























# MOOD 2023 INTERNATIONAL MEETING

**MOOD** *Marche Orienteering Outdoor Days*, is the setting for events signed by the Picchio Verde Asd in which the City Race Euro Tour stage of Ancona 2023 is inserted.

Mood is a lifestyle, it is a word that represents us and that only by living our lives races can be understood. MOOD was born in the Marche region and draws its characteristics that from this beautiful territory.

In fact, every MOOD event combines orienteering with the possibility of exploring some spectacular corners of this beautiful Italian region.

This year the event is divided between Senigallia, Ancona and Ostra, proposing as many as four competitions over a weekend, on 29 and 30 April, of different types and in various locations.

It starts on Saturday 29 in the historic center of Ancona, between the sea, hills and monuments; in the afternoon we move to the small Ostra for an evening race in the picturesque center historic.

Sunday 30 the ancient city of Senigallia will host the latest in the morning and afternoon two challenges, in the shadow of the Rovere castle. Living the Mood experience is for everyone sportsmen an unforgettable holiday, between art, food and wine, villages, nature and the water warm Marche climate: impossible not to return!

We look forward to seeing you on 29 and 30 April.



Main sponsors





**Sponsors** 

































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# **WELCOME**

Welcome to all the participants of Mood 2023. This initiative is an original contribution to promote our region. In fact, orienteering is not just a sport, but it is also a sustainable way to discover the place. We connect two areas, sports and tourism, but at least a third area must be added: the cultural one, because Mood 2023 crosses historical centers. Thus a sport event takes on the features of a broader experience, which leads us to live villages and towns in the Marche region in an unusual way. Through sport we let discover Marche and we extend the seasonal offer by discovering less frequented routes. With just one event we hit several goals, an excellent result!

**Chiara Biondi**Assessor for Sport and Culture of Marche Region





# **PROGRAMME**

29/04/2023:	CRET (City Race Euro Tour)	12:00 AM	Ancona
29/04/2023:	Sprint C-0	06:30 PM	Ostra (AN)
30/04/2023:	Middle C-O	10:00 AM	Senigallia (AN)
30/04/2023:	Italian Cup Trail-O	11:00 AM	Senigallia (AN)

