

Relay of the Dolomites 2022

Bulletin 2

2 June 2022, Passo Sella/Sellajoch - Alto Adige/South Tirol, ITALY

www.relay-dolomites.com

We are excited to welcome you to the sixth edition of this spectacular orienteering relay! The competition has a unique and thrilling race formula based on club spirit.

Venue

The competition venue is a beautiful alpine meadow on the height of 2200m over sea level just under the Passo Sella ridge in the Val Gardena valley between the Sella and Sassolungo Groups.

Program

- Friday, 10th June 2022, training
13.00-18.00 training opportunity at Passo Pinei, parking GPS 46.578838, 11.623473.
Punching system SportIdent Air+
There will be two courses:
Short 2,7km, 95m, 8 controls
Long 4,3km, 230m, 15 controls
Entries by email relay-dolomites@tolweb.net or directly on place
Price 5,00€
- Saturday, 11th June 2022, Regional Championships, Middle (please see the separate bulletin)
Arena – “Plan de Gralba”, parking GPS 46.532581, 11.772258
16.45 first start
18.45 prizegiving ceremony
Attention! On Saturday, June 11th the road between Selva di Val Gardena and Passo Sella is closed for traffic from 8.30 until 15.00 because of a bike event.
- Sunday, 12th June 2022, Relay of the Dolomites
Arena – “Hotel Passo Sella Dolomiti Mountain Resort”, parking GPS 46.509761, 11.757068
8.00 Competition office open
8.45 Deadline for team changes
9.30 Start “Relay of the Dolomites”

9.40 Start "Kids Relay"

11.30 Restart of second and third not yet started legs. Mass-start of individual athletes

12.48 Finish first team

13.30 Restart all not yet started legs

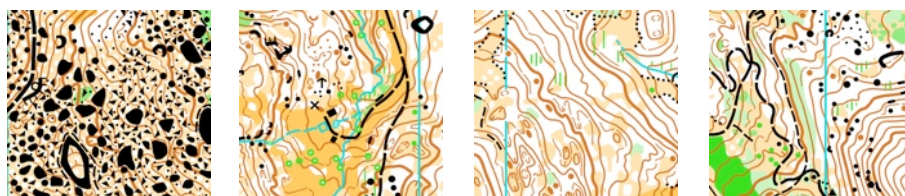
15.00 Prize giving ceremony

Relay

	Classes*	Length	Difficulty	Winning time	Change over
1 leg	open	5,6km	difficult	38 min	10:08
2 leg	-WM16, WM55-	3,5km	medium	28 min	10:36
3 leg	-WM18, WM45-, women	4,1km	medium	30 min	11:06
4 leg	women only	5,6km	difficult	44 min	11:50
5 leg	open	8,3km	difficult	58 min	12:48

*the recommended age for the 2nd and 3d leg is 14 years and older.

Runners from different clubs are allowed to run together but as it is a club relay, it is strongly recommended to compose club teams!



Kids Relay

Normal two-legs relay. There will be two classes: Boys and Girls. The age is 10-14 years old (born 2008-2012). Each team consists of two athletes. It is strongly recommended to compose club teams! The girls may participate in the boy's class.

Kids Boys

	Classes	Length	Difficulty	Winning time	Change over
1 leg	MW10-MW14	2,1km	easy	16 min	09:56
2 leg	MW10-MW14	2,3km	easy	18 min	10:14

Kids Girls

	Classes	Length	Difficulty	Winning time	Change over
1 leg	W10-W14	2,0km	easy	16 min	09:56
2 leg	W10-W14	2,3km	easy	18 min	10:14

Individual runners without team

Single runners have possibility to run one of two prepared courses: Short 3,5km or Long 6,6km. They are starting with the first restart at 11.30. Entries are possible via e-mail relay-dolomites@tolweb.net or at the arena until 10.00, specifying name, surname, class, club, date of birth, SI-chip number, course. The entry fee is 15,00 Euro.

Spectators control & forking

There will be a spectators control after 80% of the course for all legs. The kids in Kids Relay run from spectators control directly to last control. Forking will be used on all legs.

King and Queen of the Stone City

The best man and woman on the leg printed on the map as K&Q will be crowned as “King and Queen of the Stone City”. The leg is 320m long. The route crosses the unique stone area and requires much attention and coordination. By overpassing the slower runners please be gentle! The best three men and three women will be awarded.

Overview map



Team formation changes

The team formation must be defined by Tuesday 7 June, midnight. Changes regarding the team formations can be done until Sunday 12 June, 08.45. Every change will be charged with a processing fee of 5,00 Euro.

