

BULLETIN 1

Night Sprint Event

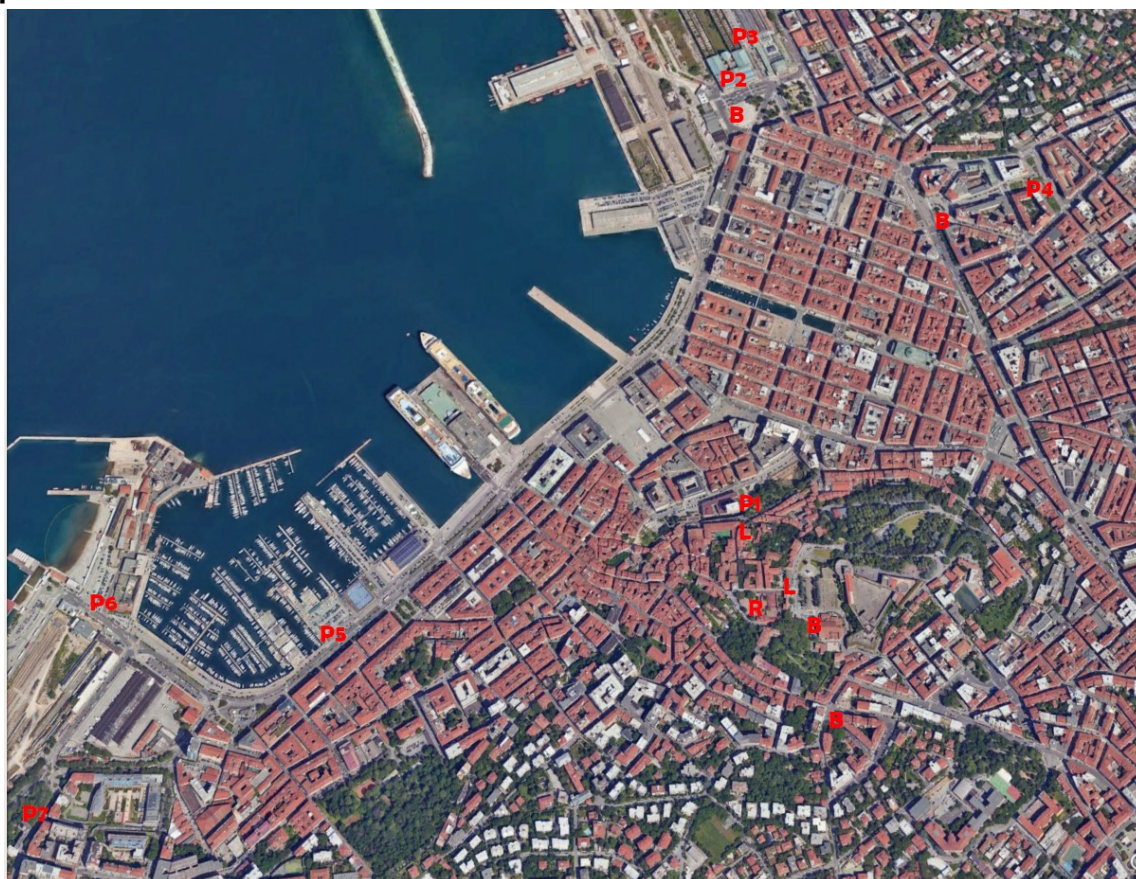
Regional Championship FVG – SSOL 1

Trieste, Saturday 23rd November 2024

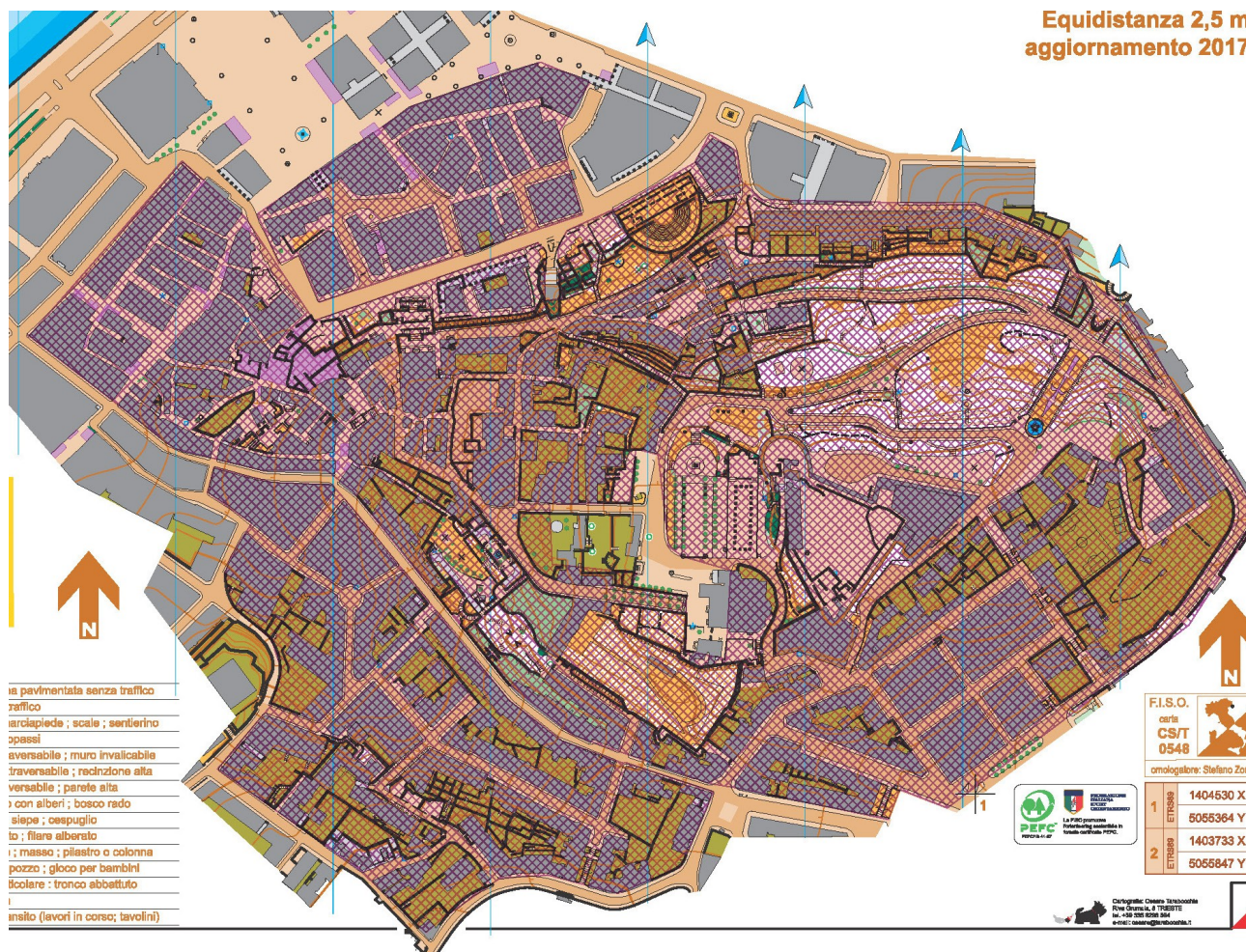
Gruppo Orientamento CAI XXX Ottobre and Orienteering Trieste ASD welcome all the competitors to the Night Sprint Event valid as Regional Championship FVG and first stage of SOZ National Sprint League SSOL. The event is organized in partnership with Trieste Municipality.

Competition Center: from 16:00 at Youth Center “E. Toti”, via del Castello 1 (<https://maps.app.goo.gl/YR2cg3Kx4SU1D3s18>). **Competitors are not allowed to reach the competition center walking through competition area.**

Parking: It's strictly recommended to use the public lift of Park San Giusto (P1-L) that starts from via del Teatro Romano and brings people on the top of the Hill of San Giusto (L), just a few meters from Meeting Place (R). In addition to Park San Giusto, in the town center you can park also at Park Foro Ulpiano (P4) (Bus n. 15 e 16), Park Silos (P2) e Park via Flavio Gioia (P3) (Bus n. 24). From parking areas near the “Rive” and “Campo Marzio” you can reach the Meeting Place with Bus nr. 15 or 16. **Parking inside competition area is forbidden.**



Embargo: from 12.00 of competition day it is forbidden to all competitors to walk or drive through competition areas shown as forbidden areas on the map. Only competitors living inside the embargoed areas can walk to the Competition Center.



Competition Office: from 16.00 to 17.00 at Competition Center

Entries: FISO competitors should submit entries online on FISO website by **23:59 on Monday 18.11.2024**. OSZ competitors and competitors from other Federations should submit entries on <http://www.orienteeringonline.net/> with the same deadline. On competition day entries will be accepted for non competitive classes only and as long as printed maps are available.