# **TERRAIN**

Ancona



### Scale

1:4000 equidistance 2,5 m

Emiliano Corona 2021

### 0stra



### Scale

1:3000 equidistance 2,5 m

Francesco Buselli 2021

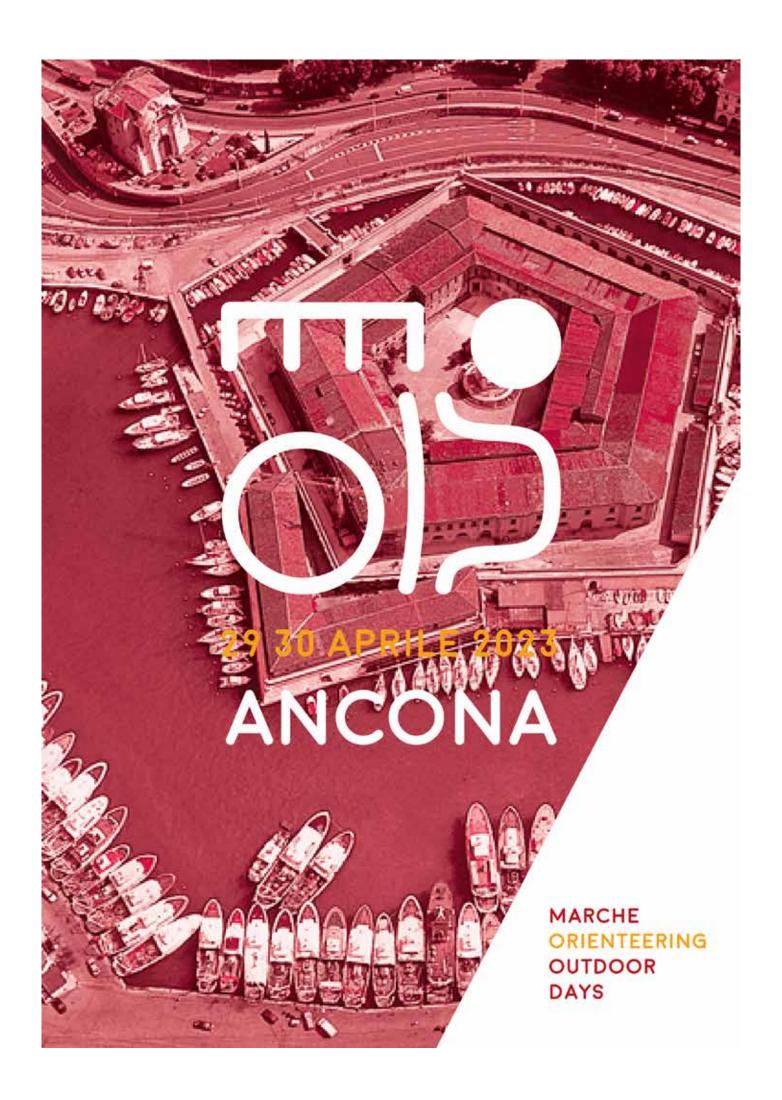
# Senigallia



### Scale

1:4000 equidistance 2,5 m

Emiliano Corona 2022





# **WELCOME**

Dear orienteering friends, I am happy to welcome you once again to Ancona in the name of the entire municipal administration. For Ancona city, this event is a happy return after the good experience of the previous year. We wanted it, we believed in it and invested financial and human resources, engaged in the organization and above all in mapping all the city to realize events like this. The hospitality in recent years has been an important feature in our way of experiencing sport and for this we have worked hard to get ready for this meeting, because we think you will have the opportunity to rediscover, know and appreciate our city, its sea, its art, the monuments, the most beautiful landscapes, our food and wine traditions, our millennial history. Thanks to you for being here, thanks to the organizers, thanks to everyone who inside and outside the municipality worked to make the appointment with orienteering possible also this year.

We hope that you can spend a nice day of sport with us, and that you come back soon to visit us, trying your hand at the challenges that most suit you or simply to discover again our city, which you will be able to appreciate by racing along its streets, squares, ascents and descents that characterize this land so rich and full of pleasant surprises.

**Andrea Guidotti** Assessor for Sport of the city of Ancona





# **ORGANIZING COMMITTEE**

## Ancona (AN)

Event director: Course setter: Controller: IT:

Matteo Dini Massimo Bianchi Dario Bertolini Daniele Guardini

## **TERRAIN**

Urban center characterized by significant ascents, asphalted or paved roads, presence of traffic and pedestrians. Smooth ride.



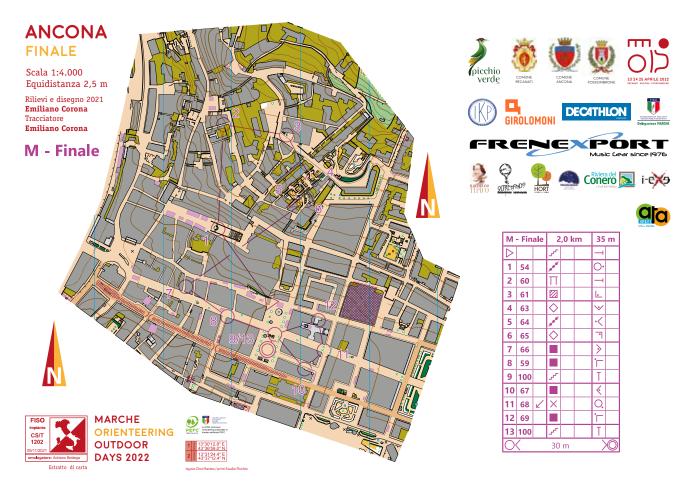
https://www.google.it/maps/place/Ancona+AN



