27	3 00.22.42	3 00.31.24
64	2 02:24	60 4 06:21	58 3 03:25
3	00.59.26	3 01.05.47	3 01.09.12
4	Zanoli Chiara	EREBUS ORIENTAMENTO VIC...	01.29.11
76	9 17:53	78 4 07:30	52 5 10:51
9	00.17.53	7 00.25.23	5 00.36.14
64	4 02:37	60 3 06:10	58 2 03:21
4	01.03.11	4 01.09.21	4 01.12.42
5	Riva Lucia	POL. BESANESE	01.33.58
76	7 17:19	78 9 10:32	52 7 12:07
7	00.17.19	9 00.27.51	9 00.39.58
64	5 02:50	60 6 07:17	58 5 03:39
5	01.06.43	5 01.14.00	5 01.17.39
6	Churilova Anna	UNIONE LOMBARDA S.S.D. A...	01.38.34
76	8 17:24	78 5 07:38	52 4 09:49
8	00.17.24	6 00.25.02	4 00.34.51
64	3 02:30	60 5 06:50	58 10 05:19
6	01.07.17	6 01.14.07	6 01.19.26
7	Cozzi Anita	POL. PUNTO NORD	01.41.51
76	5 15:59	78 6 08:40	52 10 12:49
5	00.15.59	4 00.24.39	7 00.37.28
64	6 03:03	60 9 09:06	58 7 04:41
7	01.10.03	7 01.19.09	7 01.23.50
8	Cozzi Lisa	POL. PUNTO NORD	01.42.24
76	4 15:31	78 7 09:14	52 8 12:27
4	00.15.31	5 00.24.45	6 00.37.12
64	9 03:36	60 7 07:33	58 9 04:55
8	01.12.29	8 01.20.02	8 01.24.57
9	Arrigoni Alessandra	POL. BESANESE	01.47.41
76	6 17:02	78 8 09:36	52 6 11:50
6	00.17.02	8 00.26.38	8 00.38.28
64	8 03:32	60 10 09:49	58 8 04:47
9	01.12.47	9 01.22.36	9 01.27.23
10	Caglio Chiara	POL. BESANESE	01.56.26
76	10 19:31	78 10 11:47	52 9 12:35
10	00.19.31	10 00.31.18	10 00.43.53
64	10 03:53	60 8 08:23	58 6 04:27
10	01.21.26	10 01.29.49	10 01.34.16

Categoria: BIANCO

(Lunghezza 1200 m - Dislivello 25 m - Kmsf 1,45)

Pos.	Nome	Società	Tempo
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CLASSIFICA

Campionato Regionale Long Data: domenica 22 marzo 2026

Data creazione: 22/03/2026 14:29:22



Categoria: GIALLO

(Lunghezza 2600 m - Dislivello 55 m - Kmsf 3,15)

Pos.	Nome	Società	Tempo
1	Brambilla Luca	POL. BESANESE	00.20.20
35	1 02:20	37 2 01:20	34 2 01:00
1	00.02.20	1 00.03.40	1 00.04.40
44	1 01:36	55 1 01:34	57 1 03:30
1	00.06.16	1 00.07.50	1 00.11.20
47	1 02:27	43 1 02:37	100 2 03:07
1	00.13.47	1 00.16.24	1 00.19.31
2	Monti Roberta	POL. BESANESE	00.41.04
35	2 04:03	37 4 09:33	34 3 01:37
2	00.04.03	3 00.13.36	3 00.15.13
44	3 02:20	55 4 04:07	57 3 05:13
3	00.17.33	3 00.21.40	3 00.26.53
47	3 04:23	43 2 04:05	100 3 04:22
3	00.31.16	3 00.35.21	2 00.39.43
3	Savoldelli Dennis	POL. PUNTO NORD	00.41.06
35	3 09:17	37 3 02:13	34 4 01:58
3	00.09.17	2 00.11.30	2 00.13.28
44	4 02:43	55 3 02:14	57 4 06:26
2	00.16.11	2 00.18.25	2 00.24.51
47	4 04:55	43 3 04:54	100 4 05:06
2	00.29.46	2 00.34.40	3 00.39.46
4	Camello Mattia	POL. VERCELLESE 2020	00.47.07
35	4 23:41	37 1 01:03	34 1 00:57
4	00.23.41	4 00.24.44	4 00.25.41
44	2 01:45	55 2 01:48	57 2 03:35
4	00.27.26	4 00.29.14	4 00.32.49
47	2 02:59	43 4 07:45	100 1 02:55
4	00.35.48	4 00.43.33	4 00.46.28

