

### Categoria: M ELITE

(Lunghezza 4200 m - Dislivello 40 m - Kmsf 4,60)

Pos.	Nome	Società	Tempo
1	Pellegrino Tecco Edoardo	PRO TEAM NORD-OVEST	00.17.53
31	1 00:37	36 1 02:22	44 1 01:10
45	1 01:07	39 1 00:49	38 1 00:22
57	2 01:35	58 2 00:47	178 1 02:48
61	1 00:48	1 00:00.37	1 00:02.59
184	1 01:51	33 1 01:12	41 1 01:48
100	1 00:27	CL 1 00:10	1 00:04.09
1 00:14.16	1 00:15.28	1 00:17.16	1 00:17.43
1 00:17.53			
2	Chiogna Jacopo	OPK MIRAFLORES	00.20.15
31	5 00:52	36 3 02:43	44 3 01:23
45	3 01:11	39 4 00:57	38 6 00:29
57	7 02:00	58 4 00:53	178 5 03:00
61	2 00:53	5 00:00.52	3 00:03.35
184	3 02:00	33 1 01:12	41 2 02:01
100	3 00:30	CL 4 00:11	3 00:04.58
3 00:16.21	2 00:17.33	2 00:19.34	3 00:06.09
2 00:20.15			2 00:07.06
			2 00:07.35
			3 00:09.35
			3 00:10.28
			3 00:13.28
			3 00:14.21
3	Pairone Davide	OPK MIRAFLORES	00.20.52
31	4 00:45	36 4 02:44	44 2 01:19
45	1 01:07	39 7 01:26	38 2 00:23
57	5 01:50	58 1 00:45	178 1 02:48
61	3 00:56	4 00:00.45	2 00:03.29
184	4 02:07	33 6 01:38	41 3 02:08
100	6 00:44	CL 5 00:12	2 00:04.48
2 00:16.10	3 00:17.48	3 00:19.56	2 00:05.55
3 00:20.52			3 00:07.21
			3 00:07.44
			2 00:09.34
			2 00:10.19
			2 00:13.07
			2 00:14.03
4	Pellegrino Gilberto	PRO TEAM NORD-OVEST	00.22.56
31	2 00:38	36 5 03:07	44 7 02:01
45	4 01:31	39 3 00:55	38 4 00:24
57	3 01:39	58 4 00:53	178 6 03:25
61	6 01:02	2 00:00.38	4 00:03.45
184	5 02:23	33 4 01:35	41 5 02:27
100	7 00:46	CL 1 00:10	4 00:05.46
5 00:17.58	4 00:19.33	5 00:22.00	4 00:07.17
5 00:22.56			4 00:08.12
			4 00:08.36
			4 00:10.15
			4 00:11.08
			4 00:14.33
			4 00:15.35
5	Arnaudo Marco	ORICUNEO	00.24.05
31	3 00:42	36 7 03:42	44 5 01:37
45	5 02:06	39 6 01:19	38 2 00:23
57	6 01:53	58 4 00:53	178 4 02:59
61	4 01:01	3 00:00.42	6 00:04.24
184	6 02:30	33 3 01:31	41 7 02:43
100	4 00:34	CL 5 00:12	6 00:06.01
6 00:19.05	6 00:20.36	6 00:23.19	5 00:08.07
6 00:24.05			5 00:09.26
			5 00:09.49
			5 00:11.42
			5 00:12.35
			5 00:15.34
			6 00:16.35
6	Curzio Leonardo	ORIENTAMONDO IVREA	00.25.16
31	6 01:10	36 6 03:24	44 6 01:59
45	7 03:17	39 2 00:53	38 7 00:31
57	4 01:46	58 7 00:57	178 3 02:49
61	4 01:01	6 00:01.10	7 00:04.34
184	7 02:31	33 5 01:36	41 6 02:33
100	5 00:35	CL 7 00:14	7 00:06.33
7 00:20.18	7 00:21.54	7 00:24.27	7 00:09.50
6 00:25.16			7 00:10.43
			7 00:11.14
			7 00:13.00
			7 00:13.57
			6 00:16.46
			7 00:17.47
-	Platania Lorenzo	OPK MIRAFLORES	Punz. Errata
31	7 01:39	36 2 02:41	44 4 01:24
45	6 03:03	39 5 01:00	38 5 00:25
57	1 01:34	58 3 00:50	178 4 02:59
61	7 01:15	7 00:01.39	5 00:04.20
184	2 01:57	33 7 01:46	41 4 02:17
100	2 00:28	PE 1 00:10	6 00:05.44
4 00:17.54	5 00:19.40	4 00:21.57	6 00:08.47
4 00:22.25			6 00:09.47
			6 00:10.12
			6 00:11.46
			6 00:12.36
			- 00:14.42
			5 00:15.57