# **CITY RACE**

#### + FSSI ITALIAN CHAMPIONSHIP

This year the international MOOD meeting is enriched by the Italian stage of CRET *City Euro Race tour*, with a sprint+ middle race inside the Dorian city full of technical details and tourist presence.



old maps Knock out Italia 2022





## RACE CENTER - RACE OF CE - ARRIVAL

Mole Vanvitelliana Ancona AN GPS 43.614399109333455, 13.503668258484078

race office opens at 10:30 AM first start 12:00 AM

### **PARKING**

There is no specific parking for mood participants in Ancona. There is a parking near the race center (see map below)





## **START**

25 minutes walking, there will be blu 'Decathlon' sings along the way.



## POINT DESCRIPTION

The point description will be distributed at the race office and also printed on the map.

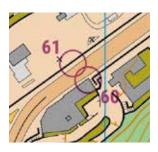


#### **LENGHTS**

LUNGHEZZA ANCONA								
CATEGORIA	LUNGHEZZA	DISLIVELLO	PUNTI					
ME	8250	130	37					
WE	7050	120	34					
M20 - M40	6800	110	31					
W20- W40	6400	110	31					
M12-W12- ESO	2200	20	13					
W16 - W55	5000	80	25					
M16- M55	5800	90	27					
M65 - OPEN SHORT	3450	40	21					
W65	3200	40	19					
W75 - M75	2800	30	17					
OPEN LONG - MB	4500	70	25					
WB	3600	40	22					

#### TECHNICAL INFORMATION

The streets in the center are not closed to traffic. Although this is very limited, pay attention. All categories have a mandatory road crossing on the section from control point 60 to control point 61 (see map extract below). To help the crossing, the time of this section will be subtracted from the race time. However, the athletes will have to cross in the shortest possible time and in any case not more than 30 seconds. The crossing will be manned by volunteers who will supervise and help the athletes.



### PRIZEGIVING CEREMONY

3,30 pm at the race center. Cret categories, FSSI categories and only the first classified of that race will be awarded.

All participants are reminded that the return train to Senigallia is scheduled at 16:30 (see instructions on page 28).





## **WELCOME**

Dear friends,

truly with great joy we are ready to welcome you in our Municipality. Marche are a land full of charming villages, with a long history; each one is a casket, which holds unsuspected beauties and delicious foods. Not far from the coast, climbing inland among the tender hills of a unmistakable landscape, here is Ostra! Its network of alleys, overlooked by the bell tower, will be able to surprise you with suggestive and unexpected glimpses, protected by austere noble buildings or wide open on a horizon of soft fields expertly cultivated, which accompany the gaze to the sea or push it upwards, towards the mountains.

In Ostra you will love splendid churches, with their treasures of art and faith, its roots, which sink into a distant past more than two thousand years, its historic theatre, which tells of a love for culture that has never faded over time... You can fall in love with its flavors, ancient like tradition but also new, like the desire to look to tomorrow. You will fall in love with its sounds, which are country voices, but also music, lots of music, which characterizes our most important events.

And, therefore, Ostra awaits you! We are waiting to give you a warm "Welcome" with the hope that your maps, which bring you here, this time, to compete, can guide you again in our territory, to fully savor everything it can offer you.

**Federica Fanesi** Mayor of Ostra





# **ORGANIZING COMMITTEE**

## Ostra (AN)

Event director: Course setter: Controller: IT:

Matteo Dini Dario Bertolini Massimo Bianchi Daniele Guardini

## **TERRAIN**

Small historic center enclosed by walls with moderate ascents, low traffic and pedestrians, narrow streets. Smooth ride.



