

Categoria: M A

(Lunghezza 5200 m - Dislivello 80 m - Kmsf 6,00)

Pos.	Nome	Società	Tempo
1	Fiocca Michele	CORSAORIENTAMENTO CLUB...	00.36.14
131	2 02:27	132 1 01:13	133 1 00:48
2	00.02.27	1 00.03.40	1 00.04.28
141	2 01:37	142 1 00:51	143 1 00:52
1	00.14.51	1 00.15.42	1 00.16.34
150	3 01:02	151 1 01:06	147 1 02:45
1	00.27.10	1 00.28.16	1 00.31.01
134	1 00:40	135 1 01:24	136 1 01:27
1	00.05.08	1 00.06.32	1 00.07.59
144	1 01:50	145 1 02:10	146 1 01:21
1	00.17.04	1 00.18.54	1 00.21.04
153	1 00:57	154 1 01:08	155 1 01:13
1	00.31.59	1 00.32.56	1 00.34.04
137	3 02:17	138 4 01:03	139 1 00:56
1	00.10.16	1 00.11.19	1 00.12.15
147	1 01:37	148 1 00:54	149 2 01:12
1	00.22.25	1 00.24.02	1 00.24.56
200	2 00:39	CL 4 00:18	
1	00.35.17	1 00.35.56	1 00.36.14
2	00.02.27	1 00.03.40	1 00.04.28
141	2 01:37	142 1 00:51	143 1 00:52
1	00.14.51	1 00.15.42	1 00.16.34
150	3 01:02	151 1 01:06	147 1 02:45
1	00.27.10	1 00.28.16	1 00.31.01
134	1 00:40	135 1 01:24	136 1 01:27
1	00.05.08	1 00.06.32	1 00.07.59
144	1 01:50	145 1 02:10	146 1 01:21
1	00.17.04	1 00.18.54	1 00.21.04
153	1 00:57	154 1 01:08	155 1 01:13
1	00.31.59	1 00.32.56	1 00.34.04
137	3 02:17	138 4 01:03	139 1 00:56
1	00.10.16	1 00.11.19	1 00.12.15
147	1 01:37	148 1 00:54	149 2 01:12
1	00.22.25	1 00.24.02	1 00.24.56
200	2 00:39	CL 4 00:18	
1	00.35.17	1 00.35.56	1 00.36.14
10	00.02.45	11	00.04.52
120	1 01:30	121 2 01:03	122 3 01:05
1	00.15.32	2 00.16.35	2 00.17.40
150	1 00:54	151 1 01:06	147 3 03:12
2	00.30.06	2 00.31.12	2 00.34.24
131	4 02:45	132 4 02:07	133 3 00:58
4	00.02.45	4 00.04.52	4 00.05.50
141	1 01:30	142 2 01:03	143 3 01:05
2	00.15.32	2 00.16.35	2 00.17.40
150	1 00:54	151 1 01:06	147 3 03:12
2	00.30.06	2 00.31.12	2 00.34.24
134	2 00:41	135 3 01:34	136 2 01:28
3	00.06.31	3 00.08.05	2 00.09.33
144	3 02:14	145 5 03:04	146 2 01:33
2	00.18.11	2 00.20.25	2 00.25.02
153	2 01:09	154 3 01:33	155 2 01:21
2	00.35.17	2 00.36.26	2 00.37.59
137	1 01:40	138 1 00:39	139 2 01:00
1	00.11.13	2 00.11.52	2 00.12.52
147	2 02:09	148 2 00:56	149 1 01:05
1	00.27.11	2 00.28.07	2 00.29.12
200	1 00:38	CL 1 00:16	
2	00.39.20	2 00.39.58	2 00.40.14
10	00.02.45	11	00.04.52
120	1 01:30	121 2 01:03	122 3 01:05
2	00.15.32	2 00.16.35	2 00.17.40
150	1 00:54	151 1 01:06	147 3 03:12
2	00.30.06	2 00.31.12	2 00.34.24
131	3 02:35	132 2 01:40	133 6 01:17
3	00.02.35	3 00.04.15	3 00.05.32
141	3 01:52	142 4 01:29	143 2 01:04
3	00.18.14	3 00.19.43	3 00.20.47
150	4 01:06	151 3 01:22	147 4 03:34
3	00.34.40	3 00.36.02	3 00.39.36
134	6 01:52	135 2 01:32	136 3 01:44
