

# ORIENTEERING INTERNATIONAL COMPETITION

# ARGE ALP 2023

FOLGARIA & LAVARONE  
ALPE CIMBRA, TRENTINO

# PROGRAM

## v. 13.10

Saturday 14th October 2023 - Arge Alp RELAY  
Folgaria Francolini (TN)

Sunday 15th October 2023 - Arge Alp INDIVIDUAL  
Lavarone Bertoldi (TN)

## REGIONS:



Guest Regions: Baden-Württemberg, Piemonte and Veneto

**AREA OVERVIEW**



## ORGANIZING REGION

Provincia autonoma di Trento

## ORGANIZING TEAM

Gronlait Orienteering Team A.S.D.

Via C. Battisti 48 - Folgaria (TN)

[www.gronlait.it](http://www.gronlait.it)

Email: [info@gronlait.it](mailto:info@gronlait.it)

Contact: Fabrizio Boneccher, phone number +39 3482649097

## WEB PAGE

<https://app.liveresults.it/event/argealp2023>

RELAY

<https://www.fiso.it/it/gara/2023293>

INDIVIDUAL

<https://www.fiso.it/it/gara/2023294>

## EVENT CENTER (EC)

Via Nazioni Unite, 51

Folgaria (TN)

GPS Coordinates: 45.913992, 11.173618

## TOURIST INFO

Azienda per il turismo Alpe Cimbra

Phone Number +39 0464 724100

Email: [incoming@alpecimbra.it](mailto:incoming@alpecimbra.it)

## ARGE ALP RELAY

### Folgaria Francolini - Saturday 14th October 2023

#### PROGRAM

Secretary Opening: 11:45 (Folgaria, Arena Francolini)

Changeover Demonstration: 13:00

First Start: 13:30

Mass-start for Late Runners: 15:45

Team Leaders Meeting: 17:30 (Folgaria, Via Roma 67)

Opening Ceremony Arge Alp Orienteering: 18:30 (Folgaria, Piazza Marconi)

Prize-giving Ceremony Relay: following

Social Dinner: 19:45 (Folgaria, Event Center)

#### SECRETARY

The race secretary will open at 11.45 at the Francolini arena, Folgaria. Each delegation will receive an envelope containing the bibs and meal vouchers for both Saturday dinner and Sunday lunch. Each delegation is asked to pay the total sum of dinner and lunch for all its athletes and companions (no payments by single people) in cash, card or by showing the receipt of the bank transfer made previously. At the secretary it will be possible to settle bills for hotel reservations with APT Alpe Cimbra.

#### OPENING CEREMONY ARGE ALP ORIENTEERING

Saturday 14th October 2023 (Folgaria, Piazza Marconi)

18:30

There will be a parade of all the regions with their respective flags, we ask a representative for each region (flag bearer) to show up at 18.20 for the explanation of the parade by the organizers

#### SOCIAL DINNER (to book)

Saturday 14th October 2023 (Folgaria, Event Center)

Price: 22€

Menù: Canederli and Gulash, Dessert, Water or Soft Drinks.

Beer (only for >18) a side, not included in the menù.

Two representatives from each region will be guests for the dinner at the VIP table with the local authorities.

#### ORGANIZING COMMITTEE

Event Director	Fabrizio Boneccher
Course Setter	Samuele Tait
Course Controller	Alessio Dalfollo
Secretary & IT	Ivano Bettega, Federico Bruni, Paola Donà
Speaker	Stefano Galletti
Race Jury	Fabrizio Boneccher, Samuele Tait, Tirol Team Leader

## ARENA and PARKING

Francolini - Folgaria (TN)

GPS Coordinates: 45.905378, 11.186157

## CLASSES

3 legs: H/D -14, H/D -18, H/D ELITE, H/D 35+, H/D 45+, H/D 55+, OPEN

2 legs: H/D -12

## ENTRY DEADLINE

23.59, Thursday 5th October 2023, via "Official Entry Form"

Last deadline for changes to relay names is 12.30 on Saturday 14th October

Regions are also asked to fill in the Official Entry Form with reservations for the **"Social Dinner"** (Saturday 14 October at the EC) and for **lunch** (Sunday 15th October in the arena). Please let us know the exact number of people eating and any special needs (celiac disease, lactose intolerant, vegans/vegetarians and more).

