

FVG SPRINT RELAY CHAMPIONSHIPS 2017

FISO FVG regional committee is glad to invite you to our sprint relay championship to be held the 24th of September in Gradisca d'Isonzo (GO).

Competition map: "Gradisca d'Isonzo", scale 1:4000, equidistance 2,5 m. Historical city center with park areas.

Event center opens at 8.30 in "Parco della Spianata", Gradisca d'Isonzo (google maps: <https://goo.gl/maps/P2oZeuARVFK2>)

Format: Sprint relay, teams made-up of 3 competitors, with at least 1 female runner.

Categories:

YOUNG: MW13-16

JUNIOR: MW17-20

ELITE: MW21-34

MASTER 35: MW35-49

MASTER 50: MW50+

OPEN (no sex and age restrictions)

Individual (race) categories: M12, W12, Esordienti(beginners)

Entries:

Until the 19th of september 2017 at 23.59 using fiso.it website for Italian teams, sending an e-mail at comitato@fisofvg.it for foreign teams.

Please specify Category, Name, Surname, Si-card, Club, Year of birth and correct running order for every athlete in each team.

Entry fees: Young and Junior euro 5,00/athlete; Elite, Master and Open categories euro 7,00/athlete; MW12 ed Esordienti(beginners) euro 5,00/athlete

Start:

Mass start times: 10.00 - 10.05 - 10.10

Individual categories start will follow.

Second and third leg runners who didn't take their change yet will start at 11.00

Awards ceremony:

Parco della Spianata at 12.30

Organizing committee:

Technical Delegate: **Zambiasi Alberto**

Race Director: **Di Bert Paolo** Friuli MTB-O

Course Setter: **Cereser Elvio** Corivorivo

Controller: **Zambiasi Clizia** SOM

Event office: **Margiore Elena** Orienteering Trieste

Results: **Barelli Giulio** Cai XXX Ottobre

Start: **Zorat Gabriella** SOM

Finish and changing area: **Hechich Marirosa** SOM

Award Ceremony: **De Masellis Giovanna** SOM

Stage 2 of Italian Trail-o Championships in Pre-o will follow. More info here: <http://itoc2017.altervista.org/>

Updates, parking info and course lengths will be published in final bulletin on <https://www.fisofvg.it/>