Categoria: ARANCIONE

(Lunghezza 3000 m - Dislivello 60 m - Kmsf 3,60)

Pos.	Nome	Società	Tempo
1	Perego Andrea	POL. BESANESE	00.36.33
41	1 02:57	59 1 07:13	55 3 04:37
1	00.02.57	1 00.10.10	2 00.14.47
54	1 03:34	48 1 02:45	47 1 02:15
2	00.18.21	2 00.21.06	1 00.23.21
43	3 03:44	49 2 01:13	44 1 02:00
1	00.27.05	1 00.28.18	1 00.30.18
2	00:44		
1	00.36.33		
2	Paccagnan Claudia	POL. PUNTO NORD	00.43.57
41	2 04:05	59 2 07:18	55 1 01:33
2	00.04.05	2 00.11.23	1 00.12.56
54	3 04:09	48 2 03:29	47 3 09:32
1	00.17.05	1 00.20.34	2 00.30.06
43	2 03:11	49 3 01:26	44 2 02:38
2	00.33.17	2 00.34.43	2 00.37.21
CL	1 00:42		
2	00.43.57		
3	Vesan Alberto	POL. VERCELLESE 2020	00.52.05
41	3 16:21	59 3 09:51	55 2 04:00
3	00.16.21	3 00.26.12	3 00.30.12
54	2 03:57	48 3 03:54	47 2 02:24
3	00.34.09	3 00.38.03	3 00.40.27
43	1 02:29	49 1 01:06	44 3 02:42
3	00.42.56	3 00.44.02	3 00.46.44
CL	3 00:53		
3	00.52.05		

Categoria: ROSSO

(Lunghezza 3700 m - Dislivello 75 m - Kmsf 4,45)

Pos.	Nome	Società	Tempo
1	Chieco Simone	POL. PUNTO NORD	00.45.25
42	6 03:46	40 7 04:27	60 1 07:07
6	00.03.46	7 00.08.13	2 00.15.20
58	2 04:34	53 1 04:53	48 1 01:33
2	00.19.54	2 00.24.47	1 00.26.20
46	4 01:39	50 1 01:00	45 2 03:43
1	00.27.59	1 00.28.59	1 00.32.42
51	1 02:37	100 4 02:28	CL 1 00:29
1	00.42.28	1 00.44.56	1 00.45.25
2	Korol Mykta	POL. PUNTO NORD	00.48.11
42	1 03:00	40 2 02:17	60 7 08:57
1	00.03.00	1 00.05.17	1 00.14.14
58	1 04:24	53 3 05:18	48 8 02:36
1	00.18.38	1 00.23.56	2 00.26.32
46	7 02:06	50 11 02:42	45 3 03:45
2	00.28.38	2 00.31.20	2 00.35.05
51	4 03:26	100 1 01:49	CL 3 00:41
2	00.45.41	2 00.47.30	2 00.48.11
3	Boveri Stefano	POL. PUNTO NORD	00.50.42
42	7 03:58	40 3 02:52	60 8 09:03
7	00.03.58	3 00.06.50	4 00.15.53
58	8 06:11	53 7 06:38	48 4 02:04
5	00.22.04	4 00.28.42	4 00.30.46
46	3 01:37	50 3 01:33	45 4 03:48
4	00.32.23	4 00.33.56	4 00.37.44
51	3 03:14	100 6 03:02	CL 10 00:58
3	00.46.42	3 00.49.44	3 00.50.42
4	Pfister Simon James	POL. BESANESE	00.51.56
42	11 05:08	40 1 01:24	60 6 08:52
11	00.05.08	2 00.06.32	3 00.15.24
58	5 05:39	53 2 05:05	48 2 01:47
3	00.21.03	3 00.26.08	3 00.27.55
46	9 02:16	50 2 01:23	45 8 04:34
3	00.30.11	3 00.31.34	3 00.36.08
51	8 03:53	100 3 02:26	CL 2 00:35
4	00.48.55	4 00.51.21	4 00.51.56