## PUNCHING SYSTEM AND TIME KEEPING

Sport Ident Air+

It will be possible to rent SI-Card (non SIAC) for 5 € per competition

## MAP

"Costa di Folgaria"

CO 0328

Realization 2019-2023

Cartography: Augusto Cavazzani (August 2019) e Viktor Kirianov & Yevgen Mazur (July 2023)

Scale 1:10.000, Contour Interval 5 m, ISOM 2017-2, Format A4

## TERRAIN

The race terrain is typical alpine, there are open areas used for grazing and a few areas with fallen trees. There may be new tractor tracks not marked on the map. Good to excellent runnability, good to excellent visibility. The altitude is between 1200 and 1450 m above sea level.

## START

In the arena. Triangle on the map is 330 m away from the real start. The marked route to the start triangle will not be visible on the map.

Changeover Demonstration at 13:00. Mass starts at:

**1° Mass Start** (13:30) - D14, HE, H45

**2° Mass Start** (13:37) - H12, DE, D35, H55

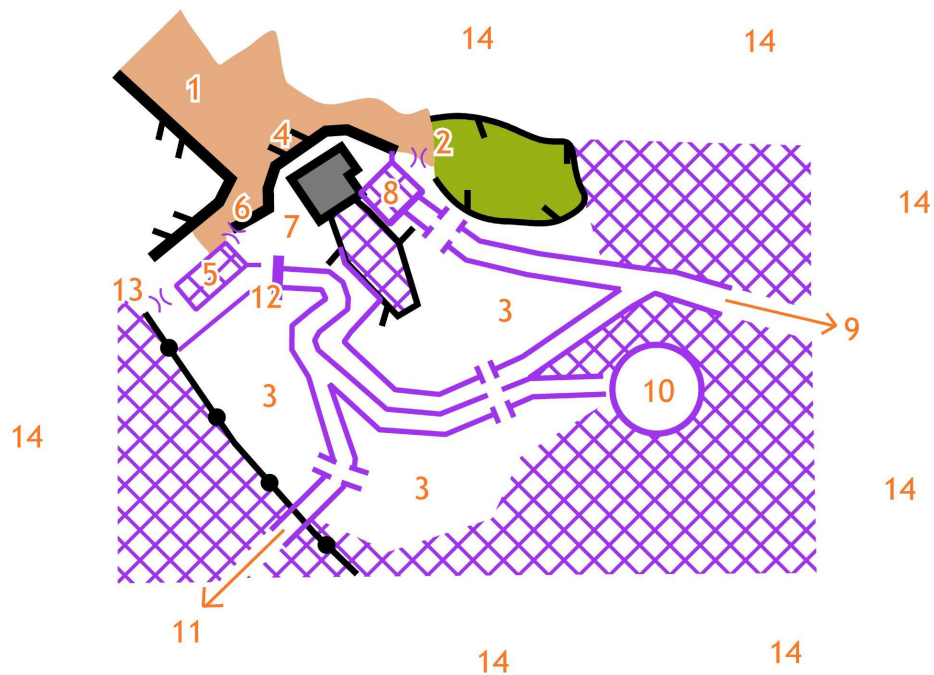
**3° Mass Start** (13:45) - H14, D18, H35, D45

**4° Mass Start** (13:52) - D12, H18, D55, OPEN

The athletes of each mass start have to start the Clear and Check procedures and collection of their rolled up map (it is forbidden to open the map before the start for the first runners or the touch of their partner for the second and third runners) starting from **-15 minutes** from your departure. Within **-7 minutes** of their start, each athlete must already be positioned on the starting line of their category which will be marked with signs.