### Categoria: Viola

(Lunghezza 4000 m - Dislivello 40 m - Kmsf 4,40)

Pos.	Nome	Società	Tempo
1	Spina Lorenzo	OPK MIRAFLORES	00.24.20
53	2 01:07	35 3 02:41	58 1 02:03
57	3 01:16	57 3 01:16	38 1 02:09
179	1 02:28	40 1 00:39	179 1 02:28
184	3 02:43	2 00:01.07	3 00:03.48
34	1 01:55	41 2 02:25	100 3 00:47
CL	1 00:11	1 00:05.51	1 00:07.07
1 00:20.57	1 00:23.22	1 00:24.09	1 00:09.16
1 00:24.20			1 00:09.55
			1 00:12.23
			1 00:14.51
			1 00:16.19
			1 00:19.02
2	Pellegrino Tecco Carlo	PRO TEAM NORD-OVEST	00.25.34
53	1 01:06	35 2 02:35	58 2 02:18
57	5 01:26	57 5 01:26	38 2 02:41
179	2 02:37	40 3 00:57	179 2 02:37
184	2 02:42	1 00:01.06	3 00:07.25
34	1 01:55	41 4 02:49	100 1 00:32
CL	4 00:12	2 00:10.06	3 00:07.25
2 00:22.01	2 00:24.50	2 00:25.22	2 00:10.06
2 00:25.34			3 00:11.03
			3 00:13.40
			2 00:16.04
			2 00:17.24
			2 00:20.06
3	Grillo Luca	ORICUNEO	00.26.50
53	3 01:08	35 1 02:34	58 3 02:24
57	2 01:05	57 2 01:05	38 4 02:57
179	2 02:37	40 2 00:51	179 2 02:37
184	4 03:02	3 00:01.08	2 00:03.42
34	3 02:40	41 3 02:41	100 2 00:33
CL	1 00:11	2 00:06.06	2 00:07.11
3 00:23.25	3 00:26.06	3 00:26.39	3 00:06.06
3 00:26.50			2 00:07.11
			3 00:10.08
			2 00:10.59
			2 00:13.36
			2 00:16.04
			3 00:17.43
			3 00:20.45
4	Grillo Andrea	ORICUNEO	00.32.46
53	5 01:35	35 5 03:12	58 4 02:30
57	4 01:18	57 4 01:18	38 3 02:52
179	5 04:10	40 4 01:00	179 5 04:10
184	5 03:04	5 00:01.35	4 00:04.47
34	3 03:04	41 5 03:17	100 5 00:57
CL	4 00:12	4 00:07.17	4 00:08.35
4 00:28.20	4 00:31.37	4 00:32.34	4 00:11.27
4 00:32.46			4 00:12.27
			4 00:16.37
			4 00:20.26
			4 00:22.12
			4 00:25.16

### ..Categoria: Viola

Pos.	Nome		Società		Tempo																								
5	Bovero Gabriele		OPK MIRAFLORES		00.34.17																								
53	4	01:25	35	4	03:02	58	5	08:47	57	1	00:50	38	5	03:12	40	5	01:10	179	4	02:59	42	1	02:23	60	3	01:36	184	1	02:38
4		00.01.25	4		00.04.27	5		00.13.14	5		00.14.04	5		00.17.16	5		00.18.26	5		00.21.25	5		00.23.48	5		00.25.24	5		00.28.02
34	4	02:51	41	1	02:24	100	4	00:49	CL	1	00:11																		
5		00.30.53	5		00.33.17	5		00.34.06	5		00.34.17																		

### Categoria: W ELITE

(Lunghezza 4000 m - Dislivello 40 m - Kmsf 4,40)

