# Relay of the Dolomites 2021 

Bulletin 2<br>30th May 2021, Collepietra/Steinegg - Alto Adige/South Tirol, ITALY<br>www.relay-dolomites.com

We are excited to welcome you to the fifth edition of this spectacular orienteering relay! The competition has a unique and thrilling race formula based on club spirit.

## Venue

The competition venue is the pine and spruce forest at 1100-1300m above sea level around Collepietra just some kilometres from Bolzano. The Arena is the same for both competition days.

## Program

- Saturday, 29th May 2021, Italian Championships, Long - WRE, Collepietra, GPS 46.464536, 11.457583
- Sunday, 30th May 2021, Relay of the Dolomites, Collepietra, GPS 46.464536, 11.457583 8.00 Competition office open 8.45 Deadline for team changes 9.30 Start "Relay of the Dolomites" 9.40 Start "Kids Relay"
11.30 Restart of second and third not yet started legs. Mass-start of individual athletes 12.34 Finish first team
13.15 Restart all not yet started legs
14.45 Prise giving ceremony


## Italian Championships Long Distance- WRE

The day before the Relay, Saturday 29th May, our friends from Sport Club Meran organize the Italian Championships, Long distance - World Ranking Event! More info on: https://www.fiso.it/ gara/202113

Relay

|  | Classes $^{*}$ | Length | Difficulty | Winning time | Change over |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st leg | Open | $5,3 \mathrm{~km}$ | difficult | 36 min | $10: 06$ |
| 2nd leg | -WM16, WM55- | $3,5 \mathrm{~km}$ | medium | 28 min | $10: 34$ |
| 3rd leg | -WM18, WM45- | $3,7 \mathrm{~km}$ | medium | 28 min | $11: 02$ |
| 4th leg | Women only | $5,3 \mathrm{~km}$ | difficult | 42 min | $11: 44$ |
| 5th leg | Open | $7,8 \mathrm{~km}$ | difficult | 50 min | $12: 34$ |

*the recommended age for $2^{\text {nd }}$ and 3 3rd leg is 14 years and older
Runners from different clubs are allowed to run together, but as it is a club relay it is strongly recommended to compose club teams!

## Kids Relay

Normal two-legs relay. There will be two classes: Boys and Girls. The age is 10-14 years old (born 2007-2011). Each team consists of two athletes. It is strongly recommended to compose club teams! The girls may participate in the boys class.

Kids Boys

|  | Classes | Length | Difficulty | Winning time | Change over |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 leg | MW10-MW14 | $2,1 \mathrm{~km}$ | easy | 16 min | $09: 56$ |
| 2 leg | MW10-MW14 | $2,4 \mathrm{~km}$ | easy | 18 min | $10: 14$ |

## Kids Girls

|  | Classes | Length | Difficulty | Winning time | Change over |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 leg | W10-W14 | $2,1 \mathrm{~km}$ | easy | 16 min | $09: 56$ |
| 2 leg | W10-W14 | $2,3 \mathrm{~km}$ | easy | 18 min | $10: 14$ |

## Individual runners without team

No runners bank this year. Single runners have possibility to run one of two prepared courses: Short $3,4 \mathrm{~km}$ or Long $6,3 \mathrm{~km}$. They are starting with the first restart at 11.30. Entries are possible via e-mail relay-dolomites@tolweb.net or at the arena until 10.00, specifying name, surname, class, club, date of birth, SI-chip number, course. The entry fee is 15,00 Euro.

## Spectators control \& forking

There will be a spectators control after $90 \%$ of the course for all legs. The kids in Kids Relay run from spectators control directly to last control.
Forking will be used on all legs.

## King and Queen of the Leg

The best man and woman on the leg printed on the map as King\&Queen will be crowned as "King and Queen of the Leg". The leg is 600 m long. The best three men and three women will be awarded.

Overview map


## Team formation changes

The team formation must be defined by Tuesday 25 May, midnight.
Changes regarding the team formations can be done until Sunday 30 May, 08.45. Every change will be charged with a processing fee of 5,00 Euro.

## Terrain

Coniferous forest at 1100-1300m above sea level. Runnability and visibility mostly good. Hilly topography with moderate to steeper slopes with a dense net of forest roads and hiking trails. There are some cultivated fields, rock details and many contour features. Please respect the out-of-bounds areas marked on the map with purple grid.