## ARENA LAYOUT

There will be a spectator control approximately 3-8 minutes before the end of the race. All categories except H and D12 will pass through spectator control and last control (code 100) twice, the first time for the passage into the arena they will take (at the crossroads) the left corridor towards the forest, while the second time the right corridor towards the finish line. H12 and D12 will not have the arena passage but will take the finish corridor directly from the spectator control.



### Arena Layout Legend

- 1) Bus Parking (cars parkings are from 100 to 200 m from the arena)
- 2) Arena Entrance
- 3) Tents Area
- 4) WC
- 5) Secretary, SI Read Out, Speaker, Refreshment
- 6) Start Area Entrance (Clear and Check)
- 7) Changeover Area (there will be a gazebo where the athletes will collect their rolled up map)
- 8) Mass Start Area for First Leg Runners
- 9) Direction to start triangle
- 10) Spectator Control & Last Control
- 11) Direction to the last loop after Arena Passage
- 12) Finish
- 13) Mandatory Exit from Finish Area
- 14) Race Area

## NUMBER BIBS

For both races the same bib will be used and will be given to the heads of delegation in the secretary on Saturday 14th October before the relay race. The bib must be fixed clearly visible in the front part of the torso, no creases or covers. No pins will be available from the organization (bring your own pins). For the relay race the bib number will have the leg number as its first digit and the remaining ones will be the bib number which will also be found on the map (see example below, bib on the left and category and bib indication on the map on the right).



DE

121.1

## CONTROL DESCRIPTION

Only on the map. Symbol type.

## MAP COLLECTION

At the Finish the maps will be collected, the athletes will have to insert their map into the bag of their respective region.

## MAXIMUM TIME

At 15:45 Mass-Start for late runners. At 17:00 flags will be collected.

## FINISH

Once the Finish station has been punched, the athlete must move towards the data download station in the shortest time possible. After reading out your SiCard and collecting the printout of the split times, exit from the finish area must be immediate. Requests for clarification for any punching errors (PM, PE) can be discussed with the data processing manager.

Please remember that, even in case of withdrawal, it is mandatory to pass through the finish line and read out your SiCard.

## REFRESHMENT

There will be water available at the finish, please bring your own water bottle or glass.

## LIVERESULTS

<https://app.liveresults.it/event/argealp2023>

## NOTES

In the competition area there may be new cutten areas and recent tractor tracks not marked on the map.



## COURSES DATA

### RELAY

CLASS	LENGTH	CLIMB	CONTROLS	CLASS	LENGTH	CLIMB	CONTROLS
H 12	2,3	90	8	D 12	2,2	70	7
H 14	3,0	140	11	D 14	2,8	120	9
H 18	4,3	230	15	D 18	3,6	200	12
H E	5,0	310	18	D E	4,1	250	12
H 35	4,4	240	13	D 35	3,4	190	11
H 45	3,9	220	12	D 45	3,3	170	10
H 55	3,5	160	12	D 55	2,9	110	10
OPEN (1st and 2nd leg)	3,0	150	9	OPEN (3rd leg)	3,4	180	10

## ARGE ALP INDIVIDUAL

Lavarone Bertoldi - Sunday 15th October 2023

### PROGRAM

Secretary Opening: 8:30 (Lavarone Arena Bertoldi)

First Start: 9:30 (Lavarone Arena Bertoldi)

Prize-giving Ceremony (Individuals and Teams), Closing Ceremony: 13:30 (Lavarone, Arena Bertoldi)

### SECRETARY

Will be open at 8.30 in the Bertoldi arena, Lavarone.

### LUNCH (to book)

Sunday 15th October 2023 (Lavarone, Arena Bertoldi)

Price: 10€

Menù: Lasagne, Water.

Beer (only for >18) a side, not included in the menù.

