

# **EOC CAMP / SELECTION RACES**

## **BULLETIN 0**

ROVERETO (TN) 8-10.9.2023



## 

Stefano Raus: 349 888 6720 | stefano.raus@fiso.it

Samuele Tait: 346 306 9444 | samuele.tait.itt2016@gmail.com



OVERVIEW MAP: link to Google MyMaps HERE

#### 

**Training 1** Pair training with relocation ( $\triangle$ : 1400m from hostel)

Map Borgo Sacco, 2023, 1:4'000 A4

First start 16:00

## Ø SATURDAY, SEPTEMBER 9<sup>th</sup>

**Test race G 3000 meters on track** ( $\triangle$ : 1500m from hostel)

Location Stadio Quercia

First start 10:00 (M) | 10:30 (W)

**Training 2** Free-start forked sprint ( $\triangle$ : 900m from hostel)

Map Sant'llario, 2023, 1:4'000 A4

First start When you prefer

### 

**Test race H KO Sprint final rounds** ( $\triangle$ : 100m from hostel)

Map Rovereto Centro, 2023, 1:4'000 A4

First start 10:00 (quarterfinal) | 11:00 (semifinal) | 12:00 (final)

#### ACCOMMODATION

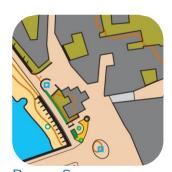
Ostello di Rovereto - Via delle Scuole 18, 38068 Rovereto (TN) - <a href="www.ostellorovereto.it">www.ostellorovereto.it</a> Italian runners selected for the training camp: you don't need to book anything as accommodation and meals are already taken care for you at this place.

Other runners: you can ask this place or find your own accommodation as you like.

## 

All activities will take place within 2km from the official accommodation. Use your own transport or public transport to reach the meeting place at the start of the training camp and to return to your homes at the end of it.

#### MAP SAMPLES AND OLD MAPS



Borgo Sacco



Rovereto



Sant'llario