



11.06.2022 Middle Distance, Plan de Gralba, Val Gardena

Bulletin1

1. Program

Saturday, 11th June 2022, Middle

15.30 event office open

16.45 first start

18.45 prizegiving ceremony

2. Venue

The competition venue is a beautiful alpine forest on the height of 1800m over sea level in the Val Gardena valley between the Sella and Sassolungo Groups.

Attention! On Saturday, June 11th the road between Selva di Val Gardena and Passo Sella is closed for traffic from 8.30 until 15.00 because of a bike event.



3. Arena, parking

Arena – Plan de Gralba in Val Gardena, parking GPS 46.532581, 11.772258

4. Classes

Classes: M/W-10, M/W-12, M/W-14, M/W-16, M/W-18, M/W Elite, M/WB, M/W35, M/W45, M/W55, M/W65, M/W70, ESO, DIR

5. Entry and entry fee

Please make your entry by email relay-dolomites@tolweb.net, specifying name, surname, class, club, nation, SI-Card number and date of birth.

Entry fee 5,00€ for classes M/W-10, M/W-12, M/W-14, M/W-16, ESO, DIR

Entry fee 10,00€ for all other classes

Payment by bank transfer within Tuesday 7th June to:

Amateursportverein T.O.L. Terlaner Orientierungsläufer

Raiffeisenkasse Etschtal

IBAN: IT45W0826958960000300210366

SWIFT BIC: RZSBIT21042

6. Punching system

SportIdent Air+ (touch-free). The SI-card can be borrowed for 1,50€

7. GPS Tracking

GPS tracking services will be provided by Loggator. GPS units will be given to selected athletes

8. Length

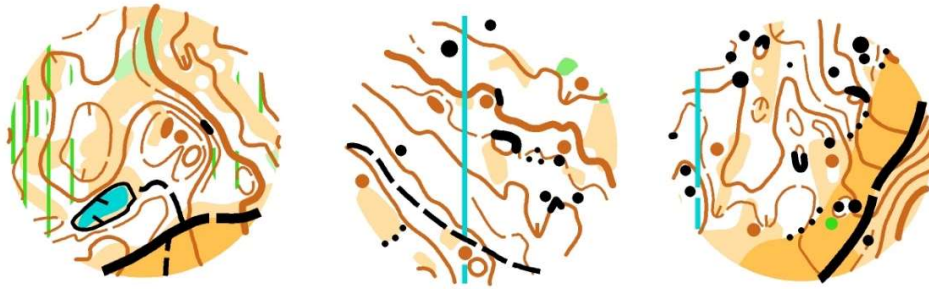
Class	Length	Elevation	Controls	Class	Length	Elevation	Controls
M10	1,9km	90m	9	W10	1,9km	90m	9
M12	2,1km	90m	10	W12	2,1km	90m	10
M14	2,8km	125m	12	W14	2,1km	105m	11
M16	3,8km	150m	16	W16	2,8km	125m	12
M18	4,3km	185m	15	W18	3,6km	155m	15
ME	5,2km	210m	19	WE	4,5km	190m	17
MB	3,8km	150m	16	WB	2,8km	125m	12
M35	4,5km	190m	17	W35	3,6km	155m	15
M45	4,3km	185m	15	W45	2,5km	110m	12
M55	3,8km	150m	16	W55	2,4km	105m	11
M65	2,5km	110m	12	W65	2,4km	105m	11
M70	2,4km	105m	11	W70	2,1km	105m	11
ESO	2,1km	90m	10	DIR	3,6km	155m	15

9. Map

Plan de Gralba 2021, Scale 1:10.000, 5 m contours

Format DIN A4, Pretex waterproof

Control descriptions are available on the start (-2min) and in the map



10. Terrain

The competition area is a coniferous forest on the slope of Sassolungo massive on the height between 1800m and 2000m above sea level. Mostly good runnable and visible forest with some grass and stony features that can influence the runnability. Many fallen trees reduce the velocity. **We ask your attention by the crossing the mbk-downhill tracks!**

11. Start

Distance from arena to start is 800m and 100hm, 12-15min walking.
Call-up is at -3min, control descriptions -2min.
Distance from the start line to the start point is 110 meters.

12. Max time: 1.30min

13. Results

The results you can find online <https://liveresultat.orientering.se/>, best athletes can be followed on www.loggator.com from 18.00. You can also upload your GPS route on <https://www.livelox.com/>

14. Main officials

Event director	Mikhail Mamleev
Coursesetter	Dario Beltramba
Secretary	Federica Ragona
Start	Sabine Rottensteiner
Finish	Larisa Anuchkina
IT Services, Results	Alessio Dalfollo
Prize-giving	Verena Troi, Ernesto Rampado

15. Contacts

email: relay-dolomites@tolweb.net

website: www.relay-dolomites.com

We wish you a good race!