4	00.07.24	4 00.08.56	4 00.10.40
144	5 02:39	145 3 02:42	146 3 02:06
3	00.24.10	3 00.26.52	3 00.28.58
153	3 01:10	154 6 05:13	155 3 01:26
3	00.42.00	3 00.47.13	3 00.48.39
137	2 02:09	138 3 00:46	139 5 01:24
1	00.12.49	3 00.13.35	3 00.14.59
147	2 02:09	148 3 01:07	149 4 01:20
1	00.31.07	3 00.32.14	3 00.33.34
200	5 00:53	CL 5 00:19	
3	00.49.32	3 00.49.51	
10	00.02.45	11	00.04.52
120	1 01:30	121 2 01:03	122 3 01:05
2	00.15.32	2 00.16.35	2 00.17.40
150	1 00:54	151 1 01:06	147 3 03:12
2	00.30.06	2 00.31.12	2 00.34.24
131	6 05:11	132 6 03:44	133 4 01:03
6	00.05.11	6 00.08.55	6 00.09.58
141	5 02:17	142 3 01:21	143 4 01:13
5	00.22.57	5 00.24.18	5 00.25.31
150	2 00:56	151 4 01:57	147 2 03:01
5	00.39.34	5 00.41.31	5 00.44.32
134	4 01:07	135 4 01:37	136 5 02:33
4	00.11.05	4 00.12.42	4 00.15.15
144	4 02:24	145 4 03:02	146 5 02:23
5	00.26.11	5 00.28.35	5 00.31.37
153	4 01:18	154 2 01:20	155 4 01:40
5	00.46.54	4 00.48.14	4 00.49.54
137	4 02:27	138 2 00:42	139 3 01:07
1	00.17.42	5 00.18.24	5 00.19.31
147	4 02:12	148 3 01:07	149 3 01:19
1	00.36.12	5 00.37.19	5 00.38.38
200	3 00:42	CL 2 00:17	
4	00.50.36	4 00.50.53	
10	00.02.45	11	00.04.52
120	1 01:30	121 2 01:03	122 3 01:05
2	00.15.32	2 00.16.35	2 00.17.40
150	1 00:54	151 1 01:06	147 3 03:12
2	00.30.06	2 00.31.12	2 00.34.24
131	5 03:33	132 5 02:44	133 5 01:16
5	00.03.33	5 00.06.17	5 00.07.33
141	6 02:30	142 5 01:32	143 6 01:34
6	00.24.58	6 00.26.30	6 00.28.04
150	5 01:11	151 5 01:58	147 5 03:52
6	00.45.14	6 00.47.12	6 00.51.04
134	5 01:29	135 6 03:00	136 6 02:59
5	00.09.02	5 00.12.02	5 00.15.01
144	6 03:33	145 6 03:22	146 3 02:06
6	00.28.53	6 00.32.26	6 00.35.48
153	6 01:38	154 4 01:59	155 6 02:20
6	00.53.57	6 00.55.56	6 00.58.16
137	6 03:13	138 5 01:12	139 6 01:25
6	00.18.14	6 00.19.26	6 00.20.51
147	6 03:09	148 5 01:17	149 6 01:43
6	00.37.54	6 00.41.03	6 00.44.03
200	6 01:09	CL 6 00:33	
6	00.59.25	6 00.59.58	
98	- 01:14	124 - 00:24	102 - 00:20
-	00.01.14	- 00.01.38	- 00.01.58
90	- 00:59	116 - 01:23	111 - 00:31
-	00.13.04	- 00.14.27	- 00.14.58
133	- 01:05	134 - 01:10	135 - 01:58
-	05.05.52	- 05.07.02	- 05.09.00
RI	- 303:-32		
7	00.17.31		
97	- 00:20	104 - 04:56	106 - 00:48
-	00.02.18	- 00.07.14	- 00.08.02
112	- 00:35	122 - 00:17	114 - 00:40
-	00.16.04	- 00.16.21	- 00.17.01
137	- 02:20	138 - 00:47	139 - 02:00
-	05.13.11	- 05.13.58	- 05.15.58
107	- 00:21	108 - 01:18	109 - 01:38
-	00.08.23	- 00.09.41	- 00.11.19
150	- 00:21	131 - 285:30	132 - 01:55
-	00.17.22	- 05.02.52	- 05.04.47
140	- 01:21	141 - 02:13	142 - 01:31
-	05.17.19	- 05.19.32	- 05.21.03