https://www.google.it/maps/place/60010+0stra+AN



# **SPRINT**





### RACE CENTER - RACE OF CE - ARRIVAL

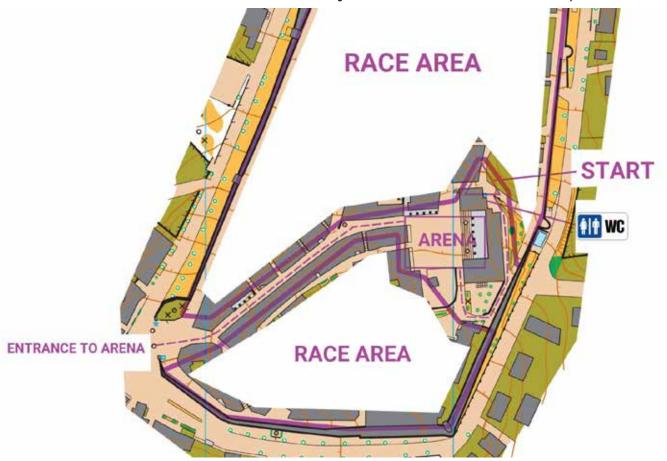
Piazza dei Martiri Ostra AN GPS 43.612758005956664, 13.157976479644267

race office opens at 5,30 PM first start at 6,30 PM

Important: to go to race center, you must necessarily pass through via Antonio Gramsci.

### **START**

Near the race center, with a delayed start 20 meters far from the map box.



## **PARKING**

There are parking lots around the city walls. There will not be a reserved parking.

## POINT DESCRIPTION

The point description will be distributed at the race office and also printed on the map.



## **LENGHTS**

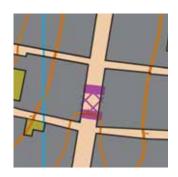
<u>LUNGHEZZA OSTRA</u>							
CATEGORIA	LUNGHEZZA	DISLIVELLO	<u>PUNTI</u>				
M ELITE	3580	135	27				
W ELITE	3300	130	23				
M20-M40	3170	124	24				
W20-W40	2920	110	20				
OPEN LONG-MB	2840	100	20				
M16-M55	2760	104	20				
W16-W55	2430	95	17				
WB	2420	95	17				
M65-OPEN SHORT	2320	90	18				
W65	1950	76	16				
M75-W75	1620	52	15				
M12-W12-ESO	1400	40	14				

## PRIZEGIVING CEREMONY

8,30 pm at the race center. The first classified of that race will be awarded.

## **TECHNICAL INFORMATION**

There will be fake barriers, drawn on the map with symbol 709 (out of bouns area) and symbol 708 (out of bounds boundary).





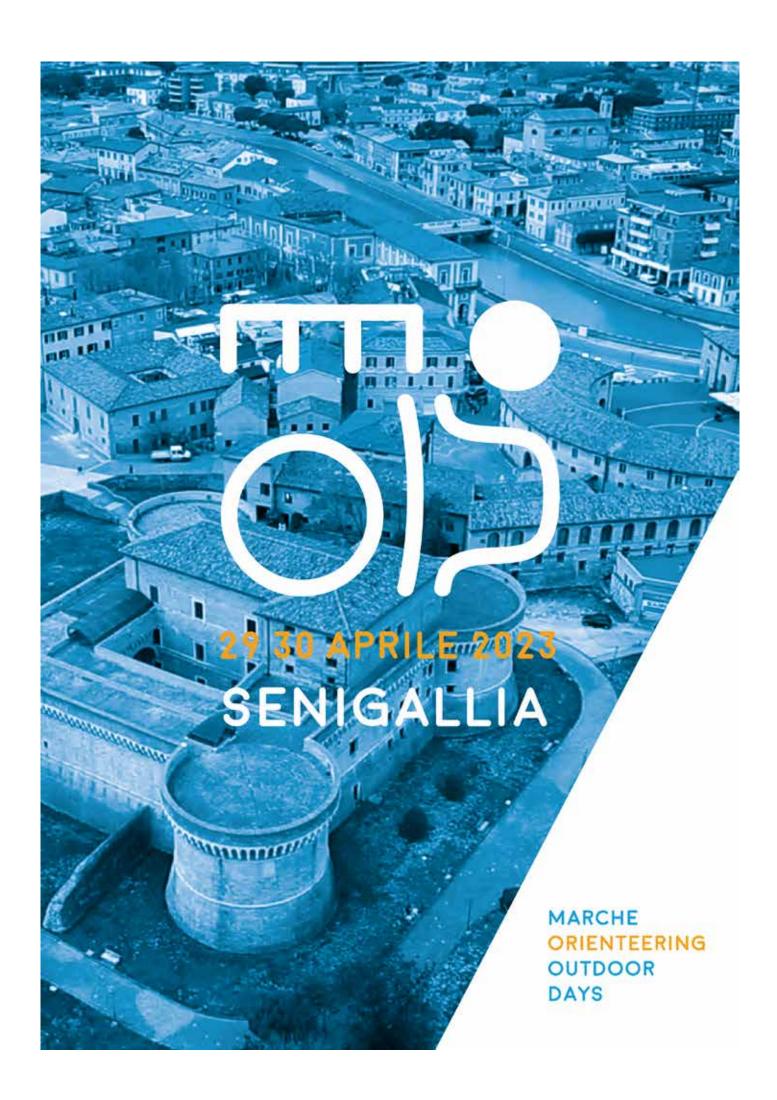
Control point number 50 is located on a fence with barbed wire. Pay attention!