Classes: Valid for FVG Night Sprint Regional Championship: MW12, MW14, MW16, MW18, MW Elite, MW35+, MW45+, MW55+ e MW65+. Non Competitive classes: Esordienti, Direct, MW10.

Valid for SSOL: MŽ10, MŽ12, MŽ14, MŽ16, MŽ18, MŽ21, MŽ35, MŽ45+, M55 and M65+. Non competitive classes: Začetniki (Esordienti), Open (Direct).

Entry Fees:

According to FISO FVG rules, FISO competitors:

MW10, MW12, MW14, MW16, Esordienti, Direct: € 5,00.

MW18, MW Elite, MW35, MW45, MW55, MW65: € 9,00.

According to OSZ, OZS competitors:

MŽ10, MŽ12, MŽ14, MŽ16, MŽ18, Začetniki, Open: **€ 7.00**

MŽ21, MŽ35, MŽ45, M55, M65: **€ 14,00**

Competitors from Federations different than FISO and OSZ will pay entry fee as for FISO competitors.

It is recommended to pay entry fees with bank payment to: **Gruppo Orientamento CAI XXX OTTOBRE ASD**, IBAN **IT70W0200802213000100583896** . Please send copy of the payment to info@or30ottobre.it or show it to the competition office on the day of the event.

Punching Sytem: Sport Ident SIAC and AIR+. It will be possible to rent SI Cards at Competition Office on the day of the event at the cost of 2 €. Competitors missing rented SI Card should repay its full value (about 35 €).

Competitors from OZS in classes MW16 e MW18 can rent SIAC AIR+ for free upon request to be sent together with entries.

Map: Trieste Centro Storico, scale 1:4.000, Contour interval 2,5 m. Re-mapped 2024, ISSprOM 2019. Maps will be printed on waterproof paper. Control descriptions will be printed on the map and will be available at the start.

Terrain: Urban area. Competition area is mainly in the old town with narrow streets where no traffic or only limited access to cars is allowed. But be careful: some controls are on larger roads open to traffic and pay attention when crossing main roads. Competitors who will not respect Traffic Rules can be disqualified.

Competition time on Saturday afternoon – evening is peak hour for bar and restaurants; many of them have tables on the streets and the surrounding areas can be very crowded. Please be respectful of people entertaining and working there.

Course distances:

CLASS	DISTANCE (km)	CLIMB (m)	KMSF	CONTROLS
ESO / ZAC	1,23	60	1,83	11
M10	1,04	50	1,54	11
M12	1,23	60	1,83	11
M14	1,74	90	2,64	14
M16	1,99	110	3,09	15
M18	2,44	135	3,79	17
M35	2,91	145	4,36	21
M45	2,44	135	3,79	17
M55	2,44	135	3,79	17
M65	1,99	110	3,09	15

ME	3,15	135	4,5	20
DIRECT /OPEN	1,99	110	3,09	15
W10	1,04	50	1,54	11
W12	1,23	60	1,83	11
W14	1,74	90	2,64	14
W16	1,74	90	2,64	14
W18	1,99	110	3,09	15
W35	2,44	135	3,79	17
W45	1,99	110	3,09	15
W55	1,99	110	3,09	15
W65	1,74	90	2,64	14
WE	2,91	145	4,36	21

USE OF HEADLAMP OR FLASHLIGHT IS COMPULSORY FOR ALL COMPETITORS.

Start: 100 m from Competition Center. First start at 17.30, with starting time for all classes.
From Maps to Start Control 30-40 meters (marked route)

Finish: Maps have to be handed to organizers on the finish line and will be available at Competition Center after the last start. Please remember to go to Competition Office to download the SI Card as soon as possible, even if you give up the race before finish. On the way from Finish to Competition Center please go up near the start and don't go back through competition area.

Time limit: 1h 30 min for all courses

Prize giving ceremony: At Competition Center approximately at 20.00

Organizing Committee:

FISO Event Advisor: Renato Pelessoni

OZS Event Advisor: Igor Bončina

Competition Director: Elena Margiore

Course setter: Enrico Cimador

Controller: Mita Crepaz

Start: Piero Giudici

Finish: Donatella Gratton

Competition Office: Luana Favretto

Results: Lucia Zacchigna

Prize giving Ceremony: Donatella Gratton

Surveillance: AGESCI TRIESTE

First Aid: AMBULANCE SERVICE



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