Categoria: M 35

(Lunghezza 5200 m - Dislivello 80 m - Kmsf 6,00)

Pos.	Nome	Società	Tempo
1	Dipace Alessandro	VARESE ORIENTEERING	00.59.02
131	1 02:44	132 1 01:59	133 1 01:05
1	00.02.44	1 00.04.43	1 00.05.48
141	1 02:22	142 1 02:07	143 2 01:27
1	00.20.46	1 00.22.53	1 00.24.20
150	1 00:56	151 1 01:29	147 1 02:55
1	00.47.35	1 00.49.04	1 00.51.59
134	1 00:53	135 1 02:00	136 2 02:21
1	00.06.41	1 00.08.41	1 00.11.02
144	1 02:42	145 2 03:50	146 1 01:39
1	00.27.50	1 00.31.40	1 00.33.19
153	1 01:25	154 1 01:35	155 1 01:35
1	00.54.31	1 00.56.01	1 00.57.36
137	2 03:00	138 4 01:16	139 1 01:23
1	00.14.02	1 00.15.18	1 00.16.41
147	1 02:07	148 3 07:11	149 3 04:02
1	00.35.26	1 00.42.37	1 00.46.39
200	2 01:09	CL 1 00:17	
1	00.58.45	1 00.59.02	

...Categoria: M 35

Pos.	Nome	Società	Tempo
2	Galano Stefano	A.S.D. ARCO DI CARTA	01.09.00
131	2 03:21	132 3 02:21	133 3 01:29
2	00.03.21	2 00.05.42	2 00.07.11
141	3 03:35	142 3 03:09	143 4 01:54
2	00.26.53	2 00.30.02	2 00.31.56
150	2 01:19	151 3 02:02	147 2 05:36
2	00.51.22	2 00.53.24	2 00.59.00
134	2 01:23	135 3 02:30	136 4 03:07
2	00.08.34	2 00.11.04	2 00.14.11
144	3 03:24	145 3 04:03	146 2 02:25
2	00.33.12	2 00.36.36	2 00.40.39
152	2 01:29	153 3 01:56	154 2 01:59
2	01.00.29	2 01.02.25	2 01.04.24
137	4 04:02	138 2 01:03	139 3 01:37
2	00.18.13	2 00.19.16	2 00.20.53
147	3 03:12	148 2 01:51	149 2 01:56
2	00.43.04	2 00.46.16	2 00.48.07
200	3 01:40	CL 3 00:26	
2	01.06.54	2 01.08.34	2 01.09.00
3	Roberto Andrea	ORICUNEO	01.18.45
131	3 04:12	132 2 02:09	133 4 02:17
3	00.04.12	3 00.06.21	3 00.08.38
141	4 06:42	142 4 08:35	143 3 01:48
4	00.31.09	4 00.39.44	4 00.41.32
150	3 01:41	151 2 01:38	147 3 05:49
3	01.01.39	3 01.03.17	3 01.09.06
134	4 03:20	135 4 02:50	136 3 02:30
3	00.11.58	3 00.14.48	3 00.17.18
144	2 03:00	145 1 03:07	146 3 05:35
4	00.42.18	4 00.45.18	3 00.48.25
153	2 01:52	154 3 02:19	155 2 02:08
3	01.10.56	3 01.12.48	3 01.15.07
137	1 02:43	138 3 01:07	139 4 01:39
3	00.20.01	3 00.21.08	3 00.22.47
147	2 02:21	148 1 01:48	149 1 01:49
3	00.54.00	3 00.56.21	3 00.58.09
200	1 01:05	CL 2 00:25	
3	01.17.15	3 01.18.20	3 01.18.45
-	De Angelis Emilio	A.S.D. ARCO DI CARTA	Ritirato
131	4 09:47	132 4 02:38	133 2 01:09
4	00.09.47	4 00.12.25	4 00.13.34
141	2 02:56	142 2 02:27	143 1 01:20
3	00.29.53	3 00.32.20	3 00.33.40
134	3 01:34	135 2 02:23	136 1 02:15
4	00.15.08	4 00.17.31	4 00.19.46
144	4 03:25	RI - -37:-49	
3	00.34.24	3 00.37.49	4 00.00.00