For categories ME, M16, M20, M40, M55, MB, WE, W16, W20, W40, W55, OPEN LONG there will be a map change (front and back map) about halfway through the race. The map change will correspond to a checkpoint where the path of the first part will end and will correspond to the start of the second (see example).









# **WELCOME**

Dear orienteering friends,

it is a great joy to see you return to Marche, equipped with maps and compasses to discover our land. You will immerse yourself in our centers, you will pass through ours villages, you will love our cities. And always in the name of sustainability and respect of nature.

The Mood competition this year will take you to Senigallia, to discover its squares, historic streets, palaces, parks and the sea.

Senigallia will be able to make you live an experience as if you were inside a photograph, thanks to its ability to make you grasp the visible and the invisible at the same time.

I thank the organizing association Picchioverde. On behalf of all Senigallians, we welcome you.

**Riccardo Pizzi**Assessor of sport of the city of Senigallia





# **ORGANIZING COMMITTEE**

## Senigallia (AN)

Event director: Course setter: Controller: IT:

Matteo Dini Massimo Bianchi Dario Bertolini Daniele Guardini

## **TERRAIN**

Flat Urban center on the sea, with paved or asphalted roads, presence of traffic and pedestrians, presence of a river. Smooth ride. Urban park with lawn and trees.



https://www.google.it/maps/place/60019+Senigallia+AN



# **MIDDLE**

#### + FSSI ITALIAN CHAMPIONSHIP



# TRAIL-O ITALINA CUP

# Senigallia (AN)

Event director:
Technical Delegate:
Race director and IT:
Course setter:

Matteo Dini Alessio Tenani Daniele Guardini Giuliano Campanelli



## RACE CENTER - RACE OF CE - ARRIVAL

Foro Annonario Senigallia AN GPS 43.71622705366593, 13.219713637598081

Race office opens at 9:00 AM First start at 10:00 AM

## **PARKING**

Parking at piazzale Morandi will be free for mood marticipants. Parking at piazza Manni will be free but reserved only for disabled people.



## **START**

Near the race center



## POINT DESCRIPTION

The point description will be distributed at the race office and also printed on the map.