Pos.	Nome		Società		Tempo																								
1	Daziano Nicole		ORICUNEO		00.30.07																								
53	1	01:14	35	1	03:06	58	1	02:35	57	1	01:17	38	1	02:13	40	1	01:53	179	1	03:27	42	1	02:51	60	1	01:41	184	1	03:14
1		00.01.14	1		00.04.20	1		00.06.55	1		00.08.12	1		00.10.25	1		00.12.18	1		00.15.45	1		00.18.36	1		00.20.17	1		00.23.31
34	1	02:07	41	1	03:20	100	1	00:55	CL	1	00:14																		
1		00.25.38	1		00.28.58	1		00.29.53	1		00.30.07																		

### Categoria: M 40

(Lunghezza 4000 m - Dislivello 40 m - Kmsf 4,40)

Pos.	Nome		Società		Tempo																								
1	Chiogna Guido		OPK MIRAFLORES		00.32.44																								
53	1	01:57	35	1	02:50	58	1	02:52	57	1	01:16	38	1	02:37	40	1	00:52	179	1	04:27	42	1	03:04	60	1	01:38	184	1	03:10
1		00.01.57	1		00.04.47	1		00.07.39	1		00.08.55	1		00.11.32	1		00.12.24	1		00.16.51	1		00.19.55	1		00.21.33	1		00.24.43
34	1	02:56	41	1	04:11	100	1	00:38	CL	1	00:16																		
1		00.27.39	1		00.31.50	1		00.32.28	1		00.32.44																		

### Categoria: Rosso

(Lunghezza 3200 m - Dislivello 50 m - Kmsf 3,70)

Pos.	Nome		Società		Tempo																								
1	Casale Annalisa		C.U.S. TORINO		00.31.08																								
31	1	01:06	37	1	03:59	44	1	02:33	40	1	02:10	38	1	01:21	58	1	04:31	57	1	01:33	35	1	03:26	184	1	02:47	33	1	03:07
1		00.01.06	1		00.05.05	1		00.07.38	1		00.09.48	1		00.11.09	1		00.15.40	1		00.17.13	1		00.20.39	1		00.23.26	1		00.26.33
52	2	03:35	100	2	00:44	CL	1	00:16																					
1		00.30.08	1		00.30.52	1		00.31.08																					
2	Brignone Tiziana		ORICUNEO		00.40.54																								
31	2	01:22	37	2	05:49	44	2	03:05	40	2	02:23	38	2	01:38	58	2	04:34	57	2	02:09	35	2	04:06	184	2	06:21	33	2	05:14
2		00.01.22	2		00.07.11	2		00.10.16	2		00.12.39	2		00.14.17	2		00.18.51	2		00.21.00	2		00.25.06	2		00.31.27	2		00.36.41
52	1	03:14	100	1	00:40	CL	2	00:19																					
2		00.39.55	2		00.40.35	2		00.40.54																					

### Categoria: M 60

(Lunghezza 3200 m - Dislivello 50 m - Kmsf 3,70)

Pos.	Nome		Società		Tempo																								
1	Manfredi Bruno		CRAL G.T.T.		00.32.47																								
31	1	01:26	37	1	04:09	44	1	03:05	40	1	02:10	38	1	01:07	58	1	03:59	57	1	01:40	35	1	04:19	184	1	03:02	33	1	02:53
1		00.01.26	1		00.05.35	1		00.08.40	1		00.10.50	1		00.11.57	1		00.15.56	1		00.17.36	1		00.21.55	1		00.24.57	1		00.27.50
52	1	03:44	100	1	00:50	CL	1	00:23																					
1		00.31.34	1		00.32.24	1		00.32.47																					

### Categoria: Verde

(Lunghezza 3100 m - Dislivello 40 m - Kmsf 3,50)

Pos.	Nome		Società		Tempo																								
1	Armento Giovanna		C.U.S. TORINO		00.28.01																								
176	1	01:08	59	2	04:13	44	2	02:23	39	1	02:33	38	1	00:47	57	2	03:03	36	3	03:59	54	4	03:10	34	3	03:15	100	2	03:12
1		00.01.08	1		00.05.21	1		00.07.44	1		00.10.17	1		00.11.04	1		00.14.07	1		00.18.06	1		00.21.16	1		00.24.31	1		00.27.43
CL	3	00:18																											
1		00.28.01																											