## Map

Scale 1:10.000, eqv. 5 m for "Relay of the Dolomites".
Scale 1:7.500, eqv. 5 m for "Kids Relay".
The existing map from year 1994 is completely renewed. The map is produced in September 2020 by the mapmakers Viktor Kirianov, Vadym Prokopchuk, Mykhaylo Teslenko and Oleksandr Yefimenko.

## Team documents

The team envelopes contain number bibs, competition info, and small gadgets for all runners. Each leg has its own color on the bib. 1st leg - blue, 2nd leg - green, 3d leg - yellow, 4th leg pink, 5th leg - black. Kids Relay has multicolor number bibs. For the first 30 teams the starting number corresponds to the placing of the team in RoD 2019.

## Punching system

Touchfree Sportldent Air+ punching will be activated but it will be also possible to punch in standard mode.
It is possible to rent SI card for 2,00Euro/piece.

## GPS

The 10 best teams on the 1st, 4th and 5th legs will carry vests with GPS units. The teams will be announced by the speaker before and during the competition. Make sure to pick up your vest well in time. Showing up at the start without GPS unit will lead to team disqualification.

## Control descriptions

Control descriptions will be printed on the map. In some detailed areas the controls are set near to each other, please check the numbers! Near the control on the map will be printed number and control code, ex: 1-3.

## Start

Mass-start "Relay of the Dolomites" at 9.30. Mass-start "Kids Relay" is at 9.40. The runners are responsible to clear and check the SI card and to be at their positions 5 min before the start. It is forbidden to look at the map before the start signal.

## Changeover procedure

The incoming runners cross the finish line, punch the finish SI unit, leave their map in the container and continue towards their teammate. No hand contact allowed! Outgoing runners follow the start corridor to the mapstand where they take their map. Please make sure you pick up the correct map. If you encounter any problem at the changeover, immediately refer to our staff at the finish area.

## Finish

The finish line decides the final position. Finish punching has to be done after the finish line. Get ready for tough fight!

## Restart

At 11.30 mass-start of $2 n d$ and 3d not yet started legs. Mass-start of individual athletes At 13.15 mass-start for all other not yet started runners.

## Map distribution

The distribution of the new maps will take place in the competition office after the last restart at 13.15

## Results

No results will be published on arena, please follow online results: https:// liveresultat.orientering.se/followfull.php?comp=18901\&lang=sv


## Live streaming

You can follow your teammates live in youtube. Link to live streaming will be published on www-relay-dolomites.com

## Arena



## Prize giving ceremony

The prize giving ceremony takes place at the arena at 14.45 . The first 10 teams of the "Relay of the Dolomites" and the first 3 teams in both classes of the "Kids Relay" will be awarded. The captain of each awarded team will be asked to come out for the prizes. There will be a special award for the three best men and three best women on the lap "King and Queen of the Leg".

## Maximum time

The finish will be closed at 15.15, two hours after the second restart.

## Toilets

Toilets are available near the arena.

## COVID Protocol

Relay of the Dolomites will be held according to the regulations of local health authorities and FISO Covid-19 instructions.
To participate in competitions you need one of these documents:

- an official, negative PCR- or antigen- test made within the last 72 hours
- if having had Covid-19, a medical certificate to show that you are healthy again(only valid for 6 month)
- certificate of vaccination against SARS-COV-2, valid from the 15th day after the first dose(only with Pfizer, Astra Zeneca, Moderna or J\&J)

It is possible to book an antigen test near the competition center on Saturday $29^{\text {th }}$ May before the Italian Championship.

## Copyright pictures

With the entry to the "Relay of the Dolomites" the athlete gives the organization permission to take photographs of him/her and to use these photographs for marketing purposes.

## Main officials

| Event Director | Ernesto Rampado |
| :--- | :--- |
| Technical Director | Mikhail Mamleev |
| Secretary | Federica Ragona, Verena Troi |
| Coursesetter | Dario Beltramba |
| Arena | Giuliano Rampado |
| Prize-giving | Verena Troi |
| Sportldent | Alessio Dalfollo |
| Speaker | Stefano Galletti |
| Web, social media, design | Klaus Schgaguler, Thomas Widmann, Tiziano Braiato |

## Contacts

Email: $\quad \begin{aligned} & \text { relay-dolomites@tolweb.net } \\ & \text { Website: } \\ & \text { www.relay-dolomites.com }\end{aligned}$

THE RELAY OF THE DOLOMITES IS POWERED BY


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