Categoria: M 45

(Lunghezza 4300 m - Dislivello 60 m - Kmsf 4,90)

Pos.	Nome	Società	Tempo
1	Zamperin Enzo	ORICUNEO	00.41.18
136	2 03:31	137 3 01:57	137 1 00:49
2	00.03.31	2 00.05.28	2 00.06.17
140	3 02:11	135 1 01:16	145 1 02:56
1	00.17.41	1 00.18.57	1 00.21.53
158	3 01:13	146 2 01:37	155 3 03:04
1	00.35.21	1 00.36.58	1 00.40.02
138	1 00:53	139 1 01:13	131 1 02:03
1	00.07.10	1 00.08.23	1 00.10.26
147	1 01:49	151 2 03:31	150 3 01:59
1	00.24.39	1 00.28.10	1 00.30.09
CL	2 00:23		
1	00.41.18		
2	Arnaudo Marco	ORICUNEO	00.46.13
136	1 03:26	157 2 01:41	137 2 00:50
1	00.03.26	1 00.05.07	1 00.05.57
140	1 01:52	135 2 01:17	145 2 03:21
2	00.22.32	2 00.23.49	2 00.27.10
158	1 00:59	146 3 01:50	155 2 02:15
2	00.40.57	2 00.42.47	2 00.45.02
138	3 01:36	139 3 01:35	131 3 02:53
2	00.07.33	2 00.09.08	2 00.12.01
147	2 01:53	151 3 03:51	150 1 01:44
2	00.28.13	2 00.30.06	2 00.33.57
CL	1 00:21		
2	00.46.13		
3	Bianchi Paolo	A.S.D. ARCO DI CARTA	00.46.50
136	4 07:46	157 1 01:37	137 3 00:51
4	00.07.46	4 00.09.23	4 00.10.14
140	2 02:03	135 3 01:26	145 3 04:01
3	00.23.02	3 00.24.28	3 00.28.29
158	2 01:08	146 1 01:30	155 1 02:07
3	00.41.49	3 00.43.19	3 00.45.26
138	2 00:55	139 2 01:28	131 1 02:03
4	00.11.09	3 00.12.37	3 00.14.40
147	2 01:53	151 1 03:13	150 2 01:55
3	00.29.32	3 00.31.25	3 00.34.38
CL	2 00:23		
3	00.46.50		
4	Lo Grasso Antonino	ASD GSPORT	01.05.09
136	3 04:54	157 4 02:46	137 4 01:23
3	00.04.54	3 00.07.40	3 00.09.03
140	4 03:18	135 4 02:14	145 4 04:39
4	00.26.44	4 00.28.58	4 00.33.37
158	4 02:02	146 4 02:35	155 4 04:18
4	00.56.15	4 00.58.50	4 01.03.08
138	4 01:38	139 4 02:11	131 4 03:21
4	00.10.41	4 00.12.52	4 00.16.13
147	4 03:04	151 4 05:30	150 4 02:50
4	00.35.20	4 00.38.24	4 00.43.54
CL	4 00:33		
4	01.05.09		

Categoria: W A

(Lunghezza 4300 m - Dislivello 60 m - Kmsf 4,90)