...Categoria: ROSSO

Pos.	Nome		Società		Tempo																								
5	Nessi Carlo		VARESE OR.		00.55.09																								
42	4	03:38	40	11	06:08	60	4	07:57	58	3	05:02	53	8	07:00	48	10	03:04	46	8	02:10	50	6	01:43	45	10	04:56	52	2	06:40
4		00.03.38	8		00.09.46	6		00.17.43	6		00.22.45	6		00.29.45	6		00.32.49	6		00.34.59	6		00.36.42	6		00.41.38	5		00.48.18
51	5	03:34	100	2	02:21	CL	9	00:56																					
5		00.51.52	5		00.54.13	5		00.55.09																					
6	Mattea Luigi		POL. VERCELLESE 2020		00.56.09																								
42	12	05:10	40	4	02:57	60	2	07:49	58	6	05:53	53	9	07:30	48	5	02:09	46	10	02:17	50	12	02:46	45	5	03:52	52	8	08:01
12		00.05.10	6		00.08.07	5		00.15.56	4		00.21.49	5		00.29.19	5		00.31.28	5		00.33.45	5		00.36.31	5		00.40.23	6		00.48.24
51	7	03:52	100	6	03:02	CL	6	00:51																					
6		00.52.16	6		00.55.18	6		00.56.09																					
7	Silvestri Federico		POL. PUNTO NORD		01.04.24																								
42	5	03:44	40	12	07:38	60	2	07:49	58	7	06:09	53	4	05:53	48	11	03:15	46	5	01:50	50	14	08:09	45	7	04:25	52	5	07:20
5		00.03.44	10		00.11.22	7		00.19.11	7		00.25.20	7		00.31.13	7		00.34.28	7		00.36.18	9		00.44.27	9		00.48.52	8		00.56.12
51	9	03:54	100	8	03:26	CL	7	00:52																					
8		01.00.06	7		01.03.32	7		01.04.24																					
8	Paccagnan Giulia		POL. PUNTO NORD		01.07.54																								
42	3	03:16	40	14	12:50	60	5	08:11	58	4	05:06	53	5	06:06	48	6	02:23	46	1	01:22	50	4	01:34	45	9	04:43	52	10	09:39
3		00.03.16	14		00.16.06	10		00.24.17	10		00.29.23	8		00.35.29	8		00.37.52	8		00.39.14	7		00.40.48	7		00.45.31	7		00.55.10
51	6	03:36	100	14	08:16	CL	7	00:52																					
7		00.58.46	8		01.07.02	8		01.07.54																					
9	Silvestri Matteo		POL. PUNTO NORD		01.10.21																								
42	2	03:05	40	6	04:24	60	13	27:21	58	9	06:30	53	6	06:35	48	3	01:49	46	2	01:30	50	5	01:35	45	1	03:28	52	6	07:23
2		00.03.05	4		00.07.29	13		00.34.50	13		00.41.20	12		00.47.55	11		00.49.44	11		00.51.14	11		00.52.49	11		00.56.17	9		01.03.40
51	2	03:13	100	5	02:43	CL	4	00:45																					
9		01.06.53	9		01.09.36	9		01.10.21																					
10	Sacilotto Lucia		UNIONE LOMBARDA S.S.D. A...		01.18.16																								
42	8	04:05	40	10	05:49	60	9	10:11	58	10	07:14	53	10	09:41	48	7	02:27	46	6	02:01	50	7	02:00	45	6	04:14	52	14	20:25
8		00.04.05	9		00.09.54	9		00.20.05	8		00.27.19	9		00.37.00	9		00.39.27	9		00.41.28	8		00.43.28	8		00.47.42	11		01.08.07
51	10	04:47	100	9	04:05	CL	13	01:17																					
11		01.12.54	10		01.16.59	10		01.18.16																					
11	Pedroncelli Davide		OR. COMO		01.21.11																								
42	9	04:17	40	5	03:16	60	10	11:52	58	12	08:28	53	13	10:51	48	9	02:57	46	11	02:28	50	10	02:41	45	11	06:16	52	13	13:03
9		00.04.17	5		00.07.33	8		00.19.25	9		00.27.53	10		00.38.44	10		00.41.41	10		00.44.09	10		00.46.50	10		00.53.06	10		01.06.09
51	12	06:40	100	12	06:22	CL	14	02:00																					
10		01.12.49	11		01.19.11	11		01.21.11																					
12	Magenes Linda		POL. PUNTO NORD		01.30.38																								
42	13	06:07	40	8	05:35	60	12	14:37	58	14	10:52	53	11	10:18	48	12	04:54	46	12	02:54	50	9	02:27	45	13	09:02	52	11	11:14
13		00.06.07	11		00.11.42	11		00.26.19	11		00.37.11	11		00.47.29	12		00.52.23	12		00.55.17	12		00.57.44	12		01.06.46	12		01.18.00
51	11	06:32	100	11	04:51	CL	11	01:15																					
12		01.24.32	12		01.29.23	12		01.30.38																					
13	Tomiello Elisa		POL. PUNTO NORD		01.32.42																								
42	10	04:52	40	13	08:54	60	11	14:33	58	13	10:49	53	12	10:19	48	13	04:56	46	13	02:55	50	8	02:26	45	12	08:57	52	11	11:14
10		00.04.52	13		00.13.46	12		00.28.19	12		00.39.08	13		00.49.27	13		00.54.23	13		00.57.18	13		00.59.44	13		01.08.41	13		01.19.55
51	13	06:43	100	10	04:48	CL	12	01:16																					
13		01.26.38	13		01.31.26	13		01.32.42																					
14	Guarducci Ruben		STELLA POLARE		02.06.14																								
42	14	06:51	40	9	05:47	60	14	39:48	58	11	08:05	53	14	12:44	48	14	07:55	46	14	09:31	50	13	02:57	45	14	10:25	52	7	07:36
14		00.06.51	12		00.12.38	14		00.52.26	14		01.00.31	14		01.13.15	14		01.21.10	14		01.30.41	14		01.33.38	14		01.44.03	14		01.51.39
51	14	07:06	100	13	06:44	CL	4	00:45																					
14		01.58.45	14		02.05.29	14		02.06.14																					

