

BULLETIN N. 1

Sprint Distance Italian Cup MTB-O Muris di Ragnona (UD) 19 Ottobre 2019

ASD Semiperdo Orienteering Maniago welcomes you and hopes you'll have great fun

- 1) MEETING AND RACE COORDINATION CENTER: Social Center in Muris di Ragnona (UD), Via V.Veneto 1. Race center will open at 13:00
- 2) RACE MAP: "Lago di Ragnona" created in 2014, approval f-o 0917, new version 2019.
Scale 1:10.000 for all categories
You'll be provided of plastic bags for your maps if it'll rain
- 3) START: 1.300m from the meeting point. Athletes will show up at -3 from their start time.
First start at 14:30
- 4) FINISH: 400 m from the meeting point.
- 5) ATTENTION:
 - W-40 has been merged to W-Elite.
 - Keep the right side of tracks. Pay attention while overtaking runners.
 - If SI fails punch on the map and tell the jury at the finish
 - You are forced to use an helmet
 - You can run outside tracks only with your bike in hand
 - Time limit is 2 hours
 - It is strictly forbidden to bike on paved roads. Only for MW-Elite there is a road crossing watched by organizers.
 - At the end of the race bring your number bib back to the race center
- 6) PRIZE GIVING: prize giving ceremony is going to be held at 17:00.
The first 3 athletes from the following categories: beginners, young and juniors, elite; will receive a prize, along with the first one of the other categories.
- 7) RACE JURY: It will be decided the day of the race