Pos.	Nome	Società	Tempo
1	Vassileva Tzvetanka	A.S.D. ARCO DI CARTA	00.44.48
136	1 02:52	157 4 02:44	137 2 00:53
1	00.02.52	3 00.05.36	3 00.06.29
140	3 02:58	135 1 01:20	145 1 03:43
1	00.19.52	1 00.21.12	1 00.24.55
158	2 01:09	146 1 01:15	155 2 02:11
1	00.39.47	1 00.41.02	1 00.43.13
138	1 00:50	139 3 01:33	131 1 02:04
2	00.07.19	2 00.08.52	1 00.10.56
147	1 01:53	151 1 03:26	150 1 02:07
1	00.25.51	1 00.27.44	1 00.31.10
CL	3 00:27		
1	00.44.48		
137	2 02:32	132 1 01:04	141 1 00:43
1	00.15.07	1 00.16.11	1 00.16.54
148	1 01:20	152 1 01:34	
1	00.35.44	1 00.37.04	1 00.38.38

...Categoria: W A

Pos.	Nome		Società		Tempo																								
2	Cinnaghi Elisabetta		ORICUNEO		00.59.24																								
136	3	03:18	157	2	02:14	137	1	00:51	138	3	01:08	139	1	01:26	131	2	02:09	144	1	01:37	133	4	04:50	132	4	02:26	141	2	00:53
3	00:03.18	2	00:05.32	2	00:06.23	3	00:07.31	3	00:08.57	2	00:11.06	2	00:12.43	2	00:17.33	2	00:19.59	2	00:20.52										
140	2	02:31	135	3	01:32	145	4	10:16	153	3	01:10	147	2	02:24	151	3	05:54	150	3	02:30	149	2	01:49	148	3	01:45	152	2	01:40
2	00:23.23	2	00:24.55	3	00:35.11	3	00:36.21	3	00:38.45	3	00:44.39	3	00:47.09	3	00:48.58	3	00:50.43	3	00:52.23										
158	4	01:34	146	2	01:31	155	3	02:27	200	2	01:04	CL	2	00:25															
3	00:53.57	3	00:55.28	3	00:57.55	2	00:58.59	2	00:59.24																				
3	Aimetto Donatella		ORICUNEO		00.59.38																								
136	4	04:22	157	3	02:21	137	4	01:10	138	4	01:51	139	4	01:44	131	3	02:23	144	3	01:58	133	1	01:59	132	3	02:25	141	3	01:10
4	00:04.22	4	00:06.43	4	00:07.53	4	00:09.44	4	00:11.28	4	00:13.51	3	00:15.49	3	00:17.48	3	00:20.13	3	00:21.23										
140	4	03:14	135	4	03:28	145	3	04:03	153	4	01:13	147	3	02:34	151	4	06:41	150	4	03:12	149	1	01:39	148	4	01:59	152	4	02:03
3	00:24.37	3	00:28.05	2	00:32.08	2	00:33.21	2	00:35.55	2	00:42.36	2	00:45.48	2	00:47.27	2	00:49.26	2	00:51.29										
158	3	01:12	146	3	02:02	155	4	02:57	200	4	01:29	CL	4	00:29															
2	00:52.41	2	00:54.43	2	00:57.40	3	00:59.09	3	00:59.38																				
4	Soffientino Daniela		ORICUNEO		01.03.35																								
136	2	03:05	157	1	01:59	137	3	00:56	138	2	01:01	139	2	01:32	131	4	03:03	144	4	15:20	133	3	03:22	132	2	01:17	141	4	01:14
2	00:03.05	1	00:05.04	1	00:06.00	1	00:07.01	1	00:08.33	3	00:11.36	4	00:26.56	4	00:30.18	4	00:31.35	4	00:32.49										
140	1	02:06	135	1	01:20	145	2	03:51	153	2	01:04	147	4	02:42	151	2	04:13	150	2	02:24	149	3	02:09	148	2	01:36	152	3	01:48
4	00:34.55	4	00:36.15	4	00:40.06	4	00:41.10	4	00:43.52	4	00:48.05	4	00:50.29	4	00:52.38	4	00:54.14	4	00:56.02										
158	1	01:05	146	4	02:57	155	1	02:08	200	1	01:00	CL	1	00:23															
4	00:57.07	4	01:00.04	4	01:02.12	4	01:03.12	4	01:03.35																				