### ...Categoria: Verde

Pos.	Nome		Società		Tempo																								
2	Fodde Chiara		GSPORT		00.30.19																								
176	2	02:25	59	1	03:54	44	3	03:01	39	4	03:59	38	3	00:54	57	1	02:51	36	1	03:46	54	2	02:31	34	1	02:23	100	4	04:23
	2	00.02.25		2	00.06.19		2	00.09.20		2	00.13.19		2	00.14.13		2	00.17.04		2	00.20.50		2	00.23.21		2	00.25.44		2	00.30.07
	CL	1		1	00:12																								
	2	00.30.19																											
3	Pizzonia Annunziata		OPK MIRAFLORES		00.33.32																								
176	3	04:45	59	4	04:46	44	1	02:07	39	3	03:03	38	4	01:21	57	3	03:12	36	2	03:54	54	1	02:30	34	4	04:24	100	1	03:11
	3	00.04.45		3	00.09.31		3	00.11.38		3	00.14.41		3	00.16.02		3	00.19.14		3	00.23.08		3	00.25.38		3	00.30.02		3	00.33.13
	CL	4		4	00:19																								
	3	00.33.32																											
4	Spina Jacopo		OPK MIRAFLORES		00.36.25																								
176	4	07:18	59	3	04:16	44	4	03:48	39	2	02:44	38	1	00:47	57	4	03:44	36	4	05:02	54	3	02:50	34	1	02:23	100	3	03:17
	4	00.07.18		4	00.11.34		4	00.15.22		4	00.18.06		4	00.18.53		4	00.22.37		4	00.27.39		4	00.30.29		4	00.32.52		4	00.36.09
	CL	2		2	00:16																								
	4	00.36.25																											

### Categoria: W 60

(Lunghezza 3100 m - Dislivello 40 m - Kmsf 3,50)

Pos.	Nome		Società		Tempo																								
1	Beltramo Marina		GSPORT		00.38.54																								
176	1	03:23	59	1	05:48	44	1	03:19	39	1	03:04	38	1	01:05	57	1	04:18	36	1	05:25	54	1	04:51	34	1	02:42	100	1	04:35
	1	00.03.23		1	00.09.11		1	00.12.30		1	00.15.34		1	00.16.39		1	00.20.57		1	00.26.22		1	00.31.13		1	00.33.55		1	00.38.30
	CL	1		1	00:24																								
	1	00.38.54																											

### Categoria: Bianco

(Lunghezza 1900 m - Dislivello 20 m - Kmsf 2,10)

Pos.	Nome		Società		Tempo																								
1	Fava Oscar		OPK MIRAFLORES		00.24.23																								
175	1	01:40	54	1	05:04	35	1	03:19	37	1	01:56	42	1	03:26	61	1	03:17	32	1	03:19	52	1	00:36	100	1	01:16	CL	1	00:30
	1	00.01.40		1	00.06.44		1	00.10.03		1	00.11.59		1	00.15.25		1	00.18.42		1	00.22.01		1	00.22.37		1	00.23.53		1	00.24.23

### Categoria: ESO/LUDICO

(Lunghezza 1900 m - Dislivello 20 m - Kmsf 2,10)

Pos.	Nome		Società		Tempo																								
1	Tola Claudio		C.U.S. TORINO		00.12.34																								
175	2	01:16	54	1	01:12	35	1	01:42	37	1	00:48	42	1	02:21	61	1	01:42	32	1	01:42	52	1	00:29	100	2	00:55	CL	3	00:27
	2	00.01.16		1	00.02.28		1	00.04.10		1	00.04.58		1	00.07.19		1	00.09.01		1	00.10.43		1	00.11.12		1	00.12.07		1	00.12.34
2	Manfrin Francesco		C.U.S. TORINO		00.14.54																								
175	1	01:12	54	2	01:47	35	2	02:32	37	2	00:57	42	3	02:56	61	2	01:54	32	2	02:02	52	2	00:33	100	1	00:43	CL	1	00:18
	1	00.01.12		2	00.02.59		2	00.05.31		2	00.06.28		2	00.09.24		2	00.11.18		2	00.13.20		2	00.13.53		2	00.14.36		2	00.14.54
3	Comuzio Elisa		C.U.S. TORINO		00.31.16																								
175	3	03:29	54	3	03:43	35	3	05:51	37	3	03:42	42	2	02:30	61	3	04:19	32	3	02:05	52	3	00:46	100	3	04:33	CL	1	00:18
	3	00.03.29		3	00.07.12		3	00.13.03		3	00.16.45		3	00.19.15		3	00.23.34		3	00.25.39		3	00.26.25		3	00.30.58		3	00.31.16