



Relay of the Dolomites 2021

Bulletin 2

30th May 2021, Collepietra/Steinegg - Alto Adige/South Tirol, ITALY

www.relay-dolomites.com

We are excited to welcome you to the fifth edition of this spectacular orienteering relay! The competition has a unique and thrilling race formula based on club spirit.

<u>Venue</u>

The competition venue is the pine and spruce forest at 1100-1300m above sea level around Collepietra just some kilometres from Bolzano. The Arena is the same for both competition days.

Program

- <u>Saturday</u>, 29th May 2021, Italian Championships, Long WRE, Collepietra, GPS 46.464536, 11.457583
- <u>Sunday</u>, 30th May 2021, Relay of the Dolomites, Collepietra, GPS 46.464536, 11.457583 8.00 Competition office open 8.45 Deadline for team changes 9.30 Start "Relay of the Dolomites" 9.40 Start "Kids Relay" 11.30 Restart of second and third not yet started legs. Mass-start of individual athletes 12.34 Finish first team 13.15 Restart all not yet started legs 14.45 Prise giving ceremony

Italian Championships Long Distance- WRE

The day before the Relay, Saturday 29th May, our friends from Sport Club Meran organize the Italian Championships, Long distance – World Ranking Event! More info on: <u>https://www.fiso.it/gara/202113</u>



Relay

	Classes*	Length	Difficulty	Winning time	Change over
1st leg	Open	5,3km	difficult	36 min	10:06
2nd leg	-WM16, WM55-	3,5km	medium	28 min	10:34
3rd leg	-WM18, WM45-	3,7km	medium	28 min	11:02
4th leg	Women only	5,3km	difficult	42 min	11:44
5th leg	Open	7,8km	difficult	50 min	12:34

*the recommended age for 2nd and 3rd leg is 14 years and older

Runners from different clubs are allowed to run together, but as it is a club relay it is strongly recommended to compose <u>club teams</u>!

Kids Relay

Normal two-legs relay. There will be two classes: Boys and Girls. The age is 10-14 years old (born 2007-2011). Each team consists of two athletes. It is strongly recommended to compose club teams! The girls may participate in the boys class.

Kids Boys

	Classes	Length	Difficulty	Winning time	Change over
1 leg	MW10-MW14	2,1km	easy	16 min	09:56
2 leg	MW10-MW14	2,4km	easy	18 min	10:14

Kids Girls

	Classes	Length	Difficulty	Winning time	Change over
1 leg	W10-W14	2,1km	easy	16 min	09:56
2 leg	W10-W14	2,3km	easy	18 min	10:14

Individual runners without team

No runners bank this year. Single runners have possibility to run one of two prepared courses: Short 3,4km or Long 6,3km. They are starting with the first restart at 11.30. Entries are possible via e-mail <u>relay-dolomites@tolweb.net</u> or at the arena until 10.00, specifying name, surname, class, club, date of birth, SI-chip number, course. The entry fee is 15,00 Euro.



Spectators control & forking

There will be a spectators control after 90% of the course for all legs. The kids in Kids Relay run from spectators control directly to last control. Forking will be used on all legs.

King and Queen of the Leg

The best man and woman on the leg printed on the map as King&Queen will be crowned as "King and Queen of the Leg". The leg is 600m long. The best three men and three women will be awarded.

Overview map



Team formation changes

The team formation must be defined by Tuesday 25 May, midnight.

Changes regarding the team formations can be done until Sunday 30 May, 08.45. Every change will be charged with a processing fee of 5,00 Euro.



<u>Terrain</u>

Coniferous forest at 1100-1300m above sea level. Runnability and visibility mostly good. Hilly topography with moderate to steeper slopes with a dense net of forest roads and hiking trails. There are some cultivated fields, rock details and many contour features. Please respect the out-of-bounds areas marked on the map with purple grid.

<u> Map</u>

Scale 1:10.000, eqv. 5m for "Relay of the Dolomites".

Scale 1:7.500, eqv. 5m for "Kids Relay".

The existing map from year 1994 is completely renewed. The map is produced in September 2020 by the mapmakers Viktor Kirianov, Vadym Prokopchuk, Mykhaylo Teslenko and Oleksandr Yefimenko.