## **LENGHTS**

LUNGHEZZA SENIGALLIA								
CATEGORIA	LUNGHEZZA	DISLIVELLO	PUNTI					
ME	7250	10	33					
WE	6250	10	28					
M20 - M40	5900	10	28					
W20- W40	5450	10	26					
M12-W12- ESO	2410	0	16					
W16 - W55	4950	10	27					
M16- M55	5350	10	25					
M65 - OPEN SHORT	3270	0	17					
W65	2950	0	17					
W75 - M75	2590	0	17					
OPEN LONG - MB	5430	10	27					
WB	3300	0	16					
COMUNI	3000	0	17					

## PRIZEGIVING CEREMONY

2,00 pm at the race center. FSSI categories, Trail-0 italian cup, the three-races Mood categories and the first classified of that race will be awarded.



## **CLASSES**

Gare di C-O
Children M12/W12
Youth <b>M16 / W16</b>
Junior <b>M20 / W 20</b>
Elite City Race M Elite / W Elite
Veteran <b>M 40 / W 40</b>
Supervet <b>M 55 / W 55</b>
Ultravet M 65 / W 65
Hipervet M75 / W 75
Open short <b>Beginners / School /M10 W10</b>
Open long <b>Direct</b>
Coppa Italia TRAIL-O
Open Elite
Paralimpici
Direct
Esordienti

# PRICES AND DEADLINES

Registrations must be made for FISO members via the website **www.fiso.it** and for foreigners through the site **www.orienteeringonline.net**.

Complete price of the 3 C-O races (excluding the O-trail)

**40 €**by January 31st

15 € single race

**25 €**by January 31st
bom 2005 and later
9 € single race

**50 €** by 26 March 20€ single race



**70 €**by April 22nd
25€ single race



For the Trail-O Italian Cup the costs are €12 Open Elite and Paralympic, €7 ESO and Direct.



Payment by bank transfer to IBAN is required

IT78H0306968610100000001727 Headed to Picchioverde Asd.

Send a copy of the receipt to mood@picchioverdeasd.com

Without the balance of the fee, the athletes registration is not guaranteed. For the ESO and OPEN categories, registrations will also be accepted on the day of the race, by the start of the first competitor, and in any case until the maps run out available.

It will be possible to register on the day of the race according to the new registration formulas, by presenting a copy of the non-competitive medical certificate, which will allow the participation to the race in the ESO or DIRECT category.

In the absence of a membership, it will be possible to register only in the category LUDICO MOTORIA where there is no classification.

### **TRANSPORT**

Transport by dedicated train between Senigallia and Ancona is arranged on 29 April, for all registered participants and two relatives/friends for each one, with the following timetable:

Outbound train: Senigallia 9,45 am - Ancona 10,03 am;

Return train: Ancona 4,30 pm - Senigallia 4,48 pm.

Anyone who has not communicated their name or that of the two companions can go to Senigallia railway station from 9,15 am and ask to the mood staff that will be standing there.

Departure of the buses for Ostra near the Senigallia railway station at 5,00 pm.

## **REGULATION**

The FISO Federal Technical Regulations will be applied in all three competitions. The cards will be produced according to the ISSprOM 2019-2 rules for the sprint competition of Old Town.

## **PUNCHING SYSTEM**

For all classes the Sport-Ident punching system will be used with the Air+ method (touch-free).



# **ACCOMODATION**



The Senigallia Hoteliers Association sponsors the event with a very special agreement beneficial. Those who book through Senigallia incoming will have discounted rates and convenient services including shuttle from the station to the hotels.

For information and reservations:

info@assalbesenigallia.it - +39 071 65343

PACCHETTO a persona			PERIODO DI PRENOTAZIONE							
CON INCLUSO il Pranzo		ENTRO IL 31/01/23			Dal 1/02 al 26/03/23			Dal 27/3 al 22/04/23		
del 30/4	del 30/4 in Ristorante		TARIFFE TARIFFE		TARIFFE 2	TARIFFE 3		TARIFFE 2	TARIFFE 3	
convenzionato		2 NOTTI	3 NOTTI		NOTTI	NOTTI		NOTTI	NOTTI	
	SING /	BB	€ 125,00	€ 176,00		€ 135,00	€ 191,00		€ 145,00	€ 205,00
	DUS	НВ	€ 165,00	€ 236,00		€ 175,00	€ 251,00		€ 185,00	€ 265,00
Hotel 3*	Doppia	ВВ	€ 95,00	€ 131,00		€ 105,00	€ 146,00		€ 115,00	€ 160,00
		НВ	€ 135,00	€ 191,00		€ 145,00	€ 206,00		€ 155,00	€ 220,00
	Tripla	BB	€ 87,00	€ 119,00		€ 96,00	€ 133,00		€ 105,00	€ 146,00
		НВ	€ 127,00	€ 179,00		€ 136,00	€ 193,00		€ 145,00	€ 206,00
	SING /	BB	€ 180,00	€ 256,00		€ 185,00	€ 264,00		€ 190,00	€ 271,00
	DUS	НВ	€ 220,00	€ 316,00		€ 225,00	€ 324,00		€ 230,00	€ 331,00
Hotel 4*	Doppia	BB	€ 140,00	€ 196,00		€ 145,00	€ 204,00		€ 150,00	€ 211,00
		НВ	€ 180,00	€ 256,00		€ 185,00	€ 264,00		€ 190,00	€ 271,00
	Tripla	BB	€ 128,00	€ 178,00		€ 132,00	€ 185,00		€ 137,00	€ 191,00
		НВ	€ 168,00	€ 238,00		€ 172,00	€ 245,00		€ 177,00	€ 251,00

PACKA	GE per pe	rson	BOOKING PERIODS							
including Lunch on Before 31		31.01.23		From 01.02 to 26.03.23			From 27.03 to 22.04.23			
30/04	30/04 in a partner RATES 2 RATES 3 RATES 2 RATES 3		RATES 2	RATES 3						
restaurant		NIGHTS	NIGHTS		NIGHTS	NIGHTS		NIGHTS	NIGHTS	
	Single	ВВ	€ 125,00	€ 176,00		€ 135,00	€ 191,00		€ 145,00	€ 205,00
	room	НВ	€ 165,00	€ 236,00		€ 175,00	€ 251,00		€ 185,00	€ 265,00
Hotel 3*	Double	BB	€ 95,00	€ 131,00		€ 105,00	€ 146,00		€ 115,00	€ 160,00
	room	НВ	€ 135,00	€ 191,00		€ 145,00	€ 206,00		€ 155,00	€ 220,00
	3 Beds	ВВ	€ 87,00	€ 119,00		€ 96,00	€ 133,00		€ 105,00	€ 146,00
	room	НВ	€ 127,00	€ 179,00		€ 136,00	€ 193,00		€ 145,00	€ 206,00
	Single	ВВ	€ 180,00	€ 256,00		€ 185,00	€ 264,00		€ 190,00	€ 271,00
	room	НВ	€ 220,00	€ 316,00		€ 225,00	€ 324,00		€ 230,00	€ 331,00
Hotel 4*	Double	ВВ	€ 140,00	€ 196,00		€ 145,00	€ 204,00		€ 150,00	€ 211,00
	room	НВ	€ 180,00	€ 256,00		€ 185,00	€ 264,00		€ 190,00	€ 271,00
	3 Beds	ВВ	€ 128,00	€ 178,00		€ 132,00	€ 185,00		€ 137,00	€ 191,00
	room	НВ	€ 168,00	€ 238,00		€ 172,00	€ 245,00		€ 177,00	€ 251,00



# **EQUIPMENT**

Urban terrain shoes are recommended. The climate of the area is mild in April, but cold periods are possible therefore it is advisable to monitor the forecasts in the days before the event.

## **COVID-19 MEASURES**

At the moment in Italy there are no longer any Covid restrictions of any kind, nor are they in anticipation of restrictions for the next few months.

## LIVE RESULTS

Results will be published online on https://www.bostek.it/live

## **INFORMATION**

# PICCHIOVERDEASD.COM/MOOD2023 MOOD@PICCHIOVERDEASD.COM

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