Categoria: M 65

(Lunghezza 3400 m - Dislivello 50 m - Kmsf 3,90)

Pos.	Nome		Società		Tempo																								
1	Bruno Giacomo		ORICUNEO		00.41.20																								
134	1	02:44	132	4	01:45	142	1	02:04	143	1	01:37	139	1	00:48	140	3	02:39	131	1	01:10	144	1	01:30	154	1	03:24	146	1	01:56
1	00:02.44	2	00:04.29	1	00:06.33	1	00:08.10	1	00:08.58	1	00:11.37	1	00:12.47	1	00:14.17	1	00:17.41	1	00:19.37										
158	1	01:19	147	1	01:16	151	1	04:08	150	1	01:51	148	3	03:21	152	1	01:49	153	4	02:05	155	1	04:00	200	2	01:24	CL	4	00:30
1	00:20.56	1	00:22.12	1	00:26.20	1	00:28.11	1	00:31.32	1	00:33.21	1	00:35.26	1	00:39.26	1	00:40.50	1	00:41.20										
2	Spacca Cesare		ORICUNEO		00.51.41																								
134	3	03:25	132	2	01:28	142	4	04:54	143	4	02:11	139	2	00:57	140	1	01:42	131	5	03:27	144	3	01:54	154	4	04:01	146	4	02:43
3	00:03.25	3	00:04.53	3	00:09.47	3	00:11.58	3	00:12.55	2	00:14.37	3	00:18.04	2	00:19.58	3	00:23.59	3	00:26.42										
158	3	01:33	147	2	01:21	151	3	05:31	150	2	03:13	148	2	03:18	152	2	02:02	153	1	01:42	155	2	04:32	200	3	01:25	CL	1	00:22
3	00:28.15	2	00:29.36	3	00:35.07	3	00:38.20	3	00:41.38	3	00:43.40	3	00:45.22	2	00:49.54	3	00:51.19	2	00:51.41										
3	Michelotti Giuliano		A.S.D. ARCO DI CARTA		00.51.42																								
134	4	03:51	132	3	01:30	142	6	06:55	143	2	02:00	139	3	00:58	140	2	01:51	131	3	01:27	144	3	01:54	154	3	03:42	146	3	02:10
4	00:03.51	4	00:05.21	4	00:12.16	4	00:14.16	4	00:15.14	4	00:17.05	4	00:18.32	4	00:20.26	4	00:24.08	4	00:26.18										
158	5	01:52	147	3	01:29	151	2	04:45	150	4	03:30	148	1	02:54	152	3	02:23	153	3	04:47	155	3	04:47	200	1	01:22	CL	2	00:25
2	00:28.10	3	00:29.39	2	00:34.24	2	00:37.54	2	00:40.48	2	00:43.11	2	00:45.08	3	00:49.55	2	00:51.17	3	00:51.42										
4	Miniotti Corrado		CRAL G.T.T.		00.57.42																								
134	2	03:19	132	1	01:07	142	2	02:38	143	3	02:09	139	3	00:58	140	6	06:23	131	2	01:23	144	5	02:06	154	2	03:39	146	6	03:49
2	00:03.19	1	00:04.26	2	00:07.04	2	00:09.13	2	00:10.11	3	00:16.34	2	00:17.57	3	00:20.03	2	00:23.42	4	00:27.31										
158	2	01:21	147	6	03:20	151	4	05:41	150	6	04:09	148	4	03:24	152	4	02:44	153	2	01:50	155	5	05:51	200	3	01:25	CL	3	00:26
4	00:28.52	4	00:32.12	4	00:37.53	4	00:42.02	4	00:45.26	4	00:48.10	4	00:50.00	4	00:55.51	4	00:57.16	4	00:57.42										
5	Alacevich Antonio		C.U.S. TORINO		01.06.02																								
134	5	05:14	132	6	02:08	142	5	05:52	143	6	03:15	139	5	01:24	140	4	03:05	131	4	02:30	144	6	02:52	154	6	06:30	146	2	02:08
5	00:05.14	5	00:07.22	5	00:13.14	5	00:16.29	5	00:17.53	5	00:20.58	5	00:23.28	5	00:26.20	5	00:32.50	5	00:34.58										
158	4	01:48	147	4	01:47	151	6	06:46	150	3	03:21	148	5	03:47	152	5	02:46	153	6	02:46	155	5	05:51	200	5	01:36	CL	5	00:36
5	00:36.46	5	00:38.33	5	00:45.19	5	00:48.40	5	00:52.27	5	00:55.13	5	00:57.59	5	01:03.50	5	01:05.26	5	01:06.02										
6	Michelotti Marcello		A.S.D. ARCO DI CARTA		01.24.41																								
134	6	21:05	132	5	02:02	142	3	03:48	143	5	02:37	139	6	01:25	140	5	04:04	131	6	06:42	144	2	01:47	154	5	06:14	146	5	03:15
6	00:21.05	6	00:23.07	6	00:26.55	6	00:29.32	6	00:30.57	6	00:35.01	6	00:41.43	6	00:43.30	6	00:49.44	6	00:52.59										
158	6	02:04	147	5	01:51	151	5	05:46	150	5	04:07	148	6	03:48	152	6	02:55	153	5	02:44	155	4	05:45	200	6	01:54	CL	6	00:48
6	00:55.03	6	00:56.54	6	01:02.40	6	01:06.47	6	01:10.35	6	01:13.30	6	01:16.14	6	01:21.59	6	01:23.53	6	01:24.41										

