WOC SPRINT CAMP ITA+AUT 26-27 JUNE 2021





1. SCHEDULE

Saturday 26th

12.30	Tampone rapido Covid	Isola Augusta
16.00	Mass start: Sprint Relay	Portogruaro
19.00	Dinner & training/WOC analysis	Isola Augusta

Sunday 27th

10.00	First start: Sprint Qualification	Palmanova
12.00	Lunch & recovery/rest	Isola Augusta
16.00	First start: Sprint Final	Palmanova

2. SPRINT RELAY

Format Sprint relay, team 1M + 1W (4 legs: W-M-W-M)
Map Portogruaro,1:4'000, 2.5m, by Daniele Danieli (2016)

Terrain Urban terrain with smaller and bigger buildings and park areas.

Forms Completely flat, maybe some stairs/bridges that are not calculated in the climb.

Traffic Local traffic in some of the streets (both cars, people and animals).

Lengths Leg 1-2: 2.4km, 0m climb, 14 controls, winning time 8'

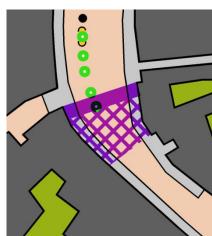
Leg 3-4: 2.4km, 0m climb, 13 controls, winning time 8'

Courses Stefano Raus

Start 0km from the parking, no warm-up map available (see the embargo at page 4)
Parking Parcheggio Piazza Castello (https://goo.gl/maps/oDSLRXpNFnK4WY5w8)

Note: control description printed only on the map. Control numbers next to the control circle are without code, so be careful to punch the correct SPORTident unit (so NOT 1-31). On the map might be present some artificial barriers marked with symbols 708 and 709. See the example below and keep in mind that on the ground there will be nothing, but don't get disqualified These may be different on the map for Leg1-2 and the map for Leg3-4.





3. SPRINT QUALIFICATION

Format Sprint distance, individual qualification

Map Palmanova,1:4'000, 2m, by Emiliano Corona (2020)

Terrain Urban terrain with big buildings and park areas inside the fortress; parkland

outside the city with old defensive settlements and passages.

Forms Flat areas with big buildings alternated with quite steep hills, walls and canals.

Traffic Local traffic in some of the streets (both cars, people and animals).

Lengths Women: 3,5km, 40m climb, 17 controls, winning time 13'

Men: 3,9km, 60m climb, 20 controls, winning time 13'

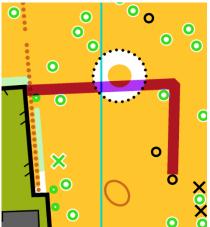
Courses Martin Binder

Start 550km from the parking, it is compulsory to use the Warm-up map!

Parking Via Molin (https://goo.gl/maps/WZGF7Ad7ghw33ubFA)

Note: control description available at the start and printed also on the map. On the map might be present some artificial barriers marked with symbols 708 and/or 709. See the example below and keep in mind that on the ground there will be nothing, but don't get disqualified (5)





3.1. IMPORTANT NOTE ABOUT MAPPING

Palmanova has some dark and mysterious passages to get in and out of the fortress. They are marked on the map as below. Be careful because the paved area inside these tunnels is not even and there is no light; slow down especially if you are using the tunnel to get out of the city because they are also steep (some photos in the next page).







4. SPRINT FINAL

Format Sprint distance, individual final

Map Palmanova,1:4'000, 2m, by Emiliano Corona (2020)

Terrain Urban terrain with big buildings and park areas inside the fortress; parkland

outside the city with old defensive settlements and passages.

Forms Flat areas with big buildings alternated with quite steep hills, walls and canals.

Traffic Local traffic in some of the streets (both cars, people and animals).

Lengths Women: 3.7km, 65m climb, 16 controls, winning time 14'

Men: 4.2km, 90m climb, 20 controls, winning time 14'

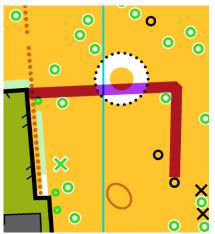
Courses Stefano Raus

Start 850m from the parking, it is compulsory to use the Warm-up map!

Parking Via Molin (https://goo.gl/maps/WZGF7Ad7ghw33ubFA)

Note: control description available at the start and printed also on the map. On the map might be present some artificial barriers marked with symbols 708 and/or 709. See the example below and keep in mind that on the ground there will be nothing, but don't get disqualified



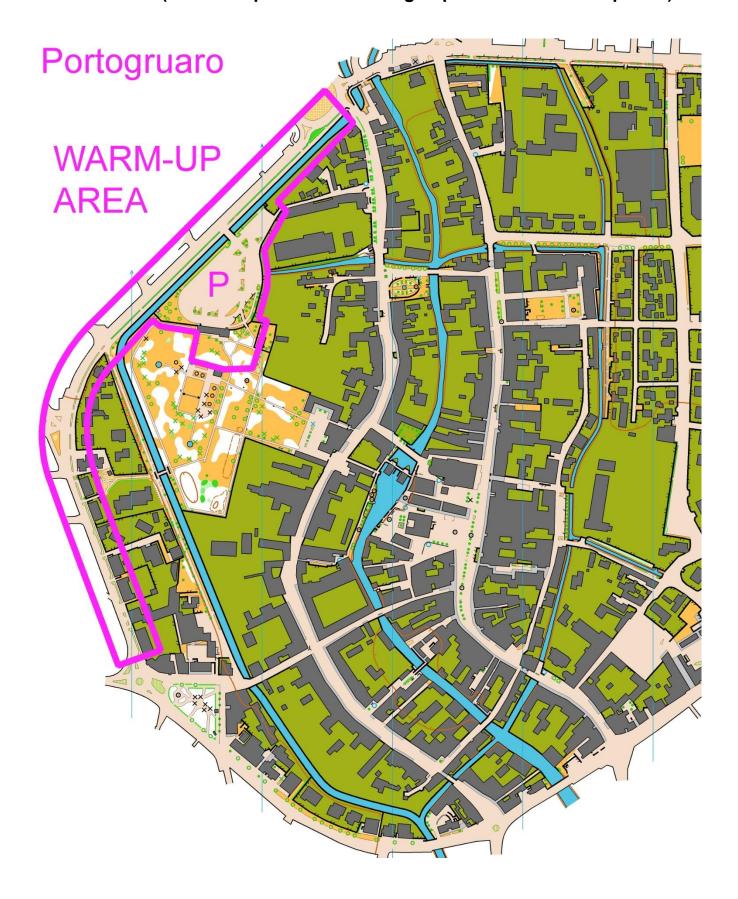


Example of tunnel access points:





5. OLD MAPS (all the map is under embargo apart for the warm-up area)





6. CONTACTS

Italian National Team (Foot-O Sprint)
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Bulletin, gps replay and live results: https://www.fiso.it/pagina/team-sprint-c-o

*all courses lengths are based on the optimal routechoice