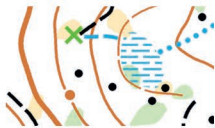


Siamo lieti di potervi dare il benvenuto alla settima edizione di questa spettacolare gara di orienteering a staffetta. La formula di gara singolare ed emozionante basata sullo spirito di squadra renderà questo evento indimenticabile.

La Relay of the Dolomites stavolta si terrà in una bellissima foresta di abeti a nordest di Brunico in Val Pusteria. Falzes è considerato uno dei paesi più soleggiati della Val Pusteria!



FORMULA GARA:

RELAY OF THE DOLOMITES OPEN:

- 1^ frazione: Aperta a tutti - 6,0 km - difficile
- 2^ frazione: Aperta a tutti - 3,5 km - medio
- 3^ frazione: Aperta a tutti - 4,0 km - difficile
- 4^ frazione: Aperta a tutti - 6,0 km - difficile
- 5^ frazione: Aperta a tutti - 9,0 km - difficile

RELAY OF THE DOLOMITES WOMEN:

- 1^ frazione: 4,0 km - difficile
- 2^ frazione: 2,5 km - medio
- 3^ frazione: 3,5 km - difficile
- 4^ frazione: 5,0 km - difficile

PROGRAMMA

- 19.05.2023: Allenamento
- 20.05.2023: Gara regionale middle distance
- 21.05.2023: Relay of the Dolomites & Kids relay



We are excited to welcome you to the seventh edition of this spectacular orienteering relay! The competition has a unique and thrilling race formula based on club spirit.

The competition venue is a nice pine forests at Falzes in beautiful Val Pusteria near to Brunico. Falzes lies northwest of Brunico and is considered one of the five sunniest villages in Val Pusteria!



RACE FORMULA:

RELAY OF THE DOLOMITES OPEN:

- Leg 1: Open for all - 6,0 km - difficult
- Leg 2: Open for all - 3,5 km - medium
- Leg 3: Open for all - 4,0 km - difficult
- Leg 4: Open for all - 6,0 km - difficult
- Leg 5: Open for all - 9,0 km - difficult

RELAY OF THE DOLOMITES WOMEN:

- Leg 1: 4,0 km - difficult
- Leg 2: 2,5 km - medium
- Leg 3: 3,5 km - difficult
- Leg 4: 5,0 km - difficult

PROGRAM

- 19.05.2023: Training
- 20.05.2023: Local middle distance
- 21.05.2023: Relay of the Dolomites & Kids relay



RELAY OF THE DOLOMITES IS POWERED BY