Terrain

Alpine meadows, grassland and forests at 2000-2300m above sea level. Runnability and visibility mostly good. In the lower parts, there is alpine forest which is tough to run in with a lot of details, stones and contours. Part of the course crosses physically and technically very demanding stone area called "Stone City".

We ask your attention by the crossing the mbk-downhill tracks!

Map

Scale 1:10.000, eqv. 5m for "Relay of the Dolomites".

Scale 1:7.500, eqv. 5m for "Kids Relay".

The map is new, produced in October 2021 by the mapmakers Viktor Kirianov, Vadym Prokopchuk, Mykhaylo Teslenko and Oleksandr Mykhaylov. Maps printed on Pretex 120 gr/m2.

Team documents

The team envelopes contain number bibs, competition info, and small gadgets for all runners. Each leg has its own color on the bib. 1st leg – blue, 2nd leg – green, 3d leg – yellow, 4th leg – pink, 5th leg – black. Kids Relay has multicolor number bibs. For the first 30 teams the starting number corresponds to the placing of the team in RoD 2021.

Punching system

Touchfree SportIdent Air+ punching will be activated but it will be also possible to punch in standard mode.

It is possible to rent SI card for 2,00Euro/piece.

GPS

The 10 best teams on the 1st, 4th and 5th legs will carry vests with GPS units. The teams will be announced by the speaker before and during the competition. Make sure to pick up your vest well in time. We ask the athletes if possible to use their own vests. Showing up at the start without GPS unit will lead to team disqualification.

Control descriptions

Control descriptions will be printed on the map. In some detailed areas the controls are set near to each other, please check the numbers! Near the control on the map will be printed number and control code, ex: 1-31

Start

Mass-start "Relay of the Dolomites" at 9.30. The call-up is at -15 min before the mass start. Mass start "Kids Relay" is at 9.40. The call-up is suddenly after the start of Relay of the Dolomites. The runners are responsible to clear and check the SI card and to be at their positions 5 min before the start. It is forbidden to look at the map before the start signal.

Changeover procedure

The incoming runners cross the finish line, punch the finish SI unit, leave their map in the container and continue towards their teammate. The change-over is done by hand touch across a separation barrier. The outgoing runners follow the start corridor to the mapstand where they take their map. Please make sure you pick up the correct map. If you encounter any problem at the changeover, immediately refer to our staff at the finish area.

Finish

The finish line decides the final position. Finish punching has to be done after the finish line. Get ready for tough fight!

Restart

At 11.30 mass-start of 2nd and 3d not yet started legs. Mass-start of individual athletes
At 13.30 mass-start for all other not yet started runners.

Map distribution

The distribution of the new maps will take place in the competition office after the last restart at 13.30

Results

The results will be published on arena. You can also follow online results here: <https://liveresultat.orientering.se/>



Live streaming

You can follow your teammates live in youtube. Link to live streaming will be published on www-relay-dolomites.com

Parking

Parking is at the “Hotel Passo Sella Dolomiti Mountain Resort”, GPS 46.509761, 11.757068. Prize is 10,00€/day. To keep our nature

green (and save money) we recommend you to travel together and share the cars.

Arena



Prize giving ceremony

The prize giving ceremony takes place at the arena at 15.00. The first 10 teams of the “Relay of the Dolomites” and the first 3 teams in both classes of the “Kids Relay” will be awarded. There will be a special award for the three best men and three best women on the lap “King and Queen of the Stone City”.

Maximum time

The finish will be closed at 15.30, two hours after the second restart.

Restaurants

Hotel Passo Sella Dolomiti Mountain Resort offers a great choice of the regional dishes. There will be also a menu for the athletes.

Toilets

Toilets are available near the arena.



COVID Protocol

Relay of the Dolomites will be held according to the regulations of local health authorities and FISO Covid-19 instructions.

Copyright pictures

With the entry to the “Relay of the Dolomites” the athlete gives the organization permission to take photographs of him/her and to use these photographs for marketing purposes.

Main officials

Event Director	Ernesto Rampado
Technical Director	Mikhail Mamleev
Secretary	Federica Ragona, Verena Troi
Coursesetter	Dario Beltramba
Arena	Giuliano Rampado
Prize-giving	Verena Troi
SportIdent	Alessio Dalfollo
Speaker	Stefano Galletti
Web, social media, design	Klaus Schgaguler, Thomas Widmann, Tiziano Braiato

Contacts

Email: relay-dolomites@tolweb.net

Web: www.relay-dolomites.com



RELAY OF THE DOLOMITES IS POWERED BY



FEDERAZIONE
ITALIANA
SPORT
ORIENTAMENTO



GEMEINDE WOLKENSTEIN



SCARPA

