







2° MEMORIAL NAZZARENO MENIS



**BULLETIN N. 1** 





It is an honour for the town of Palmanova to host the races of the Italian MTBO Sprint Championship - WRE. The walls of Palmanova, a UNESCO World Heritage Site since 2017, are a unique setting for sporting competitions. The nature and history surrounding the star-shaped fortress of Palmanova are an evocative place to experience by bike as well as on foot, by running or horseback riding. It is an unspoilt space where you can walk and live in the open air. The vast green meadows, over 1.5 million square metres wide, and the three circles of Venetian and Napoleonic walls with their centuries of history, will be the setting of such a great sporting event.

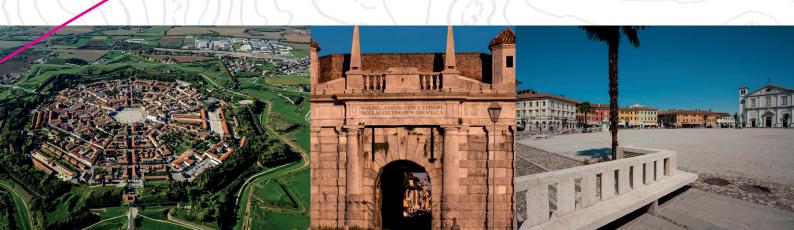
In recent years, the Municipal Administration of Palmanova has been very committed to enhancing its most precious asset, by clearing the Bastions of the vegetation, making large fortified areas suitable for visiting, creating a tourist offer and promoting the city as a national and international tourist destination.

The star-shaped town hosts competitive and amateur competitions throughout the year, including running events, mountain biking and equestrian competitions. All these disciplines enhance the combination of the scenography of our World Heritage Site ramparts and the sporting expression.

We would like to thank the FVG Regional Committee of the Italian Orienteering Federation for choosing Palmanova. We will be delighted to welcome the athletes to the town, admiring their top sporting performances.

Giuseppe Tellini Mayor of Palmanova

Thomas Trino
Board Councilor
for Sport of Palmanova



# RAGOGNA



It is a real pleasure to extend my own greetings and those of the entire Ragogna Municipal Administration and of the citizens that I have the honour to represent to the FISO FVG Regional Committee and to all the participants in the sports event. We particularly appreciate your choice to organise such an important race in our municipal territory.

I hope this event will allow you to discover and appreciate the various beautiful things that our municipality can offer.

Ragogna, according to all the visitors we have hosted at different times and moments, represents almost a small compendium of the universe. In a territory that is only 22 square kilometres wide you can find the Tagliamento River, called the king of Alpine rivers, the Ragogna Mountain, which is the highest hill in Italy, the Ragogna Lake, that is an important example of a morainic lake, the hills and the plain. This important environmental and landscape reality makes our municipality the "Land of a Hundred Horizons", because in each of its corners the panorama changes, the horizon and the perspective change. In addition to this aspect, another important reality, linked to our history and historical sites, characterises our area. In fact, some evidence of agricultural settlements dating back to the "Ancient Neolithic / Recent Mesolithic" periods has been found near the lake, a clear indicator that this area has been a privileged habitat since ancient times. Besides, in the hamlet of San Pietro, there is the Ragogna Castle, whose oldest nucleus dates back to the Romanesque period and was mentioned by Venanzio Fortunato (6th century A.D.) and Paolo Diacono (8th century A.D.).

In more recent times the "Battle of Mount Ragogna" took place between the end of October and the beginning of November 1917, after the defeat of Caporetto. This little-known wartime episode, the Battle of Ragogna, allowed the Italian army to deploy on the River Piave, avoiding defeat and



limiting losses. To commemorate this event and the living conditions of the soldiers during the First World War in this area, our municipality has created, with the contribution of the European Community, what is now an important and well-known Great War Museum. It is divided into two parts. The first one is located outdoors, in various areas of the municipal territory, and particularly on our mountain, where the remains of the Great War are visible (trenches, gun emplacements, barracks, etc.). The second part is housed in the Museum building, located in the administrative centre, which consists of a number of rooms containing, among other things, an interesting model reproducing the scenario of the battle of Mount Ragogna. It contains also various exhibits, as well as a modern didactic itinerary, which is aimed at making people understand the events of the First World War on the Tagliamento front.

In short, genuine excellences, still unknown to many, that enrich our territory. Ragogna offers very special, truly unique historical, cultural and naturalistic moments to visitors.

I renew our warm welcome to all of you and wish you a pleasant stay in this 'oasis' of nature, history and fragrant flavours.





