

## **Como Lake Orienteering Meeting 2017**

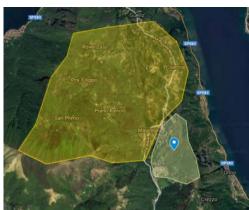
## 8th/9th April, 2017 - Bulletin 1bis

## Bulletin1bis thoroughly supersedes previous Bulletin1

WRE Classes:	M21 and W21
Discipline:	FootO
Date and types of Competitions:	April, 8 <sup>th</sup> (afternoon): WRE Sprint race, in <b>Dervio (Lecco)</b> , valid for the Italian national orienteering " <b>Sprint Race Tour 2017</b> "  April, 9 <sup>th</sup> (morning): Long-Distance WRE race in San Primo forest, valid for the national orienteering " <b>Italian Cup 2017</b> "
Other Classes:	<ul> <li>Sprint Race Tour 2017: BEGINNERS, W12, W16, W20, WB, W35, W45, W55, W65, M12, M16, M20, MB, M35, M45, M55, M65</li> <li>Italian Cup 2017: BEGINNERS, DIRECT, W12, W14, W16, W18, W20, WA, WB, WC, W35, W40, W45, W50, W55, W60, W65, W70, W75, M12, M14, M16, M18, M20, MA, MB, MC, M35, M40, M45, M50, M55, M60, M65, M70, M75</li> </ul>
Organizers:	A.S.D. Nirvana Verde – Event Website: <a href="http://www.nirvanaverde.it/clom">http://www.nirvanaverde.it/clom</a> Event Manager: Stefano Gottardi (phone number +39.349.8759545) WRE/IOF Race Director: Maurizio Ongania Course Planner: Andrea Gianotti (Sprint), Mario Ruggiero (Long) IOF Event Adviser: Francesco Giandomenico National FISO controller: Massimo Bianchi Course Controllers: Alessandra Gariboldi (Sprint), Maurizio Todeschini (Long) Contact email: <a href="mailto:info@nirvanaverde.it">info@nirvanaverde.it</a> Sprint Venue: Dervio (Lecco, Italy) Long Venue: San Primo forest (45.927950, 9.247640 – Como, Italy)

General map of the region and relevant embargoed areas:





More details on Event Website: <a href="http://www.nirvanaverde.it/clom">http://www.nirvanaverde.it/clom</a>

WRE Entries:  By lof Eventor Management Service only:  https://eventor.orienteering.org/Events/Show/5698  https://eventor.orienteering.org/Events/Show/5695  Latest date for WRE entries: March, 31 <sup>st</sup> 2017  WRE Entry fees:  €12,00 (each race)  FISO members (Sprint Race Tour 2017): http://www.fiso.it/gara/20173  FISO athletes (Italian Cup 2017): http://www.fiso.it/gara/20174  SPRINT RACE Tour (Saturday), for foreigners:	
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SPRINT RACE Tour (Saturday), for foreigners:	
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Cliner Classes	
http://www.orienteeringonline.net/CompetitionBasicInfo.aspx?CompetitionID=3177	
ITALIAN CUP (Sunday), for foreigners:	
http://www.orienteeringonline.net/CompetitionBasicInfo.aspx?CompetitionID=3178	
Latest data fau autoias Auril 15 2017	
Latest date for entries: April, 1 <sup>st</sup> 2017	
Entry fees: €5,00 WM16 and younger (each race)	
€12,00 other classes (each race)	
Payment:  Bank Transfer to "A.S.D. NIRVANA VERDE" – Via C. Villa 15, 23862 Civate (Italy)	
IBAN: IT17B052165120000000001150 SWIFT: BPCVIT2S	
VISA for foreigners Refer to <a href="http://vistoperitalia.esteri.it/">http://vistoperitalia.esteri.it/</a>	
Sprint: urban old village terrain, mix of narrow difficult passages, few open areas;	
sometimes steep slopes.	
Map scale 1:5.000, contour interval 2.5m	
Terrains	
<b>Long</b> : generally alpine terrain, steep slopes, mixed type of forest, few stony areas.	
Map scale 1:15.000, contour interval 5m	
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Map Samples  Map Samples	
Punching System: Sport-Ident	
Sprint winning time = 12'/15' - both men and women	
Courses into:	
Long winning time = 90'/100' for men, 70'/80' for women	
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