



INTERNATIONAL ORIENTEERING FEDERATION



March 29, 2025

To: IOF Member Federations

EDUCATION REQUIREMENTS FOR NATIONAL FEDERATIONS IN ACCORDANCE WITH IOF'S ANTI-DOPING RULES

Clean sport education is a cornerstone for clean sport. As a strategy measure, education aims to empower Athletes and others to play clean, and to encourage behaviours in line with the principles and values of clean sport. The International Orienteering Federation (IOF) is bound by the World Anti-Doping Code to plan, implement and promote education, and it remains committed to safeguarding Athletes' health and the integrity of its sport. As part of the global anti-doping movement led by the [World Anti-Doping Agency \(WADA\)](#), The IOF is also part of a collaborative worldwide movement for doping-free sport. In line with this, all IOF National Federations (NFs), under the IOF must understand and recognize their role and put into place the rules, policies and systems necessary to fulfil their duties under the IOF Anti-Doping Rules. NFs are also accountable for providing anti-doping education in coordination with their National Anti-Doping Organisation (NADO) to ensure Athletes receive guidance on clean sport.

The International Standard for Education (ISE), adopted by WADA in 2021, outlines the mandatory education standards, and is accompanied by comprehensive guidelines. The ISE states that "A key underlying principle of the International Standard for Education is that an Athlete's first experience with anti-doping should be through Education rather than Doping Control". Therefore, we must all work together to support this educational approach.

We are writing to thank you for your support in 2024 and to further remind you of the support available to you in clean sport education to assist you in fulfilling these responsibilities. Through the IOF's partnership and investment with the International Testing Agency (ITA) and ITA's additional activities, you and your sporting communities can naturally benefit from and take advantage of a wide range of educational opportunities and resources. We encourage you to actively engage in these programs to promote clean sport. These include:

1. The ITA PUBLIC Webinars

The ITA offers a 60-minute webinar series on a key clean sport topic designed for Athletes and Athlete Support Personnel. Previous sessions have included topics such as “Clean Sport 101”, “A coach’s role in clean sport”, “Proactive Reporting: Your Questions Answered”, and “What you need to know for 2025”. The sessions are delivered in English, with simultaneous translation in Arabic, French, Russian and Spanish.

As a partner of the ITA, we receive this information directly and share it with you. **We strongly encourage you to disseminate this to your Athletes and Athlete Support Personnel by email or at minimum by posting the social media banners prepared for you.** This is an efficient and easy way to have clean sport “touch points” with your communities in 2025. Recordings of previous sessions can be found [here](#).



2. TAILORED WEBINAR

In 2025, one sport-specific custom webinar on clean sport education for the orienteering community will be hosted, covering specific topics for particular target groups. In due course, we ask for your support and promotional efforts in promoting it to the relevant sections of your community to enable them to understand and follow IOF’s Anti-Doping Rules.

3. The ITA Athlete Hub

[This website](#) provides information on a variety of topics, **supports your Athletes and Athlete Support Personnel with important administrative tasks such as advice on using ADAMS through the ADAMS & Whereabouts quick reference card and understanding the TUE process via the ITA’s TUE Assistant, and gives them access to a comprehensive collection of resources and video tutorials.** Also, both you and your Athletes can stay informed by checking the ITA’s posts and [subscribing to the ITA newsletter](#) for the latest updates on clean sport news.

4.

REVEAL

In addition to your direct anti-doping responsibilities, we all, as members of the sport community, have a responsibility to be proactive in supporting and keeping our sport clean. This is where proactive reporting on doping comes in. All information provided about doping or potential doping in sport is essential, no matter how big or small. [REVEAL](#) is the ITA's secure reporting platform. Any information provided is confidential and can be anonymous, and the identity of anyone who proactively reports information is protected.

To report in any language, there are three convenient options – all secure and confidential, and anonymous if preferred:

- Use the ITA's online webform platform
- Send an anonymous WhatsApp
- Send an anonymous email

Finally, additional support may also come from WADA's Anti-Doping Education and Learning platform (ADEL). It is freely available to anyone and hosts a range of e-learning courses, many available in multiple languages. Please encourage Athletes, coaches, medical personnel and other support personnel to take advantage of this resource – they simply need to register for a free account.

As mentioned above, we of course also ask you to work with your NADO on educational programs for your Athletes, a requirement as per Article 20.3.13 of the World Anti-Doping Code, which requires you to conduct clean sport education in coordination with the applicable NADO.

Finally, a kind reminder that the 2025 Prohibited List has entered into force starting 1 January 2025, and can be accessed [HERE](#). Please ensure to remind your communities that the information is disseminated to your Athletes and Athlete Support Personnel. Please feel free to contact me for any further information.

We hope this information is helpful and thank you for your commitment to clean sport.

Sincerely,



Sondre Gullord

IOF Secretary General