Categoria: W 55

(Lunghezza 2500 m - Dislivello 40 m - Kmsf 2,90)

Pos.	Nome	Società	Tempo
1	Balma Carla	C.U.S. TORINO	00.31.27
140	1 03:01	157 2 01:40	137 2 01:17
1	00.03.01	1 00.04.41	1 00.05.58
153	2 01:24	159 1 00:58	158 1 00:24
1	00.23.49	1 00.24.47	1 00.25.11
2	Beltramo Marina	ASD GSPORT	00.36.06
140	2 03:49	157 3 01:53	137 3 01:23
2	00.03.49	2 00.05.42	2 00.07.05
153	3 01:37	159 3 01:13	158 3 00:32
2	00.27.51	2 00.29.04	2 00.29.36
3	Arnaudo Ornella	ORICUNEO	00.38.00
140	3 06:09	157 1 01:34	137 1 01:11
3	00.06.09	3 00.07.43	3 00.08.54
153	1 01:14	159 2 01:02	158 2 00:30
3	00.31.19	3 00.32.21	3 00.32.51

Categoria: ESORDIENTI

(Lunghezza 2100 m - Dislivello 40 m - Kmsf 2,50)

Pos.	Nome	Società	Tempo
1	Pellegrino Tecco Carlo	ORICUNEO	00.17.17
135	1 01:18	157 2 02:20	139 3 01:29
1	00.01.18	2 00.03.38	2 00.05.07
CL	2 00:22		
1	00.17.17		
2	Miraglio Cristina	ORICUNEO	00.19.25
135	3 01:52	157 3 02:34	139 4 01:33
3	00.01.52	3 00.04.26	3 00.05.59
CL	3 00:24		
2	00.19.25		
3	Mosso Bruna	ORICUNEO	00.19.52
135	4 01:53	157 6 04:13	139 2 01:28
4	00.01.53	6 00.06.06	5 00.07.34
CL	4 00:26		
3	00.19.52		
4	Pellegrino Tecco Stefano	ORICUNEO	00.24.11
135	2 01:23	157 1 01:51	139 1 01:13
2	00.01.23	1 00.03.14	1 00.04.27
CL	1 00:15		
4	00.24.11		
5	Frizzi Ramona	A.S.D. ARCO DI CARTA	00.34.48
135	6 02:00	157 5 03:49	139 6 02:29
6	00.02.00	5 00.05.49	6 00.08.18
CL	5 00:33		
5	00.34.48		
-	Marchisio Stefania	ORICUNEO	Punz. Mancante
135	5 01:57	157 3 02:34	139 5 01:36
5	00.01.57	4 00.04.31	4 00.06.07