

BULLETIN N. 1

Long Distance Italian Championship MTB-O Spilimbergo (PN) 20 Ottobre 2019

ASD Semiperdo Orienteering Maniago welcomes you and hopes you'll have great fun

- 1) MEETING AND RACE COORDINATION CENTER: Giacomello Stadium in Spilimbergo, where you'll find changing rooms and parking. Race center will open at 9:00
- 2) RACE MAP: "Spilimbergo-Tagliamento" created in 2018, approval mtbo 1089, new version 2019.
Scale 1:15.000 for all categories
You'll be provided of plastic bags for your maps if it'll rain
 - MW14-Beginners' maps will be in A4
 - MW17-W20-MW50-M60's maps will be in A3
 - MW Elite-M20-M40 will have two maps, the first one in A4 and the second one in A3
- 3) START: 400m from the meeting point. Athletes will show up at -3 from their start time.
First start at 10:00
Start is at 50 m from map pick up
- 4) FINISH: Near the meeting point. Near the finish you'll be able to buy some food for little money
- 5) ATTENTION:
 - W-40 has been merged to W-Elite.
 - Race is almost completely on tracks except for some small parts opened to traffic, be aware of cars
 - Keep the right side of tracks. Pay attention while overtaking runners.
 - If SI fails punch on the map and tell the jury at the finish
 - You are forced to use an helmet
 - Pay attention in case of rain to the muddy terrain
 - Time limit is 3 hours
 - There is bike wash at the meeting point
 - At the end of the race bring your number bib back to the race center
- 6) PRIZE GIVING: prize giving ceremony is going to be held at 14:00
- 7) RACE JURY: It will be decided the day of the race