Team documents

The team envelopes contain number bibs, competition info, and small gadgets for all runners. Each leg has its own color on the bib. 1st leg – blue, 2nd leg – green, 3d leg – yellow, 4th leg – pink, 5th leg – black. Kids Relay has multicolor number bibs. For the first 30 teams the starting number corresponds to the placing of the team in RoD 2019.

Punching system

Touchfree SportIdent Air+ punching will be activated but it will be also possible to punch in standard mode.

It is possible to rent SI card for 2,00Euro/piece.

<u>GPS</u>

The 10 best teams on the 1st, 4th and 5th legs will carry vests with GPS units. The teams will be announced by the speaker before and during the competition. Make sure to pick up your vest well in time. Showing up at the start without GPS unit will lead to team disqualification.

Control descriptions

Control descriptions will be printed on the map. In some detailed areas the controls are set near to each other, please check the numbers! Near the control on the map will be printed number and control code, ex: 1-3.



Mass-start "Relay of the Dolomites" at 9.30. Mass-start "Kids Relay" is at 9.40. The runners are responsible to clear and check the SI card and to be at their positions 5 min before the start. It is forbidden to look at the map before the start signal.

Changeover procedure

The incoming runners cross the finish line, punch the finish SI unit, leave their map in the container and continue towards their teammate. No hand contact allowed! Outgoing runners follow the start corridor to the mapstand where they take their map. Please make sure you pick up the correct map. If you encounter any problem at the changeover, immediately refer to our staff at the finish area.

<u>Finish</u>

The finish line decides the final position. Finish punching has to be done after the finish line. Get ready for tough fight!

Restart

At 11.30 mass-start of 2nd and 3d not yet started legs. Mass-start of individual athletes At 13.15 mass-start for all other not yet started runners.

Map distribution

The distribution of the new maps will take place in the competition office after the last restart at 13.15

Results

No results will be published on arena, please follow online results: <u>https://</u> <u>liveresultat.orientering.se/followfull.php?comp=18901&lang=sv</u>

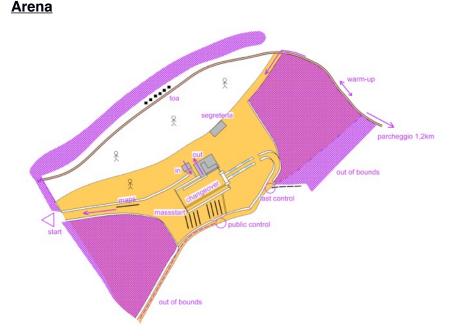






Live streaming

You can follow your teammates live in youtube. Link to live streaming will be published on <u>www-relay-dolomites.com</u>



Prize giving ceremony

The prize giving ceremony takes place at the arena at 14.45. The first 10 teams of the "Relay of the Dolomites" and the first 3 teams in both classes of the "Kids Relay" will be awarded. The captain of each awarded team will be asked to come out for the prizes. There will be a special award for the three best men and three best women on the lap "King and Queen of the Leg".

Maximum time

The finish will be closed at 15.15, two hours after the second restart.

Toilets

Toilets are available near the arena.





Relay of the Dolomites will be held according to the regulations of local health authorities and FISO Covid-19 instructions.

To participate in competitions you need one of these documents:

- an official, negative PCR- or antigen- test made within the last 72 hours
- if having had Covid-19, a medical certificate to show that you are healthy again(only valid for 6 month)
- certificate of vaccination against SARS-COV-2, valid from the 15th day after the first dose(only with
- Pfizer, Astra Zeneca, Moderna or J&J)

It is possible to book an antigen test near the competition center on Saturday 29th May before the Italian Championship.

Copyright pictures

With the entry to the "Relay of the Dolomites" the athlete gives the organization permission to take photographs of him/her and to use these photographs for marketing purposes.

Main officials

Event Director	Ernesto Rampado
Technical Director	Mikhail Mamleev
Secretary	Federica Ragona, Verena Troi
Coursesetter	Dario Beltramba
Arena	Giuliano Rampado
Prize-giving	Verena Troi
SportIdent	Alessio Dalfollo
Speaker	Stefano Galletti
Web, social media, design	Klaus Schgaguler, Thomas Widmann, Tiziano Braiato

Contacts

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THE RELAY OF THE DOLOMITES IS POWERED BY