# 2 DAYS OF MTB-ORIENTEERING BULLETIN N. 1

6th of MAY 2023

MTB-O Italian Championship Sprint Distance WRE - Palmanova (UD)

7<sup>th</sup> of MAY 2023

MTB-O Italian Cup Middle Distance WRE - Ragogna (UD)

## **ORGANISATION**

Event Organiser Comitato FISO FVG

President: Zambiasi Clizia IOF Advisor: Mario Ruggero

Event Directors: Clizia Zambiasi & Mauro Nardi Mapmakers: Remo Madella & Flavio Mattioni Course setters: Remo Madella & Clizia Zambiasi

Email: comitato@fisofvg · Website: fisofvg.it

# **ENTRIES (for MTB-O competitions)**

Accepted only online, within Monday the 1st of May 2023:

WRE athletes: IOF eventor website <a href="https://eventor.orienteering.org/Events">https://eventor.orienteering.org/Events</a>

Italian athletes: FISO website <a href="https://www.fiso.it/gar\_lista.php">https://www.fiso.it/gar\_lista.php</a>
Foreign athletes: <a href="https://www.orienteeringonline.net/">https://www.orienteeringonline.net/</a>

# **Entry fees (for MTB-O competitions)**

M/W 17 and younger: € 7,00 M/W20 and older: € 12,00 BEGINEERS, DIRECT: € 7,00

#### Bank account

Comitato FISO FVG

Banca Popolare di Cividale

IBAN: IT56F0548464890CC0700421021 - codice bic swift: civiit2c.

Please send copy of payment receipt to Comitato FISO FVG (comitato@fisofvg.it) as soon as possible before Friday 05th May 2023.





# 06<sup>th</sup> MAY 2023 MTB-O Italian Championship Sprint Distance WRE

### **EVENT CENTER**

"Polisportivo Bruseschi", via Tolmezzo 35, 33085 Palmanova. 46.163593, 12.719038

Event office opening at 13:30

**Parking:** all competitors must park near the "Polisportivo Bruseschi", in an area that has been reserved for the competition, 100 m far from the event center. Please, follow the instructions given by the parking attendants.

# **RACE MAP**

"Palmanova", Spring 2023, scale 1:7,500, contour interval 5 m. Type of terrain: open areas are prevalent, with dense network of paths and tracks.

## **START**

First start: 15:00

Start point is 2' from the event center (0,5 km)

#### **CATEGORIES**

Competitive classes: M/W 12, M/W14, M/W17, M/W20, M/W ELITE, M/W B, M/W40, M/W50, M/W60, M70.

Non-competitive classes: BEGINNERS, DIRECT

Merging categories: in case of a low number of entries, some of the planned categories could be deleted or merged.

MAX RACE TIME: 1h 15'

#### TIME KEEPING

SPORTident AIR+. All SI-Cards can be used.
Final ranking online at <a href="https://www.bostek.it/live/">https://www.bostek.it/live/</a>



# **RACE JURY**

Jury members will be drawn by lot on the day of the race.

# **PRIZE GIVING**

Ceremony will start at 17:30 at the event center.

Awards for the first three classified in Junior, Elite and Master classes.





# 07<sup>th</sup> MAY 2023 MTB-O Italian Cup Middle Distance WRE

#### **EVENT CENTER**

Parco Urbano San Giacomo di Ragogna (UD)

Link: https://goo.gl/maps/76DTEQpWySdBYW4b9

Event office opening at 8:30

Parking: all competitors must park near the "Polisportivo Bruseschi", in an area that has been reserved for the competition, 100 m far from the event center. Please, follow the instructions given by the parking attendants.

# **RACE MAP**

"Lago di Ragogna", Spring 2023, scale 1:10,000, contour interval 5m. Type of terrain: open areas and fields are prevalent, with dense network of paths and tracks.

# **START**

First start: 10:00

Start point is 5' from event center (0,5 km, 30m)

# **FINISH**

Muris - Ragogna (UD), 2,5 km far from the event center. We recommend maximum attention on the return journey from the arrival to the meeting point, as you will pass on a paved road which is quite busy and with open traffic. Please, respect traffic rules.







#### **CATEGORIES**

Competitive classes: M/W 12, M/W14, M/W17, M/W20, M/W ELITE, M/W B, M/

W40, M/W50, M/W60, M70.

Non-competitive classes: BEGINNERS, DIRECT

Merging categories: in case of a low number of entries, some of the planned categories could be deleted or merged.

MAX RACE TIME: 1h 30'

# **TIME KEEPING**

SPORTident AIR+. All SI-Cards can be used. Final ranking online at <a href="https://www.bostek.it/live/">https://www.bostek.it/live/</a>

**RACE JURY:** Jury members will be drawn by lot on the day of the race.

## **PRIZE GIVING**

Ceremony will start at 14:00 at the event center. Awards for the first three classified in Junior, Elite and Master classes.

## **PAY ATTENTION**

- The race will develop 100% on gravel roads. Always keep the right side on the tracks and paths
- Riding on the main state road is not allowed. This road has been crossed on the map with the proper symbol.
- The road crossing will be supervised by organization members.
- Only certified helmets are allowed.
- We trust in the fair play of the participants. In case of unfair behavior, the athletes involved will be disqualified.





# **GRAZIE! THANK YOU!**



# Latteria Sociale di Muris