### ORGANIZING COMMITTEE

Event Director Fabrizio Boneccher

Course Setter Alessio Dalfollo

Course Controller Samuele Tait

Secretary and IT Ivano Bettega, Federico Bruni, Paola Donà

Speaker Stefano Galletti

Race Jury Fabrizio Boneccher, Alessio Dalfollo, Tirol Team Leader

### ARENA and PARKING

Bertoldi - Lavarone (TN)

GPS Coordinates: 45.949573, 11.264806

### CLASSES

H/D -12, H/D -14, H/D -16, H/D -18, H/D -20, H/D ELITE, H/D 35+, H/D 40+, H/D 45+, H/D 50+, H/D 55+, H/D 60+, OPEN SHORT (beginners), OPEN MIDDLE, OPEN LONG

### ENTRY DEADLINE

23.59, Thursday 5th October 2023, via "Official Entry Form"

Regions are also asked to fill in the Official Entry Form with reservations for the **"Social Dinner"** (Saturday 14 October at the EC) and for **lunch** (Sunday 15th October in the arena). Please let us know the exact number of people eating and any special needs (celiac disease, lactose intolerant, vegans/vegetarians and more).

### PUNCHING SYSTEM AND TIME KEEPING

Sport Ident Air+

It will be possible to rent SI-Card (non SIAC) for 5 € per competition

## **MAPPA DI GARA**

"Lavarone"

Realization 2011-2023

Cartography: Sergey Skipko & Sergey Pozdeev & Gennady Yashpatrov (2011), Viktor Kirianov & Yevgen Mazur (July 2023)

Scale 1:10.000, Contour Interval 5 m, ISOM 2017-2, Format 225 x 320 mm

## **TERRAIN**

The race terrain is typical alpine, partly fir forest and partly beech forest, there are open areas used for pasture and many areas with fallen trees. There may be new tractor tracks not marked on the map. Runnability from limited to excellent, visibility from limited to excellent. The altitude is between 1100 and 1400 m above sea level.

## **START**

15-20 min walking from the arena. Start triangle is 210 m from the real start. Interval Start.

Entrance in the start area will be at minute -3 (clear and check).

## **NUMBER BIBS**

For both races the same bib will be used and will be given to the heads of delegation in the secretary on Saturday 14th October before the relay race. The bib must be fixed clearly visible in the front part of the torso, no creases or covers. No pins will be available from the organization (bring your own pins).

## **CONTROL DESCRIPTION**

Both on the map and loose (available at the start, box -2 minutes). Symbol type.

## **MAP COLLECTION**

At the Finish the maps will be collected, the athletes will have to insert their map into the bag of their respective region.

## **MAXIMUM TIME**

2 hours

## **FINISH**

Once the Finish station has been punched, the athlete must move towards the data download station in the shortest time possible. After reading out your SiCard and collecting the printout of the split times, exit from the finish area must be immediate.

Requests for clarification for any punching errors (PM, PE) can be discussed with the data processing manager.

Please remember that, even in case of withdrawal, it is mandatory to pass through the finish line and read out your SiCard.

## REFRESHMENT

There will be water available at the finish, please bring your own water bottle or glass.

Refreshment is provided during the race (water) at public fountains (unmanned), marked on the map with the appropriate symbol (n°311) and highlighted with the refreshment point symbol (n°713), as in the example.



## LIVERESULTS

<https://app.liveresults.it/event/argealp2023>

## NOTES

In the competition area there may be new cutten areas and recent tractor tracks not marked on the map.

## COURSES DATA

### INDIVIDUAL

CLASS	LENGTH	CLIMB	CONTROLS	CLASS	LENGTH	CLIMB	CONTROLS
H 12	2,3	60	8	D 12	2,3	60	8
H 14	3,1	100	12	D 14	3,1	100	12
H 16	5,4	210	9	D 16	4,1	160	11
H 18	6,5	290	12	D 18	5,4	210	9
H 20	7,4	380	14	D 20	5,8	240	9
H E	9,0	430	15	D E	6,5	290	12
H 35	7,4	380	14	D 35	4,6	190	9
H 40	7,4	380	14	D 40	4,6	190	9
H 45	6,5	290	12	D 45	4,1	160	11
H 50	5,8	240	9	D 50	4,1	160	11
H 55	5,4	210	9	D 55	3,2	90	10
H 60	4,6	190	9	D 60	3,2	90	10
OPEN S	2,3	60	8	OPEN M	3,2	90	10
OPEN L	5,8	240	9				