



FEDERAZIONE
ITALIANA
SPORT
ORIENTAMENTO

06th MAY 2023 – MTB-O Italian Championship Sprint Distance WRE

CATEGORIES AND COURSE LENGTH

Competitive classes: M/W 12, M/W14, M/W17, M/W20, M/W ELITE, M/W40, M/W50, M/W60, M70.

Not competitive classes: BEGINNERS, DIRECT

COURSE	LENGTH	CLIMB		COURSE	LENGTH	CLIM
M12	2,8 km	20 m		W12	2,8 km	20 m
M14	4,3 km	30 m		W14	4,3 km	30 m
M17	7,8 km	50 m		W17	4,3 km	30 m
M20	9,5 km	70 m		W20	7,4 km	50 m
M Elite	11,1 km	90 m		W Elite	9,5 km	70 m
M40	9,5 km	70 m		W40	7,8 km	50 m
M50	7,8 km	50 m		W50	7,4 km	50 m
M60	7,4 km	50 m		W60	4,3 km	30 m
M70	4,3 km	30 m				
Beginners	2,8 km	20 m		Direct	4,3 km	30 m

Merging categories: in case of a low number of entries, some of the planned categories could be deleted or merged.

MAX RACE TIME: 1h 15'



FEDERAZIONE
ITALIANA
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07th MAY 2023 – MTB-O Italian Cup Middle Distance WRE

CATEGORIES AND COURSE LENGTH

Competitive classes: M/W 12, M/W14, M/W17, M/W20, M/W ELITE, M/W B, M/W40, M/W50, M/W60, M70.

Not competitive classes: BEGINNERS, DIRECT

COURSE	LENGTH	CLIMB		COURSE	LENGTH	CLIM
M12	3,25 km	10 m		W12	3,25 km	10 m
M14	4,2 km	20 m		W14	4,2 km	20 m
M17	13,5 km	130 m		W17	5,5 km	20 m
M20	16,0 km	130 m		W20	9,4 km	60 m
M Elite	18,5 km	180 m		W Elite	16,0 km	130 m
M21B	9,4 km	20 m		W21B	5,5 km	20 m
M40	16,0 km	130 m		W40	9,4 km	60 m
M50	13,5 km	130 m		W50	5,5 km	20 m
M60	9,4 km	60 m		W60	5,5 km	20 m
M70	5,5 km	20 m				
Beginners	3,25 km	10 m		Direct	5,2 km	20 m

Merging categories: in case of a low number of entries, some of the planned categories could be deleted or merged.

MAX RACE TIME: 1h 30'