Categoria: AZZURRO

(Lunghezza 6300 m - Dislivello 130 m - Kmsf 7,60)

Pos.	Nome		Società		Tempo																									
1	Terranova Mirko		POL. PUNTO NORD		00.56.48																									
38	1	03:16	70	1	04:40	72	1	02:01	77	1	02:01	78	1	04:05	64	1	04:35	61	1	01:08	65	1	02:03	63	1	01:33	45	1	08:30	
1		00.03.16	1		00.07.56	1		00.09.57	1		00.11.58	1		00.16.03	1		00.20.38	1		00.21.46	1		00.23.49	1		00.25.22	1		00.33.52	
50	1	02:26	46	1	01:03	48	1	01:03	53	1	01:05	54	1	02:32	52	1	06:09	59	1	03:45	100	1	04:16	CL	1	00:37				
1		00.36.18	1		00.37.21	1		00.38.24	1		00.39.29	1		00.42.01	1		00.48.10	1		00.51.55	1		00.56.11	1		00.56.48				

...Categoria: AZZURRO

Pos.	Nome	Società	Tempo
2	Rompani Fabrizio	NIRVANA VERDE	02.06.46
38	2 09:49	70 2 13:36	72 2 03:21
77	2 03:56	78 2 08:58	64 2 07:11
61	2 01:49	65 2 09:17	63 2 03:35
45	2 09:21	2 00:09.49	2 00:23.25
2 00:26.46	2 00:30.42	2 00:39.40	2 00:46.51
2 00:48.40	2 00:57.57	2 01:01.32	2 01:10.53
50	2 04:09	46 2 02:22	48 2 04:31
53 2 04:11	54 2 04:48	52 2 13:17	59 2 05:05
100 2 16:29	CL 2 01:01		
2 01:15.02	2 01:17.24	2 01:21.55	2 01:26.06
2 01:30.54	2 01:44.11	2 01:49.16	2 02:05.45
			2 02:06.46

Categoria: ESO-CORTO

(Lunghezza 1200 m - Dislivello 25 m - Kmsf 1,45)

Pos.	Nome	Società	Tempo
1	Valnegri Bianca	Senza Società	00.13.50
31	1 02:03	32 1 02:08	33 1 01:40
34 1 02:13	37 1 01:30	100 1 03:08	CL 1 01:08
1 00:02.03	1 00:04.11	1 00:05.51	1 00:08.04
1 00:09.34	1 00:12.42	1 00:13.50	
2	Looney Lucia	Senza Società	00.47.10
31	2 30:03	32 2 02:28	33 2 02:26
34 2 03:04	37 2 01:54	100 2 05:58	CL 2 01:17
2 00:30.03	2 00:32.31	2 00:34.57	2 00:38.01
2 00:39.55	2 00:45.53	2 00:47.10	

Categoria: ESO-LUNGO

(Lunghezza 2600 m - Dislivello 55 m - Kmsf 3,15)

Pos.	Nome	Società	Tempo
1	Casoli Fabio	Senza Società	00.19.41
35	1 02:08	37 4 01:28	34 2 00:54
44 1 01:22	55 3 01:34	57 3 03:25	47 2 02:46
43 1 02:24	100 1 02:48	CL 2 00:52	
1 00:02.08	1 00:03.36	1 00:04.30	1 00:05.52
1 00:07.26	1 00:10.51	1 00:13.37	1 00:16.01
1 00:18.49	1 00:19.41		
2	Di Pace Giorgio	NIRVANA VERDE	00.22.47
35	2 02:29	37 3 01:26	34 4 01:07
44 3 01:36	55 5 01:43	57 5 04:05	47 4 03:16
43 3 02:51	100 5 03:17	CL 5 00:57	
2 00:02.29	2 00:03.55	2 00:05.02	2 00:06.38
2 00:08.21	2 00:12.26	2 00:15.42	2 00:18.33
2 00:21.50	2 00:22.47		
3	Guarino Stefano	UNIONE LOMBARDA S.S.D. A...	00.24.28
35	10 04:48	37 1 01:18	34 2 00:54
44 5 02:14	55 2 01:26	57 2 03:23	47 5 03:30
43 4 02:52	100 4 03:12	CL 1 00:51	
10 00:04.48	5 00:06.06	4 00:07.00	4 00:09.14
3 00:10.40	3 00:14.03	4 00:17.33	3 00:20.25
3 00:23.37	3 00:24.28		
4	Betterle Andrea	Senza Società	00.25.27
35	11 06:13	37 2 01:24	34 1 00:53
44 2 01:28	55 1 01:16	57 1 03:07	47 1 02:36
43 7 04:25	100 3 03:10	CL 4 00:55	
11 00:06.13	9 00:07.37	8 00:08.30	6 00:09.58
4 00:11.14	4 00:14.21	3 00:16.57	4 00:21.22
4 00:24.32	4 00:25.27		
5	Schiavulli Chaibi Giulia Doha	Senza Società	00.30.22
35	15 09:29	37 6 01:51	34 10 01:50
44 10 02:44	55 3 01:34	57 3 03:25	47 3 03:12
43 2 02:28	100 2 02:52	CL 5 00:57	
15 00:09.29	11 00:11.20	13 00:13.10	13 00:15.54
12 00:17.28	8 00:20.53	6 00:24.05	5 00:26.33
5 00:29.25	5 00:30.22		
6	Cappellini Chiara	NIRVANA VERDE	00.33.15
35	6 04:11	37 7 01:58	34 7 01:32
44 4 02:11	55 9 02:34	57 9 05:53	47 7 04:29
43 8 04:28	100 8 04:30	CL 8 01:29	
6 00:04.11	6 00:06.09	6 00:07.41	5 00:09.52
6 00:12.26	6 00:18.19	5 00:22.48	6 00:27.16
6 00:31.46	6 00:33.15		
7	Scheer Stefan	Senza Società	00.37.36
35	7 04:15	37 12 03:14	34 9 01:48
44 11 02:47	55 10 02:46	57 10 05:55	47 9 05:53
43 5 04:10	100 10 04:41	CL 10 02:07	
7 00:04.15	8 00:07.29	9 00:09.17	7 00:12.04
8 00:14.50	7 00:20.45	8 00:26.38	8 00:30.48
8 00:35.29	7 00:37.36		
8	Dottor Matteo	Senza Società	00.38.12
35	3 02:58	37 5 01:45	34 6 01:24
44 6 02:27	55 13 03:29	57 7 05:44	47 16 07:06
43 6 04:23	100 9 04:36	CL 16 04:20	
3 00:02.58	3 00:04.43	3 00:06.07	3 00:08.34
5 00:12.03	5 00:17.47	7 00:24.53	7 00:29.16
7 00:33.52	8 00:38.12		
9	Bellocchio Francesco	Senza Società	00.39.36
35	5 03:39	37 11 02:51	34 11 01:55
44 16 03:54	55 7 02:29	57 13 07:24	47 11 06:23
43 14 05:44	100 7 04:14	CL 7 01:03	
5 00:03.39	7 00:06.30	7 00:08.25	8 00:12.19
7 00:14.48	10 00:22.12	10 00:28.35	10 00:34.19
9 00:38.33	9 00:39.36		
10	Zabeo Giulia	Senza Società	00.40.19
35	14 08:54	37 9 02:29	34 5 01:21
44 9 02:41	55 8 02:33	57 8 05:49	47 8 05:42
43 11 05:02	100 11 04:54	CL 3 00:54	
14 00:08.54	12 00:11.23	12 00:12.44	12 00:15.25
13 00:17.58	12 00:23.47	11 00:29.29	11 00:34.31
10 00:39.25	10 00:40.19		
11	Puerta Pinero Carolina	DALLA CHIESA POL. SESTO C...	00.42.21
35	4 03:13	37 10 02:31	34 8 01:45
44 17 05:11	55 15 03:42	57 6 05:27	47 10 05:59
43 12 05:08	100 16 06:36	CL 13 02:49	
4 00:03.13	4 00:05.44	5 00:07.29	9 00:12.40
10 00:16.22	9 00:21.49	9 00:27.48	9 00:32.56
11 00:39.32	11 00:42.21		

CLASSIFICA

Campionato Regionale Long Data: domenica 22 marzo 2026

Data creazione: 22/03/2026 14:29:23



...Categoria: ESO-LUNGO

Pos.	Nome	Società	Tempo																											
12	Corbetta Stefano	Senza Società	00.44.21																											
35	16	11:52	37	8	02:23	34	12	02:04	44	8	02:38	55	6	02:19	57	12	06:47	47	6	04:26	43	9	04:38	100	6	04:10	CL	14	03:04	
16	00.11.52	14	00.14.15	15	00.16.19	15	00.18.57	14	00.21.16	14	00.28.03	14	00.32.29	14	00.37.07	13	00.41.17	12	00.44.21											
13	Colangelo Clarissa	Senza Società	00.44.42																											
35	9	04:38	37	13	03:16	34	13	02:07	44	12	02:48	55	12	03:27	57	14	07:40	47	13	06:25	43	13	05:35	100	12	05:07	CL	15	03:39	
9	00.04.38	10	00.07.54	10	00.10.01	10	00.12.49	9	00.16.16	13	00.23.56	13	00.30.21	13	00.35.56	12	00.41.03	13	00.44.42											
14	Carissimi Luca	Senza Società	01.04.21																											
35	13	07:38	37	14	04:10	34	16	03:22	44	14	03:44	55	14	03:34	57	18	12:15	47	17	09:48	43	18	11:02	100	17	06:43	CL	9	02:05	
13	00.07.38	13	00.11.48	14	00.15.10	14	00.18.54	15	00.22.28	15	00.34.43	15	00.44.31	15	00.55.33	14	01.02.16	14	01.04.21											
15	Cantoreggi Martina	Senza Società	01.15.12																											
35	8	04:35	37	15	29:01	34	14	02:35	44	15	03:53	55	17	03:45	57	16	08:23	47	14	06:42	43	16	07:33	100	14	06:08	CL	12	02:37	
8	00.04.35	15	00.33.36	16	00.36.11	16	00.40.04	16	00.43.49	16	00.52.12	16	00.58.54	16	01.06.27	15	01.12.35	15	01.15.12											
16	Pinzetta Loredana	VARESE OR.	01.16.47																											
35	12	06:26	37	16	29:06	34	15	02:50	44	13	03:39	55	15	03:42	57	17	08:28	47	15	06:48	43	17	07:36	100	13	06:01	CL	11	02:11	
12	00.06.26	16	00.35.32	17	00.38.22	18	00.42.01	18	00.45.43	18	00.54.11	17	01.00.59	17	01.08.35	16	01.14.36	16	01.16.47											
-	Bouter Anne	Senza Società	Punz. Errata																											
31	-	04:15	35	-	00:54	34	17	06:48	44	7	02:29	55	11	02:48	57	11	06:11	47	11	06:23	43	10	04:42	37	-	04:58	100	-	02:49	
-	00.04.15	-	00.05.09	11	00.11.57	11	00.14.26	11	00.17.14	11	00.23.25	12	00.29.48	11	00.34.30	-	00.39.28	-	00.42.17											
PE	-	00:57																												
17	00.43.14																													
-	Palumbo Ilaria	Senza Società	Punz. Errata																											
31	-	04:05	35	-	13:48	37	-	06:35	44	18	15:54	55	18	05:07	57	15	08:15	47	18	10:45	43	15	06:21	100	15	06:10	100	-	00:04	
-	00.04.05	-	00.17.53	-	00.24.28	17	00.40.22	17	00.45.29	17	00.53.44	18	01.04.29	18	01.10.50	17	01.17.00	-	01.17.04											
PE	-	02:02																												
18	01.19.06																													